

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****Event 1 Girls 200 Yard Medley Relay****Meet: 1:49.33 M 11/2/2002 ROGERS****M Rains, J Heidloff, Ch Freeman, Co Freeman****4A State: 1:45.77 S 2003 ROGERS****1:47.16 AUTO****1:49.04 CONS****1:54.90 ST**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>	<b>Points</b>
<b>A - Final</b>				
1 MT. RAINIER		1:56.29	1:53.14 ST	32
1) Larson, Courtney 10	2) Webster, Rachel 10	3) Kawaguchi, Megan 9	4) Marrs, Mackenzie 12	
28.43	1:02.03 (33.60) 1:28.24 (26.21)	1:53.14 (24.90)		
2 OLYMPIA		1:54.78	1:53.25 ST	26
1) Early, Miranda 11	2) Culhane, Kathryn 12	3) Forbord, Kelsey 11	4) Heffernan, Clara 12	
28.65	1:00.12 (31.47) 1:28.21 (28.09)	1:53.25 (25.04)		
3 GIG HARBOR		1:57.67	1:55.70	24
1) McMenimen, Kiera 10	2) Cabe, Morgan 12	3) Lind, Brianne 12	4) Donaldson, Lora 12	
29.40	1:01.91 (32.51) 1:29.89 (27.98)	1:55.70 (25.81)		
4 FEDERAL WAY		1:55.51	1:56.01	22
1) Ramey, Kenna 9	2) Ramey, Kayla 12	3) Barth, Kaia 12	4) Barth, Eva 10	
29.45	1:03.33 (33.88) 1:29.78 (26.45)	1:56.01 (26.23)		
5 STADIUM		1:57.70	1:56.19	20
1) Cann, Felicity 10	2) Jeong, Clare 9	3) Morton, Natalie 12	4) Treleven, Sadie 11	
28.63	1:03.03 (34.40) 1:30.66 (27.63)	1:56.19 (25.53)		
6 THOMAS JEFFERSON		1:57.23	1:56.51	18
1) Huynh, Janice 12	2) Coe, Savannah 12	3) Cratsenberg, Amber 11	4) Oh, Klara 10	
31.32	1:03.66 (32.34) 1:30.58 (26.92)	1:56.51 (25.93)		
<b>B - Final</b>				
7 KENTRIDGE		1:59.31	1:56.33	14
1) Chilczuk, Bella 10	2) Allen, Flannery 10	3) Shonka, Emily 11	4) Mohr, Emily 11	
30.58	1:05.00 (34.42) 1:32.32 (27.32)	1:56.33 (24.01)		
8 KENTLAKE		1:57.72	1:56.55	10
1) Dougherty, Sarah 11	2) Eha, Mekena 10	3) Tanasse, Emily 10	4) Bouffard, Taylor 11	
28.83	1:04.33 (35.50) 1:31.17 (26.84)	1:56.55 (25.38)		
9 TAHOMA		2:00.11	1:58.63	8
1) Ainsworth, Kristin 10	2) Fiskum, Hannah 12	3) Bowers, Tori 10	4) Hayden, Michelle 12	
28.08	1:02.19 (34.11) 1:32.40 (30.21)	1:58.63 (26.23)		
10 TODD BEAMER		2:00.95	1:59.79	6
1) Wintler, Taylor 10	2) Kim, Rachel 12	3) Kim, Estelle 9	4) Kramer, Katie 12	
30.59	1:01.63 (31.04) 1:31.80 (30.17)	1:59.79 (27.99)		
11 KENTWOOD		2:01.83	2:00.74	4
1) Molloy, Maggie 12	2) Krause, Lindsey 12	3) Morris, Paige 11	4) Vagen, Drew 9	
31.23	1:04.98 (33.75) 1:33.93 (28.95)	2:00.74 (26.81)		
12 CURTIS		2:01.62	2:01.96	2
1) Postma, Jenna 9	2) Rzeszewicz, Hannah 9	3) Sioda, Natasha 11	4) Christianson, Lauren 12	
31.05	1:07.09 (36.04) 1:35.00 (27.91)	2:01.96 (26.96)		

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****Event 2 Girls 200 Yard Freestyle**

Meet: 1:50.54 M 11/2/2002 MEGAN RAINS - ROGERS  
 4A State: 1:46.55 S 2009 ANDIE TAYLOR - SKYLINE  
 1:50.15 AUTO  
 1:51.98 CONS  
 1:59.90 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Wu, Joanna	11	KENT MERIDIAN	1:54.50	1:52.37 ST	16
25.56	54.00 (28.44)	1:23.02 (29.02)	1:52.37 (29.35)		
2 Heffernan, Clara	12	OLYMPIA	1:56.24	1:55.76 ST	13
26.42	55.47 (29.05)	1:25.49 (30.02)	1:55.76 (30.27)		
3 Sullivan, Colleen	11	GIG HARBOR	2:01.14	1:58.47 ST	12
27.51	57.51 (30.00)	1:27.92 (30.41)	1:58.47 (30.55)		
4 Hinely, Nicole	11	SOUTH KITSAP	2:00.06	2:00.16	11
27.38	57.48 (30.10)	1:28.92 (31.44)	2:00.16 (31.24)		
5 Walk, Mallery	11	PUYALLUP	2:01.29	2:01.36	10
27.30	57.52 (30.22)	1:29.04 (31.52)	2:01.36 (32.32)		
6 Dyr Dahl, Marissa	12	KENTWOOD	2:03.13	2:05.02	9
27.78	57.87 (30.09)	1:29.96 (32.09)	2:05.02 (35.06)		
<b>B - Final</b>					
7 Maclurg, Amanda	12	STADIUM	2:04.87	2:01.19	7
28.00	58.76 (30.76)	1:30.34 (31.58)	2:01.19 (30.85)		
8 Lesnick, Natalie	9	KENTWOOD	2:03.41	2:01.74	5
27.96	58.66 (30.70)	1:30.37 (31.71)	2:01.74 (31.37)		
9 Shonka, Emily	11	KENTRIDGE	2:05.44	2:04.64	4
27.91	59.22 (31.31)	1:31.90 (32.68)	2:04.64 (32.74)		
10 Lingenbrink, Sam	9	CENTRAL KITSAP	2:06.68	2:05.40	3
28.38	1:00.71 (32.33)	1:33.06 (32.35)	2:05.40 (32.34)		
11 Pearson, Angela	12	SOUTH KITSAP	2:05.45	2:06.08	2
28.62	59.93 (31.31)	1:32.71 (32.78)	2:06.08 (33.37)		
12 Smokoff, Amanda	10	GIG HARBOR	2:06.09	2:07.10	1
28.44	59.84 (31.40)	1:33.51 (33.67)	2:07.10 (33.59)		

**Event 3 Girls 200 Yard IM**

Meet: 2:02.58 M 10/27/2001 EMILY KUKORS - AUBURN  
 4A State: 1:58.23 S 2008 ANDIE TAYLOR - SKYLINE  
 2:04.00 AUTO  
 2:06.13 CONS  
 2:15.00 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Kim, Rachel	12	TODD BEAMER	2:10.08	2:09.37 ST	16
27.74	1:01.08 (33.34)	1:38.94 (37.86)	2:09.37 (30.43)		
2 Ainsworth, Kristin	10	TAHOMA	2:17.07	2:13.04 ST	13
28.85	1:00.80 (31.95)	1:41.10 (40.30)	2:13.04 (31.94)		
3 Phillips, Kyndal	9	KENTLAKE	2:14.91	2:15.06	12
28.93	1:02.73 (33.80)	1:43.95 (41.22)	2:15.06 (31.11)		
4 Coe, Savannah	12	THOMAS JEFFERSON	2:17.68	2:15.70	11
30.07	1:05.08 (35.01)	1:43.16 (38.08)	2:15.70 (32.54)		
5 Beal, Jackie	10	MT. RAINIER	2:17.53	2:18.95	10
29.04	1:04.14 (35.10)	1:46.59 (42.45)	2:18.95 (32.36)		

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****A - Final ... (Event 3 Girls 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time	Points
6 Lindsley, Peyton	11	PUYALLUP	2:23.26	2:20.29	9
			29.65	1:04.94 (35.29)	1:46.75 (41.81)
				2:20.29 (33.54)	

**B - Final**

7 Kim, Estelle	9	TODD BEAMER	2:23.61	2:20.98	7
			30.68	1:05.62 (34.94)	1:49.17 (43.55)
				2:20.98 (31.81)	
8 Avery, Sarah	9	CENTRAL KITSAP	2:23.64	2:21.19	5
			30.62	1:07.12 (36.50)	1:49.13 (42.01)
				2:21.19 (32.06)	
9 Althausen, Rachel	12	MT. RAINIER	2:23.95	2:21.62	4
			30.19	1:07.46 (37.27)	1:47.56 (40.10)
				2:21.62 (34.06)	
10 Flotlin, Hannah	10	OLYMPIA	2:25.75	2:25.06	3
			32.16	1:08.46 (36.30)	1:51.44 (42.98)
				2:25.06 (33.62)	
11 Cooper, Haley	12	ROGERS	2:26.41	2:25.18	2
			30.81	1:05.57 (34.76)	1:49.20 (43.63)
				2:25.18 (35.98)	
12 Cabe, Morgan	12	GIG HARBOR	2:26.26	2:26.70	1
			33.75	1:14.09 (40.34)	1:53.26 (39.17)
				2:26.70 (33.44)	

**Event 4 Girls 50 Yard Freestyle**

Meet: 23.23 M 1985 ROSIE ZIMSEN - S. KITSAP  
 4A State: 23.17 S 1990 MEGAN OESTING - MERCER IS  
 23.53 AUTO  
 23.90 CONS  
 25.20 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Cratsenberg, Amber	11	THOMAS JEFFERSON	24.16	24.17 ST	16
2 Mohr, Emily	11	KENTRIDGE	24.61	24.25 ST	13
3 Barth, Kaia	12	FEDERAL WAY	24.83	24.86 ST	12
4 Bouffard, Taylor	11	KENTLAKE	25.61	25.17 ST	11
5 Myers, Kathryn	12	SHELTON	25.47	25.38	10
6 Ramey, Kenna	9	FEDERAL WAY	25.76	25.62	9
<b>B - Final</b>					
7 Treleven, Sadie	11	STADIUM	25.79	25.27	7
8 Lind, Brianne	12	GIG HARBOR	26.26	25.73	5
9 Dougherty, Sarah	11	KENTLAKE	26.40	25.84	4
10 Wright, Erica	12	KENTWOOD	26.04	26.09	3
11 Christianson, Lauren	12	CURTIS	26.18	26.29	2
12 Ramey, Kayla	12	FEDERAL WAY	26.37	26.56	1

**Event 5 Girls 1 mtr Diving 10/28 at Foss HS**

4A State: 453.30 S 1974 TERESA HACKETT - HIGHLINE

Name	Yr	School	Semis Score	Finals Score	Points
<b>Finals</b>					
1 Kellar, Madi	11	THOMAS JEFFERSON	247.80	355.30	16
2 Wiley, Elizabeth	11	TODD BEAMER	241.30	328.15	13
3 Church, Shelby	10	THOMAS JEFFERSON	208.50	298.85	12
4 Church, Monica	10	THOMAS JEFFERSON	201.00	287.55	11
5 Clemens, Elizabeth	10	EMERALD RIDGE	211.95	285.55	10
6 Smith, Emi	10	ROGERS	211.85	285.10	9
7 Schmidt, Carolyn	10	EMERALD RIDGE	192.55	273.50	7
8 Ginnet, Nikita	12	MT. RAINIER	196.65	263.20	5
9 Churchill, Maggie	12	GIG HARBOR	188.85	258.15	4
10 Da Dalto, Emily	10	MT. RAINIER	187.60	256.15	3

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****Finals ... (Event 5 Girls 1 mtr Diving 10/28 at Foss HS)**

Name	Yr	School	Semis Score	Finals Score	Points
11 Reitz, Kiernan	9	TODD BEAMER	185.95	252.00	2
12 Ward, Bernadine	11	MT. RAINIER	196.60	241.00	1

**Event 6 Girls 100 Yard Butterfly**

Meet: 56.68 M 11/2/2002 EMILY STROUSE - ROGERS  
 4A State: 53.10 S 2009 KATIE KINNEAR - EASTLAKE  
 55.48 AUTO  
 56.72 CONS  
 1:00.90 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Tanasse, Emily	10	KENTLAKE	1:00.45	58.73 ST	16
			27.59	58.73 (31.14)	
2 Kawaguchi, Megan	9	MT. RAINIER	59.93	59.29 ST	13
			27.96	59.29 (31.33)	
3 Hinely, Nicole	11	SOUTH KITSAP	59.95	59.71 ST	12
			28.07	59.71 (31.64)	
4 Phillips, Kyndal	9	KENTLAKE	1:02.72	1:01.92	11
			29.00	1:01.92 (32.92)	
5 Becker, Ashlee	12	SOUTH KITSAP	1:02.06	1:03.27	10
			28.80	1:03.27 (34.47)	
6 Ramey, Kenna	9	FEDERAL WAY	1:00.56	1:03.33	9
			29.22	1:03.33 (34.11)	
<b>B - Final</b>					
7 Morton, Natalie	12	STADIUM	1:03.33	1:02.07	7
			28.47	1:02.07 (33.60)	
8 Hirata, Liane	10	CENTRAL KITSAP	1:02.74	1:02.61	5
			28.74	1:02.61 (33.87)	
9 Early, Miranda	11	OLYMPIA	1:03.36	1:02.80	4
			29.33	1:02.80 (33.47)	
10 Forbord, Kelsey	11	OLYMPIA	1:03.92	1:04.24	3
			29.86	1:04.24 (34.38)	
*11 Reusch, Stephanie	12	MT. RAINIER	1:03.75	1:04.63	1.50
			29.48	1:04.63 (35.15)	
*11 Sioda, Natasha	11	CURTIS	1:03.19	1:04.63	1.50
			28.85	1:04.63 (35.78)	

**Event 7 Girls 100 Yard Freestyle**

Meet: 50.17 M 11/1/2008 CHELSEA BAILEY - KENTLAKE  
 4A State: 49.82 S 2008 CHELSEA BAILEY - KENTLAKE  
 50.98 AUTO  
 51.87 CONS  
 55.40 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Cratsenberg, Amber	11	THOMAS JEFFERSON	52.68	52.51 ST	16
			25.47	52.51 (27.04)	
2 Wu, Joanna	11	KENT MERIDIAN	53.46	52.82 ST	13
			25.39	52.82 (27.43)	
3 Mohr, Emily	11	KENTRIDGE	54.95	53.11 ST	12
			25.13	53.11 (27.98)	

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****A - Final ... (Event 7 Girls 100 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
4 Barth, Kaia	12	FEDERAL WAY	54.55	54.42 ST	11
25.77		54.42 (28.65)			
5 Cann, Felicity	10	STADIUM	54.50	55.02 ST	10
25.65		55.02 (29.37)			
6 Dyrdaahl, Marissa	12	KENTWOOD	55.33	56.59	9
26.71		56.59 (29.88)			

**B - Final**

7 Marrs, Mackenzie	12	MT. RAINIER	55.85	55.24 ST	7
26.40		55.24 (28.84)			
8 Shonka, Emily	11	KENTRIDGE	56.60	56.02	5
26.39		56.02 (29.63)			
9 Lobdell, Julia	9	GIG HARBOR	57.83	56.61	4
26.75		56.61 (29.86)			
10 McMenimen, Kiera	10	GIG HARBOR	57.44	56.78	3
27.37		56.78 (29.41)			
11 Bagley, Kelsey	12	SOUTH KITSAP	56.39	56.80	2
26.29		56.80 (30.51)			
12 Myers, Kathryn	12	SHELTON	58.17	59.86	1
28.72		59.86 (31.14)			

**Event 8 Girls 500 Yard Freestyle**Meet: **4:54.81 M 10/30/2004 KRISSEY FORELLI - GIG HARBOR**4A State: **4:41.98 S 2008 AMBER MCDERMOTT - JACKSON****4:54.30 AUTO****4:59.48 CONS****5:18.00 ST**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Cann, Felicity	10	STADIUM	5:19.11	5:08.52 ST	16
27.74		58.82 (31.08) 1:30.06 (31.24)	2:01.25 (31.19)		
2:32.61 (31.36)		3:02.98 (30.37) 3:34.03 (31.05)	4:06.05 (32.02)		
4:37.46 (31.41)		5:08.52 (31.06)			
2 Heffernan, Clara	12	OLYMPIA	5:13.07	5:12.11 ST	13
27.92		58.86 (30.94) 1:29.90 (31.04)	2:01.21 (31.31)		
2:32.51 (31.30)		3:04.08 (31.57) 3:36.09 (32.01)	3:57.30 (21.21)		
4:41.44 (44.14)		5:12.11 (30.67)			
3 Sullivan, Colleen	11	GIG HARBOR	5:29.81	5:19.23	12
29.04		1:00.50 (31.46) 1:32.55 (32.05)	2:04.93 (32.38)		
2:37.30 (32.37)		3:09.84 (32.54) 3:42.45 (32.61)	4:15.31 (32.86)		
4:47.84 (32.53)		5:19.23 (31.39)			
4 Maclurg, Amanda	12	STADIUM	5:20.30	5:22.13	11
28.79		1:00.12 (31.33) 1:32.42 (32.30)	2:05.27 (32.85)		
2:38.36 (33.09)		3:11.24 (32.88) 3:44.01 (32.77)	4:16.95 (32.94)		
4:49.85 (32.90)		5:22.13 (32.28)			
5 Lesnick, Natalie	9	KENTWOOD	5:32.32	5:30.62	10
28.67		1:00.75 (32.08) 1:33.79 (33.04)	2:07.52 (33.73)		
2:41.24 (33.72)		3:15.41 (34.17) 3:49.68 (34.27)	4:24.07 (34.39)		
4:57.99 (33.92)		5:30.62 (32.63)			
6 Walk, Mallery	11	PUYALLUP	5:24.98	5:30.66	9
28.11		59.27 (31.16) 1:31.37 (32.10)	2:04.18 (32.81)		
2:38.28 (34.10)		3:13.03 (34.75) 3:48.02 (34.99)	4:23.35 (35.33)		
4:57.82 (34.47)		5:30.66 (32.84)			

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****B - Final ... (Event 8 Girls 500 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time	Points
<b>B - Final</b>					
7 Benoit, Annie	11	KENTLAKE	5:32.98	5:28.16	7
	29.39	1:02.23 (32.84)	1:35.39 (33.16)	2:08.98 (33.59)	
	2:42.33 (33.35)	3:15.63 (33.30)	3:48.99 (33.36)	4:22.69 (33.70)	
	4:56.15 (33.46)	5:28.16 (32.01)			
8 Pearson, Angela	12	SOUTH KITSAP	5:39.37	5:28.35	5
	29.21	1:01.17 (31.96)	1:34.31 (33.14)	2:07.85 (33.54)	
	2:41.64 (33.79)	3:15.82 (34.18)	3:50.05 (34.23)	4:23.43 (33.38)	
	4:56.44 (33.01)	5:28.35 (31.91)			
9 Beal, Jackie	10	MT. RAINIER	5:32.42	5:36.95	4
	29.21	1:02.54 (33.33)	1:36.52 (33.98)	2:10.78 (34.26)	
	2:45.58 (34.80)	3:20.31 (34.73)	3:55.39 (35.08)	4:29.55 (34.16)	
	5:03.79 (34.24)	5:36.95 (33.16)			
10 Young, Erica	12	MT. RAINIER	5:45.03	5:37.90	3
	30.07	1:03.74 (33.67)	1:37.93 (34.19)	2:12.37 (34.44)	
	2:46.97 (34.60)	3:21.72 (34.75)	3:56.32 (34.60)	4:30.64 (34.32)	
	5:05.03 (34.39)	5:37.90 (32.87)			
11 Smokoff, Amanda	10	GIG HARBOR	5:43.41	5:45.52	2
	30.00	1:03.55 (33.55)	1:37.79 (34.24)	2:12.61 (34.82)	
	2:48.00 (35.39)	3:23.64 (35.64)	3:59.36 (35.72)	4:35.58 (36.22)	
	5:11.00 (35.42)	5:45.52 (34.52)			
12 Kim, Estelle	9	TODD BEAMER	5:39.53	5:46.83	1
	30.04	1:03.55 (33.51)	1:38.11 (34.56)	2:13.25 (35.14)	
	2:48.64 (35.39)	3:23.98 (35.34)	4:00.16 (36.18)	4:35.85 (35.69)	
	5:11.66 (35.81)	5:46.83 (35.17)			

**Event 9 Girls 200 Yard Freestyle Relay**

Meet: 1:39.63 M 11/2/2002 CAPITAL  
 K Colley, E Rennie, A Owen, C Helgason  
 4A State: 1:38.53 S 1992 FOSS  
 1:37.14 AUTO  
 1:38.69 CONS  
 1:43.90 ST

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 FEDERAL WAY		1:42.85	1:41.36 ST	32
	1) Barth, Kaia 12	2) Barth, Eva 10	3) Ramey, Kayla 12	4) Ramey, Kenna 9
	24.58	50.75 (26.17)	1:16.49 (25.74)	1:41.36 (24.87)
2 THOMAS JEFFERSON		1:44.33	1:42.46 ST	26
	1) Warrior, Bailey 12	2) Coe, Savannah 12	3) Oh, Klara 10	4) Cratsenberg, Amber 11
	26.28	52.02 (25.74)	1:18.18 (26.16)	1:42.46 (24.28)
3 GIG HARBOR		1:46.09	1:43.32 ST	24
	1) Lind, Brianne 12	2) Donaldson, Lora 12	3) Lobdell, Julia 9	4) Sullivan, Colleen 11
	26.06	51.81 (25.75)	1:17.48 (25.67)	1:43.32 (25.84)
4 SOUTH KITSAP		1:45.79	1:44.84	22
	1) Bagley, Kelsey 12	2) Pearsall, Paige 10	3) Becker, Ashlee 12	4) Hinely, Nicole 11
	25.56	52.68 (27.12)	1:19.07 (26.39)	1:44.84 (25.77)
5 KENTLAKE		1:45.44	1:44.94	20
	1) Phillips, Kyndal 9	2) Benoit, Annie 11	3) Swanson, Abigail 11	4) Bouffard, Taylor 11
	26.50	53.22 (26.72)	1:19.51 (26.29)	1:44.94 (25.43)
--- MT. RAINIER		1:45.15	DQ	
	1) Reusch, Stephanie 12	2) Ward, Bernadine 11	3) Beal, Jackie 10	4) Larson, Courtney 10
	26.28	52.52 (26.24)	1:18.67 (26.15)	DQ (25.74)

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****B - Final ... (Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time	Points
<b>B - Final</b>				
7 STADIUM		1:46.94	1:45.92	14
1) Treleven, Sadie 11 26.00	2) Jeong, Clare 9 52.90 (26.90)	3) Maclurg, Amanda 12 1:45.92 (25.96)	4) Morton, Natalie 12	
8 SHELTON		1:46.19	1:45.96	10
1) Myers, Kathryn 12 25.68	2) Myers, Sarah 10 52.13 (26.45)	3) Garcia, Hannah 9 1:45.96 (27.14)	4) Fitchett, Annie 12	
9 KENTWOOD		1:46.11	1:45.98	8
1) Wright, Erica 12 25.90	2) Krause, Lindsey 12 52.69 (26.79)	3) Dyrdaahl, Marissa 12 1:45.98 (27.69)	4) Lesnick, Natalie 9	
10 TODD BEAMER		1:48.28	1:47.16	6
1) Kim, Rachel 12 25.01	2) Kramer, Katie 12 53.22 (28.21)	3) Kim, Estelle 9 1:47.16 (26.33)	4) Wintler, Taylor 10	
11 CURTIS		1:48.91	1:48.76	4
1) Holly, Hannah 9 26.81	2) Spurlock, Sophia 10 55.24 (28.43)	3) Langlow, Hannah 10 1:48.76 (19.05)	4) Christianson, Lauren 12	
--- CENTRAL KITSAP		1:47.68	DQ	
1) Avery, Sarah 9 26.44	2) Lingenbrink, Sam 9 52.35 (25.91)	3) Polzin, Mikayla 10 DQ (25.62)	4) Hirata, Liane 10	

**Event 10 Girls 100 Yard Backstroke**

Meet: 54.99 M 11/1/2008 CHELSEA BAILEY - KENTLAKE  
 4A State: 53.95 S 2008 ANNEMARIE THAYER - BALLARD  
 56.10 AUTO  
 57.41 CONS  
 1:02.40 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Kim, Rachel 28.29	12	TODD BEAMER	59.06	58.16 ST	16
2 Ainsworth, Kristin 28.83	10	TAHOMA	1:01.00	59.74 ST	13
3 Tanasse, Emily 29.14	10	KENTLAKE	1:02.01	1:00.41 ST	12
4 Larson, Courtney 29.17	10	MT. RAINIER	1:02.57	1:01.85 ST	11
5 Dougherty, Sarah 30.00	11	KENTLAKE	1:01.76	1:02.81	10
6 Hirata, Liane 30.65	10	CENTRAL KITSAP	1:02.31	1:03.26	9
<b>B - Final</b>					
7 Kawaguchi, Megan 30.08	9	MT. RAINIER	1:02.99	1:01.91 ST	7
8 Sioda, Natasha 30.17	11	CURTIS	1:02.96	1:03.28	5
9 Forbord, Kelsey 30.86	11	OLYMPIA	1:03.78	1:03.71	4
10 Cooper, Haley 30.99	12	ROGERS	1:05.56	1:05.18	3
11 Wintler, Taylor 31.76	10	TODD BEAMER	1:05.32	1:05.93	2
12 Bouffard, Taylor 33.92	11	KENTLAKE	1:05.59	1:10.20	1

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****Event 11 Girls 100 Yard Breaststroke**

Meet: 1:05.41 M 10/30/2004 SARAH STOCKWELL - KENTLAKE  
 4A State: 1:02.39 S 2003 MISSY MCINTYRE - OAK HARBOR  
 1:04.03 AUTO  
 1:05.34 CONS  
 1:10.30 ST

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Culhane, Kathryn	12	OLYMPIA	1:09.04	1:08.52 ST	16
31.82		1:08.52 (36.70)			
2 Marrs, Mackenzie	12	MT. RAINIER	1:11.41	1:09.12 ST	13
32.67		1:09.12 (36.45)			
3 Coe, Savannah	12	THOMAS JEFFERSON	1:11.67	1:10.21 ST	12
32.99		1:10.21 (37.22)			
4 Cabe, Morgan	12	GIG HARBOR	1:11.91	1:11.33	11
33.06		1:11.33 (38.27)			
5 Bullock, Cammie	12	ROGERS	1:11.45	1:12.91	10
33.77		1:12.91 (39.14)			
6 Althausser, Rachel	12	MT. RAINIER	1:13.05	1:13.39	9
34.74		1:13.39 (38.65)			
<b>B - Final</b>					
7 McCullough, Elyanna	11	GIG HARBOR	1:14.00	1:11.46	7
33.07		1:11.46 (38.39)			
8 Webster, Rachel	10	MT. RAINIER	1:13.63	1:13.64	5
34.46		1:13.64 (39.18)			
9 Krause, Lindsey	12	KENTWOOD	1:13.27	1:13.96	4
34.18		1:13.96 (39.78)			
10 Becker, Ashlee	12	SOUTH KITSAP	1:14.71	1:14.09	3
34.59		1:14.09 (39.50)			
11 Jeong, Clare	9	STADIUM	1:16.75	1:15.31	2
35.84		1:15.31 (39.47)			
12 Smith, Charlotte	10	OLYMPIA	1:17.27	1:18.24	1
36.52		1:18.24 (41.72)			

**Event 12 Girls 400 Yard Freestyle Relay**

Meet: 3:33.91 M 11/2/2002 ROGERS  
 E Strouse, Co Freeman, Ch Freeman, M Rains  
 4A State: 3:29.68 S 2002 ROGERS  
 3:31.01 AUTO  
 3:34.45 CONS  
 3:47.90 ST

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 MT. RAINIER		3:48.28	3:42.32 ST	32
1) Kawaguchi, Megan 9	2) Young, Erica 12	3) Larson, Courtney 10	4) Marrs, Mackenzie 12	
26.62	54.86 (54.86)	1:22.10 (27.24)	1:52.04 (57.18)	
2:18.29 (26.25)	2:47.75 (55.71)	3:13.52 (25.77)	3:42.32 (54.57)	
2 GIG HARBOR		3:49.79	3:46.05 ST	26
1) Smokoff, Amanda 10	2) McMenimen, Kiera 10	3) Lobdell, Julia 9	4) Sullivan, Colleen 11	
27.55	57.53 (57.53)	1:24.39 (26.86)	1:53.95 (56.42)	
2:20.68 (26.73)	2:50.23 (56.28)	3:17.43 (27.20)	3:46.05 (55.82)	

**WCD III 4A Girls Swim & Dive Championships****October 28 - 30 2010 Rogers Aquatic Center****Results****A - Final ... (Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay			Prelim Time	Finals Time	Points
3 KENTRIDGE				3:47.73	3:46.48 ST	24
1) Shonka, Emily 11	2) Chilczuk, Giuliana 12	3) Allen, Flannery 10	4) Mohr, Emily 11			
26.32	55.96 (55.96)	1:23.57 (27.61)	1:55.10 (59.14)			
2:22.48 (27.38)	2:54.20 (59.10)	3:18.40 (24.20)	3:46.48 (52.28)			
4 KENTLAKE				3:49.26	3:47.15 ST	22
1) Tanasse, Emily 10	2) Swanson, Abigail 11	3) Benoit, Annie 11	4) Dougherty, Sarah 11			
26.34	55.08 (55.08)	1:22.52 (27.44)	1:52.86 (57.78)			
2:19.79 (26.93)	2:50.68 (57.82)	3:06.17 (15.49)	3:47.15 (56.47)			
5 SOUTH KITSAP				3:47.95	3:47.45 ST	20
1) Bagley, Kelsey 12	2) Pearsall, Paige 10	3) Becker, Ashlee 12	4) Hinely, Nicole 11			
27.11	56.64 (56.64)	1:24.35 (27.71)	1:54.42 (57.78)			
2:22.03 (27.61)	2:51.74 (57.32)	3:18.67 (26.93)	3:47.45 (55.71)			
6 STADIUM				3:48.61	3:47.60 ST	18
1) Maclurg, Amanda 12	2) Treleven, Sadie 11	3) Morton, Natalie 12	4) Cann, Felicity 10			
27.63	57.70 (57.70)	1:24.69 (26.99)	1:55.19 (57.49)			
2:22.11 (26.92)	2:52.33 (57.14)	3:17.86 (25.53)	3:47.60 (55.27)			
<b>B - Final</b>						
7 KENTWOOD				3:50.09	3:48.83	14
1) Lesnick, Natalie 9	2) Wright, Erica 12	3) Morris, Paige 11	4) Dyr Dahl, Marissa 12			
27.49	56.81 (56.81)	1:24.01 (27.20)	1:54.81 (58.00)			
2:22.09 (27.28)	2:52.91 (58.10)	3:19.43 (26.52)	3:48.83 (55.92)			
8 CENTRAL KITSAP				3:53.69	3:52.20	10
1) Avery, Sarah 9	2) Polzin, Mikayla 10	3) Lingenbrink, Sam 9	4) Hirata, Liane 10			
28.19	58.09 (58.09)	1:26.89 (28.80)	1:58.33 (1:00.24)			
2:25.54 (27.21)	2:56.08 (57.75)	3:23.02 (26.94)	3:52.20 (56.12)			
9 TAHOMA				3:56.10	3:53.42	8
1) Hayden, Michelle 12	2) Pierre, Anna 10	3) Bowers, Tori 10	4) Ainsworth, Kristin 10			
28.17	59.31 (59.31)	1:27.31 (28.00)	1:57.90 (58.59)			
2:26.36 (28.46)	2:57.20 (59.30)	3:23.98 (26.78)	3:53.42 (56.22)			
10 PUYALLUP				3:57.79	3:57.65	6
1) Lindsley, Peyton 11	2) Harris, Becca 12	3) Baier, Emily 11	4) Walk, Mallery 11			
28.36	59.83 (59.83)	1:28.69 (28.86)	2:02.45 (1:02.62)			
2:30.17 (27.72)	3:00.81 (58.36)	3:27.95 (27.14)	3:57.65 (56.84)			
11 CURTIS				3:57.83	3:58.50	4
1) Christianson, Lauren 12	2) Postma, Jenna 9	3) Berger, Sarah 12	4) Sioda, Natasha 11			
27.65	59.24 (59.24)	1:27.62 (28.38)	1:58.96 (59.72)			
2:27.32 (28.36)	3:00.13 (1:01.17)	3:27.47 (27.34)	3:58.50 (58.37)			
12 OLYMPIA				3:51.71	4:01.12	2
1) Early, Miranda 11	2) Forbord, Kelsey 11	3) Culhane, Kathryn 12	4) Heffernan, Clara 12			
27.20	57.93 (57.93)	1:26.63 (28.70)	1:57.63 (59.70)			
2:12.14 (14.51)	3:04.77 (1:07.14)	3:31.69 (26.92)	4:01.12 (56.35)			

**Scores - Women****Women - Team Rankings - Through Event 12**

1. Mt. Rainier	160.5	2. Thomas Jefferson	138
3. Kentlake	136	3. Gig Harbor	136
5. Stadium	112	6. Federal Way	96
7. South Kitsap	87	8. Olympia	85
9. Kentridge	72	10. Todd Beamer	69
11. Kentwood	66	12. Tahoma	42
13. Puyallup	34	14. Central Kitsap	32

**WCD III 4A Girls Swim & Dive Championships**

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**Results**

**(Scores - Women)**

15. Kent Meridian	29	16. Rogers	24
17. Shelton	21	18. Curtis	18.5
19. Emerald Ridge	17		