

3A Sea-King District 2 Girls' Championships - 11/2/2023 to 11/4/2023

SeaKing District 2

3A Girls Swim and Dive Championships

Results

#301 Girls 200 Yard Medley Relay				#301 Girls 200 Yard Medley Relay				13 INT				
Dist Record: 1:45.81\$ 2018 Lakeside				Dist Record: 1:45.81\$ 2018 Lakeside								
Chuen, Su, Mayfield, Carpenter				Chuen, Su, Mayfield, Carpenter								
Team	Relay	Finals Time		Team	Relay	Prelim Time						
A - Final				Preliminaries								
1 MI		1:47.39	32.0	1 MI		1:49.49	q	13 INT		2:01.72		
	Vivian Woare 12	Piper Enge 12			Vivian Woare 12	Emma Nowakowski 9		Erin Deutsch 10		Megan Keith 11		
	Jeanette Zhao 9	Hope Enge 10			Jeanette Zhao 9	Hope Enge 10		Trinity Lee 11		Grace Wellington 10		
	28.65	28.40	26.19	24.15	28.41	30.42	26.04	24.62	30.56	35.17	28.23	27.76
2 LKSD		1:48.34	26.0	2 LKSD		1:49.93	q	14 NH		2:02.29		
	Nora McCarthy 9	Sadye Derstadt 11			Nora McCarthy 9	Sadye Derstadt 11			Maria Bull 10	Claire Lundberg 12		
	Ella Jablonski 11	Noli Hall 11			Ella Jablonski 11	Noli Hall 11			Kaylin Jones 11	Chloe Wies 9		
	27.87	30.50	24.45	25.52	28.43	30.83	24.72	25.95	33.66	34.10	54.52	0.01
3 GAR		1:51.26	24.0	3 HNA		1:52.22	q	15 BBLAN		2:06.70		
	Cole Liffmann 12	Maddie Rivard 11			Maisey Jarrett 10	Delana Irani 10			Ellie Hobart 11	Jocelyn Mitchell 9		
	Sophie Pham 10	Kate Risse 12			Ruthie Magnotti 10	Maira Williams 11			Grace Allison 10	Lily Balcom 10		
	28.94	29.94	25.26	27.12	28.28	31.20	28.13	24.61	31.80	36.24	30.20	28.46
4 HNA		1:52.58	22.0	4 GAR		1:52.99	q	16 WS		2:07.78		
	Maisey Jarrett 10	Delana Irani 10			Cole Liffmann 12	Maddie Rivard 11			Sparks Webb 12	Lucy Stahl 11		
	Ruthie Magnotti 10	Maira Williams 11			Sophie Pham 10	Kate Risse 12			Lucille Rysemus 11	Evelyn Legge 11		
	28.35	31.78	27.99	24.46	29.19	31.67	25.11	27.02	33.33	35.30	30.53	28.62
5 LW		1:54.69	20.0	5 JUAN		1:53.42	q	17 INGR		2:15.19		
	Poet DeBoom 11	Amanda Zhu 12			Katreeya Ong 12	Hailey Crawford 10			Anna Gaisser 12	Savannah Paulus 10		
	Tandisse Rahimi 9	Julia Larsen 11			Samantha Merriam 11	Rina Yuan 12			Lena Grossman 9	Finley Springer 10		
	29.06	32.99	28.15	24.49	27.66	32.81	27.84	25.11	41.72	30.08	1:03.41	
6 JUAN		1:59.31	18.0	6 LW		1:53.95	q	18 FRANK		2:16.89		
	Katreeya Ong 12	Tess Magee 10			Poet DeBoom 11	Amanda Zhu 12			Jayla Raymond 9	Alina Ho 12		
	Samantha Merriam 11	Rina Yuan 12			Tandisse Rahimi 9	Julia Larsen 11			Daisy Darby 12	Skye Anderson 11		
	27.68	37.71	28.52	25.40	29.07	33.17	27.36	24.35	31.28	38.59	33.93	33.09
B - Final				7 ROOS								
7 ROOS		1:52.73	14.0		Catherine Andrews 12	Elyse Jaeger 12			19 HAZ		2:17.97	
	Catherine Andrews 12	Elyse Jaeger 12			Olive Clarke 11	Gigi Sherwood 12			Charlotte Yuen 12	Madeleine Nguyen 10		
	Olive Clarke 11	Gigi Sherwood 12			27.02	34.75	27.57	25.67	Gabrielle Pesito 12	Makena Kawada 11		
	26.69	34.62	26.77	24.65	8 SPREP		1:55.09	q	33.03	35.68	38.59	30.67
8 SPREP		1:53.23	10.0		Megan Lauinger 10	Clare Effgen 9			20 CLEVE		2:33.13	
	Megan Lauinger 10	Clare Effgen 9			Grace McGowan 10	Brooke Wilwerding 12			Quinci Spivey 12	Aileen Bernstein 10		
	Grace McGowan 10	Brooke Wilwerding 12			28.66	32.22	27.89	26.32	Katie Woodside 12	Emma Schroeder 9		
	28.55	30.89	28.06	25.73	9 BALL		1:55.17	q	32.55	49.08	35.32	36.18
9 BELL		1:57.57	8.0		Claudia Yovanovich 12	Penelope Guist 9			#302 Girls 200 Yard Free			
	Lily Siripipat 12	Sophie Kim 10			Mia Onkels 11	Alyson Chew 11			Dist Record: 1:47.34\$ 2017 Amy Tang			
	Sophia Audia 12	Jordan Lloyd 12			26.90	33.43	28.41	26.43	Name Yr Team Finals Time			
	28.07	34.37	28.64	26.49	10 BELL		1:57.96	q	A - Final			
10 BALL		1:58.57	6.0		Lily Siripipat 12	Sophie Kim 10			1 Gracyn Kehoe	10 MI	1:53.42	16.0
	Claudia Yovanovich 12	Penelope Guist 9			Sophia Audia 12	Jordan Lloyd 12			26.53	29.04	29.34	28.51
	Freya Godwin 9	Alyson Chew 11			27.40	34.76	29.32	26.48	2 Aureole Chang	10 LINC	1:54.06	13.0
	26.74	34.02	30.84	26.97	11 LIB		1:59.97	q	26.73	29.05	29.68	28.60
11 LIB		1:59.47	4.0		Aisha Mulder 9	Raina Jeter 10			3 Molly McCorriston	10 HAZ	1:54.74	12.0
	Aisha Mulder 9	Raina Jeter 10			Anna Chiu 9	Alexis James 12			26.19	28.89	29.97	29.69
	Anna Chiu 9	Alexis James 12			31.41	35.27	27.51	25.78	4 Sammy Segerson	11 BELL	1:55.08	11.0
	31.19	34.78	27.88	25.62	12 LINC		2:00.63	q	26.69	29.25	29.75	29.39
---	LINC		DQ		Aureole Chang 10	Quincy Berg 9			27.53	29.26	29.37	29.24
	Aureole Chang 10	Quincy Berg 9			Matilda White 10	Deirdre Kinney 12			27.49	30.04	30.40	30.43
	Matilda White 10	Deirdre Kinney 12			35.08	29.83	27.43	28.29	B - Final			
	29.21	31.98	27.64	27.10					*7 Cole Liffmann	12 GAR	1:57.74	6.0
									27.33	29.81	30.61	29.99
									*7 Ellie Wang	10 HNA	1:57.74	6.0
									27.29	29.63	30.28	30.54
									9 Zoe Halfman	10 SPREP	1:59.25	4.0
									27.41	29.91	30.93	31.00

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B - Final ... (#302 Girls 200 Yard Free)

10	Ashley Kwon	11 BELL	2:01.09	3.0
	28.04	30.33	31.32	31.40
11	Greta Doroski	11 MI	2:01.98	2.0
	27.82	30.52	31.54	32.10
12	Amelia Han	11 MI	2:05.73	1.0
	28.07	30.95	33.05	33.66

#302 Girls 200 Yard Free

Dist Record: 1:47.34\$ 2017 Amy Tang

Name	Yr	Team	Prelim Time
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Preliminaries

1	Gracyn Kehoe	10 MI	1:54.29	q
	26.73	29.25	29.64	28.67
2	Sammy Segerson	11 BELL	1:55.13	q
	26.94	29.46	29.58	29.15
3	Isabel Peng	11 MI	1:55.22	q
	27.02	28.92	29.71	29.57
4	Molly McCorriston	10 HAZ	1:55.56	q
	26.35	28.94	29.94	30.33
5	Caroline Cancelmo	11 LKSD	1:56.10	q
	27.42	29.58	29.85	29.25
6	Aureole Chang	10 LINC	1:56.46	q
	26.69	29.38	30.66	29.73
7	Sofia Wyzga	10 BELL	1:57.85	q
	27.28	29.70	30.61	30.26
8	Ellie Wang	10 HNA	1:58.03	q
	27.69	29.78	30.52	30.04
9	Cole Liffmann	12 GAR	1:58.38	q
	27.02	29.55	30.91	30.90
10	Zoe Halfman	10 SPREP	1:59.25	q
	27.64	29.99	30.90	30.72
11	Ashley Kwon	11 BELL	2:00.88	q
	27.83	30.02	31.56	31.47
12	Greta Doroski	11 MI	2:01.67	q
	27.47	30.27	31.51	32.42
13	Cora Ledrick	9 LW	2:02.54	
	28.65	30.89	31.56	31.44
14	Amelia Han	11 MI	2:04.85	
	28.00	31.32	32.08	33.45
15	Julia Best	12 LKSD	2:05.48	
	27.70	31.51	33.26	33.01
16	Greta Ambach	9 ROOS	2:06.57	
	29.19	32.45	32.72	32.21
17	Emma Ewers	11 INGR	2:07.39	
	29.18	32.37	32.78	33.06
18	Greta Lang	9 BELL	2:08.49	
	29.04	32.71	33.48	33.26
19	Ellie Nightingale	10 SPREP	2:08.57	
	29.29	32.51	33.51	33.26
20	Maggie Seibert	9 LKSD	2:08.81	
	29.06	32.51	33.50	33.74
21	Alexis Blume	10 BBLAN	2:08.90	
	29.85	32.64	33.13	33.28

22	Tala Estes	9 LIB	2:10.36	
	30.09	32.55	33.74	33.98
23	Alexis Shepherd	11 HAZ	2:11.02	
	28.93	33.20	34.37	34.52
24	Cassie Halter	9 BBLAN	2:11.07	
	30.12	33.07	34.00	33.88
25	Mikayla Phan	10 LIB	2:12.97	
	30.16	33.20	34.81	34.80
26	Eleanor Briggs	11 LIB	2:13.24	
	30.69	33.50	34.50	34.55
27	Soledad Norman	12 WS	2:13.32	
	30.07	33.28	34.56	35.41
28	Amanda Lee	11 LW	2:14.83	
	30.21	33.15	35.68	35.79
29	Claire Hillyer	9 HNA	2:15.26	
	31.48	34.45	34.97	34.36
30	Kate Beckman	11 HNA	2:16.01	
	30.90	34.74	35.80	34.57
31	Josie Gardiner	12 SPREP	2:16.19	
	30.34	33.81	36.29	35.75
32	Gabi Young	11 NH	2:16.43	
	31.06	33.91	36.35	35.11
33	Juliet Fox	10 LINC	2:16.70	
	30.96	34.71	35.86	35.17
34	Lilly Mead	11 BBLAN	2:17.11	
	30.97	33.92	36.24	35.98
35	Kennedy Tremblay	10 JUAN	2:17.36	
	31.98	34.84	35.41	35.13
36	Katherine Nishimoto	10 HAZ	2:18.42	
	30.14	34.91	37.05	36.32
37	Madelyn Skinner	12 BALL	2:18.73	
	31.24	35.69	37.13	34.67
38	Eden O'Donnell	9 WS	2:19.51	
	31.43	34.70	37.08	36.30

#303 Girls 200 Yard IM

Dist Record: 2:01.10\$ 2022 Piper Enge

Name	Yr	Team	Finals Time
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A - Final

1	Piper Enge	12 MI	1:59.68\$	16.0
	25.95	31.09	33.93	28.71
2	Sophie Segerson	11 BELL	2:05.27	13.0
	27.23	31.67	36.66	29.71
3	Cecilia Howard	11 BELL	2:06.77	12.0
	27.63	32.76	36.00	30.38
4	Sophie Pham	10 GAR	2:07.38	11.0
	26.62	31.76	38.27	30.73
5	CJ Woare	11 MI	2:11.99	10.0
	28.29	32.96	40.23	30.51
6	Elizabeth Nguyen	11 HAZ	2:14.78	9.0
	28.24	35.37	38.86	32.31

B - Final

7	Maddie Rivard	11 GAR	2:08.30	7.0
	27.71	33.35	36.81	30.43

8	Anna Lauinger	12 SPREP	2:11.34	5.0
	28.80	32.88	38.98	30.68
9	Julia Shang	10 MI	2:16.64	4.0
	28.63	33.78	42.11	32.12
10	Caroline Hooper	10 HNA	2:16.96	3.0
	29.49	34.82	40.42	32.23
11	Poet DeBoom	11 LW	2:18.03	2.0
	29.93	34.62	40.36	33.12
12	Elyse Jaeger	12 ROOS	2:20.27	1.0
	29.40	35.23	42.40	33.24

#303 Girls 200 Yard IM

Dist Record: 2:01.10\$ 2022 Piper Enge

Name	Yr	Team	Prelim Time
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Preliminaries

1	Piper Enge	12 MI	2:03.56	q
	26.74	32.29	35.57	28.96
2	Sophie Segerson	11 BELL	2:05.79	q
	27.40	31.79	36.84	29.76
3	Cecilia Howard	11 BELL	2:07.11	q
	27.81	34.08	34.97	30.25
4	Sophie Pham	10 GAR	2:08.08	q
	26.85	31.91	38.64	30.68
5	CJ Woare	11 MI	2:11.49	q
	28.46	33.19	39.53	30.31
6	Elizabeth Nguyen	11 HAZ	2:13.06	q
	29.18	34.30	39.31	30.27
7	Maddie Rivard	11 GAR	2:13.36	q
	28.58	34.98	37.79	32.01
8	Anna Lauinger	12 SPREP	2:14.73	q
	29.84	33.72	39.97	31.20
9	Julia Shang	10 MI	2:16.53	q
	28.65	33.73	42.13	32.02
10	Caroline Hooper	10 HNA	2:17.31	q
	29.70	35.09	40.51	32.01
11	Elyse Jaeger	12 ROOS	2:17.74	q
	29.88	35.10	41.54	31.22
12	Poet DeBoom	11 LW	2:18.22	q
	29.64	34.19	40.41	33.98
13	Rachael Yoo	12 MI	2:18.63	
	28.66	36.04	41.38	32.55
14	Ruthie Magnotti	10 HNA	2:20.83	
	30.38	36.63	41.17	32.65
15	Clare Effgen	9 SPREP	2:23.56	
	31.31	38.76	40.21	33.28
16	Olivia Kim	11 INGR	2:23.67	
	30.05	38.43	41.24	33.95
17	Grace Allison	10 BBLAN	2:24.44	
	31.48	36.55	43.55	32.86
18	Clare Weber	9 HNA	2:25.65	
	33.80	38.61	39.56	33.68
19	Stella Dull	12 LKSD	2:26.59	
	31.33	37.09	41.47	36.70
20	Elise Torpey	10 ROOS	2:27.51	
	31.13	37.42	43.66	35.30

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Preliminaries ... (#303 Girls 200 Yard IM)

21	Rosie Ying	11 LW	2:30.22	
	1:10.63	44.53	35.15	
22	Amanda Zhu	12 LW	2:31.60	
	30.38	39.73	45.11	36.38
23	Raina Jeter	10 LIB	2:33.22	
	33.79	1:24.04	35.39	
24	Anastasia Parakhina	9 LKSD	2:34.32	
	31.98	39.65	47.11	35.58

#304 Girls 50 Yard Free

Dist Record: 22.49\$ 2019 Janelle Rudolph

Name	Yr	Team	Finals Time
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A - Final

1	Claudia Yovanovich	12 BALL	24.29	16.0
2	Moira Williams	11 HNA	24.40	13.0
3	Katreeya Ong	12 JUAN	24.51	12.0
4	Meg Dahlin	10 MI	24.69	11.0
5	Natasha Bridge	12 LW	24.76	10.0
6	Hope Enge	10 MI	24.82	9.0

B - Final

7	Lane Gooding	11 SPREP	24.54	7.0
8	Angelina Yu	11 LW	24.94	5.0
9	Gigi Sherwood	12 ROOS	24.97	4.0
10	Matilda White	10 LINC	25.09	3.0
11	Quincy Berg	9 LINC	25.34	2.0
12	Ella Grogan	12 MI	25.48	1.0

#304 Girls 50 Yard Free

Dist Record: 22.49\$ 2019 Janelle Rudolph

Name	Yr	Team	Prelim Time
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Preliminaries

1	Claudia Yovanovich	12 BALL	24.03	q
2	Katreeya Ong	12 JUAN	24.58	q
3	Meg Dahlin	10 MI	24.60	q
4	Natasha Bridge	12 LW	24.61	q
5	Moira Williams	11 HNA	24.64	q
6	Hope Enge	10 MI	24.71	q
7	Lane Gooding	11 SPREP	24.77	q
8	Angelina Yu	11 LW	24.98	q
9	Ella Grogan	12 MI	25.39	q
10	Gigi Sherwood	12 ROOS	25.48	q
*11	Matilda White	10 LINC	25.54	q
*11	Quincy Berg	9 LINC	25.54	q
13	Chloe Liu	10 LKSD	25.65	
14	Chloe Wies	9 NH	25.66	
15	Rina Yuan	12 JUAN	25.80	
*16	Jeanette Zhao	9 MI	26.11	
*16	Alexis James	12 LIB	26.11	
18	Megan Nilsen	11 LW	26.12	
19	Maddie Stanley	12 BBLAN	26.32	
20	Kaylin Jones	11 NH	26.55	
21	Reese Halfman	11 BBLAN	26.57	

22	Kate Eleveld	12 ROOS	26.58
23	Jasmine Wong	10 HAZ	26.59
24	Aisha Mulder	9 LIB	26.66
25	Trinity Lee	11 INT	26.69
26	Jordan Lloyd	12 BELL	26.78
27	Anika Yang	12 JUAN	26.87
28	Arlene Shergill	10 LW	27.07
29	Olive Clarke	11 ROOS	27.12
30	Brooke Wilwerding	12 SPREP	27.35
31	Sam Farrington	9 SPREP	27.51
32	Deirdre Kinney	12 LINC	27.97
33	Anna Gaisser	12 INGR	28.22
34	Ellie Hobart	11 BBLAN	28.26

#305 Girls 1 mtr Diving

Dist Record: 458.05\$ 2019 Brooke Andrews

Name	Yr	Team	Finals Score
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Finals

1	Finley Springer	10 INGR	330.75	16.0
2	Sasha Wilhelm	12 JUAN	327.10	13.0
3	Ardaea Forrester	11 INGR	302.45	12.0
4	Claire De Boer	11 LINC	290.55	11.0
5	Emi Ellis	12 LW	277.25	10.0
6	Greta Gamble	12 LW	266.15	9.0
7	Maggie Fisher	11 LIB	261.70	7.0
8	Sunshine Teplitsky	10 GAR	257.90	5.0
9	Baylee Cook	10 LW	257.65	4.0
10	Maya Moncaster	10 MI	257.55	3.0
11	Kyleigh Smith	9 LIB	251.65	2.0
12	Isobel Chi	10 LKSD	238.05	1.0

#305 Girls 1 mtr Diving

Dist Record: 458.05\$ 2019 Brooke Andrews

Name	Yr	Team	Semis Score
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Semi-Finals

1	Sasha Wilhelm	12 JUAN	246.95	q
2	Finley Springer	10 INGR	242.50	q
3	Claire De Boer	11 LINC	215.15	q
4	Ardaea Forrester	11 INGR	212.65	q
5	Emi Ellis	12 LW	200.45	q
6	Greta Gamble	12 LW	198.85	q
7	Baylee Cook	10 LW	192.80	q
8	Kyleigh Smith	9 LIB	191.90	q
9	Maya Moncaster	10 MI	191.15	q
10	Maggie Fisher	11 LIB	190.80	q
11	Sunshine Teplitsky	10 GAR	184.10	q
12	Isobel Chi	10 LKSD	177.05	q
13	Courtney Lee	11 LINC	176.75	
14	Lily Zhou	11 LKSD	174.00	
15	Elise McDonald	12 MI	168.00	
16	Ava Schwartz	10 MI	162.95	

#305 Girls 1 mtr Diving

Dist Record: 458.05\$ 2019 Brooke Andrews

Name	Yr	Team	Prelim Score
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Preliminaries

1	Sasha Wilhelm	12 JUAN	170.30	q
2	Finley Springer	10 INGR	146.05	q
3	Claire De Boer	11 LINC	139.10	q
4	Emi Ellis	12 LW	137.95	q
5	Baylee Cook	10 LW	131.90	q
6	Maggie Fisher	11 LIB	129.90	q
7	Ardaea Forrester	11 INGR	125.30	q
8	Greta Gamble	12 LW	124.15	q
9	Maya Moncaster	10 MI	116.80	q
10	Kyleigh Smith	9 LIB	115.90	q
11	Elise McDonald	12 MI	112.90	q
12	Ava Schwartz	10 MI	112.20	q
13	Sunshine Teplitsky	10 GAR	111.70	
14	Courtney Lee	11 LINC	111.45	
15	Isobel Chi	10 LKSD	111.20	
16	Lily Zhou	11 LKSD	109.95	
*17	Annabelle Concepcio	11 LKSD	109.75	
*17	Audrey Metcalf	10 MI	109.75	
19	Akal Solomon	11 LKSD	108.25	
20	Sofia Jalso	12 LW	101.00	
21	Ashley Compton	11 LIB	99.10	
22	Nour Chalasani	9 LINC	83.25	

#306 Girls 100 Yard Fly

Dist Record: 53.40\$ 2022 Ella Jablonski

Name	Yr	Team	Finals Time
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A - Final

1	Sophie Pham	10 GAR	55.13	16.0
	26.43	28.70		
2	Ella Jablonski	11 LKSD	55.67	13.0
	26.37	29.30		
3	Isabel Peng	11 MI	56.92	12.0
	26.90	30.02		
4	Emma Nowakowski	9 MI	58.08	11.0
	27.36	30.72		
5	Angelina Yu	11 LW	58.09	10.0
	27.33	30.76		
6	Caroline Cancelmo	11 LKSD	58.55	9.0
	27.65	30.90		

B - Final

7	Maisey Jarrett	10 HNA	58.87	7.0
	27.90	30.97		
8	Jeanette Zhao	9 MI	59.50	5.0
	27.94	31.56		
9	Vivian Woare	12 MI	59.61	4.0
	28.00	31.61		
10	Chloe Liu	10 LKSD	59.87	3.0
	27.69	32.18		
11	Rhea Orazem	9 HNA	1:00.11	2.0
	28.22	31.89		

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B - Final ... (#306 Girls 100 Yard Fly)

12	Julia Best	12 LKSD	1:01.23	1.0
	28.11	33.12		

#306 Girls 100 Yard Fly

Dist Record: 53.40\$ 2022 Ella Jablonski

Name Yr Team Prelim Time

Preliminaries

1	Ella Jablonski	11 LKSD	54.97	q
	25.64	29.33		
2	Sophie Pham	10 GAR	55.57	q
	26.31	29.26		
3	Isabel Peng	11 MI	56.87	q
	26.86	30.01		
4	Angelina Yu	11 LW	58.39	q
	27.70	30.69		
5	Caroline Cancelmo	11 LKSD	58.42	q
	27.96	30.46		
6	Emma Nowakowski	9 MI	58.58	q
	27.57	31.01		
7	Vivian Woare	12 MI	59.05	q
	27.69	31.36		
8	Jeanette Zhao	9 MI	59.58	q
	27.69	31.89		
9	Chloe Liu	10 LKSD	59.64	q
	27.57	32.07		
10	Julia Best	12 LKSD	59.73	q
	27.23	32.50		
11	Maisey Jarrett	10 HNA	1:01.08	q
	28.50	32.58		
12	Rhea Orazem	9 HNA	1:01.29	q
	28.61	32.68		
13	Ruthie Magnotti	10 HNA	1:01.76	
	29.31	32.45		
14	Mia Onkels	11 BALL	1:02.23	
	29.83	32.40		
*15	Lyla Finocchio	10 ROOS	1:02.46	
	28.04	34.42		
*15	Delana Irani	10 HNA	1:02.46	
	29.09	33.37		
17	Alyson Chew	11 BALL	1:02.53	
	28.94	33.59		
18	Samantha Merriam	11 JUAN	1:03.30	
	29.87	33.43		
19	Tandisse Rahimi	9 LW	1:03.47	
	29.39	34.08		
20	Grace McGowan	10 SPREP	1:03.93	
	30.60	33.33		
21	Anna Chiu	9 LIB	1:03.97	
	29.04	34.93		
22	Nicole Angelova	12 LIB	1:04.26	
	29.20	35.06		
23	Matilda White	10 LINC	1:04.62	
	30.05	34.57		

24	Olivia Kim	11 INGR	1:04.87	
	30.05	34.82		
25	Trinity Lee	11 INT	1:05.81	
	30.38	35.43		
26	Sam Farrington	9 SPREP	1:05.84	
	30.80	35.04		
27	Sophia Audia	12 BELL	1:05.95	
	30.91	35.04		
28	Eleanor Briggs	11 LIB	1:06.21	
	31.61	34.60		
29	Mikayla Phan	10 LIB	1:07.17	
	31.55	35.62		
30	Sophie Kim	10 BELL	1:07.32	
	31.48	35.84		
31	Olive Clarke	11 ROOS	1:07.38	
	30.41	36.97		
32	Freya Godwin	9 BALL	1:08.64	
	31.01	37.63		
33	Madeleine Nguyen	10 HAZ	1:09.17	
	31.46	37.71		
34	Sydney Tam	11 BELL	1:09.44	
	31.03	38.41		
35	Juniper DeBoom	9 LW	1:09.87	
	31.89	37.98		
36	Kate Risse	12 GAR	1:10.20	
	31.62	38.58		
37	Mulan Kukreja	9 GAR	1:10.49	
	32.12	38.37		
38	Vera Lundy	10 LW	1:15.66	
	34.36	41.30		
39	Audrey Pigman	11 BBLAN	1:16.34	
	35.24	41.10		
40	Lucy Stewart	9 FRANK	1:18.02	
	36.30	41.72		
---	Brooke Wilwerding	12 SPREP		DQ
	32.61	36.30		

#307 Girls 100 Yard Free

Dist Record: 49.77\$ 2018 Janelle Rudolph

Name Yr Team Finals Time

A - Final

1	Gracyn Kehoe	10 MI	52.40	16.0
	25.61	26.79		
2	Catherine Andrews	12 ROOS	52.56	13.0
	25.80	26.76		
3	Aureole Chang	10 LINC	52.93	12.0
	25.91	27.02		
4	Lane Gooding	11 SPREP	53.44	11.0
	25.70	27.74		
5	Sadye Derstadt	11 LKSD	54.07	10.0
	25.68	28.39		
6	Meg Dahlin	10 MI	54.31	9.0
	25.95	28.36		

B - Final

7	Katreeya Ong	12 JUAN	53.13	7.0
	25.52	27.61		
8	Julia Larsen	11 LW	53.81	5.0
	25.99	27.82		
9	Hope Enge	10 MI	54.19	4.0
	26.17	28.02		
10	Zoe Halfman	10 SPREP	54.83	3.0
	26.48	28.35		
11	Cole Liffmann	12 GAR	55.49	2.0
	26.73	28.76		
12	Natasha Bridge	12 LW	55.83	1.0
	26.91	28.92		

#307 Girls 100 Yard Free

Dist Record: 49.77\$ 2018 Janelle Rudolph

Name Yr Team Prelim Time

Preliminaries

1	Catherine Andrews	12 ROOS	52.53	q
	25.78	26.75		
2	Aureole Chang	10 LINC	53.22	q
	25.87	27.35		
3	Gracyn Kehoe	10 MI	53.34	q
	26.10	27.24		
4	Meg Dahlin	10 MI	53.40	q
	25.70	27.70		
5	Lane Gooding	11 SPREP	53.56	q
	25.58	27.98		
6	Sadye Derstadt	11 LKSD	53.93	q
	25.77	28.16		
7	Julia Larsen	11 LW	54.09	q
	26.08	28.01		
8	Katreeya Ong	12 JUAN	54.22	q
	26.04	28.18		
9	Hope Enge	10 MI	54.82	q
	26.13	28.69		
10	Cole Liffmann	12 GAR	54.85	q
	26.46	28.39		
11	Zoe Halfman	10 SPREP	55.00	q
	26.67	28.33		
12	Natasha Bridge	12 LW	55.64	q
	26.74	28.90		
13	Greta Doroski	11 MI	55.82	
	27.07	28.75		
14	Rina Yuan	12 JUAN	55.85	
	26.63	29.22		
15	Noli Hall	11 LKSD	56.62	
	27.23	29.39		
16	Alexis James	12 LIB	57.12	
	27.67	29.45		
17	Maddie Stanley	12 BBLAN	57.68	
	27.75	29.93		
18	Megan Nilsen	11 LW	57.76	
	27.20	30.56		

3A Sea-King District 2 Girls' Championships - 11/2/2023 to 11/4/2023

SeaKing District 2

3A Girls Swim and Dive Championships

Results

Preliminaries ... (#307 Girls 100 Yard Free)

19	Jasmine Wong	10 HAZ	58.70
	28.30	30.40	
20	Reese Halfman	11 BBLAN	58.80
	28.47	30.33	
21	Madelyn Skinner	12 BALL	59.33
	28.42	30.91	
22	Lily Siripipat	12 BELL	59.38
	28.73	30.65	
23	Kaylin Jones	11 NH	59.59
	27.82	31.77	
24	Erin Deutsch	10 INT	59.83
	28.44	31.39	
25	Anika Yang	12 JUAN	1:00.11
	28.29	31.82	
26	Anastasia Parakhina	9 LKSD	1:00.15
	29.19	30.96	
27	Jayla Raymond	9 FRANK	1:00.33
	28.48	31.85	
28	Alexis Blume	10 BBLAN	1:00.37
	28.78	31.59	
29	Chloe Wies	9 NH	1:00.64
	29.16	31.48	
30	Josie Gardiner	12 SPREP	1:00.70
	28.56	32.14	
31	Lilah Huai Hsin Chan	10 HNA	1:00.91
	28.43	32.48	
32	Anna Gaisser	12 INGR	1:00.98
	29.10	31.88	
33	Mira Pawar	9 BELL	1:01.02
	28.54	32.48	
34	Ella Hizer	11 EC	1:01.16
	28.59	32.57	
35	Quinci Spivey	12 CLEVE	1:01.18
	28.95	32.23	
36	Gabi Young	11 NH	1:01.31
	29.77	31.54	
37	Soledad Norman	12 WS	1:01.54
	29.22	32.32	
38	Chloe Mai	11 ROOS	1:01.56
	29.16	32.40	
39	Deirdre Kinney	12 LINC	1:01.57
40	Sophie Stonehocker	9 INT	1:01.71
	30.23	31.48	
41	Keri Thompson	11 INT	1:01.76
	29.05	32.71	
42	Naomi Elsing	10 LINC	1:01.98
	29.88	32.10	
43	Ivy Chen	12 BELL	1:02.05
	29.57	32.48	
44	Arisa McGowan	12 LW	1:02.34
	30.00	32.34	
45	Jenny Shen	9 INT	1:02.47
	30.39	32.08	

46	Kate Risse	12 GAR	1:02.90
	29.40	33.50	
47	Kate Fitzpatrick	10 SPREP	1:03.25
	30.21	33.04	
48	Rayna Ejarque	12 HNA	1:03.38
	30.17	33.21	
49	Tess Keenan	10 BALL	1:03.43
	29.71	33.72	
50	Sophia Audia	12 BELL	1:03.58
	29.59	33.99	
51	Iris Tang	11 LKSD	1:03.98
	30.10	33.88	
52	Sophia Liston	10 LINC	1:03.99
	30.72	33.27	
53	Evelyn Legge	11 WS	1:04.32
	30.61	33.71	
54	Rhea Orazem	9 HNA	1:04.47
	31.01	33.46	
55	Maribel Shuler	12 NH	1:04.51
	30.33	34.18	
56	Mulan Kukreja	9 GAR	1:05.90
	31.04	34.86	
57	Noelle Yau	11 LINC	1:07.34
	32.49	34.85	

#308 Girls 500 Yard Free

Dist Record: 4:51.64\$ 2007 Andie Taylor

Name	Yr	Team	Finals Time
A - Final			
1	Sammy Segerson	11 BELL	5:05.84 16.0
	27.30	29.83	30.46 30.75
	31.05	31.45	31.48 31.45
	31.37	30.70	
2	Sofia Wyzga	10 BELL	5:13.18 13.0
	28.38	31.34	31.62 31.88
	31.96	31.72	31.75 31.95
	31.41	31.17	
3	Molly McCorrison	10 HAZ	5:15.35 12.0
	28.31	31.20	31.81 31.80
	31.96	31.96	32.06 32.26
	32.29	31.70	
4	Nora McCarthy	9 LKSD	5:15.42 11.0
	28.50	31.11	31.63 31.80
	31.94	31.90	32.66 32.52
	32.50	30.86	
5	CJ Woare	11 MI	5:20.66 10.0
	28.75	31.76	32.85 33.18
	32.75	32.73	32.87 32.56
	31.70	31.51	
6	Megan Lauinger	10 SPREP	5:31.49 9.0
	29.60	32.29	32.99 33.83
	33.65	33.90	33.92 34.31
	34.41	32.59	

B - Final

7	Ellie Wang	10 HNA	5:14.90 7.0
	27.43	30.48	31.65 32.38
	32.77	32.56	32.28 32.16
	31.79	31.40	
8	Emma Ewers	11 INGR	5:21.43 5.0
	29.09	31.75	32.37 32.49
	32.20	32.55	33.12 32.92
	32.61	32.33	
9	Grace Allison	10 BBLAN	5:22.82 4.0
	29.39	31.62	32.31 32.38
	32.71	32.72	32.98 32.98
	33.28	32.45	
10	Emily Dunn	10 MI	5:26.08 3.0
	27.54	31.07	32.47 33.18
	33.63	33.58	33.76 34.07
	34.04	32.74	
11	Greta Ambach	9 ROOS	5:27.27 2.0
	29.33	31.94	32.65 33.07
	33.53	33.46	33.57 33.80
	33.56	32.36	
12	Ashley Kwon	11 BELL	5:31.31 1.0
	29.16	32.06	32.81 33.31
	34.00	33.67	34.25 34.11
	34.35	33.59	

#308 Girls 500 Yard Free

Dist Record: 4:51.64\$ 2007 Andie Taylor

Name	Yr	Team	Prelim Time
Preliminaries			
1	Sammy Segerson	11 BELL	5:05.67 q
	28.01	30.49	30.70 30.75
	30.90	30.93	31.20 30.98
	31.19	30.52	
2	Molly McCorrison	10 HAZ	5:15.47 q
	28.34	31.17	31.27 31.56
	31.85	31.94	32.14 32.43
	32.77	32.00	
3	CJ Woare	11 MI	5:17.05 q
	28.34	31.29	31.80 32.09
	32.16	32.51	32.77 32.68
	32.35	31.06	
4	Sofia Wyzga	10 BELL	5:21.47 q
	28.38	31.56	32.46 32.57
	32.29	32.97	32.86 33.16
	33.10	32.12	
5	Nora McCarthy	9 LKSD	5:22.55 q
	29.29	32.00	32.63 33.25
	32.76	32.91	33.09 33.00
	32.75	30.87	
6	Megan Lauinger	10 SPREP	5:23.64 q
	30.00	32.67	33.04 33.05
	33.27	33.16	32.95 33.07
	32.36	30.07	

3A Sea-King District 2 Girls' Championships - 11/2/2023 to 11/4/2023

SeaKing District 2

3A Girls Swim and Dive Championships

Results

Preliminaries ... (#309 Girls 200 Yard Free Relay)				
3	LW		1:41.51	q
	Angelina Yu 11	Julia Larsen 11		
	Megan Nilsen 11	Natasha Bridge 12		
	25.23	25.48	25.63	25.17
4	BELL		1:42.04	q
	Sophie Segerson 11	Sofia Wyzga 10		
	Sammy Segerson 11	Cecilia Howard 11		
	25.35	26.04	25.79	24.86
5	SPREP		1:42.76	q
	Zoe Halfman 10	Brooke Wilwerding 12		
	Anna Lauinger 12	Lane Gooding 11		
	25.77	26.01	26.27	24.71
6	HNA		1:44.31	q
	Ellie Wang 10	Moira Williams 11		
	Delana Irani 10	Caroline Hooper 10		
		26.30	26.50	
7	HAZ		1:44.33	q
	Elizabeth Nguyen 11	Madeleine Nguyen 10		
	Jasmine Wong 10	Molly McCorrison 10		
	26.06	26.70	26.26	25.31
8	ROOS		1:45.09	q
	Greta Ambach 9	Olive Clarke 11		
	Kate Eleveld 12	Lyla Finocchio 10		
	25.65	26.38	26.63	26.43
9	LINC		1:45.80	q
	Aureole Chang 10	Deirdre Kinney 12		
	Matilda White 10	Quincy Berg 9		
	25.36	28.23	25.73	26.48
10	BALL		1:46.26	q
	Alyson Chew 11	Mia Onkels 11		
	Madelyn Skinner 12	Claudia Yovanovich 12		
	27.09	27.30	27.72	24.15
11	JUAN		1:48.46	q
	Samantha Merriam 11	Sadie Clusserath 10		
	Anika Yang 12	Hailey Crawford 10		
	26.71	28.38	27.23	26.14
12	LIB		1:48.53	q
	Anna Chiu 9	Mikayla Phan 10		
	Eleanor Briggs 11	Nicole Angelova 12		
	26.41	27.93	27.93	26.26
13	BBLAN		1:48.63	
	Reese Halfman 11	Ellie Hobart 11		
	Alexis Blume 10	Maddie Stanley 12		
	54.70	27.23	26.92	
14	NH		1:48.96	
	Chloe Wies 9	Maria Bull 10		
	Mariel Shuler 12	Kaylin Jones 11		
	27.16	28.28	27.00	26.52
15	INT		1:51.94	
	Keri Thompson 11	Jenny Shen 9		
	Ayaka Fukazawa 10	Ameiya Isaac 11		
	27.42	28.71	28.37	27.44

16	GAR		1:54.23	
	Divina Cortedano 12	Summayah Said 12		
	Mulan Kukreja 9	Lauren Risse 12		
	29.16	28.77	28.59	27.71
17	WS		1:56.09	
	Evelyn Legge 11	Lucille Rysemus 11		
	Lucy Stahl 11	Soledad Norman 12		
	29.59	28.93	36.54	21.03
18	CLEVE		2:08.32	
	Katie Woodside 12	Emma Schroeder 9		
	Aileen Bernstein 10	Quinci Spivey 12		
	30.53	36.51	32.50	28.78
19	FRANK		2:11.91	
	Daisy Darby 12	Bella Horton 9		
	Sasa Li 10	River Washburn 11		
	29.95	35.09	37.37	29.50
---	INGR		DQ	
	Olivia Kim 11	Finley Springer 10		
	Posy Taylor 9	Anna Gaisser 12		
	27.73	29.28	29.90	28.05

#310 Girls 100 Yard Back

Dist Record: 53.02\$ 2019 Janelle Rudolph

Name	Yr	Team	Finals Time
A - Final			
1	Ella Jablonski	11 LKSD	56.63 16.0
	27.74	28.89	
2	Catherine Andrews	12 ROOS	57.14 13.0
	27.90	29.24	
3	Sadye Derstadt	11 LKSD	58.19 12.0
	28.14	30.05	
4	Claudia Yovanovich	12 BALL	58.39 11.0
	27.98	30.41	
5	Julia Larsen	11 LW	59.72 10.0
	29.20	30.52	
6	Anna Lauinger	12 SPREP	1:00.04 9.0
	29.59	30.45	
B - Final			
7	Nora McCarthy	9 LKSD	58.59 7.0
	28.63	29.96	
8	Lily Siripipat	12 BELL	59.63 5.0
	28.33	31.30	
9	Megan Lauinger	10 SPREP	1:00.23 4.0
	29.68	30.55	
10	Vivian Woare	12 MI	1:01.43 3.0
	29.37	32.06	
11	Emily Dunn	10 MI	1:01.96 2.0
	30.12	31.84	
12	Maisey Jarrett	10 HNA	1:02.56 1.0
	30.31	32.25	

#310 Girls 100 Yard Back

Dist Record: 53.02\$ 2019 Janelle Rudolph

Name Yr Team Prelim Time

Preliminaries

1	Ella Jablonski	11 LKSD	56.67	q
	27.82	28.85		
2	Catherine Andrews	12 ROOS	57.51	q
	28.21	29.30		
3	Claudia Yovanovich	12 BALL	57.64	q
	27.44	30.20		
4	Sadye Derstadt	11 LKSD	57.91	q
	28.29	29.62		
5	Julia Larsen	11 LW	59.24	q
	29.17	30.07		
6	Anna Lauinger	12 SPREP	59.25	q
	29.16	30.09		
7	Lily Siripipat	12 BELL	59.25	q
	28.18	31.07		
8	Nora McCarthy	9 LKSD	1:00.31	q
	29.37	30.94		
9	Megan Lauinger	10 SPREP	1:00.54	q
	29.70	30.84		
10	Vivian Woare	12 MI	1:00.90	q
	29.22	31.68		
11	Emily Dunn	10 MI	1:01.73	q
	30.16	31.57		
12	Maisey Jarrett	10 HNA	1:02.00	q
	30.12	31.88		
13	Poet DeBoom	11 LW	1:02.37	
	30.12	32.25		
14	Julia Shang	10 MI	1:02.97	
	1:03.08			
15	Noli Hall	11 LKSD	1:03.31	
	30.79	32.52		
16	Lyla Finocchio	10 ROOS	1:03.43	
	30.73	32.70		
17	Kate Clay	11 LIB	1:05.04	
	32.07	32.97		
18	Alyson Chew	11 BALL	1:05.17	
	31.02	34.15		
19	Ella Grogan	12 MI	1:05.21	
	31.77	33.44		
20	Erin Deutsch	10 INT	1:05.52	
	31.58	33.94		
21	Mira Pawar	9 BELL	1:06.13	
	31.90	34.23		
22	Jayla Raymond	9 FRANK	1:06.87	
	32.31	34.56		
23	Kaitlin Smith	12 LIB	1:06.99	
	32.46	34.53		
24	Zoe Thorpe	11 NH	1:07.31	
	32.26	35.05		
25	Lilah Huai Hsin Chan	10 HNA	1:08.15	
	32.95	35.20		

3A Sea-King District 2 Girls' Championships - 11/2/2023 to 11/4/2023

SeaKing District 2

3A Girls Swim and Dive Championships

Results

Preliminaries ... (#310 Girls 100 Yard Back)

26	Grace McGowan	10 SPREP	1:08.28
	33.45	34.83	
27	Rosie Ying	11 LW	1:08.31
	33.81	34.50	
28	Ellie Hobart	11 BBLAN	1:08.50
	33.43	35.07	
29	Daisy Williams	10 BALL	1:08.62
	33.19	35.43	
30	Cassie Halter	9 BBLAN	1:08.78
	33.33	35.45	
31	Anneliese Brannfors	11 HNA	1:09.35
	33.96	35.39	
32	Freya Godwin	9 BALL	1:09.38
	33.86	35.52	
33	Sparks Webb	12 WS	1:09.70
	33.94	35.76	
34	Alexis Shepherd	11 HAZ	1:09.80
	33.86	35.94	
35	Maria Bull	10 NH	1:09.85
	33.28	36.57	

#310S Girls 100 Yard Back Swim-off

Name	Yr	Team	Finals Time
- Swim-off			
1	Anna Lauinger	12 SPREP	58.93
	28.85	30.08	
2	Lily Siripipat	12 BELL	59.16
	27.84	31.32	

#311 Girls 100 Yard Breast

Dist Record: 1:01.07\$ 2022 Piper Enge

Name	Yr	Team	Finals Time
A - Final			
1	Piper Enge	12 MI	1:01.60 16.0
	28.98	32.62	
2	Cecilia Howard	11 BELL	1:03.69 13.0
	30.16	33.53	
3	Sophie Segerson	11 BELL	1:06.97 12.0
	31.86	35.11	
4	Maddie Rivard	11 GAR	1:07.74 11.0
	32.03	35.71	
5	Delana Irani	10 HNA	1:08.99 10.0
	32.40	36.59	
6	Stella Dull	12 LKSD	1:12.26 9.0
	33.88	38.38	
B - Final			
7	Emma Nowakowski	9 MI	1:08.27 7.0
	31.78	36.49	
8	Clare Effgen	9 SPREP	1:08.47 5.0
	32.08	36.39	
9	Clare Weber	9 HNA	1:10.09 4.0
	33.84	36.25	
10	Elizabeth Nguyen	11 HAZ	1:10.15 3.0
	33.38	36.77	

11	Quincy Berg	9 LINC	1:10.18 2.0
	33.14	37.04	
12	Aisha Mulder	9 LIB	1:11.30 1.0
	33.57	37.73	

#311 Girls 100 Yard Breast

Dist Record: 1:01.07\$ 2022 Piper Enge

Name	Yr	Team	Prelim Time
Preliminaries			
1	Piper Enge	12 MI	1:03.81 q
	30.01	33.80	
2	Cecilia Howard	11 BELL	1:05.10 q
	30.41	34.69	
3	Sophie Segerson	11 BELL	1:07.10 q
	31.97	35.13	
4	Delana Irani	10 HNA	1:08.96 q
	32.35	36.61	
5	Maddie Rivard	11 GAR	1:09.07 q
	32.60	36.47	
6	Stella Dull	12 LKSD	1:09.46 q
	32.63	36.83	
7	Clare Effgen	9 SPREP	1:09.80 q
	33.04	36.76	
8	Emma Nowakowski	9 MI	1:09.81 q
	32.70	37.11	
9	Clare Weber	9 HNA	1:10.13 q
	34.17	35.96	
10	Quincy Berg	9 LINC	1:10.34 q
	33.20	37.14	
11	Elizabeth Nguyen	11 HAZ	1:11.03 q
	33.86	37.17	
12	Aisha Mulder	9 LIB	1:11.11 q
	33.59	37.52	
13	Amelia Han	11 MI	1:12.40
	34.13	38.27	
14	Emma Morelli	9 MI	1:12.81
	34.32	38.49	
15	Amanda Zhu	12 LW	1:12.90
	33.97	38.93	
16	Penelope Guist	9 BALL	1:13.35
	34.54	38.81	
17	Elise Torpey	10 ROOS	1:14.63
	35.04	39.59	
18	Sophie Kim	10 BELL	1:16.31
	35.76	40.55	
19	Raina Jeter	10 LIB	1:17.92
	36.35	41.57	
20	Katherine Nishimoto	10 HAZ	1:17.95
	36.40	41.55	
21	Tina Zheng	9 BELL	1:18.20
	37.27	40.93	
22	Lucy Stahl	11 WS	1:18.26
	37.18	41.08	
23	Megan Keith	11 INT	1:18.89
	36.45	42.44	

24	Nicole Angelova	12 LIB	1:19.53
	36.63	42.90	
25	Naomi Elsing	10 LINC	1:19.85
	37.55	42.30	
26	Ellery Germer Mills	10 ROOS	1:19.96
	37.45	42.51	
27	Sophia Liston	10 LINC	1:20.21
	38.29	41.92	
28	Madeleine Nguyen	10 HAZ	1:20.63
	37.44	43.19	
29	Charlotte Esperon	11 HNA	1:22.01
	37.37	44.64	
30	Rayna Ejarque	12 HNA	1:22.47
	39.70	42.77	

#312 Girls 400 Yard Free Relay

Dist Record: 3:28.33\$ 2018 Bellevue

Rudolph, Jin, Li, Wyzga

Team	Relay	Finals Time
A - Final		
1	MI	3:31.55 32.0
	Gracyn Kehoe 10	Greta Doroski 11
	Meg Dahlin 10	Piper Enge 12
	25.57	52.74 26.02 54.78
	25.51	53.88 15.66 50.15
2	BELL	3:37.29 26.0
	Sofia Wyzga 10	Sammy Segerson 11
	Sophie Segerson 11	Cecilia Howard 11
	26.80	56.44 26.75 56.14
	25.32	52.85 25.07 51.86
3	LKSD	3:37.65 24.0
	Sadye Derstadt 11	Nora McCarthy 9
	Noli Hall 11	Caroline Cancelmo 11
	26.03	54.21 26.31 54.86
	26.52	54.97 25.79 53.61
4	SPREP	3:38.35 22.0
	Zoe Halfman 10	Megan Lauinger 10
	Anna Lauinger 12	Lane Gooding 11
	26.38	54.95 26.24 55.10
	26.42	55.66 24.99 52.64
5	GAR	3:45.78 20.0
	Sophie Pham 10	Maddie Rivard 11
	Kate Risse 12	Cole Liffmann 12
	26.09	54.22 26.93 56.68
	28.38	1:00.13 26.32 54.75
6	JUAN	3:49.04 18.0
	Samantha Merriam 11	Katreya Ong 12
	Rina Yuan 12	Anika Yang 12
	27.78	58.35 27.34 59.51
	25.42	54.55 25.94 56.63
B - Final		
7	LW	3:43.42 14.0
	Angelina Yu 11	Poet DeBoom 11
	Megan Nilsen 11	Natasha Bridge 12
	26.48	55.69 16.33 57.25
	26.19	55.62 25.85 54.86

3A Sea-King District 2 Girls' Championships - 11/2/2023 to 11/4/2023

SeaKing District 2

3A Girls Swim and Dive Championships

Results

B - Final ... (#312 Girls 400 Yard Free Relay)				
8	ROOS		3:43.70	10.0
	Lyla Finocchio 10	Elyse Jaeger 12		
	Gigi Sherwood 12	Catherine Andrews 12		
	26.98	57.39	26.43	1:09.06
	14.91	44.87	25.50	52.38
9	HNA		3:45.47	8.0
	Moira Williams 11	Caroline Hooper 10		
	Maisey Jarrett 10	Ellie Wang 10		
	26.46	55.95	28.33	58.38
	27.53	1:23.57	27.57	
10	HAZ		3:50.77	6.0
	Elizabeth Nguyen 11	Jasmine Wong 10		
	Alexis Shepherd 11	Molly McCorrison 10		
	27.58	57.73	27.64	58.70
	27.63	58.65	26.46	55.69
11	LIB		3:55.16	4.0
	Anna Chiu 9	Aisha Mulder 9		
	Nicole Angelova 12	Alexis James 12		
	27.77	59.60	28.44	59.43
	28.18	59.16	26.95	56.97
12	BBLAN		3:59.03	2.0
	Reese Halfman 11	Alexis Blume 10		
	Grace Allison 10	Maddie Stanley 12		
	28.04	59.05	29.15	1:01.88
	28.92	59.82	27.71	58.28

#312 Girls 400 Yard Free Relay
Dist Record: 3:28.33\$ 2018 Bellevue

Rudolph, Jin, Li, Wyzga

Team	Relay	Prelim Time
Preliminaries		
1	MI	3:31.90 q
	Meg Dahlin 10	Isabel Peng 11
	Gracyn Kehoe 10	Piper Enge 12
	25.94	53.97
	25.07	52.53
2	BELL	3:39.44 q
	Sofia Wyzga 10	Sammy Segerson 11
	Sophie Segerson 11	Cecilia Howard 11
	27.23	56.21
	26.00	54.28
3	SPREP	3:42.33 q
	Zoe Halfman 10	Megan Lauinger 10
	Anna Lauinger 12	Lane Gooding 11
	26.72	54.92
	26.47	55.59
4	LKSD	3:42.63 q
	Sadye Derstadt 11	Nora McCarthy 9
	Noli Hall 11	Caroline Cancelmo 11
	26.31	55.56
	27.39	56.60

5	JUAN		3:43.18	q
	Samantha Merriam 11	Hailey Crawford 10		
	Rina Yuan 12	Katreeya Ong 12		
	27.68	57.41	27.25	57.20
	26.35	55.62	24.81	52.95
6	GAR		3:45.56	q
	Sophie Pham 10	Maddie Rivard 11		
	Kate Risse 12	Cole Liffmann 12		
	26.07	53.78	26.25	55.26
	29.27	1:02.13	26.02	54.39
7	LW		3:46.08	q
	Angelina Yu 11	Poet DeBoom 11		
	Megan Nilson 11	Natasha Bridge 12		
	26.42	55.56	17.76	56.80
	26.90	56.90	26.68	56.82
8	ROOS		3:47.98	q
	Lyla Finocchio 10	Gigi Sherwood 12		
	Elyse Jaeger 12	Catherine Andrews 12		
	27.87	58.05	26.48	56.62
	27.85	58.55	26.27	54.76
9	HNA		3:50.20	q
	Ellie Wang 10	Moira Williams 11		
	Maisey Jarrett 10	Caroline Hooper 10		
	27.37	1:09.94	42.07	1:10.13
	30.75			
10	HAZ		3:52.50	q
	Elizabeth Nguyen 11	Jasmine Wong 10		
	Alexis Shepherd 11	Molly McCorrison 10		
	27.71	58.56	28.29	59.51
	27.93	59.42	26.41	55.01
11	LIB		3:53.73	q
	Aisha Mulder 9	Nicole Angelova 12		
	Anna Chiu 9	Alexis James 12		
	28.20	59.99	27.58	57.91
	14.47	59.36	27.26	56.47
12	BBLAN		3:57.58	q
	Maddie Stanley 12	Reese Halfman 11		
	Grace Allison 10	Alexis Blume 10		
	27.70	57.84	28.35	59.57
	29.31	59.86	28.55	1:00.31
13	INT		4:04.56	
	Sophie Stonehocker 9	Erin Deutsch 10		
	Grace Wellington 10	Trinity Lee 11		
	29.95	1:02.20	28.54	1:00.76
	15.20	1:00.55	29.23	1:01.05
14	NH		4:11.11	
	Gabi Young 11	Britt Jones 12		
	Claire Lundberg 12	Zoe Thorpe 11		
	30.04	1:02.23	29.23	1:03.09
	30.20	1:03.61	28.91	1:02.18
15	WS		4:19.67	
	Eden O'Donnell 9	Evelyn Legge 11		
	Lucille Rysemus 11	Soledad Norman 12		
	30.36	1:02.41	31.81	1:08.54
	30.50	1:03.68	31.22	1:05.04

16	BALL		4:22.44	
	Daisy Williams 10	Sabi Yoon 10		
	Penelope Guist 9	Freya Godwin 9		
	30.93	1:04.10	32.45	1:08.95
	30.90	1:05.35	30.71	1:04.04
17	LINC		4:24.00	
	Juliet Fox 10	Noelle Yau 11		
	Sophia Liston 10	Naomi Elsing 10		
	30.80	1:04.70	32.43	1:09.96
	29.98	1:04.98	30.66	1:04.36
18	INGR		4:28.34	
	Posy Taylor 9	Cassidy Murray 10		
	Maya Stewart 9	Evvi Geokezas 10		
	30.74	1:36.23	33.54	1:06.82
	38.57	1:10.15	35.13	35.14

Scores - Women

Women - Team Rankings - Through Event 312

1.	Mercer Island	271
2.	Lakeside School	176
3.	Bellevue	164
4.	Lake Washington	126
5.	Seattle Prep	109
6.	Garfield	102
7.	Holy Names Academy	101
8.	Juanita	70
9.	Roosevelt	67
10.	Hazen	56
11.	Lincoln	51
12.	Ballard	33
12.	Ingraham	33
14.	Liberty	22
15.	Bishop Blanchet	12