

JFK @ MR - 10/10/2023

Results - JFK vs MR

Event 1 Girls 200 Yard Medley Relay

1:53.50 4AST  
2:09.50 WCD3

Team	Relay	Finals Time
1 KCHS	A	1:51.46 4AST
1) Weiler, Hailey	2) Vu, Kaitlyn	
3) Nguyen, Natalie	4) Williams, Rae	
26.92 30.94	27.65 25.95	
2 MRHS-PN	A	1:58.26 WCD3
1) Wisen, Addie 17	2) Carr, Addy 16	
3) Ma, Elizabeth 17	4) Ng, Maddie 16	
29.50 35.64	27.09 26.03	
3 KCHS	B	2:04.83 WCD3
1) Paulson, Victoria	2) Pallotta, Cecilia	
3) Brockenbrough, Jeanie	4) Helland, Grace	
30.27 1:05.83	28.73	
4 MRHS-PN	B	2:19.52
1) Kwong, Amelia 16	2) Le, Lucy 17	
3) Nesbitt, Piper 14	4) Hansmire, Molly 15	
33.51 41.72	34.50 29.79	
--- KCHS	C	X2:11.31
1) Pallotta, Sadie	2) Marvin, Parker	
3) Becker, Giselle	4) Weber, Bridget	
34.96 36.66	36.48 23.21	

Event 2 Girls 200 Yard Freestyle

1:59.70 4AST  
2:16.30 WCD3  
2:21.50 NPSL

Name	AgeTeam	Finals Time
1 LaBella, Lucy	KCHS	2:04.47 WCD3
28.23 30.88	32.27 33.09	
2 Jackson, Avery	KCHS	2:06.26 WCD3
29.55 32.41	32.21 32.09	
3 Rantz, Cameron	KCHS	2:19.25 NPSL
29.61 34.41	37.48 37.75	
4 Hammock, Gabbi	16 MRHS-PN	2:40.39 2
34.69 40.66	42.96 42.08	
5 Colgan, Bella	17 MRHS-PN	2:52.86 1
39.46 43.97	46.76 42.67	
6 Dembsky, Helena	17 MRHS-PN	2:53.39
37.85 43.72	46.60 45.22	

Event 3 Girls 200 Yard IM

2:13.50 4AST  
2:34.00 WCD3  
2:41.50 NPSL

Name	AgeTeam	Finals Time
1 Ma, Elizabeth	17 MRHS-PN	2:10.68 4AST
27.86 34.49	39.22 29.11	
2 Vu, Kaitlyn	KCHS	2:11.74 4AST
28.95 34.83	36.57 31.39	
3 Wisen, Addie	17 MRHS-PN	2:32.09 WCD3
31.17 38.62	45.15 37.15	
4 Brockenbrough, Jeanie	KCHS	2:49.37 2
37.59 43.23	48.74 39.81	
5 Le, Lucy	17 MRHS-PN	3:15.08 1
42.07 49.31	53.65 50.05	

--- Marvin, Parker KCHS X2:21.62 WCD3  
30.79 37.40 40.10 33.33

Event 4 Girls 50 Yard Freestyle

25.00 4AST  
27.60 WCD3  
28.50 NPSL

Name	AgeTeam	Finals Time
1 Williams, Rae	KCHS	26.57 WCD3
2 Carr, Addy	16 MRHS-PN	27.55 WCD3
3 Nguyen, Natalie	KCHS	27.61 NPSL
4 Helland, Grace	KCHS	28.39 NPSL
5 Hansmire, Molly	15 MRHS-PN	30.31 1
6 Allred, Phoebe Jane	16 MRHS-PN	32.26
--- Becker, Giselle	KCHS	X29.19
--- Borella-Leon, Maria	KCHS	X30.38
--- Richmond, Edie	KCHS	X30.47
--- Weber, Bridget	KCHS	X31.16
--- Ozolin, Harper	KCHS	X31.48
--- Walker, Calla	15 MRHS-PN	X31.80
--- Oshdahl, Rachel	17 MRHS-PN	X32.66
--- Schwarz, Rachel	KCHS	X33.07
--- Droppelman, Audrey	KCHS	X33.12
--- Anderson, Elise	KCHS	X33.12
--- Gray, Jordyn	KCHS	X34.04
--- Shields, Kathryn	KCHS	X34.09
--- Hagen, Lila	14 MRHS-PN	X34.55
--- Stober, Reese	KCHS	X35.19
--- Dembsky, Helena	17 MRHS-PN	X35.92
--- Alvarez, Isabel	15 MRHS-PN	X37.63
--- London, Emma	KCHS	X38.00
--- Swenson, Lucia	KCHS	X39.26
--- Lersch, Danielle	15 MRHS-PN	X41.53
--- Negash, Blaine	14 MRHS-PN	X41.74
--- Lloyd, Josie	17 MRHS-PN	X42.19
--- Rangel - Llanes, Emily	KCHS	X44.21
--- Cortes Vences, Nadia	15 MRHS-PN	X46.41
--- Marjamaa-Warner, Aerillia	14 MRHS-PN	X49.28
--- Fielding, Charlie	KCHS	XNS

Event 5 Girls 1 mtr Diving

315.00 4AST  
215.00 WCD3

Name	AgeTeam	Finals Score
1 Ng, Maddie	16 MRHS-PN	163.90 6
*2 Wainscott, Marley	15 MRHS-PN	163.25 3.5
*2 Lindeman, Lily	14 MRHS-PN	163.25 3.5
4 Parker, Anna	KCHS	159.50 2
5 Stoll, Seville	KCHS	138.25 1
6 McDonough, Addison	KCHS	137.00
7 Calvin, Avery	KCHS	x134.00
--- Allred, Phoebe Jane	16 MRHS-PN	X155.60
--- Marvin, Parker	KCHS	X50.15
--- Riggs, Aiden	KCHS	SCR

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Event 6 Girls 100 Yard Butterfly

59.60 4AST  
1:09.70 WCD3  
1:16.50 NPSL

Name	Age	Team	Finals Time
1 Weiler, Hailey		KCHS	57.42 4AST
26.70	30.72		
2 Nguyen, Natalie		KCHS	1:05.77 WCD3
29.34	36.43		
3 Jackson, Avery		KCHS	1:06.67 WCD3
30.46	36.21		
4 Carr, Addy	16	MRHS-PN	1:15.06 NPSL
5 Nesbitt, Piper	14	MRHS-PN	1:27.05 1
37.42	49.63		
6 Gollob, Addie	15	MRHS-PN	1:32.17
38.01	54.16		
--- Pallotta, Sadie		KCHS	SCR

Event 7 Girls 100 Yard Freestyle

54.50 4AST  
1:01.35 WCD3  
1:06.50 NPSL

Name	Age	Team	Finals Time
1 Vu, Kaitlyn		KCHS	56.92 WCD3
27.33	29.59		
2 Paulson, Victoria		KCHS	58.55 WCD3
27.79	30.76		
3 Ng, Maddie	16	MRHS-PN	59.35 WCD3
28.08	31.27		
4 Pallotta, Cecilia		KCHS	1:02.52 NPSL
29.42	33.10		
5 Kwong, Amelia	16	MRHS-PN	1:03.80 NPSL
29.39	34.41		
6 Oshdahl, Rachel	17	MRHS-PN	1:14.81
35.20	39.61		
--- Pallotta, Sadie		KCHS	X1:08.86
32.32	36.54		
--- Walker, Calla	15	MRHS-PN	X1:11.28
40.21	31.07		
--- Shields, Kathryn		KCHS	X1:16.23
36.85	39.38		
--- Borella-Leon, Maria		KCHS	X1:16.23
36.85	39.38		
--- Ozolin, Harper		KCHS	X1:18.40
35.88	42.52		
--- Hagen, Lila	14	MRHS-PN	X1:18.40
35.88	42.52		
--- Richmond, Edie		KCHS	X1:18.73
37.70	41.03		
--- Stober, Reese		KCHS	X1:18.73
37.70	41.03		
--- Anderson, Elise		KCHS	X1:18.77
37.17	41.60		
--- Schwarz, Rachel		KCHS	X1:18.77
37.17	41.60		
--- Colgan, Bella	17	MRHS-PN	X1:20.50
39.15	41.35		

--- Gray, Jordyn		KCHS	X1:20.50
39.15	41.35		
--- Alvarez, Isabel	15	MRHS-PN	X1:26.18
40.21	45.97		
--- Swenson, Lucia		KCHS	X1:27.66
--- London, Emma		KCHS	X1:29.99
41.27	48.72		
--- Lersch, Danielle	15	MRHS-PN	X1:34.52
42.52	52.00		
--- Negash, Blaine	14	MRHS-PN	X1:37.41
46.13	51.28		
--- Rangel - Llanes, Emily		KCHS	X1:41.18
46.22	54.96		
--- Cortes Vences, Nadia	15	MRHS-PN	X1:46.14
--- Marjamaa-Warner, Aerillia	14	MRHS-PN	X1:53.23
52.87	1:00.36		

Event 8 Girls 500 Yard Freestyle

5:21.00 4AST  
6:06.40 WCD3  
6:32.50 NPSL

Name	Age	Team	Finals Time
1 Ma, Elizabeth	17	MRHS-PN	5:11.60 4AST
27.92	31.23	31.76	31.98
31.50	31.62	31.74	31.87
31.32	30.66		
2 LaBella, Lucy		KCHS	5:41.52 WCD3
30.22	33.05	33.87	34.49
35.03	34.95	35.33	35.36
34.88	34.34		
3 Rantz, Cameron		KCHS	6:19.74 NPSL
33.42	38.03	38.48	38.61
39.75	38.91	38.61	39.06
37.07	37.80		
4 Weber, Bridget		KCHS	6:29.13 NPSL
35.11	39.05	39.86	40.10
39.44	39.90	40.34	39.94
39.47	35.92		
5 Hammock, Gabbi	16	MRHS-PN	7:06.69 1
35.53	39.80	42.50	43.53
43.45	44.49	45.20	44.19
45.86	42.14		
6 Lloyd, Josie	17	MRHS-PN	8:40.52
45.81	50.47	53.15	53.95
53.38	53.64	54.85	53.23
52.68	49.36		

Event 9 Girls 200 Yard Freestyle Relay

1:42.50 4AST  
1:57.25 WCD3

Team	Relay	Finals Time
1 KCHS	A	1:42.27 4AST
1) Williams, Rae	2) Jackson, Avery	
3) Vu, Kaitlyn	4) Weiler, Hailey	
27.05	25.73	25.60 23.89
2 MRHS-PN	A	1:46.82 WCD3
1) Carr, Addy 16	2) Wisen, Addie 17	
3) Ng, Maddie 16	4) Ma, Elizabeth 17	
27.84	27.43	26.38 25.17

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**(Event 9 Girls 200 Yard Freestyle Relay)**

Team	Relay	Finals Time
3 KCHS	B	2:00.67 2
1) Pallotta, Cecilia	2) Borella-Leon, Maria	
3) Richmond, Edie	4) Helland, Grace	
28.11 31.19	32.67 28.70	
4 MRHS-PN	B	2:11.09
1) Le, Lucy 17	2) Oshdahl, Rachel 17	
3) Walker, Calla 15	4) Hansmire, Molly 15	
49.40 19.70	31.81 30.18	
5 KCHS	D	x2:17.21
1) Gray, Jordyn	2) Anderson, Elise	
3) McDonough, Addison	4) Parker, Anna	
	1:09.05	
6 MRHS-PN	C	x2:25.70
1) Colgan, Bella 17	2) Hagen, Lila 14	
3) Alvarez, Isabel 15	4) Dembsky, Helena 17	
36.07 34.32	1:15.31	
--- KCHS	C	X2:02.86
1) Becker, Giselle	2) Pallotta, Sadie	
3) Ozolin, Harper	4) Marvin, Parker	
29.90 31.48	32.80 28.68	
--- KCHS	E	X2:31.20
1) Schwarz, Rachel	2) London, Emma	
3) Stober, Reese	4) Shields, Kathryn	
36.30 43.35	36.12 35.43	

**Event 10 Girls 100 Yard Backstroke**

1:00.40 4AST  
1:09.40 WCD3  
1:14.50 NPSL

Name	AgeTeam	Finals Time
1 Paulson, Victoria	KCHS	1:05.41 WCD3
32.24 33.17		
2 Wisen, Addie	17 MRHS-PN	1:09.96 NPSL
33.20 36.76		
3 Brockenbrough, Jeanie	KCHS	1:16.58 3
38.04 38.54		
4 Nesbitt, Piper	14 MRHS-PN	1:16.59 2
37.35 39.24		
5 Gollob, Addie	15 MRHS-PN	1:19.35 1
38.36 40.99		
--- Droppelman, Audrey	KCHS	NS

**Event 11 Girls 100 Yard Breaststroke**

1:08.25 4AST  
1:19.05 WCD3  
1:24.50 NPSL

Name	AgeTeam	Finals Time
1 Weiler, Hailey	KCHS	1:10.37 WCD3
33.67 36.70		
2 Helland, Grace	KCHS	1:14.56 WCD3
35.60 38.96		
3 Pallotta, Cecilia	KCHS	1:18.15 WCD3
37.50 40.65		
4 Kwong, Amelia	16 MRHS-PN	1:22.08 NPSL
38.63 43.45		
5 Hansmire, Molly	15 MRHS-PN	1:27.68 1
41.09 46.59		

6 Le, Lucy	17 MRHS-PN	1:32.07
43.10 48.97		
--- Becker, Giselle	KCHS	X1:19.94 NPSL
37.02 42.92		
--- Pallotta, Sadie	KCHS	X1:21.04 NPSL
38.09 42.95		
--- Parker, Anna	KCHS	XNS
--- Fielding, Charlie	KCHS	XNS
--- Marvin, Parker	KCHS	XNS

**Event 12 Girls 400 Yard Freestyle Relay**

3:45.90 4AST  
4:34.75 WCD3

Team	Relay	Finals Time
1 KCHS	A	4:07.54 WCD3
1) LaBella, Lucy	2) Nguyen, Natalie	
3) Paulson, Victoria	4) Jackson, Avery	
32.77 1:04.08	28.61 1:00.52	
30.28 1:03.97	28.74 58.97	
2 MRHS-PN	A	4:44.19 4
1) Nesbitt, Piper 14	2) Gollob, Addie 15	
3) Hammock, Gabbi 16	4) Kwong, Amelia 16	
33.56 1:10.94	33.47 1:12.43	
35.97 1:16.65	15.66 1:04.17	
3 KCHS	B	4:49.31 2
1) Richmond, Edie	2) Brockenbrough, Jeanie	
3) Weber, Bridget	4) Rantz, Cameron	
34.54 1:14.03	36.21 1:16.81	
34.59 1:13.18	29.95 1:05.29	
4 MRHS-PN	B	5:13.33
1) Dembsky, Helena 17	2) Alvarez, Isabel 15	
3) Oshdahl, Rachel 17	4) Walker, Calla 15	
37.81		
	1:14.55	36.53
5 KCHS	C	x5:38.36
1) Gray, Jordyn	2) Anderson, Elise	
3) Shields, Kathryn	4) Ozolin, Harper	
36.58 1:16.47	35.35 1:14.96	
37.59 1:57.17	1:09.76	
6 MRHS-PN	C	x6:44.35
1) Cortes Vences, Nadia 15	2) Negash, Blaine 14	
3) Lersch, Danielle 15	4) Lloyd, Josie 17	
50.53 1:05.64	46.24 1:34.47	
1:35.93 2:29.36	45.27 1:34.88	
--- KCHS	D	X5:35.22
1) Droppelman, Audrey	2) Rangel - Llanes, Emily	
3) Stober, Reese	4) Schwarz, Rachel	
35.11 1:14.19	46.72 1:52.22	
29.47 1:11.49	36.55 1:17.32	

**Scores - Women**

Women - Team Rankings - Through Event 12	
1. Kennedy Catholic High School	119
2. Mount Rainier High School	67