

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

## Event 1 Girls 200 Yard Medley Relay

1:54.40 STAT State

Team	Relay	Seed Time	Finals Time	Points
1 Holy Names Academy Swimming 1) McMorrow, Kaitlyn SO	A 2) Rowe, Regan E SR	NT 3) Gelfand, Hope JR	1:52.03 STAT 4) Scott, Elise SR	8
2 Seattle Prep Swim Team 1) Lauinger, Anna SO	A 2) Gooding, Liv JR	1:54.13 3) Salentine, Sophia JR	1:52.92 STAT 4) Gooding, Lane FR	4
3 Holy Names Academy Swimming 1) Straley, Maggie M JR	B 2) Tagavilla, Lauren SO	2:11.28 3) Crow, Caroline JR	2:03.73 4) Williams, Fiona SR	2
4 Seattle Prep Swim Team 1) Obaob, Bea SR	B 2) Stuart, Gabby SR	NT 3) Smith, Addison FR	2:05.32 4) Chalmers, Sydney SR	
5 Holy Names Academy Swimming 1) Baber, Katie L	C 2) Beckman, Kate E FR	2:19.96 3) Ejarque, Rayna P SO	2:07.80 4) Jackson, Lauren E JR	
6 Seattle Prep Swim Team 1) Diefendorf, Kate JR	C 2) Popp, Elle JR	NT 3) McDowall, Cora JR	2:24.66 4) Zaboukos, Sophia SR	
--- Holy Names Academy Swimming 1) Rivera, Sophia R JR	D 2) Eid, Jasmine SR	2:30.26 3) Kleewein, Anna JR	X2:18.15 4) Brannfors, Anneliese M FR	
--- Holy Names Academy Swimming 1) Ross, Hannah L SO	E 2) Deswal, Anaiysaa SO	NT 3) Collins, Leyla SR	X2:25.37 4) Karman, Ava FR	
--- Seattle Prep Swim Team 1) De Villasante, Regina FR	D 2) Mullaly, Juliet SO	NT 3) Green, Betsy JR	X2:35.57 4) Hanlon, Francine FR	
--- Seattle Prep Swim Team 1) Salentine, Mary Beth FR	E 2) Beck, Taryn FR	NT 3) Fessehatison, El-Shaddai SO	X2:58.50 4) Robinson, Mia SO	

## Event 2 Girls 200 Yard Freestyle

1:58.80 STAT State

2:13.80 DIST Districts

2:28.80 METR Metro

Name	Yr School	Seed Time	Finals Time	Points
1 Scott, Elise	SR Holy Names Academy Swimming	NT	2:11.77 DIST	6
2 Wilwerding, Abby	SR Seattle Prep Swim Team	NT	2:19.87 METR	4
3 Orkand, Aili	SO Holy Names Academy Swimming	NT	2:20.41 METR	3
4 Dotson, Ava	SR Seattle Prep Swim Team	NT	2:29.85	2
5 Chalmers, Marlow	SO Seattle Prep Swim Team	NT	2:38.32	1
6 Johnson, Lauren	SR Holy Names Academy Swimming	NT	2:46.46	
--- Binder, Em	FR Holy Names Academy Swimming	NT	X2:32.42	

## Event 3 Girls 200 Yard IM

2:13.30 STAT State

2:33.30 DIST Districts

2:53.30 METR Metro

Name	Yr School	Seed Time	Finals Time	Points
1 Gooding, Liv	JR Seattle Prep Swim Team	2:11.48	2:14.09 DIST	6
2 Crow, Caroline	JR Holy Names Academy Swimming	2:28.39	2:27.93 DIST	4
3 Tagavilla, Lauren	SO Holy Names Academy Swimming	2:20.21	2:30.38 DIST	3
4 Beckman, Kate E	FR Holy Names Academy Swimming	2:41.95	2:41.66 METR	2
5 Gardiner, Josie	SO Seattle Prep Swim Team	2:49.53	2:45.86 METR	1
6 Obaob, Bea	SR Seattle Prep Swim Team	NT	2:52.93 METR	
--- Koivu, Hope E	FR Holy Names Academy Swimming	3:03.12	X2:55.31	

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

## Event 4 Girls 50 Yard Freestyle

25.10 STAT State

28.10 DIST Districts

31.30 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 Rowe, Regan E	SR	Holy Names Academy Swimming	26.01	26.09	DIST 6
2 McMorrow, Kaitlyn	SO	Holy Names Academy Swimming	25.59	26.29	DIST 4
3 Gooding, Lane	FR	Seattle Prep Swim Team	25.98	26.46	DIST 3
4 Gelfand, Hope	JR	Holy Names Academy Swimming	26.66	26.51	DIST 2
5 Salentine, Sophia	JR	Seattle Prep Swim Team	26.18	26.86	DIST 1
6 Smith, Addison	FR	Seattle Prep Swim Team	NT	28.16	METR
--- Williams, Fiona	SR	Holy Names Academy Swimming	28.10	X27.32	DIST
--- Stuart, Gabby	SR	Seattle Prep Swim Team	28.84	X28.65	METR
--- Ellis, Portia N	SR	Holy Names Academy Swimming	28.72	X28.85	METR
--- Ejarque, Rayna P	SO	Holy Names Academy Swimming	29.53	X28.88	METR
--- Vanderslice, Mae M		Holy Names Academy Swimming	29.06	X28.88	METR
--- Jackson, Lauren E	JR	Holy Names Academy Swimming	28.62	X29.09	METR
--- Diefendorf, Kate	JR	Seattle Prep Swim Team	29.40	X29.67	METR
--- Malaspino, Sofia M	SR	Holy Names Academy Swimming	29.29	X29.82	METR
--- Wall, Norah E	SO	Holy Names Academy Swimming	29.07	X30.22	METR
--- McNeill, Catherine	JR	Seattle Prep Swim Team	29.36	X30.60	METR
--- Zaboukos, Sophia	SR	Seattle Prep Swim Team	31.08	X31.57	
--- Hueffed, Elise	FR	Holy Names Academy Swimming	NT	X32.49	
--- Smith, Kira M	JR	Holy Names Academy Swimming	33.38	X32.53	
--- Castrodale, Augusta	SR	Holy Names Academy Swimming	35.21	X32.64	
--- Bentley, Clare	JR	Seattle Prep Swim Team	31.84	X33.08	
--- Green, Betsy	JR	Seattle Prep Swim Team	33.30	X33.51	
--- Li, Megan	SR	Seattle Prep Swim Team	32.80	X33.52	
--- Orkand, Aili	SO	Holy Names Academy Swimming	34.71	X33.63	
--- Chalmers, Jo	FR	Seattle Prep Swim Team	33.39	X33.66	
--- Belle, Katie	FR	Holy Names Academy Swimming	34.15	X33.77	
--- Eid, Jasmine	SR	Holy Names Academy Swimming	33.29	X34.07	
--- Popp, Elle	JR	Seattle Prep Swim Team	33.25	X34.63	
--- Wijesekera, Samara	SO	Holy Names Academy Swimming	33.78	X34.74	
--- Eid, Chloe	SO	Holy Names Academy Swimming	33.76	X35.11	
--- Dau, Elizabeth T	JR	Holy Names Academy Swimming	35.21	X35.95	
--- Chesley, Vanessa		Holy Names Academy Swimming	36.44	X35.99	
--- McDowall, Cora	JR	Seattle Prep Swim Team	34.99	X36.38	
--- Hanlon, Francine	FR	Seattle Prep Swim Team	37.19	X36.81	
--- Mullaly, Juliet	SO	Seattle Prep Swim Team	NT	X36.82	
--- Robinson, Mia	SO	Seattle Prep Swim Team	38.42	X36.88	
--- Rychkova, Tessa A	FR	Holy Names Academy Swimming	37.42	X37.14	
--- Blackmore, Maddie Y	SR	Holy Names Academy Swimming	36.53	X37.17	
--- Couwenberg, Eve	SO	Seattle Prep Swim Team	NT	X37.31	
--- Salentine, Mary Beth	FR	Seattle Prep Swim Team	39.44	X37.82	
--- Lee, Nora	SO	Holy Names Academy Swimming	37.32	X38.77	
--- Groth, Maggie	SO	Seattle Prep Swim Team	40.40	X38.84	
--- De Villasante, Regina	FR	Seattle Prep Swim Team	39.60	X39.23	
--- Mathieu, Emmie R	SO	Holy Names Academy Swimming	35.32	X39.38	
--- Michael, Lydia	JR	Seattle Prep Swim Team	39.98	X39.47	
--- Booth, Alex	FR	Seattle Prep Swim Team	39.92	X39.49	
--- Arthur, Natalie	SO	Seattle Prep Swim Team	43.19	X39.68	

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

**(Event 4 Girls 50 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Maher, Evelyn	FR	Seattle Prep Swim Team	41.17	X40.18	
--- Fessehatison, El-Shaddai	SO	Seattle Prep Swim Team	42.58	X40.90	
--- Arthur, Samie	SO	Seattle Prep Swim Team	44.00	X41.30	
--- Sterne, Genevieve G	SO	Holy Names Academy Swimming	41.68	X41.69	
--- Beck, Taryn	FR	Seattle Prep Swim Team	41.49	X42.87	
--- MacLean-Curry, Isabel	SO	Seattle Prep Swim Team	49.64	X44.03	
--- Kim-Rodriguez, Ceci	FR	Holy Names Academy Swimming	45.56	X44.79	
--- Linear, Nadia B	FR	Holy Names Academy Swimming	46.05	X46.01	
--- Wong, Joanna	FR	Seattle Prep Swim Team	45.42	X50.74	
--- Obras, Abi	FR	Seattle Prep Swim Team	NT	X1:00.97	
--- Mock, Delphine	SO	Seattle Prep Swim Team	38.10	XDQ	
--- Pangelinan, Mari R	SR	Holy Names Academy Swimming	NT	SCR	

**Event 5 Girls 1 mtr Diving**

Name	Yr	School	Finals Score	Points	
1 Collins, Leyla	SR	Holy Names Academy Swimming	NP	132.22	6
2 Barnecut, Lina M	SO	Holy Names Academy Swimming	NP	122.22	4
3 Karman, Ava	FR	Holy Names Academy Swimming	NP	111.11	3
--- Kleewein, Anna	JR	Holy Names Academy Swimming	NP	SCR	

**Event 6 Girls 100 Yard Butterfly**

59.70 STAT State

1:09.70 DIST Districts

1:19.70 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 Scott, Elise	SR	Holy Names Academy Swimming	1:01.37	59.73	DIST 6
2 Gelfand, Hope	JR	Holy Names Academy Swimming	1:02.46	1:04.10	DIST 4
3 Salentine, Sophia	JR	Seattle Prep Swim Team	1:03.21	1:05.17	DIST 3
4 Ejarque, Rayna P	SO	Holy Names Academy Swimming	1:09.40	1:10.63	METR 2
5 Smith, Addison	FR	Seattle Prep Swim Team	1:12.65	1:15.83	METR 1
--- Ross, Hannah L	SO	Holy Names Academy Swimming	1:14.51	X1:18.08	METR
--- Binder, Em	FR	Holy Names Academy Swimming	NT	X1:24.12	
--- Wall, Norah E	SO	Holy Names Academy Swimming	NT	X1:30.81	

**Event 7 Girls 100 Yard Freestyle**

55.00 STAT State

1:03.00 DIST Districts

1:11.00 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 McMorrow, Kaitlyn	SO	Holy Names Academy Swimming	NT	57.97	DIST 6
2 Gooding, Lane	FR	Seattle Prep Swim Team	57.80	1:00.51	DIST 4
3 Smith, Gabby	SR	Holy Names Academy Swimming	1:01.02	1:00.82	DIST 3
4 Chalmers, Sydney	SR	Seattle Prep Swim Team	1:02.30	1:02.39	DIST 2
5 Wilwerding, Abby	SR	Seattle Prep Swim Team	1:01.89	1:03.27	METR 1
6 Crow, Caroline	JR	Holy Names Academy Swimming	1:01.58	1:03.52	METR
--- Vanderslice, Mae M		Holy Names Academy Swimming	1:04.57	X1:03.95	METR
--- Ellis, Portia N	SR	Holy Names Academy Swimming	1:04.64	X1:04.20	METR
--- Malaspino, Sofia M	SR	Holy Names Academy Swimming	1:06.00	X1:04.78	METR
--- Beckman, Kate E	FR	Holy Names Academy Swimming	1:04.48	X1:05.97	METR
--- Rivera, Sophia R	JR	Holy Names Academy Swimming	1:05.03	X1:08.41	METR
--- Brannfors, Anneliese M	FR	Holy Names Academy Swimming	NT	X1:08.54	METR

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

**(Event 7 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Koivu, Hope E	FR	Holy Names Academy Swimming	NT	X1:09.99	METR
--- Chalmers, Marlow	SO	Seattle Prep Swim Team	1:15.52	X1:12.83	
--- Chalmers, Jo	FR	Seattle Prep Swim Team	NT	X1:14.53	
--- Castrodale, Augusta	SR	Holy Names Academy Swimming	1:18.87	X1:14.91	
--- Deswal, Anaiysaa	SO	Holy Names Academy Swimming	1:14.51	X1:14.93	
--- Smith, Kira M	JR	Holy Names Academy Swimming	1:17.29	X1:16.41	
--- Karman, Ava	FR	Holy Names Academy Swimming	1:25.00	X1:16.56	
--- Eid, Chloe	SO	Holy Names Academy Swimming	1:24.22	X1:22.18	
--- Dau, Elizabeth T	JR	Holy Names Academy Swimming	1:23.52	X1:22.30	
--- Hanlon, Francine	FR	Seattle Prep Swim Team	NT	X1:22.85	
--- Gatheru, Mckenzie	FR	Holy Names Academy Swimming	1:20.92	X1:23.12	
--- Mullaly, Juliet	SO	Seattle Prep Swim Team	NT	X1:24.20	
--- Collins, Leyla	SR	Holy Names Academy Swimming	1:25.20	X1:24.37	
--- Robinson, Mia	SO	Seattle Prep Swim Team	NT	X1:25.71	
--- Salentine, Mary Beth	FR	Seattle Prep Swim Team	NT	X1:26.99	
--- Maher, Evelyn	FR	Seattle Prep Swim Team	NT	X1:29.56	
--- Mathieu, Emmie R	SO	Holy Names Academy Swimming	1:18.18	X1:30.20	
--- Michael, Lydia	JR	Seattle Prep Swim Team	1:40.20	X1:34.74	
--- Fessehatison, El-Shaddai	SO	Seattle Prep Swim Team	1:36.28	X1:37.26	
--- Mock, Delphine	SO	Seattle Prep Swim Team	1:28.65	XDQ	

**Event 8 Girls 500 Yard Freestyle**

5:20.70 STAT State

6:00.70 DIST Districts

6:40.70 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 Straley, Maggie M	JR	Holy Names Academy Swimming	5:17.56	5:17.23	STAT 6
2 Lauinger, Anna	SO	Seattle Prep Swim Team	5:24.03	5:25.82	DIST 4
3 Baber, Katie L		Holy Names Academy Swimming	6:15.00	6:16.71	METR 3
4 Kleewein, Anna	JR	Holy Names Academy Swimming	6:44.48	6:53.29	2
5 Zaboukos, Sophia	SR	Seattle Prep Swim Team	7:40.80	7:45.15	1
6 Li, Megan	SR	Seattle Prep Swim Team	NT	8:34.66	

**Event 9 Girls 200 Yard Freestyle Relay**

1:42.70 STAT State

Team	Relay	Seed Time	Finals Time	Points
1 Holy Names Academy Swimming	A	1:44.89	1:45.36	8
1) McMorrow, Kaitlyn SO	2) Gelfand, Hope JR	3) Smith, Gabby SR	4) Rowe, Regan E SR	
2 Seattle Prep Swim Team	A	1:48.30	1:48.71	4
1) Chalmers, Sydney SR	2) Salentine, Sophia JR	3) Gooding, Liv JR	4) Gooding, Lane FR	
3 Holy Names Academy Swimming	B	1:54.65	1:54.29	2
1) Crow, Caroline JR	2) Jackson, Lauren E JR	3) Ellis, Portia N SR	4) Williams, Fiona SR	
4 Seattle Prep Swim Team	B	NT	1:54.99	
1) Gardiner, Josie SO	2) Dotson, Ava SR	3) Diefendorf, Kate JR	4) Wilwerding, Abby SR	
5 Holy Names Academy Swimming	C	1:57.06	1:58.94	
1) Vanderslice, Mae M	2) Malaspino, Sofia M SR	3) Wall, Norah E SO	4) Baber, Katie L	
6 Seattle Prep Swim Team	C	NT	2:18.27	
1) Mullaly, Juliet SO	2) McDowall, Cora JR	3) Bentley, Clare JR	4) Chalmers, Marlow SO	
--- Holy Names Academy Swimming	D	2:03.51	X2:05.33	
1) Ejarque, Rayna P SO	2) Karman, Ava FR	3) Deswal, Anaiysaa SO	4) Brannfors, Anneliese M FR	
--- Holy Names Academy Swimming	E	NT	X2:08.97	
1) Kleewein, Anna JR	2) Ross, Hannah L SO	3) Smith, Kira M JR	4) Koivu, Hope E FR	

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

**(Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
--- Seattle Prep Swim Team	D	NT	X2:34.73	
1) Booth, Alex FR	2) Hanlon, Francine FR	3) Maher, Evelyn FR	4) Popp, Elle JR	
--- Seattle Prep Swim Team	E	NT	X2:51.41	
1) Wong, Joanna FR	2) Salentine, Mary Beth FR	3) Arthur, Natalie SO	4) Arthur, Samie SO	

**Event 10 Girls 100 Yard Backstroke**

1:00.70 STAT State

1:10.70 DIST Districts

1:20.70 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 Lauinger, Anna	SO	Seattle Prep Swim Team	1:03.00	1:00.76	DIST 6
2 Rowe, Regan E	SR	Holy Names Academy Swimming	NT	1:06.33	DIST 4
3 Straley, Maggie M	JR	Holy Names Academy Swimming	1:08.00	1:09.11	DIST 3
4 Baber, Katie L		Holy Names Academy Swimming	1:07.76	1:10.58	DIST 2
5 Gardiner, Josie	SO	Seattle Prep Swim Team	1:13.42	1:12.23	METR 1
--- Rivera, Sophia R	JR	Holy Names Academy Swimming	1:13.09	X1:15.12	METR
--- Ross, Hannah L	SO	Holy Names Academy Swimming	1:13.64	X1:16.38	METR
--- McNeill, Catherine	JR	Seattle Prep Swim Team	1:19.89	X1:18.83	METR
--- Esperon, Charlotte M	FR	Holy Names Academy Swimming	1:25.00	X1:21.97	
--- Belle, Katie	FR	Holy Names Academy Swimming	1:27.51	X1:23.75	
--- Green, Betsy	JR	Seattle Prep Swim Team	1:27.51	X1:27.12	
--- De Villasante, Regina	FR	Seattle Prep Swim Team	1:46.65	X1:35.92	
--- Gatheru, Mckenzie	FR	Holy Names Academy Swimming	1:30.00	X1:36.48	
--- Wijesekera, Samara	SO	Holy Names Academy Swimming	1:30.00	X1:39.78	
--- Obaob, Bea	SR	Seattle Prep Swim Team	1:03.03	DQ	
--- Pangelinan, Mari R	SR	Holy Names Academy Swimming	NT	SCR	

**Event 11 Girls 100 Yard Breaststroke**

1:08.50 STAT State

1:18.50 DIST Districts

1:28.50 METR Metro

Name	Yr	School	Seed Time	Finals Time	Points
1 Gooding, Liv	JR	Seattle Prep Swim Team	1:08.31	1:13.74	DIST 6
2 Williams, Fiona	SR	Holy Names Academy Swimming	1:17.01	1:16.63	DIST 4
3 Tagavilla, Lauren	SO	Holy Names Academy Swimming	1:13.63	1:19.44	METR 3
4 Stuart, Gabby	SR	Seattle Prep Swim Team	1:18.07	1:19.56	METR 2
5 Smith, Gabby	SR	Holy Names Academy Swimming	NT	1:23.14	METR 1
6 Dotson, Ava	SR	Seattle Prep Swim Team	1:26.11	1:25.16	METR
--- Esperon, Charlotte M	FR	Holy Names Academy Swimming	1:40.00	X1:27.43	METR
--- Popp, Elle	JR	Seattle Prep Swim Team	1:34.97	X1:32.08	
--- Eid, Jasmine	SR	Holy Names Academy Swimming	1:34.69	X1:34.11	
--- Deswal, Anaiysaa	SO	Holy Names Academy Swimming	1:36.25	X1:37.88	
--- Hueffed, Elise	FR	Holy Names Academy Swimming	NT	X1:44.65	
--- Booth, Alex	FR	Seattle Prep Swim Team	1:53.16	X1:48.99	
--- Beck, Taryn	FR	Seattle Prep Swim Team	1:52.70	XDQ	

**Event 12 Girls 400 Yard Freestyle Relay**

3:45.90 STAT State

Team	Relay	Seed Time	Finals Time	Points
1 Seattle Prep Swim Team	A	4:18.29	4:12.28	8
1) Chalmers, Sydney SR	2) Smith, Addison FR	3) Wilwerding, Abby SR	4) Lauinger, Anna SO	

## Seattle Prep vs Holy Names - 9/17/2021

## Holy Names Academy

## Results - Dual Meet

**(Event 12 Girls 400 Yard Freestyle Relay)**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
2	Holy Names Academy Swimming	C	4:30.63	4:28.34	4
	1) Wall, Norah E SO	2) Brannfors, Anneliese M FR	3) Johnson, Lauren SR	4) Malaspino, Sofia M SR	
3	Seattle Prep Swim Team	B	NT	4:38.06	2
	1) Diefendorf, Kate JR	2) Gardiner, Josie SO	3) Dotson, Ava SR	4) Stuart, Gabby SR	
4	Seattle Prep Swim Team	C	NT	7:23.09	
	1) Chalmers, Marlow SO	2) Bentley, Clare JR	3) Chalmers, Jo FR	4) Green, Betsy JR	
---	Holy Names Academy Swimming	B	4:18.72	DQ	
	1) Vanderslice, Mae M	2) Beckman, Kate E FR	3) Rivera, Sophia R JR	4) Baber, Katie L	