

Kamiak Jackson - 10/21/2021**Results - one****Event 1 Women 200 Yard Medley Relay****1:53.50 4A S 4A state**

Team	Relay	Seed Time	Finals Time	Points
1 Kamiak	A	1:56.92	1:53.79	8
1) Lorenzo, Julia 09 29.22 31.63 26.91	2) Ryu, Sophia 12 26.03	3) Smith, Claire 10	4) Ryu, Janey 09	
2 Jackson High School	A	1:57.92	1:55.10	4
1) Hawkins, Lexi SR 29.58 31.43 27.83	2) Hoyla, Olivia FR 26.26	3) Parungao, Arie SR	4) Hernandez-Murillo, Celina SO	
3 Kamiak	B	2:09.91	2:06.48	2
1) Papenhausen, Ava 10 34.40 34.24 29.93	2) Lorenzo, Jasmine 12 27.91	3) Kameda, Toko 12	4) Cunnington, Eva 11	
4 Jackson High School	B	NT	2:10.40	
1) Wang, Megan FR 32.23 38.27 29.91	2) Wang, Valerie JR 29.99	3) Salimi, Nika SR	4) Guerra, Jillian FR	
5 Jackson High School	C	NT	2:17.32	
1) Lunder, Ella SR 35.53 1:10.87 30.83	2) Hoang, Sarah SR 0.09	3) Saunders, Lilly SR	4) Keuss, Miriam JR	
6 Kamiak	C	2:22.32	2:18.21	
1) Truong, Julia 09 36.17 38.28 34.70	2) Miga, Sophia 10 29.06	3) Reed, Emma 10	4) Seaberg, Kari 09	
7 Kamiak	F	2:26.38	2:23.80	
1) King, Devin 11 38.94 35.29 36.64	2) Forsyth, Parker 11 32.93	3) Ireland, Abigale 11	4) Prendergast, Zetta 10	
8 Jackson High School	E	NT	2:40.54	
1) Albright, Rachel SO 38.60 50.53 41.07	2) Smitkin, Sabrina JR 30.34	3) Hur, Tory JR	4) Umemoto, Narumi SR	
9 Kamiak	D	2:48.25	2:48.43	
1) Johnson, Ella 11 41.00 43.77 40.11	2) Gebretsadik, Sariam 09 43.55	3) Seo, Allison 12	4) Seifu, Elanam 10	
10 Kamiak	E	2:51.51	3:01.55	
1) Hoang, Melissa 09 47.73 45.21 44.73	2) Barry, Jessica 09 43.88	3) Keflemariam, Grace 09	4) Ahmed, Aroosh 10	
--- Jackson High School	D	NT	DQ	
Early take-off swimmer #2				
1) Chen, Mia JR 34.91 39.51 37.33	2) Chau, Elaine JR 29.78	3) Schiebel, Sofia FR	4) Skeels, Emily JR	

Event 2 Women 200 Yard Freestyle**1:59.70 4A S 4A state**

Name	Yr	School	Seed Time	Finals Time	Points
1 Ryu, Sophia	12	Kamiak	2:11.44	2:07.57	6
29.50 32.06 32.85		33.16			
2 Guerra, Jillian	FR	Jackson High School	2:11.30	2:12.82	4
30.20 33.71 34.37		34.54			
3 Catli, Lindsay	FR	Jackson High School	2:20.00	2:13.82	3
30.46 34.44 34.73		34.19			
4 Papenhausen, Ava	10	Kamiak	2:15.15	2:13.85	2
30.88 33.75 35.13		34.09			
5 Smasne, Cassandra	FR	Jackson High School	2:17.19	2:18.05	1
30.99 35.15 37.24		34.67			
6 Leshchenko, Veronica	09	Kamiak	2:21.49	2:21.29	
31.92 35.56 37.25		36.56			
7 Ireland, Abigale	11	Kamiak	2:28.77	2:26.18	
33.56 37.77 38.15		36.70			

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(Event 2 Women 200 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
8 King, Devin	11	Kamiak	2:35.15	2:36.77	
37.74 39.34 40.74	38.95				
9 Calawa, Kenaz	10	Kamiak	3:03.26	3:01.06	
40.33 46.33 49.36	45.04				

Event 3 Women 200 Yard IM

2:13.50 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Smith, Claire	10	Kamiak	2:19.03	2:12.56	4A S 6
28.47 33.40 40.30	30.39				
2 Hoyla, Olivia	FR	Jackson High School	2:11.84	2:13.37	4A S 4
28.91 33.26 39.36	31.84				
3 Lorenzo, Julia	09	Kamiak	2:19.92	2:22.05	3
30.83 35.32 43.87	32.03				
4 Wang, Valerie	JR	Jackson High School	2:32.50	2:34.15	2
34.67 40.37 43.30	35.81				
5 Robson, Kali	SR	Jackson High School	2:33.56	2:40.33	1
35.03 41.20 45.50	38.60				
6 Miga, Sophia	10	Kamiak	2:45.41	2:43.20	
34.95 44.15 45.83	38.27				
--- Forsyth, Parker	11	Kamiak	2:22.59	X2:26.10	
32.25 37.86 42.79	33.20				
--- Reed, Emma	10	Kamiak	2:56.24	X2:56.43	
36.61 43.91 55.38	40.53				
--- Calawa, Kenaz	10	Kamiak	3:13.17	XDQ	
Shoulders past vertical toward breast - back					
45.58 54.25 53.54	46.45				

Event 4 Women 50 Yard Freestyle

25.00 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Ryu, Janey	09	Kamiak	26.64	26.67	6
2 Parungao, Arie	SR	Jackson High School	26.55	26.83	4
3 Hernandez-Murillo, Celina	SO	Jackson High School	27.44	27.30	3
4 Hawkins, Lexi	SR	Jackson High School	27.30	27.35	2
5 Cunningham, Eva	11	Kamiak	28.05	28.09	1
6 Wetherington, Emme	SO	Jackson High School	28.25	28.85	
7 Hoang, Sarah	SR	Jackson High School	30.82	30.67	
8 Smirnova, Anna	10	Kamiak	31.52	31.12	
9 Seo, Allison	12	Kamiak	32.18	31.51	
10 Chen, Mia	JR	Jackson High School	31.09	31.87	
11 Albright, Rachel	SO	Jackson High School	34.06	33.49	
12 Umemoto, Narumi	SR	Jackson High School	34.12	33.98	
13 Kim, Alison	SR	Jackson High School	33.29	34.09	
14 Hur, Tory	JR	Jackson High School	34.66	35.62	
15 Prendergast, Zetta	10	Kamiak	34.65	37.06	
16 Shim, Ashley	FR	Jackson High School	38.08	37.76	
17 Genova, Rachel	SR	Jackson High School	38.41	38.41	
18 Moore, Kaitlyn	JR	Jackson High School	37.54	38.67	
19 Gautam, Ishani	FR	Jackson High School	38.56	38.86	
20 Seifu, Elanam	10	Kamiak	38.86	39.02	
21 Stout, Natalie	SR	Jackson High School	40.61	39.13	
22 Keflemariam, Grace	09	Kamiak	40.90	39.24	

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(Event 4 Women 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
23 Jones, Maddie	JR	Jackson High School	44.16	44.35	
24 Willis, Josie	09	Kamiak	44.85	45.77	
25 Nott, Mariam	FR	Jackson High School	34.39	47.79	
26 Kukes-Wurts, Halsey	10	Kamiak	50.58	53.57	
27 Puentes-Santos, Danna	12	Kamiak	2:37.11	2:41.79	

Event 5 Women 1 mtr Diving

Name	Yr	School	Seed Time	Finals Score	Points
1 Wierschke, Leah	SR	Jackson High School	233.05	229.85	6
2 Wierschke, Lauren	JR	Jackson High School	185.15	221.60	4
3 Reed, Makenna	12	Kamiak	200.75	215.70	3
4 Bingham, Sali	10	Kamiak	247.80	210.25	2
5 Raso, Ashlyn	SR	Jackson High School	150.05	174.05	1
6 Huang, Lana	10	Kamiak	65.70	120.95	

Event 6 Women 100 Yard Butterfly

59.60 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Parungao, Arie 30.59 34.90	SR	Jackson High School	1:08.00	1:05.49	6
2 Wang, Megan 30.52 35.15	FR	Jackson High School	1:06.92	1:05.67	4
3 Forsyth, Parker 32.40 34.07	11	Kamiak	1:06.99	1:06.47	3
4 Cho, Iris 31.31 35.61	09	Kamiak	1:07.78	1:06.92	2
5 Kameda, Toko 32.05 36.70	12	Kamiak	1:08.97	1:08.75	1
6 Lorenzo, Jasmine 32.32 38.76	12	Kamiak	1:09.86	1:11.08	
7 Salimi, Nika 34.30 39.75	SR	Jackson High School	1:12.57	1:14.05	
8 Keflemariam, Grace 46.28 1:02.97	09	Kamiak	NT	1:49.25	

Event 7 Women 100 Yard Freestyle

54.50 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Ryu, Janey 27.59 30.24	09	Kamiak	57.49	57.83	6
2 Hernandez-Murillo, Celina 27.74 31.26	SO	Jackson High School	1:00.49	59.00	4
3 Cunnington, Eva 30.51 32.08	11	Kamiak	1:03.06	1:02.59	3
4 O'Neal, Evelyn 29.63 33.71	JR	Jackson High School	1:03.01	1:03.34	2
5 Smasne, Cassandra 30.16 33.19	FR	Jackson High School	1:02.88	1:03.35	1
6 Ireland, Abigale 30.93 33.47	11	Kamiak	1:03.93	1:04.40	
7 Chau, Elaine 29.96 34.62	JR	Jackson High School	1:10.70	1:04.58	
8 Seaberg, Kari 31.19 34.66	09	Kamiak	1:07.62	1:05.85	

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(Event 7 Women 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
9 Smirnova, Anna 31.27 34.91	10	Kamiak	1:04.58	1:06.18	
10 King, Devin 33.99 34.41	11	Kamiak	1:08.49	1:08.40	
11 Johnson, Ella 33.46 37.50	11	Kamiak	1:15.86	1:10.96	
12 Albright, Rachel 35.39 37.11	SO	Jackson High School	1:12.99	1:12.50	
13 Saunders, Lilly 34.82 38.61	SR	Jackson High School	1:14.04	1:13.43	
14 Seo, Allison 32.79 43.10	12	Kamiak	1:14.01	1:15.89	
15 Hur, Tory 36.77 41.69	JR	Jackson High School	1:18.36	1:18.46	
16 Prendergast, Zetta 37.52 41.48	10	Kamiak	1:21.07	1:19.00	
17 Smitkin, Sabrina 37.36 42.86	JR	Jackson High School	1:19.75	1:20.22	
18 Gebretsadik, Sariam 39.24 42.75	09	Kamiak	1:26.47	1:21.99	
*19 Renando, Steevie 40.16 43.09	11	Kamiak	1:21.15	1:23.25	
*19 Shim, Ashley 40.62 42.63	FR	Jackson High School	1:25.62	1:23.25	
21 Seifu, Elanam 43.44 46.63	10	Kamiak	1:32.74	1:30.07	
22 Moore, Kaitlyn 42.70 48.36	JR	Jackson High School	1:28.50	1:31.06	
23 Willis, Josie 50.46 57.64	09	Kamiak	1:48.80	1:48.10	
24 Kukes-Wurts, Halsey 59.65 1:04.20	10	Kamiak	1:56.73	2:03.85	

Event 8 Women 500 Yard Freestyle

5:22.00 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Cho, Iris 31.76 35.01 35.77 34.45 32.81	09	Kamiak	5:44.08 34.80	5:47.07	6
2 Guerra, Jillian 32.00 35.73 35.82 35.22 34.92	FR	Jackson High School	5:49.47 34.68	5:50.43	4
3 Papenhausen, Ava 32.19 35.22 36.19 37.95 36.56	10	Kamiak	5:57.78 37.83	6:04.13	3
4 Wang, Valerie 32.31 35.78 37.14 37.94 36.76	JR	Jackson High School	6:12.16 38.62	6:13.13	2
5 Leshchenko, Veronica 33.30 37.46 37.93 39.57 37.42	09	Kamiak	6:12.81 39.90	6:23.73	1

Kamiak Jackson - 10/21/2021**Results - one****Event 9 Women 200 Yard Freestyle Relay****1:42.50 4A S 4A state**

Team	Relay	Seed Time	Finals Time	Points
1 Jackson High School 1) Parungao, Arie SR 27.30 26.95 26.98	A 2) Hawkins, Lexi SR 26.30	1:49.52 3) Hernandez-Murillo, Celina SO	1:47.53 4) Hoyla, Olivia FR	8
2 Kamiak 1) Cunnington, Eva 11 28.97 28.18 27.94	A 2) Lorenzo, Jasmine 12 26.41	1:51.54 3) Cho, Iris 09	1:51.50 4) Ryu, Janey 09	4
3 Jackson High School 1) Catli, Lindsay FR 29.27 29.19 28.96	B 2) O'Neal, Evelyn JR 29.23	NT 3) Wetherington, Emme SO	1:56.65 4) Smasne, Kassandra FR	2
4 Kamiak 1) Smirnova, Anna 10 30.99 30.31 29.16	B 2) Leshchenko, Veronica 09 30.46	2:03.23 3) Seaberg, Kari 09	2:00.92 4) Miga, Sophia 10	
5 Jackson High School 1) Chau, Elaine JR 31.18 29.44 29.59	C 2) Chen, Mia JR 31.90	NT 3) Lunder, Ella SR	2:02.11 4) Pressler, Sabrina JR	
6 Jackson High School 1) Salimi, Nika SR 30.68 34.35 30.85	D 2) Skeels, Emily JR 33.97	NT 3) Umemoto, Narumi SR	2:09.85 4) Saunders, Lilly SR	
7 Kamiak 1) Reed, Emma 10 31.25 34.35 33.74	C 2) Gebretsadik, Sariam 09 32.39	2:08.49 3) Seo, Allison 12	2:11.73 4) Truong, Julia 09	
8 Jackson High School 1) Stout, Natalie SR 40.45 37.10 38.07	E 2) Smitkin, Sabrina JR 33.75	NT 3) Shim, Ashley FR	2:29.37 4) Schiebel, Sofia FR	
9 Jackson High School 1) Moore, Kaitlyn JR 34.61 43.98 41.30	F 2) Jones, Maddie JR 34.61	NT 3) Genova, Rachel SR	2:34.50 4) Kim, Alison SR	
10 Kamiak 1) Ahmed, Aroosh 10 37.75 39.90 46.46	F 2) Renando, Steevie 11 46.39	2:39.50 3) Seifu, Elanam 10	2:50.50 4) Willis, Josie 09	
11 Kamiak 1) Hoang, Melissa 09 1:10.95 19.50 38.85	E 2) Kukes-Wurts, Halsey 10 46.25	2:38.42 3) Johnson, Ella 11	2:55.55 4) Huang, Lana 10	
12 Kamiak 1) Calawa, Kenaz 10 34.08 34.00 47.59	D 2) Barry, Jessica 09 2:44.82	4:27.76 3) Keflemariam, Grace 09	4:40.49 4) Puentes-Santos, Danna 12	

Event 10 Women 100 Yard Backstroke**1:00.40 4A S 4A state**

Name	Yr School	Seed Time	Finals Time	Points
1 Smith, Claire 30.72 31.77	10 Kamiak	1:02.11	1:02.49	6
2 Lorenzo, Julia 31.07 33.05	09 Kamiak	1:04.15	1:04.12	4
3 Wang, Megan 32.61 35.59	FR Jackson High School	1:09.00	1:08.20	3
4 Hawkins, Lexi 32.73 35.79	SR Jackson High School	1:05.50	1:08.52	2
5 Catli, Lindsay 35.15 36.35	FR Jackson High School	1:08.89	1:11.50	1
6 Kameda, Toko 35.07 36.60	12 Kamiak	1:12.76	1:11.67	

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Results - one

(Event 10 Women 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
7 Pressler, Sabrina 35.78 38.43	JR	Jackson High School	1:13.54	1:14.21	
8 Lunder, Ella 35.89 41.02	SR	Jackson High School	1:14.62	1:16.91	
9 Truong, Julia 38.75 39.91	09	Kamiak	1:18.43	1:18.66	
10 Johnson, Ella 43.00 43.57	11	Kamiak	1:28.81	1:26.57	
11 Keuss, Miriam 41.38 45.39	JR	Jackson High School	1:28.36	1:26.77	
12 Schiebel, Sofia 44.48 44.84	FR	Jackson High School	1:28.91	1:29.32	

Event 11 Women 100 Yard Breaststroke

1:08.25 4A S 4A state

Name	Yr	School	Seed Time	Finals Time	Points
1 Ryu, Sophia 31.98 36.47	12	Kamiak	1:08.30	1:08.45	6
2 Hoyla, Olivia 33.49 37.25	FR	Jackson High School	1:11.48	1:10.74	4
3 Hoang, Sarah 36.34 41.18	SR	Jackson High School	1:18.71	1:17.52	3
4 Lorenzo, Jasmine 37.22 40.83	12	Kamiak	1:17.01	1:18.05	2
5 Robson, Kali 38.77 43.49	SR	Jackson High School	1:23.07	1:22.26	1
6 Miga, Sophia 38.86 45.25	10	Kamiak	1:24.24	1:24.11	
7 Seaberg, Kari 40.49 46.32	09	Kamiak	1:25.67	1:26.81	
8 Chau, Elaine 42.21 48.17	JR	Jackson High School	1:27.31	1:30.38	
9 Barry, Jessica 46.48 49.70	09	Kamiak	1:36.53	1:36.18	
10 Skeels, Emily 45.90 55.67	JR	Jackson High School	1:44.19	1:41.57	
11 Renando, Steevie 49.92 54.46	11	Kamiak	1:43.43	1:44.38	
12 Gebretsadik, Sariam 48.62 55.90	09	Kamiak	1:37.76	1:44.52	

Event 12 Women 400 Yard Freestyle Relay

3:45.90 4A S 4A state

Team	Relay	Seed Time	Finals Time	Points
1 Kamiak	A	3:56.29	3:54.37	8
1) Smith, Claire 10 27.36 56.62	2) Kameda, Toko 12 1:01.93 27.13	3) Lorenzo, Julia 09 27.39 58.58	4) Ryu, Sophia 12	
2 Jackson High School	A	3:59.74	4:10.72	4
1) Guerra, Jillian FR 29.14 1:01.12	2) Wang, Megan FR 1:02.56 29.45	3) Catli, Lindsay FR 16.94 1:04.20	4) Wang, Valerie JR	
3 Kamiak	B	4:15.68	4:15.15	2
1) Cho, Iris 09 29.48 1:00.85	2) Leshchenko, Veronica 09 1:06.21 30.45	3) Smirnova, Anna 10 29.79 1:03.48	4) Papenhausen, Ava 10	

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(Event 12 Women 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
4 Jackson High School	B	NT	4:25.94	
1) Wetherington, Emme SO	2) O'Neal, Evelyn JR	3) Smasne, Cassandra FR	4) Pressler, Sabrina JR	
31.21 1:06.65 32.44	1:15.85 24.15 58.02	30.32 1:05.42		
5 Jackson High School	C	NT	4:49.96	
1) Albright, Rachel SO	2) Keuss, Miriam JR	3) Skeels, Emily JR	4) Lunder, Ella SR	
35.58 1:12.54 34.27	1:14.95 29.87 1:13.71	29.52 1:08.76		
--- Kamiak	C	4:32.53	X4:35.25	
1) Forsyth, Parker 11	2) Ireland, Abigale 11	3) King, Devin 11	4) Prendergast, Zetta 10	
28.92 1:00.33 30.25	1:03.39 35.16 1:11.07	37.75 1:20.46		

Scores - Women

Women - Team Rankings - Through Event 12

1. Kamiak	96	2. Jackson High School	90
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