

Edmonds School District
2010 Girls' Swimming Championships
Results

Event 1 Girls 200 Yard Medley Relay

Meet Record: 1:57.07 1998 Edmonds Woodway HS

Stoll, S; Ellis, C; Weber, K; Contreras, M

1:54.90 4A State

1:58.50 3A State

Team	Relay	Finals Time	
1 EWHS	A	2:05.98	32
1) Dickens, Djenne FR	2) Jay, Ashley SR		
3) Ernst, Abby SO	4) Pirak, Jasmine SR		
31.20 34.68	30.78 29.32		
2 MTHS	A	2:11.12	26
1) Morgan, Riley SO	2) Bruce, Megan FR		
3) Goncalves, Hunter JR	4) LeSueur, McKenzie JR		
30.91 35.82	38.69 25.70		
3 MDW	A	2:22.66	24
1) Steinberg, Megan SR	2) Kalokhe, Mansi FR		
3) Northup, Baylee JR	4) Bolin, Haley SO		
39.41 37.83	34.26 31.16		
4 LYNN	A	2:28.44	22
1) Knierheim, Cassie SO	2) Whittum, Katlynn JR		
3) Dickson, Sara SO	4) Thornberry, Jessica JR		
46.48 35.31	35.59 31.06		
--- EWHS	B	x2:19.93	
1) Jensvold, Zena SO	2) Smarr, Jocelyn SO		
3) Maddox, Amy SR	4) Eshom-Arzadon, Frances JR		
38.80 36.05	33.89 31.19		
--- EWHS	C	x2:27.34	
1) Hsu, Darien FR	2) Kimmelman, Yaelle SO		
3) Cross, Sylvia SR	4) O'Brien, Kaleigh SO		
38.37 39.44	37.77 31.76		
--- MDW	B	x2:31.22	
37.35 42.00	36.15 35.72		
--- LYNN	B	x2:39.36	
45.29 41.88	40.63 31.56		
--- EWHS	F	x2:39.74	
1) Giles, Lindsay SR	2) Cowan, Amanda JR		
3) Gill, Bridget SO	4) Nguyen, Katarina JR		
41.31 42.21	41.36 34.86		
--- EWHS	E	x2:43.44	
1) DeKerlegand, Allison SO	2) Lee, Kerry SR		
3) Overland, Angela SR	4) Lees, Megan JR		
43.84 43.94	43.27 32.39		
--- EWHS	D	x2:44.05	
1) Williams, Rachel FR	2) Carlson, Grace JR		
3) Dizon, Kristia JR	4) VanSickel, Lili SO		
54.07 41.25	37.88 30.85		
--- MTHS	B	x2:46.61	
1) Davies, Savannah JR	2) Head, Sonja SO		
3) Kifelow, Jerusalem SO	4) Phippen, Elizabeth JR		
45.83 40.83	42.98 36.97		
--- EWHS	G	x3:05.73	
1) Schoonover, Nicole JR	2) Tawil, Zaynab SO		
3) Tang, Yazmin FR	4) Nelson, Lizzy FR		
50.17 53.40	20.97 1:01.19		
--- MDW	C	x3:12.93	
54.07 1:32.73	46.13		

--- LYNN C x3:33.97
 1:00.38 44.73 54.50 54.36

Event 2 Girls 200 Yard Freestyle

Meet Record: 1:58.25 2000 Sarah Spillman

1:59.90 4A State

2:01.90 3A State

Name	Yr School	Finals Time	
1 Jay, Ashley	SR EWHS	2:01.19	3A
28.64 30.88	31.17 30.50		
2 Goncalves, Hunter	JR MTHS	2:14.99	13
31.70 34.50	34.63 34.16		
3 Barrow, Katie	SR EWHS	2:21.22	12
32.01 35.41	37.46 36.34		
4 Clobes, Marilee	SR MDW	2:21.74	11
30.49 34.35	38.09 38.81		
5 Carrigan, Natalie	SO EWHS	2:22.14	10
32.73 36.00	36.92 36.49		
6 Roben, Sophie	SR EWHS	2:30.18	9
32.58 37.15	40.06 40.39		
*7 Diaz, Veronica	JR MDW	2:36.53	7
35.67 39.26	41.42 40.18		
*8 Bolin, Haley	SO MDW	2:41.34	5
35.00 39.82	43.34 43.18		
9 LeSueur, McKenzie	JR MTHS	2:44.48	4
1:16.83	42.26		
10 Romanowski, Lexas	JR MTHS	2:47.59	3
39.37 44.74	44.39 39.09		
11 Johnson, Chloe	SR LYNN	2:50.94	2
37.72 46.11	45.23 41.88		
12 Phippen, Elizabeth	JR MTHS	2:58.40	1
38.17 45.20	49.55 45.48		
13 Chun, Tiffanie	SR LYNN	3:16.53	
43.82 48.56	53.38 50.77		
14 Fuller, Courtney	SO LYNN	3:29.56	
45.16 52.30	56.10 56.00		
15 Erny, Kara	FR LYNN	4:17.16	
54.55 1:07.02	1:08.51 1:07.08		

Event 3 Girls 200 Yard IM

Meet Record: 2:10.79 1996 Courtney Ellis

2:15.00 4A State

2:18.90 3A State

Name	Yr School	Finals Time	
*1 Keane, Anna	FR MDW	2:15.34	3A
28.81 33.47	39.90 33.16		
2 Bruce, Megan	FR MTHS	2:35.47	13
33.61 41.95	44.62 35.29		
*3 Shirey, Anne	SO MDW	2:38.57	12
35.84 41.58	43.76 37.39		
4 Ernst, Abby	SO EWHS	2:42.19	11
33.61 40.99	50.45 37.14		
5 Aranda, Sara	SR EWHS	2:52.89	10
35.86 44.12	52.12 40.79		
6 Williams, Rachel	FR EWHS	2:59.88	9
39.50 48.23	49.63 42.52		

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(Event 3 Girls 200 Yard IM)

Name	Yr	School	Finals Time	
7 Eshom-Arzadon, Frances	JR	EWHS	3:07.03	7
38.31	49.39	58.56	40.77	
8 Masoum, Sara	SO	LYNN	3:29.07	5
42.61	56.41	57.01	53.04	
--- Belt, Rachel	FR	MDW		DQ
40.12	49.67	55.93	42.32	
--- Morgan, Erika	FR	MDW		DQ
51.39	57.84	1:10.23	59.69	

Event 4 Girls 50 Yard Freestyle

Meet Record: 25.19 1981 Julie Woelz
 25.20 4A State
 25.75 3A State

Name	Yr	School	Finals Time	
1 Morgan, Riley	SO	MTHS	26.19	16
2 Dickens, Djenne	FR	EWHS	26.20	13
3 Montzingo, Lindsey	SO	MDW	29.39	12
4 Pirak, Jasmine	SR	EWHS	29.80	11
5 Maddox, Amy	SR	EWHS	30.17	10
6 Northup, Baylee	JR	MDW	30.69	9
7 Carlson, Grace	JR	EWHS	30.92	7
8 Thornberry, Jessica	JR	LYNN	31.01	5
9 Kalokhe, Mansi	FR	MDW	31.31	4
10 Lam, Victoria	FR	LYNN	32.17	3
11 Petersen, Jessica	SR	LYNN	33.44	2
12 Head, Sonja	SO	MTHS	36.28	1
13 Hall, Cynjo	SR	MTHS	37.76	
14 Davies, Savannah	JR	MTHS	38.77	
15 Thorpe, Emily	SO	LYNN	45.12	
16 McAuliffe, Erika	SO	MTHS	45.18	
17 Naidu, Natasha	JR	MTHS	46.15	
18 Kim, Susie	SR	LYNN	56.40	
--- Mooney, Sam	SO	MDW		NS

Event 6 Girls 100 Yard Butterfly

Meet Record: 58.73 1997 Courtney Ellis
 1:00.90 4A State
 1:02.25 3A State

Name	Yr	School	Finals Time	
1 Montzingo, Lindsey	SO	MDW	1:10.22	16
32.32	37.90			
2 Ernst, Abby	SO	EWHS	1:12.21	13
32.65	39.56			
3 Roben, Sophie	SR	EWHS	1:19.79	12
36.34	43.45			
4 Dizon, Kristia	JR	EWHS	1:25.44	11
40.04	45.40			
5 Eshom-Arzadon, Frances	JR	EWHS	1:37.00	10
42.97	54.03			
6 Jones, Mikayla	SO	MDW	1:44.63	9
47.27	57.36			
7 Lockhart, Rachel	SO	LYNN	1:46.14	7
49.00	57.14			
--- Bolin, Haley	SO	MDW		NS

Event 7 Girls 100 Yard Freestyle

Meet Record: 54.38 1996 Courtney Ellis
 55.40 4A State
 56.30 3A State

Name	Yr	School	Finals Time	
1 Clobes, Marilee	SR	MDW	1:01.54	16
28.96	32.58			
2 Whittum, Katlynn	JR	LYNN	1:02.22	13
29.46	32.76			
3 Maddox, Amy	SR	EWHS	1:07.81	12
32.09	35.72			
4 Aranda, Sara	SR	EWHS	1:08.01	11
32.48	35.53			
5 O'Brien, Kaleigh	SO	EWHS	1:09.35	10
33.13	36.22			
6 Diaz, Veronica	JR	MDW	1:10.57	9
33.78	36.79			
7 Smarr, Jocelyn	SO	EWHS	1:11.05	7
34.38	36.67			
8 Kifelow, Jerusalem	SO	MTHS	1:17.28	5
36.72	40.56			
9 Kang, Woo-Lim	SR	LYNN	1:21.20	4
37.87	43.33			
10 Head, Sonja	SO	MTHS	1:21.72	3
38.72	43.00			
11 Jacobsen, Rachel	SR	MDW	1:23.49	2
39.95	43.54			
12 Song, Bo Bin	SO	MDW	1:29.60	1
42.04	47.56			
13 Hall, Cynjo	SR	MTHS	1:34.88	
45.05	49.83			
14 Naidu, Natasha	JR	MTHS	1:51.63	
51.52	1:00.11			
15 Thorpe, Emily	SO	LYNN	1:53.39	
52.18	1:01.21			
16 Lee, Erika	JR	LYNN	2:17.11	
57.61	1:19.50			

Event 8 Girls 500 Yard Freestyle

Meet Record: 5:09.10 1997 Katie Weber
 5:18.00 4A State
 5:26.90 3A State

Name	Yr	School	Finals Time	
1 Jay, Ashley	SR	EWHS	5:23.47	3A
29.58	31.93	32.92	32.94	
32.75	32.76	32.87	32.76	
33.23	31.73			
2 Goncalves, Hunter	JR	MTHS	5:41.87	13
31.87	34.69	34.81	34.44	
34.77	34.78	33.98	34.35	
34.37	33.81			
3 Barrow, Katie	SR	EWHS	6:16.20	12
33.48	36.63	38.24	37.53	
37.98	38.10	39.40	39.20	
38.42	37.22			

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(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Finals Time	
4 Carrigan, Natalie	SO	EWHS	6:16.98	11
33.31	37.57	38.81	38.67	
37.89	38.40	38.36	37.99	
38.81	37.17			
5 Northup, Baylee	JR	MDW	6:30.94	10
34.37	37.30	38.57	39.28	
40.19	40.31	40.69	40.46	
40.66	39.11			
6 Kalokhe, Mansi	FR	MDW	6:51.36	9
35.03	40.02	41.66	42.57	
42.58	42.49	42.62	42.42	
42.64	39.33			
7 Hsu, Darien	FR	EWHS	7:06.46	7
36.82	42.21	43.94	43.79	
43.55	43.37	44.10	43.57	
42.96	42.15			
8 Steinberg, Megan	SR	MDW	7:28.79	5
38.64	43.28	44.76	46.36	
45.94	46.33	47.12	46.54	
45.87	43.95			
9 LeSueur, McKenzie	JR	MTHS	7:31.74	4
36.88			47.72	
47.28	45.73	46.96	46.72	
46.81	42.25			
10 Romanowski, Lexus	JR	MTHS	7:46.97	3
41.47	46.40	49.07	50.51	
50.64	48.14	48.87	47.34	
45.76	38.77			
11 Swart, Nina	SO	LYNN	7:48.51	2
41.08	45.91	48.21	47.81	
49.37	49.66	47.09	48.84	
47.23	43.31			
12 Lam, Victoria	FR	LYNN	7:56.51	1
38.02	46.12	48.49	48.77	
50.81	51.14	50.73	50.02	
49.33	43.08			
13 Phippen, Elizabeth	JR	MTHS	8:00.28	
38.81	46.55	51.71	50.37	
49.31	49.63	49.41	50.97	
48.93	44.59			

Event 9 Girls 200 Yard Freestyle Relay

Meet Record: 1:46.16 2007 Edmonds Woodway HS
Mellilo, C; Losocco, B; Lim, M; Jay, A
1:43.90 4A State
1:45.90 3A State

Team	Relay	Finals Time	
*1 MDW	A	1:50.63	32
1) Keane, Anna FR	2) Shirey, Anne SO		
3) Montzingo, Lindsey SO	4) Clobes, Marilee SR		
24.82	27.99	30.07	27.75
2 EWHS	A	2:04.16	26
1) Maddox, Amy SR	2) Smarr, Jocelyn SO		
3) Carrigan, Natalie SO	4) Barrow, Katie SR		
31.29	31.48	30.51	30.88

3 LYNN	A	2:10.62	24
1) Whittum, Katlynn JR	2) Dickson, Sara SO		
3) Lockhart, Rachel SO	4) Thornberry, Jessica JR		
31.19	33.71	35.98	29.74
4 MTHS	A	2:27.02	22
1) Head, Sonja SO	2) Davies, Savannah JR		
3) Romanowski, Lexus JR	4) Kifelow, Jerusalem SO		
37.86	40.73	32.43	36.00
--- EWHS	B	x2:06.25	
1) Jensvold, Zena SO	2) Roben, Sophie SR		
3) O'Brien, Kaleigh SO	4) Carlson, Grace JR		
32.75	30.19	32.24	31.07
--- EWHS	C	x2:08.33	
1) Aranda, Sara SR	2) Dizon, Kristia JR		
3) Kimmelman, Yaelle SO	4) Williams, Rachel FR		
31.51	32.12	1:04.70	
--- EWHS	D	x2:15.24	
1) VanSickel, Lili SO	2) Cowan, Amanda JR		
3) Cross, Sylvia SR	4) Overland, Angela SR		
31.60	35.36	33.97	34.31
--- MDW	B	x2:16.86	
31.32	37.55	36.24	31.75
--- EWHS	F	x2:25.73	
1) DeKerlegand, Allison SO	2) Dizon, Kianna FR		
3) Hayes, Kristin SR	4) Nguyen, Katarina JR		
38.19	36.93	38.77	31.84
--- EWHS	E	x2:25.99	
1) Lee, Kerry SR	2) Giles, Lindsay SR		
3) Gill, Bridget SO	4) Tang, Yazmin FR		
37.64	41.16	31.50	35.69
--- LYNN	B	x2:27.03	
36.58	31.86	43.85	34.74
--- LYNN	C	x2:30.82	
37.50	42.31	38.08	32.93
--- MDW	C	x2:42.63	
38.36	42.40	40.79	41.08
--- LYNN	D	x3:41.69	
47.83	2:53.86		

Event 10 Girls 100 Yard Backstroke

Meet Record: 1:01.56 9/25/2010 Anna Keane
1:02.40 4A State
1:03.50 3A State

Name	Yr School	Finals Time	
*1 Keane, Anna	FR MDW	1:01.56	4A
29.91	31.65		
2 Dickens, Djenne	FR EWHS	1:06.99	13
31.92	35.07		
3 Morgan, Riley	SO MTHS	1:07.60	12
33.54	34.06		
4 Jensvold, Zena	SO EWHS	1:19.65	11
38.20	41.45		
5 Hsu, Darien	FR EWHS	1:23.81	10
*6 Steinberg, Megan	SR MDW	1:25.58	9
41.46	44.12		
*7 Belt, Rachel	FR MDW	1:27.37	7
39.37	48.00		

State Leadoff

**Edmonds School District
2010 Girls' Swimming Championships
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Event 9 Girls 200 Yard Freestyle Relay

Meet Record: 1:46.16 2007 Edmonds Woodway HS EWHS
Mellilo, C; Losocco, B; Lim, M; Jay, A

1:43.90 4A State
1:45.90 3A State

Team	Relay	Seed Time	Finals Time	Points
1 Meadowdale HS 1) Keane, Anna FR 24.82 27.99 30.07	<i>Jankavadas</i> 2) Shirey, Anne SO 27.75	1:58.49	1:50.63	32
2 Edmonds Woodway 1) Maddox, Amy SR 31.29 31.48 30.51	A 2) Smarr, Jocelyn SO 30.88	2:05.54	2:04.16	26
3 Lynnwood HS 1) Whittum, Katlynn JR 31.19 33.71 35.98	A 2) Dickson, Sara SO 29.74	NT	2:10.62	24
4 Mountlake Terrace 1) Head, Sonja SO 37.86 40.73 32.43	A 2) Davies, Savannah JR 36.00	2:31.70	2:27.02	22
--- Edmonds Woodway 1) Jensvold, Zena SO 32.75 30.19 32.24	B 2) Roben, Sophie SR 31.07	2:06.51	x2:06.25	
--- Edmonds Woodway 1) Aranda, Sara SR 31.51 32.12 1:04.70	C 2) Dizon, Kristia JR	2:10.19	x2:08.33	
--- Edmonds Woodway 1) VanSickel, Lili SO 31.60 35.36 33.97	D 2) Cowan, Amanda JR 34.31	2:16.93	x2:15.24	
--- Meadowdale HS 31.32 37.55 36.24	B 31.75	2:24.09	x2:16.86	
--- Edmonds Woodway 1) DeKerlegand, Allison SO 38.19 36.93 38.77	F 2) Dizon, Kianna FR 31.84	2:31.37	x2:25.73	
--- Edmonds Woodway 1) Lee, Kerry SR 37.64 41.16 31.50	E 2) Giles, Lindsay SR 35.69	2:26.10	x2:25.99	
--- Lynnwood HS 36.58 31.86 43.85	B 34.74	NT	x2:27.03	
--- Lynnwood HS 37.50 42.31 38.08	C 32.93	NT	x2:30.82	
--- Meadowdale HS 38.36 42.40 40.79	C 41.08	2:40.52	x2:42.63	
--- Lynnwood HS 47.83 2:53.86	D	NT	x3:41.69	

Combined Team Scores

Combined Team Scores - Through Event 9

1. Edmonds Woodway	315	2. Meadowdale HS	209
3. Mountlake Terrace	127	4. Lynnwood HS	90

**Edmonds School District
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(Event 10 Girls 100 Yard Backstroke)

Name	Yr	School	Finals Time	
8 Cross, Sylvia	SR	EWHS	1:31.15	5
42.71	48.44			
9 Swart, Nina	SO	LYNN	1:42.98	4
47.86	55.12			
10 Davies, Savannah	JR	MTHS	1:45.96	3
11 Southworth, Katie	MDW		1:49.79	2
52.07	57.72			

Event 11 Girls 100 Yard Breaststroke

Meet Record: 1:07.07 1998 Courtney Ellis
1:10.30 4A State
1:12.50 3A State

Name	Yr	School	Finals Time	
* 1 Shirey, Anne	SO	MDW	1:18.05	16
36.72	41.33			
2 Bruce, Megan	FR	MTHS	1:18.17	13
36.95	41.22			
3 Kimmelman, Yaelle	SO	EWHS	1:23.57	12
39.41	44.16			
4 Whittum, Katlynn	JR	LYNN	1:24.84	11
39.79	45.05			
5 Smarr, Jocelyn	SO	EWHS	1:24.88	10
40.09	44.79			
6 Williams, Rachel	FR	EWHS	1:29.13	9
42.44	46.69			
7 Kifelow, Jerusalem	SO	MTHS	1:29.32	7
42.52	46.80			
* 8 Jones, Mikayla	SO	MDW	1:31.79	5
43.08	48.71			
9 Simon, Taylor	JR	LYNN	1:32.43	4
45.94	46.49			
10 Lee, Kerry	SR	EWHS	1:34.17	3
45.02	49.15			
11 Jacobsen, Rachel	SR	MDW	1:37.22	2
46.34	50.88			
12 Masoum, Sara	SO	LYNN	1:45.80	1
49.48	56.32			
--- Doonan, Christina	SO	MDW	DQ	
47.52	58.11			

Event 12 Girls 400 Yard Freestyle Relay

Meet Record: 3:49.15 2001 Edmonds Woodway HS
Hill, S; Earling, S; Storey, M; Johnson, L
3:47.90 4A State
3:52.90 3A State

Team	Relay	Finals Time	
1 EWHS	A	4:04.37	32
1) Jay, Ashley SR	2) Dickens, Djenne FR		
3) Barrow, Katie SR	4) Ernst, Abby SO		
27.85	56.60	27.28	58.32
31.19	1:06.39	29.95	1:03.06
* 2 MDW	A	4:10.17	26
1) Keane, Anna FR	2) Shirey, Anne SO		
3) Montzingo, Lindsey SO	4) Clobes, Marilee SR		
26.69	55.44	30.85	1:06.68
29.88	1:03.59	30.38	1:04.46

3 MTHS	A	4:24.79	24
1) Goncalves, Hunter JR	2) LeSueur, McKenzie JR		
3) Bruce, Megan FR	4) Morgan, Riley SO		
31.94	1:05.66	34.10	1:12.87
30.49	1:04.09	30.18	1:02.17
4 LYNN	A	5:00.89	22
1) Thornberry, Jessica JR	2) Johnson, Chloe SR		
3) Lam, Victoria FR	4) Dickson, Sara SO		
33.63	1:10.51	36.70	1:19.89
34.03			
--- EWHS	B	x4:37.87	
1) Aranda, Sara SR	2) Carrigan, Natalie SO		
3) O'Brien, Kaleigh SO	4) Roben, Sophie SR		
32.81	1:09.05	33.51	1:11.78
33.08	1:10.22	31.90	1:06.82
*--- MDW	B	x4:50.11	
32.67	1:11.13	31.81	1:07.67
33.56	1:10.44	37.68	1:20.87
--- EWHS	C	x4:58.96	
1) Dizon, Kristia JR	2) Hsu, Darien FR		
3) Overland, Angela SR	4) Jensvold, Zena SO		
35.75	1:13.66	35.76	1:32.69
20.41	59.97	35.52	1:12.64
--- LYNN	B	x5:28.08	
39.35	1:33.62	1:09.34	1:48.53
45.47			
--- EWHS	E	x5:31.27	
1) Gill, Bridget SO	2) Cowan, Amanda JR		
3) Cross, Sylvia SR	4) Tang, Yazmin FR		
37.70	1:20.35	39.98	1:26.63
37.60	1:19.78	38.72	1:24.51
--- EWHS	F	x5:41.68	
1) VanSickel, Lili SO	2) Schoonover, Nicole JR		
3) Dizon, Kianna FR	4) Kimmelman, Yaelle SO		
35.39	1:14.06	48.85	1:49.66
36.51	1:22.29	37.11	1:15.67
--- EWHS	D	x5:44.91	
1) DeKerlegand, Allison SO	2) Hayes, Kristin SR		
3) Giles, Lindsay SR	4) Lee, Kerry SR		
42.10	1:27.56	41.88	1:27.62
39.47	1:23.99	41.82	1:25.74
--- EWHS	G	x6:07.04	
1) David, Alexa FR	2) Nelson, Lizzy FR		
3) Tawil, Zaynab SO	4) Nguyen, Katarina JR		
45.84	1:40.08	35.06	1:14.43
	2:00.56	35.18	1:11.97
*--- MDW	C	x6:42.73	
1:02.29	2:29.45		22.53
41.01	2:15.03	43.67	1:35.72
--- LYNN	C	x6:58.92	
55.18	1:58.81	44.29	1:33.08
55.64	2:08.55	31.71	1:18.48

Combined Team Scores

Combined Team Scores - Through Event 12

(Combined Team Scores)

1. Edmonds Woodway	420
2. Meadowdale HS	292
3. Mountlake Terrace	186
4. Lynnwood HS	132

**Edmonds School District
2010 Girls' Swimming Championships
Results**

Event 12 Girls 400 Yard Freestyle Relay

Meet Record: 3:49.15 2001

Edmonds Woodway HS

Hill, S; Earling, S; Storey, M; Johnson, L

3:47.90 4A State

3:52.90 3A State

Team	Relay	Seed Time	Finals Time	Points
1 Edmonds Woodway	A	4:08.97	4:04.37	32
1) Jay, Ashley SR 27.85 56.60 27.28	2) Dickens, Djenne FR 58.32 31.19 1:06.39	3) Barrow, Katie SR 29.95 1:03.06	4) Ernst, Abby SO	
2 Meadowdale HS	A	4:21.44	4:10.17	26
1) Keane, Anna FR 26.69 55.44 30.85	2) Shirey, Anne SO 1:06.68 29.88 1:03.59	3) Montzingo, Lindsey SO 30.38 1:04.46	4) Clobes, Marilee SR	
3 Mountlake Terrace	A	4:15.25	4:24.79	24
1) Goncalves, Hunter JR 31.94 1:05.66 34.10	2) LeSueur, McKenzie JR 1:12.87 30.49 1:04.09	3) Bruce, Megan FR 30.18 1:02.17	4) Morgan, Riley SO	
4 Lynnwood HS	A	NT	5:00.89	22
1) Thornberry, Jessica JR 33.63 1:10.51 36.70	2) Johnson, Chloe SR 1:19.89 34.03	3) Lam, Victoria FR	4) Dickson, Sara SO	
--- Edmonds Woodway	B	4:38.24	x4:37.87	
1) Aranda, Sara SR 32.81 1:09.05 33.51	2) Carrigan, Natalie SO 1:11.78 33.08 1:10.22	3) O'Brien, Kaleigh SO 31.90 1:06.82	4) Roben, Sophie SR	
--- Meadowdale HS	B	4:55.25	x4:50.11	
32.67 1:11.13 31.81	1:07.67 33.56 1:10.44	37.68 1:20.87		
--- Edmonds Woodway	C	5:10.11	x4:58.96	
1) Dizon, Kristia JR 35.75 1:13.66 35.76	2) Hsu, Darien FR 1:32.69 20.41 59.97	3) Overland, Angela SR 35.52 1:12.64	4) Jensvold, Zena SO	
--- Lynnwood HS	B	NT	x5:28.08	
39.35 1:33.62 1:09.34	1:48.53 45.47			
--- Edmonds Woodway	E	5:49.68	x5:31.27	
1) Gill, Bridget SO 37.70 1:20.35 39.98	2) Cowan, Amanda JR 1:26.63 37.60 1:19.78	3) Cross, Sylvia SR 38.72 1:24.51	4) Tang, Yazmin FR	
--- Edmonds Woodway	F	6:46.00	x5:41.68	
1) VanSickel, Lili SO 35.39 1:14.06 48.85	2) Schoonover, Nicole JR 1:49.66 36.51 1:22.29	3) Dizon, Kianna FR 37.11 1:15.67	4) Kimmelman, Yaelle SO	
--- Edmonds Woodway	D	5:35.77	x5:44.91	
1) DeKerlegand, Allison SO 42.10 1:27.56 41.88	2) Hayes, Kristin SR 1:27.62 39.47 1:23.99	3) Giles, Lindsay SR 41.82 1:25.74	4) Lee, Kerry SR	
--- Edmonds Woodway	G	7:11.98	x6:07.04	
1) David, Alexa FR 45.84 1:40.08 35.06	2) Nelson, Lizzy FR 1:14.43 2:00.56	3) Tawil, Zaynab SO 35.18 1:11.97	4) Nguyen, Katarina JR	
--- Meadowdale HS	C	NT	x6:42.73	
1:02.29 2:29.45	22.53 41.01 2:15.03	43.67 1:35.72		
--- Lynnwood HS	C	NT	x6:58.92	
55.18 1:58.81 44.29	1:33.08 55.64 2:08.55	31.71 1:18.48		

Combined Team Scores

Combined Team Scores - Through Event 12

1. Edmonds Woodway	420	2. Meadowdale HS	292
3. Mountlake Terrace	186	4. Lynnwood HS	132