

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

## Event 1 Girls 200 Yard Medley Relay

2:01.50 STAT

2:28.00 DIST

Team	Relay	Seed Time	Finals Time	Points
1 Hazen High School	A	2:04.18	2:00.75 STAT	
1) Raeanne Murdy SR	2) Madeleine Nguyen FR	3) Molly McCorrison FR	4) Katelyn Nguyen SR	
30.33	1:03.97 (33.64) 1:33.07 (29.10)	2:00.75 (27.68)		
2 Lindbergh High School	A	2:08.95	2:09.03 DIST	
1) Kylie Ferluga SO	2) Cheyenne Bertch JR	3) Caelee Truong SR	4) Anna Steiner SO	
	1:12.28 ( ) 1:38.95 (26.67)	2:09.03 (30.08)		
3 Steilacoom	A	2:16.04	2:15.18 DIST	
1) Nora Agosto-Sungino JR	2) Christine Hong JR	3) Danica Raymundo FR	4) McKenna Novak JR	
35.19	1:09.51 (34.32) 1:44.99 (35.48)	2:15.18 (30.19)		
4 Hazen High School	B	2:32.49	2:28.99	
1) Alexis Shepherd SO	2) Heidi Strassser SR	3) Talian Dinh SO	4) Parker Sargent SR	
33.25	1:16.49 (43.24) 1:54.18 (37.69)	2:28.99 (34.81)		
5 Lindbergh High School	B	2:55.55	2:29.37	
1) Jazmyn Oblero FR	2) Sophia Beaird FR	3) Isabel Motley SO	4) Aaliyah Losoya SO	
34.93	1:16.61 (41.68) 1:51.98 (35.37)	2:29.37 (37.39)		
6 Steilacoom	B	2:45.62	2:39.53	
1) Alli McGhinnis JR	2) Serena Su JR	3) Sarah Wyant JR	4) Grace Rodger SR	
36.57	1:21.60 (45.03) 2:03.09 (41.49)	2:39.53 (36.44)		
7 Hazen High School	C	2:51.64	x2:40.81	
1) Reese Richards JR	2) Bellamy Thomas SR	3) Gabrielle Pesito JR	4) Erin Hazen JR	
43.28	1:24.25 (40.97) 2:05.42 (41.17)	2:40.81 (35.39)		
8 Lindbergh High School	C	2:55.56	x2:52.39	
1) Tanreet Hans FR	2) Alyssa Neuman JR	3) Caitly Ho JR	4) Ambar Sifuentes SO	
37.34	2:22.74 (1:45.40) 2:52.39 (29.65)			
9 Foster High School	A	2:56.31	2:55.67	
1) Meghan Hays FR	2) Honey Suwanchote SR	3) Paytin Kupferer JR	4) Elaine Le FR	
42.04	1:32.87 (50.83) 2:19.94 (47.07)	2:55.67 (35.73)		
10 Steilacoom	C	3:10.58	x3:11.06	
1) Emma Pires SR	2) Orine Umezawa SR	3) Abigail Wamsley FR	4) Samantha Wamsley SO	
41.91	1:38.12 (56.21) 2:26.60 (48.48)	3:11.06 (44.46)		
11 Hazen High School	D	3:33.58	x3:27.43	
1) Vanora Kirkpatrick FR	2) Vivian McYeager FR	3) Yan Pan FR	4) Natalia Perez SR	
58.77	1:52.05 (53.28) 2:45.82 (53.77)	3:27.43 (41.61)		

## Event 2 Girls 200 Yard Freestyle

2:06.00 STAT

2:25.40 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Molly Claudson	SR	Hazen High School	2:15.81	2:20.01 DIST	
31.79	1:07.12 (35.33)	1:43.90 (36.78)	2:20.01 (36.11)		
2 Charlotte Yuen	JR	Hazen High School	2:28.27	2:32.04	
33.68	1:13.34 (39.66)	1:54.53 (41.19)	2:32.04 (37.51)		
3 Sophia Basco	SR	Steilacoom	2:35.37	2:38.35	
34.80	1:15.09 (40.29)	1:56.85 (41.76)	2:38.35 (41.50)		
4 Mayumi Suzuki	SO	Lindbergh High School	2:47.50	2:45.45	
36.23	1:18.03 (41.80)	2:02.63 (44.60)	2:45.45 (42.82)		
5 Lily Huynh	SO	Lindbergh High School	3:36.49	2:51.14	
38.01	1:21.10 (43.09)	2:06.84 (45.74)	2:51.14 (44.30)		
6 Anna Salmon	SR	Steilacoom	2:49.61	2:53.39	
37.54	1:21.89 (44.35)	2:09.13 (47.24)	2:53.39 (44.26)		

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 2 Girls 200 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Sophea Martinez	SO	Lindbergh High School	3:05.35	3:04.54	
41.01	1:27.31 (46.30)	2:16.35 (49.04)	3:04.54 (48.19)		
8 Honey Suwanchote	SR	Foster High School	3:17.53	3:13.58	
42.75	1:31.89 (49.14)	3:13.58 (1:41.69)			
9 Heather Duong	SO	Lindbergh High School	3:29.18	x3:13.71	
39.96	1:28.40 (48.44)	2:22.11 (53.71)	3:13.71 (51.60)		
--- Katherine Nishimoto	FR	Hazen High School	2:19.36	NS	
--- Charlotte Hanley	JR	Steilacoom	3:02.58	NS	

**Event 3 Girls 200 Yard IM**

2:23.00 STAT

2:42.50 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Caelee Truong	SR	Lindbergh High School	2:16.30	2:17.54	STAT
28.02	1:03.37 (35.35)	1:44.98 (41.61)	2:17.54 (32.56)		
2 Elizabeth Nguyen	SO	Hazen High School	2:21.34	2:24.09	DIST
30.55	1:09.03 (38.48)	1:50.12 (41.09)	2:24.09 (33.97)		
3 Sophie Buchan	FR	Renton H.S.	2:43.00	2:40.52	DIST
36.38	1:16.50 (40.12)	2:05.29 (48.79)	2:40.52 (35.23)		
4 Kylie Ferluga	SO	Lindbergh High School	2:59.60	2:44.50	
36.11	1:17.89 (41.78)	2:05.36 (47.47)	2:44.50 (39.14)		
5 Jasmine Wong		Hazen High School	2:37.25	2:49.84	
37.02	1:20.85 (43.83)	2:12.83 (51.98)	2:49.84 (37.01)		
6 Nora Agosto-Sungino	JR	Steilacoom	2:50.44	2:51.78	
40.08	1:22.44 (42.36)	2:11.04 (48.60)	2:51.78 (40.74)		
7 Danica Raymundo	JR	Steilacoom	3:05.73	3:10.88	
38.33	1:24.69 (46.36)	2:24.63 (59.94)	3:10.88 (46.25)		
8 Makena Kawada	SO	Hazen High School	2:41.25	3:11.87	
39.53	1:26.66 (47.13)	2:25.88 (59.22)	3:11.87 (45.99)		
9 Caitly Ho	JR	Lindbergh High School	3:45.00	3:21.88	
42.10	1:37.23 (55.13)	2:38.53 (1:01.30)	3:21.88 (43.35)		
10 Paytin Kupferer	JR	Foster High School	4:15.00	3:47.94	
49.55	1:50.93 (1:01.38)	2:57.45 (1:06.52)	3:47.94 (50.49)		
--- Orine Umezawa	SR	Steilacoom	NT	DQ 5:06.82	
55.67	2:01.07 (1:05.40)	2:20.62 (19.55)	DQ 5:06.82 (2:46.20)		

**Event 4 Girls 50 Yard Freestyle**

26.10 STAT

28.60 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Molly McCorriston	FR	Hazen High School	25.57	25.70	STAT
2 Raeanne Murdy	SR	Hazen High School	25.68	26.17	DIST
3 Christine Hong	JR	Steilacoom	28.39	27.90	DIST
4 Cheyenne Bertch	JR	Lindbergh High School	27.81	28.08	DIST
5 Katelyn Nguyen	SR	Hazen High School	27.19	28.52	DIST
6 McKenna Novak	JR	Steilacoom	30.33	30.44	
7 Anna Steiner	SO	Lindbergh High School	30.95	30.45	
8 Sophia Beaird	FR	Lindbergh High School	36.18	33.37	
9 Isabel Motley	SO	Lindbergh High School	33.28	x33.94	
10 Humblin Tremouilhac	SR	Steilacoom	34.60	34.02	
11 Alyssa Neuman	JR	Lindbergh High School	34.74	x34.62	
12 Elaine Le	FR	Foster High School	34.89	35.70	
13 Angeline Chen	FR	Renton H.S.	39.18	35.73	

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 4 Girls 50 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
14	Heidi Ngo	JR	Renton H.S.	34.86	37.65	
15	Ambar Sifuentes	SO	Lindbergh High School	40.37	x38.93	
16	Maggie Naing	FR	Foster High School	46.42	49.83	
---	Emma Hearn	SO	Hazen High School	32.19	X32.56	
---	Alli McGhinnis	JR	Steilacoom	41.23	X32.70	
---	Talian Dinh	SO	Hazen High School	32.53	X32.97	
---	Erin Hazen	JR	Hazen High School	35.48	X36.22	
---	Emma Pires	SR	Steilacoom	35.97	X37.58	
---	Abigail Wamsley	FR	Steilacoom	39.65	X37.83	
---	Serena Su	JR	Steilacoom	37.69	X37.90	
---	Yan Pan	FR	Hazen High School	37.98	X37.93	
---	Vivian McYeager	FR	Hazen High School	37.53	X37.98	
---	Natasha Ho	SO	Hazen High School	37.64	X38.97	
---	Madelyn Kelly	SR	Steilacoom	37.97	X39.73	
---	Abigail Nakimuli	JR	Renton H.S.	46.00	X39.95	
---	Samantha Ramirez	FR	Steilacoom	40.92	X40.94	
---	Natalia Perez	SR	Hazen High School	43.29	X42.30	
---	Vanora Kirkpatrick	FR	Hazen High School	40.58	X42.71	
---	Samantha Wamsley	SO	Steilacoom	43.44	X42.71	
---	Henna Ngo	FR	Renton H.S.	47.74	X43.93	
---	Leanna Monillas	JR	Renton H.S.	48.13	X46.10	
---	Michelle Nguyen	SR	Renton H.S.	46.13	X47.01	
---	Lily Hendrick	FR	Steilacoom	48.65	X49.40	
---	Darcy Pope	FR	Steilacoom	48.63	X49.60	
---	Isabelle Pancho	JR	Steilacoom	47.18	X52.42	
---	Citlaly Chuc-Carrillo	JR	Renton H.S.	54.11	X54.25	
---	Elise Rodger	FR	Steilacoom	46.06	X54.26	
---	Anne Pena	SO	Renton H.S.	56.47	X59.85	
---	Besy Ann Savellano	JR	Renton H.S.	1:12.56	X1:04.37	
---	Emily Owen	SO	Steilacoom	1:05.02	XNS	

**Event 5 Girls 1 mtr Diving**

250.00 STAT

200.00 DIST

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>	<b>Points</b>
1	Emili Adachi	SR	Steilacoom	184.40	159.40
2	Isabel Motta	SR	Hazen High School	166.85	148.60
3	Avery Smith	JR	Steilacoom	151.80	144.35
4	Anna Wetzell	SR	Renton H.S.	126.05	131.95
5	Caitlyn Bedingfield	SR	Hazen High School	NP	108.90
---	Elyse Robinson	JR	Steilacoom	66.55	X59.10
---	Malia Stacey	SR	Hazen High School	29.40	X35.70
---	Kyla Phetsomphou	JR	Renton H.S.	23.10	X23.25
---	Anneliese Holyfield	FR	Steilacoom	22.95	X18.70
---	Sarah Culp	FR	Steilacoom	24.45	X16.10
---	Avery Long	JR	Steilacoom	21.50	XNS

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

## Event 6 Girls 100 Yard Butterfly

1:04.80 STAT

1:16.60 DIST

	Name	Yr	School	Seed Time	Finals Time	Points
1	Caelee Truong	SR	Lindbergh High School	1:00.09	59.17	STAT
	27.65		59.17 (31.52)			
2	Molly McCorriston	FR	Hazen High School	1:02.43	1:01.35	STAT
	28.44		1:01.35 (32.91)			
3	Danielle Murdy	SR	Hazen High School	1:06.41	1:09.30	DIST
	31.79		1:09.30 (37.51)			
4	Danica Raymundo	JR	Steilacoom	1:22.16	1:21.54	
	38.03		1:21.54 (43.51)			
5	Anna Steiner	SO	Lindbergh High School	1:33.75	1:30.51	
	40.19		1:30.51 (50.32)			
6	Tanreet Hans	FR	Lindbergh High School	1:35.00	1:34.47	
	42.23		1:34.47 (52.24)			
7	Sarah Wyant	JR	Steilacoom	1:35.20	1:45.09	
	50.64		1:45.09 (54.45)			
8	Grace Rodger	SR	Steilacoom	1:54.76	1:56.91	
	54.53		1:56.91 (1:02.38)			
---	Heidi Strasser	SR	Hazen High School	1:37.02	X1:30.10	
	39.53		1:30.10 (50.57)			

## Event 7 Girls 100 Yard Freestyle

57.60 STAT

1:04.30 DIST

	Name	Yr	School	Seed Time	Finals Time	Points
1	Sophie Buchan	FR	Renton H.S.	1:04.42	1:03.23	DIST
	30.19		1:03.23 (33.04)			
2	Jasmine Wong		Hazen High School	1:05.00	1:06.39	
	32.33		1:06.39 (34.06)			
3	McKenna Novak	JR	Steilacoom	1:07.36	1:07.47	
	31.61		1:07.47 (35.86)			
4	Jazmyn Oblero	FR	Lindbergh High School	1:14.77	1:11.04	
	33.74		1:11.04 (37.30)			
5	Mayumi Suzuki	SO	Lindbergh High School	1:15.97	1:13.73	
	34.92		1:13.73 (38.81)			
6	Heidi Ngo	JR	Renton H.S.	1:17.29	1:17.98	
	37.64		1:17.98 (40.34)			
7	Lily Huynh	SO	Lindbergh High School	1:30.14	1:18.09	
	36.94		1:18.09 (41.15)			
8	Humblin Tremouilhac	SR	Steilacoom	1:21.51	1:19.28	
	36.11		1:19.28 (43.17)			
9	Angeline Chen	FR	Renton H.S.	1:28.46	1:21.44	
	38.96		1:21.44 (42.48)			
10	Charlotte Hanley	JR	Steilacoom	1:22.78	1:28.92	
	41.66		1:28.92 (47.26)			
11	Aaliyah Losoya	SO	Lindbergh High School	1:32.04	x1:29.11	
	43.00		1:29.11 (46.11)			
12	Paytin Kupferer	JR	Foster High School	1:32.78	1:30.43	
	43.29		1:30.43 (47.14)			
13	Sierra Roberson	SR	Foster High School	1:38.98	1:36.83	
	47.07		1:36.83 (49.76)			
---	Alexis Shepherd	SO	Hazen High School	1:02.70	X1:02.54	DIST
	29.59		1:02.54 (32.95)			

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 7 Girls 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Charlotte Yuen	JR	Hazen High School	1:10.40	X1:09.43	
33.19			1:09.43 (36.24)		
--- Parker Sargent	SR	Hazen High School	1:12.59	X1:13.45	
35.75			1:13.45 (37.70)		
--- Gabrielle Pesito	JR	Hazen High School	1:13.55	X1:16.93	
36.87			1:16.93 (40.06)		
--- Reese Richards	JR	Hazen High School	1:22.59	X1:22.33	
38.76			1:22.33 (43.57)		
--- Bellamy Thomas	SR	Hazen High School	1:14.25	X1:22.50	
38.37			1:22.50 (44.13)		
--- Yan Pan	FR	Hazen High School	1:30.01	X1:28.73	
42.11			1:28.73 (46.62)		
--- Madelyn Kelly	SR	Steilacoom	1:28.10	X1:31.37	
43.75			1:31.37 (47.62)		
--- Abigail Wamsley	FR	Steilacoom	1:37.50	X1:35.19	
45.13			1:35.19 (50.06)		
--- Natalia Perez	SR	Hazen High School	1:38.14	X1:35.99	
44.68			1:35.99 (51.31)		
--- Emma Pires	SR	Steilacoom	1:28.18	X1:36.63	
44.07			1:36.63 (52.56)		
--- Vanora Kirkpatrick	FR	Hazen High School	1:42.81	X1:37.10	
46.72			1:37.10 (50.38)		
--- Samantha Wamsley	SO	Steilacoom	1:45.30	X1:38.39	
46.12			1:38.39 (52.27)		
--- Samantha Ramirez	FR	Steilacoom	1:39.06	X1:38.72	
44.92			1:38.72 (53.80)		
--- Lily Hendrick	FR	Steilacoom	1:47.93	X1:46.38	
--- Michelle Nguyen	SR	Renton H.S.	1:47.69	X1:56.07	
52.17			1:56.07 (1:03.90)		
--- Darcy Pope	FR	Steilacoom	1:53.17	X1:57.41	
54.25			1:57.41 (1:03.16)		
--- Anne Pena	SO	Renton H.S.	NT	X2:11.07	
1:01.36			2:11.07 (1:09.71)		
--- Citlaly Chuc-Carrillo	JR	Renton H.S.	NT	X2:12.85	
--- Elise Rodger	FR	Steilacoom	2:03.86	X2:15.84	
1:04.56			2:15.84 (1:11.28)		
--- Besy Ann Savellano	JR	Renton H.S.	NT	X2:35.28	
1:09.70			2:35.28 (1:25.58)		
--- Isabelle Pancho	JR	Steilacoom	1:59.97	XNS	

**Event 8 Girls 500 Yard Freestyle**

5:45.00 STAT

6:38.00 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Raeanne Murdy	SR	Hazen High School	6:14.25	6:04.54	DIST
31.52			1:07.41 (35.89)	1:44.66 (37.25)	2:22.24 (37.58)
3:00.92 (38.68)			3:39.43 (38.51)	4:18.22 (38.79)	4:54.92 (36.70)
5:30.09 (35.17)			6:04.54 (34.45)		
2 Alexis Shepherd	SO	Hazen High School	6:34.25	6:20.57	DIST
32.52			1:09.06 (36.54)	1:47.04 (37.98)	2:25.28 (38.24)
3:04.30 (39.02)			3:43.88 (39.58)	4:23.60 (39.72)	5:03.95 (40.35)
5:43.01 (39.06)			6:20.57 (37.56)		

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 8 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
3 Sophia Basco	SR	Steilacoom	6:48.63	6:57.59	
34.54	1:14.95 (40.41)	1:57.80 (42.85)	2:40.52 (42.72)		
3:23.91 (43.39)	4:07.73 (43.82)	4:51.86 (44.13)	5:35.00 (43.14)		
6:18.61 (43.61)	6:57.59 (38.98)				
4 Isabel Motley	SO	Lindbergh High School	7:39.70	7:33.30	
38.78	1:22.79 (44.01)	2:10.17 (47.38)	2:58.45 (48.28)		
3:43.42 (44.97)	4:29.43 (46.01)	5:16.05 (46.62)	6:03.63 (47.58)		
6:49.87 (46.24)	7:33.30 (43.43)				
5 Parker Sargent	SR	Hazen High School	7:28.25	7:43.67	
41.42	1:28.81 (47.39)	2:17.43 (48.62)	3:05.81 (48.38)		
3:54.24 (48.43)	4:43.71 (49.47)	5:31.92 (48.21)	6:20.20 (48.28)		
7:04.54 (44.34)	7:43.67 (39.13)				
6 Meghan Hays	FR	Foster High School	8:00.00	7:45.81	
39.00	1:21.53 (42.53)	2:07.35 (45.82)	2:53.76 (46.41)		
3:41.10 (47.34)	4:30.09 (48.99)	5:19.20 (49.11)	6:09.64 (50.44)		
6:59.17 (49.53)	7:45.81 (46.64)				
7 Anna Salmon	SR	Steilacoom	8:16.08	8:00.97	
40.47	1:27.62 (47.15)	2:17.92 (50.30)	3:07.82 (49.90)		
3:58.30 (50.48)	4:49.26 (50.96)	5:40.05 (50.79)	6:30.27 (50.22)		
7:18.44 (48.17)	8:00.97 (42.53)				
8 Sophea Martinez	SO	Lindbergh High School	8:25.22	8:05.13	
41.73	1:29.29 (47.56)	2:18.02 (48.73)	3:07.46 (49.44)		
3:57.76 (50.30)	4:48.43 (50.67)	5:38.02 (49.59)	6:28.08 (50.06)		
7:18.51 (50.43)	8:05.13 (46.62)				
9 Alyssa Neuman	JR	Lindbergh High School	9:01.78	8:29.58	
41.40	1:30.83 (49.43)	2:23.10 (52.27)	3:15.76 (52.66)		
4:10.45 (54.69)	5:02.80 (52.35)	5:56.91 (54.11)	6:50.19 (53.28)		
7:41.81 (51.62)	8:29.58 (47.77)				
10 Grace Rodger	SR	Steilacoom	8:44.35	8:56.40	
44.88	1:35.96 (51.08)	2:30.22 (54.26)	3:26.27 (56.05)		
4:22.71 (56.44)	5:19.30 (56.59)	6:14.86 (55.56)	7:11.75 (56.89)		
8:08.10 (56.35)	8:56.40 (48.30)				
--- Reese Richards	JR	Hazen High School	8:20.55	X8:36.98	
42.74	1:32.73 (49.99)	2:26.09 (53.36)	3:19.66 (53.57)		
4:12.06 (52.40)	5:06.10 (54.04)	6:00.80 (54.70)	6:53.65 (52.85)		
7:46.51 (52.86)	8:36.98 (50.47)				

**Event 9 Girls 200 Yard Freestyle Relay**

1:48.40 STAT

2:10.00 DIST

Team	Relay	Seed Time	Finals Time	Points
1 Hazen High School	A	1:49.11	1:48.75 DIST	
1) Molly McCorriston FR	2) Danielle Murdy SR	3) Elizabeth Nguyen SO	4) Katelyn Nguyen SR	
25.93	54.17 (28.24)	1:20.63 (26.46)	1:48.75 (28.12)	
2 Lindbergh High School	A	1:53.00	1:51.86 DIST	
1) Caelee Truong SR	2) Kylie Ferluga SO	3) Anna Steiner SO	4) Cheyenne Bertch JR	
25.60	1:24.72 (59.12)	1:51.86 (27.14)		
3 Hazen High School	B	1:55.43	2:07.21 DIST	
1) Charlotte Yuen JR	2) Molly Claudson SR	3) Jasmine Wong	4) Emma Hearn SO	
31.71	1:04.26 (32.55)	1:35.47 (31.21)	2:07.21 (31.74)	
4 Steilacoom	A	2:12.66	2:09.29 DIST	
1) Christine Hong JR	2) Humblin Tremouilhac SR	3) Danica Raymundo JR	4) Sophia Basco SR	
28.05	1:04.78 (36.73)	1:36.99 (32.21)	2:09.29 (32.30)	

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
5 Renton H.S.	A	2:10.00	2:15.97	
1) Angeline Chen FR 37.56	2) Anna Wetzel SR 1:07.30 (29.74)	3) Heidi Ngo JR 2:15.97 (33.38)	4) Sophie Buchan FR	
6 Hazen High School	C	2:07.46	x2:16.86	
1) Heidi Strasser SR 34.50	2) Makena Kawada SO 1:09.06 (34.56)	3) Talian Dinh SO 2:16.86 (34.16)	4) Gabrielle Pesito JR	
7 Lindbergh High School	B	2:30.00	2:20.37	
1) Lily Huynh SO 35.64	2) Sophia Beaird FR 1:10.07 (34.43)	3) Aaliyah Losoya SO 2:20.37 (44.54)	4) Mayumi Suzuki SO	
8 Steilacoom	B	2:33.71	2:32.96	
1) Serena Su JR 38.01	2) Madelyn Kelly SR 1:18.30 (40.29)	3) Emma Pires SR 2:32.96 (34.60)	4) Anna Salmon SR	
9 Hazen High School	D	2:18.27	x2:40.97	
1) Vivian McYeager FR 38.27	2) Bellamy Thomas SR 1:13.82 (35.55)	3) Erin Hazen JR 2:40.97 (51.06)	4) Natasha Ho SO	
10 Foster High School	A	2:52.06	2:49.07	
1) Maggie Naing FR 48.79	2) Honey Suwanchote SR 1:25.62 (36.83)	3) Elaine Le FR 2:49.07 (1:01.82)	4) Sierra Roberson SR	
11 Steilacoom	C	2:55.59	x3:16.04	
1) Samantha Wamsley SO 48.49	2) Elise Rodger FR 1:53.79 (1:05.30)	3) Samantha Ramirez FR 3:16.04 (40.83)	4) Charlotte Hanley JR	
12 Renton H.S.	B	NT	3:16.32	
1) Citlaly Chuc-Carrillo JR 53.83	2) Leanna Monillas JR 1:39.88 (46.05)	3) Henna Ngo FR 3:16.32 (52.24)	4) Michelle Nguyen SR	
--- Hazen High School	E	2:33.73	NS	

**Event 10 Girls 100 Yard Backstroke**

1:03.90 STAT

1:15.60 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Elizabeth Nguyen 34.86	SO	Hazen High School	1:09.25	1:10.76	DIST
2 Danielle Murdy 36.30	SR	Hazen High School	1:10.62	1:12.02	DIST
3 Nora Agosto-Sungino 37.38	JR	Steilacoom	1:15.62	1:16.34	
4 Jazmyn Oblero 37.67	FR	Lindbergh High School	1:18.39	1:17.72	
5 Alli McGhinnis 39.65	JR	Steilacoom	1:18.94	1:21.25	
6 Sarah Wyant 40.27	JR	Steilacoom	1:21.01	1:21.71	
7 Tanreet Hans 39.10	FR	Lindbergh High School	1:21.88	1:22.47	
8 Makena Kawada 42.88	SO	Hazen High School	1:26.17	1:26.75	
9 Elaine Le 45.24	FR	Foster High School	1:33.89	1:35.12	
10 Heather Duong 45.51	SO	Lindbergh High School	1:40.08	1:36.38	
11 Caitly Ho 47.44	JR	Lindbergh High School	1:43.95	x1:39.39	
12 Ambar Sifuentes 55.99	SO	Lindbergh High School	2:09.26	x1:59.10	

## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 10 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Natasha Ho	SO	Hazen High School	1:39.82	X1:44.46	
50.36				1:44.46 (54.10)	
--- Erin Hazen	JR	Hazen High School	1:30.25	X1:48.20	
53.21				1:48.20 (54.99)	
--- Vivian McYeager	FR	Hazen High School	1:42.25	X1:48.59	

**Event 11 Girls 100 Yard Breaststroke**

1:13.50 STAT

1:24.40 DIST

Name	Yr	School	Seed Time	Finals Time	Points
1 Christine Hong	JR	Steilacoom	1:17.55	1:16.89	DIST
35.34				1:16.89 (41.55)	
2 Molly Claudson	SR	Hazen High School	1:17.34	1:20.07	DIST
37.86				1:20.07 (42.21)	
3 Cheyenne Bertch	JR	Lindbergh High School	1:18.86	1:22.43	DIST
38.52				1:22.43 (43.91)	
4 Kylie Ferluga	SO	Lindbergh High School	1:25.80	1:27.59	
41.84				1:27.59 (45.75)	
5 Heidi Strassser	SR	Hazen High School	1:35.61	1:35.35	
43.45				1:35.35 (51.90)	
6 Sophia Beaird	FR	Lindbergh High School	1:37.38	1:35.95	
45.11				1:35.95 (50.84)	
7 Serena Su	JR	Steilacoom	1:43.65	1:41.04	
46.79				1:41.04 (54.25)	
8 Meghan Hays	FR	Foster High School	1:42.86	1:43.51	
50.10				1:43.51 (53.41)	
9 Honey Suwanchote	SR	Foster High School	2:03.01	1:53.99	
54.22				1:53.99 (59.77)	
10 Orine Umezawa	SR	Steilacoom	NT	2:05.28	
57.09				2:05.28 (1:08.19)	
11 Aaliyah Losoya	SO	Lindbergh High School	2:14.79	x2:10.78	
1:02.03				2:10.78 (1:08.75)	
--- Bellamy Thomas	SR	Hazen High School	1:36.34	X1:34.73	
44.26				1:34.73 (50.47)	
--- Gabrielle Pesito	JR	Hazen High School	1:39.25	X1:43.43	
50.16				1:43.43 (53.27)	
--- Emma Hearn	SO	Hazen High School	1:38.25	X1:45.44	
50.40				1:45.44 (55.04)	
--- Talian Dinh	SO	Hazen High School	1:42.25	X1:52.12	
54.71				1:52.12 (57.41)	
--- Henna Ngo	FR	Renton H.S.	NT	X2:08.44	
57.96				2:08.44 (1:10.48)	

**Event 12 Girls 400 Yard Freestyle Relay**

4:01.00 STAT

4:50.00 DIST

Team	Relay	Seed Time	Finals Time	Points
1 Hazen High School	A	4:03.46	4:14.52	DIST
1) Danielle Murdy SR	2) Alexis Shepherd SO	3) Katelyn Nguyen SR	4) Raeanne Murdy SR	
32.57	1:06.80 (1:06.80)	1:36.76 (29.96)	2:10.33 (1:03.53)	
2:40.13 (29.80)	3:14.29 (1:03.96)	3:42.46 (28.17)	4:14.52 (1:00.23)	



## Steil, RHS, HHS, LHS, FHS - 10/4/2022

## Results - Finals

**(Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Hazen High School	B	4:30.75	4:39.38	DIST
1) Charlotte Yuen JR	2) Parker Sargent SR	3) Jasmine Wong	4) Molly Claudson SR	
33.50	1:08.90 (1:08.90)	1:44.70 (35.80)	2:24.53 (1:15.63)	
2:57.83 (33.30)	4:03.49 (1:38.96)	4:39.38 (35.89)		
3 Steilacoom	A	4:56.84	4:54.82	
1) Sophia Basco SR	2) Nora Agosto-Sungino JR	3) McKenna Novak JR	4) Sarah Wyant JR	
34.11	1:13.97 (1:13.97)	1:48.78 (34.81)	2:26.57 (1:12.60)	
2:59.58 (33.01)	3:37.04 (1:10.47)	4:14.88 (37.84)	4:54.82 (1:17.78)	
4 Lindbergh High School	A	5:05.00	5:01.66	
1) Isabel Motley SO	2) Mayumi Suzuki SO	3) Tanreet Hans FR	4) Jazmyn Oblero FR	
35.85	1:14.47 (1:14.47)	1:48.58 (34.11)	2:27.94 (1:13.47)	
3:04.38 (36.44)	3:55.38 (1:27.44)	4:23.77 (28.39)	5:01.66 (1:06.28)	
5 Hazen High School	C	5:23.62	x5:27.61	
1) Makena Kawada SO	2) Reese Richards JR	3) Natasha Ho SO	4) Emma Hearn SO	
38.32	1:18.53 (1:18.53)	1:58.57 (40.04)	2:44.33 (1:25.80)	
3:23.43 (39.10)	4:09.45 (1:25.12)	4:45.70 (36.25)	5:27.61 (1:18.16)	
6 Steilacoom	B	5:45.27	5:35.25	
1) Humblin Tremouilhac SR	2) Charlotte Hanley JR	3) Grace Rodger SR	4) Anna Salmon SR	
36.07	1:29.39 (1:29.39)	2:05.48 (36.09)	2:54.54 (1:25.15)	
3:34.11 (39.57)	4:18.99 (1:24.45)	4:56.27 (37.28)	5:35.25 (1:16.26)	
7 Lindbergh High School	B	5:35.00	5:42.73	
1) Alyssa Neuman JR	2) Sophea Martinez SO	3) Caitly Ho JR	4) Heather Duong SO	
38.45	1:23.96 (1:23.96)	2:05.64 (41.68)	2:51.74 (1:27.78)	
3:28.41 (36.67)	4:12.51 (1:20.77)	4:52.41 (39.90)	5:42.73 (1:30.22)	
8 Renton H.S.	A	5:12.00	5:54.22	
1) Michelle Nguyen SR	2) Angeline Chen FR	3) Heidi Ngo JR	4) Sophie Buchan FR	
53.91	2:03.89 (2:03.89)	2:44.24 (40.35)	3:31.03 (1:27.14)	
4:09.18 (38.15)	4:51.61 (1:20.58)	5:21.35 (29.74)	5:54.22 (1:02.61)	
9 Steilacoom	C	6:13.66	x6:42.31	
1) Abigail Wamsley FR	2) Samantha Ramirez FR	3) Lily Hendrick FR	4) Madelyn Kelly SR	
43.65	1:42.75 (1:42.75)	2:27.76 (45.01)	3:21.97 (1:39.22)	
4:11.97 (50.00)	5:05.97 (1:44.00)	6:42.31 (1:36.34)		