

**Lincoln V CSWS - 9/23/2022****Results - LHS V CS V WS****Event 1 Girls 200 Yard Medley Relay**

1:54.40 STAT

Team	Relay	Seed Time	Finals Time	Points
1 Lincoln High School-PN 1) Yau, Naomi	A 2) White, Matilda	2:01.82	2:03.77	8
2 Lincoln High School-PN 1) Fox, Juliet	B 2) Epelbaum-Vorobiova, Sarah	NT	2:17.05	4
3 West Seattle 1) Legge, Evelyn	A 2) Zimmer, Avery	2:11.48	2:26.13	2
4 Chief Sealth 1) Schiltz, Maggie 15	A 2) Rosenthal, Sabina 16	2:10.12	2:27.98	
5 Lincoln High School-PN 1) Huie, Olivia	C 2) Yau, Noelle	NT	x2:32.12	
6 Chief Sealth 1) Doan, Kathy	B 2) Lyshol, Isabel	NT	3:11.64	
			3) Davis, Carys 4) Fox, Madeline	
			3) Elsing, Naomi 4) Liston, Sophia	
			3) Burco, Margaret 4) Shaefer, Grace	
			3) Osgood, Emma 4) Tran, Lena	
			3) Smith, Kayla 4) Wynne, Norah	
			3) Tran, Anna 4) Palmer Markham, Georgia	

**Event 2 Girls 200 Yard Freestyle**

1:58.80 STAT

2:13.80 DIST

2:28.80 METR

Name	Age	School	Seed Time	Finals Time	Points
1 Fox, Madeline		Lincoln High School-PN	2:07.59	2:07.00 DIST	6
2 Elder, Roxane		West Seattle	2:11.01	2:11.95 DIST	4
3 Webb, Sparks		West Seattle	NT	2:24.04 METR	3
4 Yau, Noelle		Lincoln High School-PN	NT	2:28.50 METR	2
5 Pietsch, Marlo		West Seattle	2:44.57	2:34.15	1
6 Baber, Isabella		West Seattle	NT	x2:34.29	

**Event 3 Girls 200 Yard IM**

2:13.30 STAT

2:33.30 DIST

2:53.30 METR

Name	Age	School	Seed Time	Finals Time	Points
1 Yau, Naomi		Lincoln High School-PN	2:29.70	2:31.50 DIST	6
2 Rysemus, Lucille		West Seattle	NT	2:49.46 METR	4
3 Liston, Sophia		Lincoln High School-PN	2:48.71	2:51.16 METR	3
4 Kieserman, Nina		Lincoln High School-PN	NT	3:13.15	2
--- Stahl, Lucy		West Seattle	2:47.82	NS	

**Event 4 Girls 50 Yard Freestyle**

25.10 STAT

28.10 DIST

31.10 METR

Name	Age	School	Seed Time	Finals Time	Points
1 White, Matilda		Lincoln High School-PN	25.22	25.01 STAT	6
2 Chang, Aureole		Lincoln High School-PN	25.45	25.45 DIST	4
3 Norman, Soledad		West Seattle	28.66	28.05 DIST	3
4 Schiltz, Maggie	15	Chief Sealth	29.19	28.92 METR	2
5 Davis, Carys		Lincoln High School-PN	29.47	29.37 METR	1
6 Zimmer, Avery		West Seattle	29.69	29.42 METR	
7 Rysemus, Lucille		West Seattle	30.16	30.88 METR	
8 Rosenthal, Sabina	16	Chief Sealth	32.12	33.46	
9 Tran, Lena		Chief Sealth	35.59	34.26	
--- Kinney, Deirdre		Lincoln High School-PN	29.63	X28.92 METR	

## Lincoln V CSWS - 9/23/2022

## Results - LHS V CS V WS

**(Event 4 Girls 50 Yard Freestyle)**

Name	Age	School	Seed Time	Finals Time	Points
--- Shaefer, Grace		West Seattle	30.75	X29.96	METR
--- Hibno, Riko		Lincoln High School-PN	30.11	X30.07	METR
--- Smith, Kayla		Lincoln High School-PN	30.00	X30.15	METR
--- Liu, Ivy		Lincoln High School-PN	31.27	X30.47	METR
--- Ingraham, Ashleigh		West Seattle	30.50	X30.85	METR
--- McTaggart, Reina		Lincoln High School-PN	30.45	X31.09	METR
--- Freeland, Amelia		Lincoln High School-PN	31.07	X31.14	
--- DuPuis, Lily		West Seattle	31.53	X31.26	
--- Morrissey, Aine		Lincoln High School-PN	32.53	X31.57	
--- Bardon, Ava		Lincoln High School-PN	32.38	X32.23	
--- Kaste, Thea		Lincoln High School-PN	34.13	X32.24	
--- Lockman, Ruby		West Seattle	32.62	X32.50	
--- Burco, Margaret		West Seattle	31.60	X32.53	
--- Baber, Isabella		West Seattle	31.50	X33.09	
--- Di Loreto, Gianna		Lincoln High School-PN	32.56	X33.42	
--- Wynne, Norah		Lincoln High School-PN	34.25	X33.46	
--- Fletcher, Annika		Lincoln High School-PN	34.53	X33.95	
--- Brinza, Lizzy		Lincoln High School-PN	34.97	X34.03	
--- Sheldon, Tessabell		Lincoln High School-PN	NT	X35.21	
--- Bugala, Frances		West Seattle	36.47	X35.42	
--- McMillan, Isa		Lincoln High School-PN	NT	X35.93	
--- Davis, Madeleine		Lincoln High School-PN	NT	X36.42	
--- Gowda, Minal		Lincoln High School-PN	38.70	X37.15	
--- Little, Julia		Lincoln High School-PN	35.34	X37.31	
--- Tran, Anna		Chief Sealth	36.64	X37.68	
--- Schmitt, Lillian		Lincoln High School-PN	37.53	X37.82	
--- Orwig, Ainsley		West Seattle	36.59	X37.97	
--- Penkala, Wren		Lincoln High School-PN	38.68	X38.64	
--- Freeman, Kana		West Seattle	39.31	X38.66	
--- Jerbi, Annie		Lincoln High School-PN	37.95	X38.98	
--- Doan, Kathy		Chief Sealth	NT	X39.38	
--- Pulanco, Samara		West Seattle	37.29	X40.27	
--- Lyshol, Isabel		Chief Sealth	41.53	X41.24	
--- Orozco, Clara		Lincoln High School-PN	NT	X42.73	
--- Vu, Vivian		Chief Sealth	43.84	X43.35	
--- Taylor, Eloise		Lincoln High School-PN	NT	X44.20	
--- Le, Phuong		Chief Sealth	57.03	X45.23	
--- Palmer Markham, Georgia		Chief Sealth	46.94	X50.87	
--- Chiem, Karen		Chief Sealth	NT	X51.52	
--- Bo, Emily		Lincoln High School-PN	50.09	X52.92	
--- Slagle-Taylor, Elizabeth		West Seattle	51.62	X54.57	
--- Parker, Gemma		Chief Sealth	NT	X55.02	
--- Rodwell, Natasha		West Seattle	NT	XNS	
--- Peterson, Bianca		Lincoln High School-PN	NT	XNS	

**Event 5 Girls 1 mtr Diving**

315.00 STAT

225.00 DIST

175.00 METR

Name	Age	School	Finals Score	Points
1 Schiltz, Maggie	15	Chief Sealth	195.80	187.40 METR 6
2 Lockman, Ruby		West Seattle	154.45	122.45 4

## Lincoln V CSWS - 9/23/2022

## Results - LHS V CS V WS

**(Event 5 Girls 1 mtr Diving)**

Name	Age	School	Seed Time	Finals Score	Points
3 Orwig, Ainsley		West Seattle	122.60	93.15	3
4 Bolton, Bijou		Lincoln High School-PN	NP	48.55	2
--- Vannier, Eva		Lincoln High School-PN	67.40	X67.30	
--- Huie, Olivia		Lincoln High School-PN	29.45	X17.50	
--- Legge, Evelyn		West Seattle	98.35	NS	

**Event 6 Girls 100 Yard Butterfly**

59.70 STAT

1:09.70 DIST

1:19.70 METR

Name	Age	School	Seed Time	Finals Time	Points
1 Davis, Carys		Lincoln High School-PN	1:14.20	1:16.51 METR	6
2 Elsing, Naomi		Lincoln High School-PN	NT	1:22.36	4
3 Liu, Ivy		Lincoln High School-PN	NT	1:22.87	3
--- Castillo, Annika		Lincoln High School-PN	NT	X1:37.30	

**Event 7 Girls 100 Yard Freestyle**

55.00 STAT

1:03.00 DIST

1:11.00 METR

Name	Age	School	Seed Time	Finals Time	Points
*1 Kinney, Deirdre		Lincoln High School-PN	1:08.31	1:07.44 METR	4.33
*1 Legge, Evelyn		West Seattle	1:11.15	1:07.44 METR	4.33
*1 DuPuis, Lily		West Seattle	1:07.78	1:07.44 METR	4.33
4 Shaefer, Grace		West Seattle	1:08.43	1:08.81 METR	2
5 Freeland, Amelia		Lincoln High School-PN	1:10.06	1:10.47 METR	1
6 Osgood, Emma		Chief Sealth	1:13.54	1:10.62 METR	
7 Bieniawski, Evelyn		Lincoln High School-PN	1:10.95	1:11.02	
8 Tran, Lena		Chief Sealth	1:26.25	1:20.58	
--- Ingraham, Ashleigh		West Seattle	1:13.23	X1:11.13	
--- Morrissey, Aine		Lincoln High School-PN	1:13.95	X1:12.78	
--- Kaste, Thea		Lincoln High School-PN	NT	X1:14.46	
--- Bardon, Ava		Lincoln High School-PN	NT	X1:16.51	
--- Fletcher, Annika		Lincoln High School-PN	NT	X1:16.62	
--- Bugala, Frances		West Seattle	1:26.13	X1:20.84	
--- Murdock, Kaida		Lincoln High School-PN	1:21.06	X1:21.13	
--- Watkins, Molly		Lincoln High School-PN	1:30.84	X1:23.67	
--- Cottrell-Steen, Alice		Lincoln High School-PN	1:26.28	X1:28.75	
--- Freeman, Kana		West Seattle	1:30.75	X1:28.86	
--- Gowda, Minal		Lincoln High School-PN	1:31.66	X1:29.63	
--- Pulanco, Samara		West Seattle	1:32.68	X1:37.72	
--- Vu, Vivian		Chief Sealth	NT	X1:47.87	
--- Palmer Markham, Georgia		Chief Sealth	NT	X1:55.59	
--- Rodwell, Natasha		West Seattle	NT	XNS	
--- Tran, Anna		Chief Sealth	1:29.54	NS	

**Event 8 Girls 500 Yard Freestyle**

5:20.70 STAT

6:00.70 DIST

6:40.70 METR

Name	Age	School	Seed Time	Finals Time	Points
1 Chang, Aureole		Lincoln High School-PN	NT	5:21.38 DIST	6

**Lincoln V CSWS - 9/23/2022****Results - LHS V CS V WS****(Event 8 Girls 500 Yard Freestyle)**

	<b>Name</b>	<b>Age</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>		<b>Points</b>
2	Fox, Juliet		Lincoln High School-PN	6:12.20	5:55.17	DIST	4
3	Webb, Sparks		West Seattle	NT	6:20.35	METR	3
4	Smith, Kayla		Lincoln High School-PN	NT	6:34.53	METR	2
5	Pietsch, Marlo		West Seattle	7:05.90	7:10.51		1
6	Rosenthal, Sabina	16	Chief Sealth	7:22.42	7:37.88		

**Event 9 Girls 200 Yard Freestyle Relay****1:42.70 STAT**

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1	Lincoln High School-PN	A	1:45.47	1:44.13	8
	1) White, Matilda	2) Yau, Naomi	3) Fox, Madeline	4) Chang, Aureole	
2	West Seattle	A	1:50.94	1:58.84	4
	1) Elder, Roxane	2) Stahl, Lucy	3) Webb, Sparks	4) Norman, Soledad	
3	Lincoln High School-PN	C	2:00.03	2:04.28	2
	1) Yau, Noelle	2) McTaggart, Reina	3) Hibno, Riko	4) Davis, Carys	
4	Lincoln High School-PN	B	NT	x2:04.95	
	1) Liston, Sophia	2) Kinney, Deirdre	3) Elsing, Naomi	4) Epelbaum-Vorobiova, Sarah	
5	West Seattle	B	2:03.38	2:04.97	
	1) DuPuis, Lily	2) Pietsch, Marlo	3) Ingraham, Ashleigh	4) Rysemus, Lucille	
6	Chief Sealth	A	2:02.37	2:13.76	
	1) Schiltz, Maggie 15	2) Tran, Lena	3) Osgood, Emma	4) Rosenthal, Sabina 16	
7	West Seattle	C	2:23.87	x2:26.32	
	1) Baber, Isabella	2) Orwig, Ainsley	3) Bugala, Frances	4) Freeman, Kana	
8	Chief Sealth	B	NT	3:01.29	
	1) Vu, Vivian	2) Palmer Markham, Georgia	3) Doan, Kathy	4) Tran, Anna	
---	Lincoln High School-PN	D	NT	X2:09.48	
	1) Morrissey, Aine	2) Liu, Ivy	3) Bieniawski, Evelyn	4) Freeland, Amelia	
---	Lincoln High School-PN	G	NT	X2:18.83	
	1) Kaste, Thea	2) Jerbi, Annie	3) Castillo, Annika	4) Little, Julia	
---	Lincoln High School-PN	E	NT	X2:18.96	
	1) Bardon, Ava	2) McMillan, Isa	3) Fletcher, Annika	4) Brinza, Lizzy	
---	Lincoln High School-PN	F	NT	X2:28.67	
	1) Gowda, Minal	2) Sheldon, Tessabell	3) Murdock, Kaida	4) Watkins, Molly	

**Event 10 Girls 100 Yard Backstroke****1:00.50 STAT****1:10.50 DIST****1:20.50 METR**

	<b>Name</b>	<b>Age</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>		<b>Points</b>
1	White, Matilda		Lincoln High School-PN	NT	1:07.80	DIST	4
2	Norman, Soledad		West Seattle	1:10.28	1:09.29	DIST	6
3	Epelbaum-Vorobiova, Sarah		Lincoln High School-PN	1:15.27	1:12.08	METR	3
4	Tanaka, Deryn		West Seattle	NT	1:39.03		2
*5	Doan, Kathy		Chief Sealth	1:41.28	1:46.65		.50
*5	Lyshol, Isabel		Chief Sealth	1:49.89	1:46.65		.50
---	Huie, Olivia		Lincoln High School-PN	1:30.01	X1:27.64		
---	Di Loreto, Gianna		Lincoln High School-PN	1:26.66	X1:29.96		
---	Davis, Madeleine		Lincoln High School-PN	1:28.52	X1:30.91		
---	Hibno, Riko		Lincoln High School-PN	NT	XNS		
---	Liu, Ivy		Lincoln High School-PN	NT	NS		

## Lincoln V CSWS - 9/23/2022

## Results - LHS V CS V WS

## Event 11 Girls 100 Yard Breaststroke

1:08.50 STAT

1:18.50 DIST

1:28.50 METR

Name	Age	School	Seed Time	Finals Time	Points
1 Epelbaum-Vorobiova, Sarah		Lincoln High School-PN	1:23.13	1:20.68 METR	6
2 Elder, Roxane		West Seattle	1:24.63	1:21.20 METR	4
3 Stahl, Lucy		West Seattle	1:24.45	1:22.72 METR	3
4 Fox, Juliet		Lincoln High School-PN	NT	1:23.91 METR	2
5 Liston, Sophia		Lincoln High School-PN	1:24.69	1:24.54 METR	1
6 Osgood, Emma		Chief Sealth	1:27.81	1:28.89	
7 Zimmer, Avery		West Seattle	1:42.05	1:32.77	
--- Kieserman, Nina		Lincoln High School-PN	1:28.64	X1:27.89 METR	
--- McTaggart, Reina		Lincoln High School-PN	1:28.00	X1:28.47 METR	
--- Brinza, Lizzy		Lincoln High School-PN	1:32.02	X1:32.77	
--- Bieniawski, Evelyn		Lincoln High School-PN	NT	X1:33.11	
--- Yau, Noelle		Lincoln High School-PN	NT	X1:34.24	
--- Wynne, Norah		Lincoln High School-PN	NT	X1:40.00	
--- Schmitt, Lillian		Lincoln High School-PN	1:49.30	X1:47.01	
--- Cottrell-Steen, Alice		Lincoln High School-PN	NT	X1:47.94	
--- Watkins, Molly		Lincoln High School-PN	NT	X1:56.67	
--- Bo, Emily		Lincoln High School-PN	2:06.39	X2:06.48	
--- Slagle-Taylor, Elizabeth		West Seattle	NT	X2:10.67	

## Event 12 Girls 400 Yard Freestyle Relay

3:45.90 STAT

Team	Relay	Seed Time	Finals Time	Points
1 Lincoln High School-PN	A	3:55.34	4:13.23	8
1) Kinney, Deirdre	2) Smith, Kayla	3) Fox, Juliet	4) Chang, Aureole	
2 West Seattle	A	4:01.83	4:15.60	4
1) Norman, Soledad	2) Webb, Sparks	3) Stahl, Lucy	4) Elder, Roxane	
3 West Seattle	B	4:43.81	4:43.43	2
1) Shaefer, Grace	2) Rysemus, Lucille	3) Legge, Evelyn	4) Ingraham, Ashleigh	
4 Lincoln High School-PN	B	NT	5:06.73	
1) Freeland, Amelia	2) Morrissey, Aine	3) Di Loreto, Gianna	4) Davis, Madeleine	
5 Lincoln High School-PN	C	NT	x5:20.26	
1) Kieserman, Nina	2) Castillo, Annika	3) Little, Julia	4) Elsing, Naomi	
6 West Seattle	C	5:20.55	x5:29.13	
1) Zimmer, Avery	2) Burco, Margaret	3) Bugala, Frances	4) Freeman, Kana	

## Scores - Women

## Women - Team Rankings - Through Event 12

1. Lincoln High School	108.33	2. West Seattle	63.66
3. Chief Sealth	9		