

Lakeside vs Seattle Prep - Fall 2022 - 10/14/2022

Results - Dual Meet

Event 1 Women 200 Yard Medley Relay

1:54.40 3A State

Team	Relay	Finals Time	
1 SPST	A	1:50.81	3A
1) Lauinger, Anna JR	2) Gooding, Liv SR		
3) Salentine, Sophia SR	4) Gooding, Lane SO		
2 LKSDG	A	1:51.87	3A
1) Jablonski, Ella SO	2) Yang, Michelle SR		
3) Cancelmo, Caroline SO	4) Gao, Brisa FR		
3 LKSDG	B	2:03.64	2
1) Tang, Iris SO	2) Dull, Stella JR		
3) Wu, Ellie JR	4) Hall, Noli SO		
4 SPST	B	2:11.43	
1) Diefendorf, Kate SR	2) Rehkopf, Sonja FR		
3) McGowan, Grace FR	4) Fitzpatrick, Kate FR		
5 LKSDG	C	2:21.12	
1) Thomas, Anika SR	2) Norris, Wren SR		
3) Bauer, Grace SR	4) Nelson, Brooke SR		
6 SPST	C	2:25.12	
1) McNeill, Catherine SR	2) Arthur, Samie JR		
3) Chalmers, Marlow JR	4) Shigo, Claire SR		
--- SPST	D	X2:33.33	
1) De Villasante, Regina SO	2) Booth, Alex SO		
3) Stockwell, Courtney JR	4) Chalmers, Jo SO		
--- SPST	E	X2:54.67	
1) Arthur, Natalie JR	2) Beck, Taryn SO		
3) Fessehatison, El-Shaddai JR	4) Teamrat, Feruz JR		
--- SPST	F	XDQ	

Event 2 Women 200 Yard Freestyle

1:58.80 3A State

2:13.80 DIST

2:28.80 MTRO

Name	YrSchool	Finals Time	
1 Jablonski, Ella	SO LKSDG	1:55.99	3A
2 Halfman, Zoe	FR SPST	2:03.44	DIST
3 Lauinger, Megan	FR SPST	2:05.42	DIST
4 Best, Julia	JR LKSDG	2:13.68	DIST
5 Nightingale, Ellie	FR SPST	2:23.40	MTRO
6 Liu, Lexi	SO LKSDG	2:23.46	MTRO

Event 3 Women 200 Yard IM

2:13.30 3A State

2:33.30 DIST

2:53.30 MTRO

Name	YrSchool	Finals Time	
1 Lauinger, Anna	JR SPST	2:12.69	3A
2 Gooding, Liv	SR SPST	2:13.84	DIST
3 Liu, Chloe	FR LKSDG	2:19.75	DIST
4 Dull, Stella	JR LKSDG	2:27.91	DIST
5 Wu, Ellie	JR LKSDG	2:32.03	DIST
6 McGowan, Grace	FR SPST	2:47.68	MTRO

Event 4 Women 50 Yard Freestyle

25.10 3A State

28.10 DIST

31.10 MTRO

Name	YrSchool	Finals Time	
1 Gooding, Lane	SO SPST	25.40	DIST

2 Derstadt, Sadye	SO LKSDG	25.42	DIST
3 Hall, Noli	SO LKSDG	25.86	DIST
4 Cancelmo, Caroline	SO LKSDG	25.94	DIST
5 Salentine, Sophia	SR SPST	26.89	DIST
6 Smith, Addison	SO SPST	26.93	DIST
7 McNeill, Catherine	SR SPST	30.51	MTRO
--- Fitzpatrick, Kate	FR SPST	X28.66	MTRO
--- Blocher, Allie	FR LKSDG	X28.73	MTRO
--- Diefendorf, Kate	SR SPST	X28.86	MTRO
--- Nelson, Brooke	SR LKSDG	X30.38	MTRO
--- Talwar, Ria	JR LKSDG	X30.75	MTRO
--- Bauer, Grace	SR LKSDG	X31.18	
--- Crisera, Nora	FR SPST	X31.32	
--- Stockwell, Courtney	JR SPST	X31.97	
--- Mazzarella, Fina	JR SPST	X32.18	
--- Chalmers, Jo	SO SPST	X32.38	
--- Arthur, Natalie	JR SPST	X32.58	
--- Benson-Gregory, Zara	SO LKSDG	X32.59	
--- Shigo, Claire	SR SPST	X33.04	
--- Biernacki, Sophie	JR LKSDG	X33.69	
--- Spencer, Ella	SO SPST	X34.12	
--- Booth, Alex	SO SPST	X34.93	
--- De Villasante, Regina	SO SPST	X35.10	
--- Chang, Jer-Shyan	SO LKSDG	X35.21	
--- Arthur, Samie	JR SPST	X35.21	
--- Pelly, Mary	SO SPST	X35.40	
--- Droz, Josie	SO LKSDG	X36.87	
--- Mullally, Annelise	FR SPST	X37.08	
--- Swanson, Helen	SO SPST	X37.68	
--- Teamrat, Feruz	JR SPST	X39.84	
--- Maher, Evelyn	SO SPST	X40.28	
--- Abera, Banna	JR SPST	X40.40	
--- Assegid, Blen	JR SPST	X40.53	
--- Fessehatison, El-Shaddai	JR SPST	X41.09	
--- Choudhary, Trisha	FR LKSDG	X41.23	
--- Obras, Abi	SO SPST	X41.48	
--- Fishatsion, Soliana	FR SPST	X41.49	
--- Beck, Taryn	SO SPST	X42.56	
--- Chenicheri, Meira	SO LKSDG	X45.25	

Event 5 Women 1 mtr Diving

Name	YrSchool	Finals Score	
1 Mullally, Annelise	FR SPST	180.55	6
2 Solomon, Akal	SO LKSDG	124.70	4
3 Chi, Isobel	FR LKSDG	104.00	3
4 Concepcion, Annabelle	SO LKSDG	102.35	2
--- Panos, Chloe	JR LKSDG	X45.70	

Event 6 Women 100 Yard Butterfly

59.70 3A State

1:09.70 DIST

1:19.70 MTRO

Name	YrSchool	Finals Time	
1 Liu, Chloe	FR LKSDG	1:00.21	DIST
2 Salentine, Sophia	SR SPST	1:02.31	DIST
3 Best, Julia	JR LKSDG	1:03.20	DIST
4 McGowan, Grace	FR SPST	1:12.41	MTRO
5 Tang, Iris	SO LKSDG	1:13.92	MTRO

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(Event 6 Women 100 Yard Butterfly)

Name	YrSchool	Finals Time	
6 Rehkopf, Sonja	FR SPST	1:16.53	MTRO

Event 7 Women 100 Yard Freestyle

55.00 3A State
1:03.00 DIST
1:11.00 MTRO

Name	YrSchool	Finals Time	
1 Derstadt, Sadye	SO LKSDG	54.98	3A
2 Gooding, Lane	SO SPST	55.16	DIST
3 Hall, Noli	SO LKSDG	56.74	DIST
4 Gardiner, Josie	JR SPST	1:00.11	DIST
5 Smith, Addison	SO SPST	1:01.25	DIST
6 Liu, Lexi	SO LKSDG	1:02.72	DIST
--- Fitzpatrick, Kate	FR SPST	X1:04.74	MTRO
--- Blocher, Allie	FR LKSDG	X1:05.58	MTRO
--- Chalmers, Marlow	JR SPST	X1:08.14	MTRO
--- Norris, Wren	SR LKSDG	X1:08.54	MTRO
--- Pimkina, Angelina	JR LKSDG	X1:09.96	MTRO
--- Crisera, Nora	FR SPST	X1:10.09	MTRO
--- Mazzarella, Fina	JR SPST	X1:11.57	
--- Talwar, Ria	JR LKSDG	X1:12.22	
--- Nelson, Brooke	SR LKSDG	X1:12.60	
--- Chalmers, Jo	SO SPST	X1:13.42	
--- Arthur, Natalie	JR SPST	X1:14.90	
--- Stockwell, Courtney	JR SPST	X1:17.82	
--- Biernacki, Sophie	JR LKSDG	X1:18.27	
--- Spencer, Ella	SO SPST	X1:19.06	
--- Booth, Alex	SO SPST	X1:21.54	
--- Droz, Josie	SO LKSDG	X1:22.39	
--- Maher, Evelyn	SO SPST	X1:23.11	
--- Chang, Jer-Shyan	SO LKSDG	X1:24.10	
--- Pelly, Mary	SO SPST	X1:24.87	

Event 8 Women 500 Yard Freestyle

5:20.70 3A State
6:00.70 DIST
6:40.70 MTRO

Name	YrSchool	Finals Time	
1 Jablonski, Ella	SO LKSDG	5:06.94	3A
2 Halfman, Zoe	FR SPST	5:33.59	DIST
3 Gao, Brisa	FR LKSDG	5:39.48	DIST
4 Nightingale, Ellie	FR SPST	6:17.12	MTRO
5 Thomas, Anika	SR LKSDG	6:22.34	MTRO

Event 9 Women 200 Yard Freestyle Relay

1:42.70 3A State

Team	Relay	Finals Time	
1 LKSDG	A	1:40.54	3A
1) Best, Julia JR	2) Derstadt, Sadye SO		
3) Liu, Chloe FR	4) Jablonski, Ella SO		
2 SPST	A	1:43.51	4
1) Lauinger, Megan FR	2) Salentine, Sophia SR		
3) Halfman, Zoe FR	4) Gooding, Lane SO		
3 SPST	B	1:51.83	2
1) Diefendorf, Kate SR	2) Fitzpatrick, Kate FR		
3) Gardiner, Josie JR	4) Smith, Addison SO		

4 LKSDG	B	1:52.35	
1) Liu, Lexi SO	2) Hall, Noli SO		
3) Bauer, Grace SR	4) Thomas, Anika SR		
5 SPST	C	2:07.53	
1) Crisera, Nora FR	2) Stockwell, Courtney JR		
3) Shigo, Claire SR	4) McGowan, Grace FR		
6 LKSDG	C	2:11.18	
1) Biernacki, Sophie JR	2) Pimkina, Angelina JR		
3) Talwar, Ria JR	4) Benson-Gregory, Zara SO		
--- SPST	D	X2:22.13	
1) Mazzarella, Fina JR	2) Maher, Evelyn SO		
3) Mullally, Annelise FR	4) Arthur, Samie JR		
--- SPST	F	X2:33.70	
1) Chalmers, Jo SO	2) Booth, Alex SO		
3) Abera, Banna JR	4) Assegid, Blen JR		
--- SPST	E	X2:34.98	
1) Fishatsion, Soliana FR	2) Fessehatison, El-Shaddai JR		
3) De Villasante, Regina SO	4) Pelly, Mary SO		
--- SPST	G	X2:35.70	
1) Spencer, Ella SO	2) Swanson, Helen SO		
3) Teamrat, Feruz JR	4) Obras, Abi SO		
--- LKSDG	D	X2:45.63	
1) Choudhary, Trisha FR	2) Chang, Jer-Shyan SO		
3) Chenicheri, Meira SO	4) Droz, Josie SO		

Event 10 Women 100 Yard Backstroke

1:00.70 3A State
1:10.70 DIST
1:20.70 MTRO

Name	YrSchool	Finals Time	
1 Lauinger, Anna	JR SPST	1:00.75	DIST
2 Cancelmo, Caroline	SO LKSDG	1:02.65	DIST
3 Lauinger, Megan	FR SPST	1:02.96	DIST
4 Gao, Brisa	FR LKSDG	1:03.82	DIST
5 Gardiner, Josie	JR SPST	1:10.05	DIST
6 Thomas, Anika	SR LKSDG	1:13.96	MTRO
--- Tang, Iris	SO LKSDG	X1:11.93	MTRO
--- Diefendorf, Kate	SR SPST	X1:16.33	MTRO
--- McNeill, Catherine	SR SPST	X1:17.50	MTRO
--- Chalmers, Marlow	JR SPST	X1:18.76	MTRO
--- De Villasante, Regina	SO SPST	X1:29.29	

Event 11 Women 100 Yard Breaststroke

1:08.50 3A State
1:18.50 DIST
1:28.50 MTRO

Name	YrSchool	Finals Time	
1 Gooding, Liv	SR SPST	1:07.05	3A
2 Yang, Michelle	SR LKSDG	1:10.76	DIST
3 Dull, Stella	JR LKSDG	1:10.90	DIST
4 Wu, Ellie	JR LKSDG	1:18.99	MTRO
5 Rehkopf, Sonja	FR SPST	1:25.90	MTRO
6 Arthur, Samie	JR SPST	1:36.28	
--- Choudhary, Trisha	FR LKSDG	XDQ	
--- Bauer, Grace	SR LKSDG	XDQ	
--- Norris, Wren	SR LKSDG	XDQ	
--- Chenicheri, Meira	SO LKSDG	XDQ	

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Event 12 Women 400 Yard Freestyle Relay

3:45.90 3A State

Team	Relay	Finals Time	
1 LKSDG	A	3:47.40	8
1) Cancelmo, Caroline SO	2) Liu, Chloe FR		
3) Gao, Brisa FR	4) Derstadt, Sadye SO		
2 SPST	A	3:53.06	4
1) Lauinger, Anna JR	2) Lauinger, Megan FR		
3) Halfman, Zoe FR	4) Gooding, Liv SR		
3 LKSDG	B	4:13.01	2
1) Liu, Lexi SO	2) Best, Julia JR		
3) Dull, Stella JR	4) Wu, Ellie JR		
4 SPST	B	4:14.54	
1) Smith, Addison SO	2) Nightingale, Ellie FR		
3) Rehkopf, Sonja FR	4) Gardiner, Josie JR		
5 LKSDG	C	4:44.87	
1) Blocher, Allie FR	2) Nelson, Brooke SR		
3) Pimkina, Angelina JR	4) Tang, Iris SO		
6 SPST	C	4:47.40	
1) Mazzarella, Fina JR	2) Crisera, Nora FR		
3) Chalmers, Marlow JR	4) McNeill, Catherine SR		