

Kamiak Lynnwood - 10/19/2021

Results - one

Event 1 Women 200 Yard Medley Relay

1:53.50 4A S 4A state

1:54.40 3A S 3A state

2:01.50 2A S 2A state

Team	Relay	Finals Time
1 KAM	A	2:07.75 8
1) Papenhausen, Ava 10	2) Lorenzo, Jasmine 12	
3) Kameda, Toko 12	4) Cunnington, Eva 11	
34.50 35.40	29.80 28.05	
2 LHS	A	2:09.63 4
1) Murray, Faith SR	2) Bayarbayasgala, Amira JR	
3) Coates, Rebecca FR	4) Matevosyan, Ofelia FR	
33.16 35.06	32.44 28.97	
3 LHS	B	2:49.62 2
1) Schreiner, Mina SO	2) Hanchinamani, Shifa FR	
3) Schuyler, Elizabeth SR	4) Nquyen, Leslie JR	
41.69 50.11	1:17.82	
4 KAM	C	4:51.27
1) Johnson, Ella 11	2) Gebretsadik, Sariam 09	
3) Calawa, Kenaz 10	4) Puentes-Santos, Danna 12	
40.71 44.76	46.06 2:39.74	
--- KAM	G	X2:09.35
1) Ryu, Janey 09	2) Miga, Sophia 10	
3) Smith, Claire 10	4) Seo, Allison 12	
31.43 37.13	28.66 32.13	
--- KAM	H	X2:09.36
1) Cho, Iris 09	2) Ryu, Sophia 12	
3) Jackson, Katelyn 10	4) Leshchenko, Veronica 09	
34.31 32.30	33.15 29.60	
--- KAM	F	X2:26.78
1) King, Devin 11	2) Forsyth, Parker 11	
3) Prendergast, Zetta 10	4) Ireland, Abigale 11	
39.18 33.74	45.36 28.50	
--- KAM	B	X2:27.68
1) Truong, Julia 09	2) Seaberg, Kari 09	
3) Reed, Emma 10	4) Renando, Steevie 11	
37.05 39.12	34.84 36.67	
--- KAM	D	X3:05.98
1) Hoang, Melissa 09	2) Barry, Jessica 09	
3) Keflemariam, Grace 09	4) Kukes-Wurts, Halsey 10	
44.35 44.23	45.12 52.28	

Event 2 Women 200 Yard Freestyle

1:58.80 3A S 3A state

1:59.70 4A S 4A state

2:06.00 2A S 2A state

Name	YrSchool	Finals Time
1 Matevosyan, Ofelia	FR LHS	2:23.63 6
33.53 36.28	38.37 35.45	
2 Truong, Julia	09 KAM	2:32.14 4
35.42 39.20	39.33 38.19	
3 Reed, Emma	10 KAM	2:35.64 3
34.98 39.73	41.33 39.60	
4 Weeks, Caitlin	JR LHS	2:40.30 2
36.02 39.30	43.40 41.58	
5 Johnson, Ella	11 KAM	2:45.96 1
35.14 41.30	44.38 45.14	

6 Elliott, Bria	FR LHS	2:53.04
37.85 44.46	46.68 44.05	
--- Ireland, Abigale	11 KAM	X2:28.85
33.20 36.90	39.40 39.35	
--- Prendergast, Zetta	10 KAM	X3:01.67
40.00 46.79	48.48 46.40	
--- Hoang, Melissa	09 KAM	X3:04.53
38.42 45.23	50.21 50.67	
--- Renando, Steevie	11 KAM	X3:07.94
41.80 48.32	50.50 47.32	
--- Willis, Josie	09 KAM	X4:08.27
52.68 1:05.37	1:05.99 1:04.23	

Event 3 Women 200 Yard IM

2:13.50 3A S 3A state

2:13.50 4A S 4A state

2:23.00 2A S 2A state

Name	YrSchool	Finals Time
1 Papenhausen, Ava	10 KAM	2:34.80 6
35.20 38.86	46.38 34.36	
2 Coates, Rebecca	FR LHS	2:34.96 4
34.22 41.27	44.52 34.95	
3 Miga, Sophia	10 KAM	2:45.83 3
35.09 45.65	47.37 37.72	
4 Schreiner, Mina	SO LHS	3:10.16 2
41.35 47.29	58.80 42.72	
--- Seaberg, Kari	09 KAM	X2:53.89
37.47 43.32	50.63 42.47	
--- Cho, Iris	09 KAM	XDQ
Shoulders past vertical toward breast - back		
32.82 38.66	46.79 32.95	

Event 4 Women 50 Yard Freestyle

25.00 4A S 4A state

25.10 3A S 3A state

26.10 2A S 2A state

Name	YrSchool	Finals Time
1 Cunnington, Eva	11 KAM	28.05 6
2 Bayarbayasgala, Amira	JR LHS	28.17 4
3 Seo, Allison	12 KAM	32.18 3
4 Artamonova, Anna	JR LHS	32.86 2
5 Nquyen, Leslie	JR LHS	33.64 1
--- Gebretsadik, Sariam	09 KAM	X32.74
--- Elliott, Bria	FR LHS	X35.49
--- Hoang, Melissa	09 KAM	X35.96
--- Chambers, Summer	JR LHS	X36.93
--- Schuyler, Elizabeth	SR LHS	X37.09
--- Addisu, Lia	SR LHS	X37.13
--- Ahmed, Aroosh	10 KAM	X38.65
--- Seifu, Elanam	10 KAM	X38.86
--- Martin, Zoey	FR LHS	X40.11
--- Keflemariam, Grace	09 KAM	X40.90
--- Willis, Josie	09 KAM	X50.35
--- Kukes-Wurts, Halsey	10 KAM	X52.37
--- Shrestha, Ishita	SO LHS	X58.19
--- Puentes-Santos, Danna	12 KAM	X2:47.34

Kamiak Lynnwood - 10/19/2021

Results - one

**Event 5 Women 1 mtr Diving**

Name	YrSchool	Finals Score
1 Bingham, Saili	10 KAM	215.30 6
2 Reed, Makenna	12 KAM	200.75 4
--- Huang, Lana	10 KAM	X58.80

**Event 6 Women 100 Yard Butterfly**

59.60 4A S 4A state  
 59.70 3A S 3A state  
 1:04.80 2A S 2A state

Name	YrSchool	Finals Time
1 Reed, Emma	10 KAM	1:19.04 6
36.97 42.07		
2 Artamonova, Anna	JR LHS	1:19.56 4
36.36 43.20		
3 Barry, Jessica	09 KAM	1:33.32 3
42.29 51.03		
--- Smith, Claire	10 KAM	X1:01.74 2A S
29.51 32.23		
--- Ryu, Sophia	12 KAM	X1:02.08 2A S
29.30 32.78		

**Event 7 Women 100 Yard Freestyle**

54.50 4A S 4A state  
 55.00 3A S 3A state  
 57.60 2A S 2A state

Name	YrSchool	Finals Time
1 Murray, Faith	SR LHS	59.63 6
29.11 30.52		
2 Lorenzo, Jasmine	12 KAM	1:01.10 4
29.07 32.03		
3 Matevosyan, Ofelia	FR LHS	1:06.69 3
32.21 34.48		
4 Miga, Sophia	10 KAM	1:07.27 2
32.29 34.98		
5 Hanchinamani, Shifa	FR LHS	1:18.32 1
37.25 41.07		
--- Weeks, Caitlin	JR LHS	X1:14.03
34.68 39.35		
--- Calawa, Kenaz	10 KAM	X1:19.39
39.00 40.39		
--- Nquyen, Leslie	JR LHS	X1:19.41
38.43 40.98		
--- Prendergast, Zetta	10 KAM	X1:24.26
40.27 43.99		
--- Schuyler, Elizabeth	SR LHS	X1:25.56
41.25 44.31		
--- Addisu, Lia	SR LHS	X1:26.50
41.43 45.07		
--- Gebretsadik, Sariam	09 KAM	X1:26.94
42.51 44.43		
--- Ahmed, Aroosh	10 KAM	X1:28.74
41.50 47.24		
--- Seifu, Elanam	10 KAM	X1:32.86
45.48 47.38		
--- Martin, Zoey	FR LHS	X1:33.33
43.56 49.77		

--- Keflemariam, Grace 09 KAM X1:37.50  
 48.27 49.23

**Event 8 Women 500 Yard Freestyle**

5:20.70 3A S 3A state  
 5:22.00 4A S 4A state  
 5:45.00 2A S 2A state

Name	YrSchool	Finals Time
1 Smith, Claire	10 KAM	5:34.91 2A S
30.01 32.78 33.85 34.82		
34.54 34.78 34.04 34.66		
33.76 31.67		
2 Ryu, Sophia	12 KAM	5:44.04 2A S
30.53 33.41 34.61 35.53		
35.42 34.97 35.44 34.94		
34.80 34.39		
3 Ryu, Janey	09 KAM	5:45.81
30.33 33.85 35.16 35.71		
36.02 35.99 35.91 34.96		
34.77 33.11		
4 Forsyth, Parker	11 KAM	5:53.37
32.04 35.14 35.75 36.08		
36.62 36.34 36.28 35.93		
35.52 33.67		
5 Cho, Iris	09 KAM	5:54.02
31.06 35.00 35.94 36.49		
36.73 36.68 36.51 36.09		
35.72 33.80		
6 Lorenzo, Julia	09 KAM	6:02.77
34.84 38.36 38.61 36.75		
37.43 37.14 36.18 35.08		
33.96 34.42		
7 Cunningham, Eva	11 KAM	6:03.77
32.92 35.90 37.30 37.23		
37.46 37.28 37.12 37.38		
36.83 34.35		
8 Papenhausen, Ava	10 KAM	6:05.52
32.50 35.99 37.35 37.64		
37.65 37.20 37.81 37.30		
36.18 35.90		
9 Leshchenko, Veronica	09 KAM	6:26.98
33.39 37.66 39.20 39.62		
39.76 39.91 39.76 39.92		
39.62 38.14		
10 Kameda, Toko	12 KAM	6:29.93
33.61 37.13 38.76 39.81		
40.10 40.41 40.09 40.70		
40.00 39.32		
11 King, Devin	11 KAM	6:49.69
37.65 40.73 41.57 41.92		
42.67 42.30 41.88 41.76		
40.22 38.99		

Kamiak Lynnwood - 10/19/2021

Results - one

Event 9 Women 200 Yard Freestyle Relay

1:42.50 4A S 4A state

1:42.70 3A S 3A state

1:48.40 2A S 2A state

Team	Relay	Finals Time
1 KAM	A	1:57.61 8
1) Jackson, Katelyn 10	2) Leshchenko, Veronica 09	
3) Seaberg, Kari 09	4) Lorenzo, Jasmine 12	
30.28 29.93	29.58 27.82	
2 LHS	A	2:05.59 4
1) Bayarbayasgala, Amira JR	2) Coates, Rebecca FR	
3) Weeks, Caitlin JR	4) Artamonova, Anna JR	
29.54 30.21	38.75 27.09	
3 KAM	C	2:20.47 2
1) Prendergast, Zetta 10	2) Barry, Jessica 09	
3) Hoang, Melissa 09	4) Calawa, Kenaz 10	
37.60 34.87	34.11 33.89	
4 KAM	B	2:22.06
1) Gebretsadik, Sariam 09	2) Johnson, Ella 11	
3) Seifu, Elanam 10	4) Truong, Julia 09	
35.87 35.64	39.53 31.02	
5 LHS	B	2:33.73
1) Addisu, Lia SR	2) Martin, Zoey FR	
3) Chambers, Summer JR	4) Nquyen, Leslie JR	
40.24 15.58	30.85 1:07.06	
--- KAM	G	X1:51.54
1) Ryu, Janey 09	2) Forsyth, Parker 11	
3) Papenhausen, Ava 10	4) Ireland, Abigale 11	
27.59 27.02	28.61 28.32	
--- KAM	H	X1:52.42
1) Smith, Claire 10	2) Cunnington, Eva 11	
3) Cho, Iris 09	4) Miga, Sophia 10	
26.23 29.06	27.29 29.84	
--- KAM	F	X2:00.58
1) Ryu, Sophia 12	2) Lorenzo, Julia 09	
3) Kameda, Toko 12	4) King, Devin 11	
27.76 29.92	29.51 33.39	
--- KAM	D	X2:35.97
1) Bingham, Saili 10	2) Huang, Lana 10	
3) Reed, Makenna 12	4) Renando, Steevie 11	
39.38 41.71	38.19 36.69	

Event 10 Women 100 Yard Backstroke

1:00.40 4A S 4A state

1:00.75 3A S 3A state

1:03.90 2A S 2A state

Name	YrSchool	Finals Time
1 Lorenzo, Julia	09 KAM	1:05.73 6
31.86 33.87		
2 Murray, Faith	SR LHS	1:07.07 4
32.60 34.47		
3 Schreiner, Mina	SO LHS	1:24.14 3
1:24.14		
4 Hanchinamani, Shifa	FR LHS	1:26.77 2
42.12 44.65		
5 Calawa, Kenaz	10 KAM	1:27.40 1
43.57 43.83		

6 Johnson, Ella	11 KAM	1:29.97
44.10 45.87		
--- Seo, Allison	12 KAM	X1:25.76
40.35 45.41		
--- Renando, Steevie	11 KAM	X1:42.15
50.96 51.19		
--- Barry, Jessica	09 KAM	XDQ
False start		
48.29 49.49		

Event 11 Women 100 Yard Breaststroke

1:08.25 4A S 4A state

1:08.50 3A S 3A state

1:13.50 2A S 2A state

Name	YrSchool	Finals Time
1 Bayarbayasgala, Amira	JR LHS	1:20.50 6
38.66 41.84		
2 Seaberg, Kari	09 KAM	1:26.33 4
40.84 45.49		
3 Coates, Rebecca	FR LHS	1:26.53 3
40.83 45.70		
4 Jackson, Katelyn	10 KAM	1:29.80 2
42.26 47.54		
5 Chambers, Summer	JR LHS	1:51.29 1
51.56 59.73		
--- Forsyth, Parker	11 KAM	X1:13.45 2A S
34.66 38.79		

Event 12 Women 400 Yard Freestyle Relay

3:45.90 3A S 3A state

3:45.90 4A S 4A state

4:01.00 2A S 2A state

Team	Relay	Finals Time
1 KAM	B	4:19.20 8
1) Ryu, Janey 09	2) Leshchenko, Veronica 09	
3) Truong, Julia 09	4) Ireland, Abigale 11	
27.74 58.26	32.74 1:08.25	
32.17 1:07.75	31.28 1:04.94	
2 KAM	A	4:19.84 4
1) Lorenzo, Julia 09	2) Lorenzo, Jasmine 12	
3) Reed, Emma 10	4) Kameda, Toko 12	
29.56 1:00.73	30.78 1:03.88	
34.68 1:12.98	29.42 1:02.25	
3 LHS	A	4:43.85 2
1) Schreiner, Mina SO	2) Artamonova, Anna JR	
3) Matevosyan, Ofelia FR	4) Murray, Faith SR	
37.53 1:28.80	24.21 1:04.16	
31.91 1:10.53	27.06 1:00.36	
4 LHS	B	5:30.48
2) Elliott, Bria FR		
3) Weeks, Caitlin JR	4) Hanchinamani, Shifa FR	
40.73 1:27.62	36.54 1:25.61	
31.78 1:20.26	33.12 1:16.99	
5 KAM	C	6:02.82
1) Ahmed, Aroosh 10	2) Seifu, Elanam 10	
3) Seo, Allison 12	4) Willis, Josie 09	
40.69 1:29.28	43.76 1:32.04	
34.73 1:17.04	45.98 1:44.46	

**Kamiak Lynnwood - 10/19/2021**

**Results - one**

---

**Scores - Women**

---

**Women - Team Rankings - Through Event 12**

---

1. Kamiak	94
2. Lynnwood High School	66