

**4A NPSL League Meet 10.20.23 - 10/20/2023****Results - 4A NPSL League Meet****Event 1 Girls 200 Yard Medley Relay**

1:53.50 WIAA

2:09.50 WCD

| Team   | Relay                      | Finals Time                                | Points |
|--|----------------------------|--|--------|
| 1 Kennedy Catholic High School<br>1) Weiler, Hailey    | A<br>2) Vu, Kaitlyn        | 1:50.50 WIAA<br>4) Jackson, Avery          | 32     |
| 2 Tahoma High School<br>1) Hill, Jasmine               | A<br>2) Sears, Sierra      | 1:58.83 WCD<br>4) Artemdize, Sophie        | 26     |
| 3 Kentridge HS-PN<br>1) Mann, Grace                    | A<br>2) Edwards, Addison   | 2:06.23 WCD<br>4) Haroldson-Margel, Harper | 24     |
| 4 Mount Rainier High School-PN<br>1) Nesbitt, Piper 14 | A<br>2) Hansmire, Molly 15 | 2:13.41<br>4) Easterling, Abi 17           | 22     |
| 5 Federal Way HS Girls Swim-US<br>1) Nguyen, Jazlyn    | A<br>2) Jolley, Samantha   | 2:22.34<br>4) Kelly, Keira                 | 20     |
| --- Decatur High School<br>1) Ekenman, Eva             | A<br>2) Tucker, Violet     | DQ<br>4) Thomas, Roha                      |        |
| --- Kentwood High School-PN<br>1) Osborn, Brynn 16     | A<br>2) Snyder, Abbie 14   | DQ<br>4) Shirk, Kennedi 14                 |        |

**Event 2 Girls 200 Yard Freestyle**

1:59.70 WIAA

2:16.30 WCD

2:21.50 NPSL

| Name               | Age | School                       | Finals Time  | Points |
|--------------------|-----|------------------------------|--------------|--------|
| 1 Weiler, Hailey   |     | Kennedy Catholic High School | 1:53.72 WIAA | 16     |
| 2 Ma, Elizabeth    | 17  | Mount Rainier High School-PN | 1:56.41 WIAA | 13     |
| 3 LaBella, Lucy    |     | Kennedy Catholic High School | 2:02.84 WCD  | 12     |
| 4 Rasmussen, Tamar |     | Tahoma High School           | 2:09.85 WCD  | 11     |
| 5 McDowell, Alexis |     | Kentridge HS-PN              | 2:11.19 WCD  | 10     |
| 6 Jose, Norah      |     | Tahoma High School           | 2:14.14 WCD  | 9      |
| 7 Zimmerman, Reyna |     | Kentridge HS-PN              | 2:16.06 WCD  | 7      |
| 8 Hewson, Ainsley  |     | Kentridge HS-PN              | 2:18.27 NPSL | 5      |
| 9 Thomas, Roha     |     | Decatur High School          | 2:28.52      | 4      |
| 10 Hammock, Gabbi  | 16  | Mount Rainier High School-PN | 2:34.12      | 3      |
| 11 Thomas, Arsema  |     | Decatur High School          | 2:34.51      | 2      |

**Event 3 Girls 200 Yard IM**

2:13.50 WIAA

2:34.00 WCD

2:41.50 NPSL

| Name                       | Age | School                       | Finals Time  | Points |
|----------------------------|-----|------------------------------|--------------|--------|
| 1 Vu, Kaitlyn              |     | Kennedy Catholic High School | 2:13.12 WIAA | 16     |
| 2 Edwards, Addison         |     | Kentridge HS-PN              | 2:22.53 WCD  | 13     |
| 3 Sears, Sierra            |     | Tahoma High School           | 2:24.57 WCD  | 12     |
| 4 Haroldson-Margel, Harper |     | Kentridge HS-PN              | 2:27.91 WCD  | 11     |
| 5 Nishizawa, Anna          |     | Tahoma High School           | 2:38.68 NPSL | 10     |
| 6 Thomas, Helena           |     | Decatur High School          | 2:58.80      | 9      |

**Event 4 Girls 50 Yard Freestyle**

25.00 WIAA

27.60 WCD

28.50 NPSL

| Name          | Age | School             | Finals Time | Points |
|---------------|-----|--------------------|-------------|--------|
| 1 Gaul, Rowan |     | Tahoma High School | 25.60 WCD   | 16     |

**4A NPSL League Meet 10.20.23 - 10/20/2023****Results - 4A NPSL League Meet****(Event 4 Girls 50 Yard Freestyle)**

|    | <b>Name</b>       | <b>Age</b> | <b>School</b>                | <b>Finals Time</b> |      | <b>Points</b> |
|----|-------------------|------------|------------------------------|--------------------|------|---------------|
| 2  | Williams, Rae     |            | Kennedy Catholic High School | 26.45              | WCD  | 13            |
| 3  | McDonald, Baillie |            | Tahoma High School           | 26.73              | WCD  | 12            |
| 4  | Warner, Elena     |            | Tahoma High School           | 26.80              | WCD  | 11            |
| 5  | Hill, Jasmine     |            | Tahoma High School           | 26.94              | WCD  | 10            |
| 6  | Mann, Grace       |            | Kentridge HS-PN              | 26.95              | WCD  | 9             |
| 7  | Carr, Addy        | 16         | Mount Rainier High School-PN | 27.03              | WCD  | 7             |
| 8  | Ng, Maddie        | 16         | Mount Rainier High School-PN | 27.09              | WCD  | 5             |
| 9  | Wu, Paige         |            | Kentridge HS-PN              | 27.68              | NPSL | 4             |
| 10 | Kido, Keira       |            | Kentridge HS-PN              | 28.42              | NPSL | 3             |
| 11 | Rantz, Cameron    |            | Kennedy Catholic High School | 28.49              | NPSL | 2             |
| 12 | Easterling, Abi   | 17         | Mount Rainier High School-PN | 29.40              |      | 1             |

**Event 6 Girls 100 Yard Butterfly**

59.60 WIAA

1:09.70 WCD

1:16.50 NPSL

|    | <b>Name</b>       | <b>Age</b> | <b>School</b>                | <b>Finals Time</b> |     | <b>Points</b> |
|----|-------------------|------------|------------------------------|--------------------|-----|---------------|
| 1  | Williams, Rae     |            | Kennedy Catholic High School | 1:02.50            | WCD | 16            |
| *2 | Wisn, Addie       | 17         | Mount Rainier High School-PN | 1:03.81            | WCD | 12.50         |
| *2 | Warner, Elena     |            | Tahoma High School           | 1:03.81            | WCD | 12.50         |
| 4  | Artemdize, Sophie |            | Tahoma High School           | 1:04.35            | WCD | 11            |
| 5  | McDonald, Baillie |            | Tahoma High School           | 1:05.02            | WCD | 10            |
| 6  | Nguyen, Natalie   |            | Kennedy Catholic High School | 1:05.19            | WCD | 9             |
| 7  | Snyder, Abbie     | 14         | Kentwood High School-PN      | 1:05.53            | WCD | 7             |
| 8  | Jackson, Avery    |            | Kennedy Catholic High School | 1:06.02            | WCD | 5             |
| 9  | Thomas, Roha      |            | Decatur High School          | 1:17.27            |     | 4             |
| 10 | Thomas, Helena    |            | Decatur High School          | 1:17.82            |     | 3             |
| 11 | Johnson, LJ       |            | Kentridge HS-PN              | 1:18.59            |     | 2             |
| 12 | West, Kaija       |            | Tahoma High School           | 1:21.09            |     | 1             |

**Event 7 Girls 100 Yard Freestyle**

54.50 WIAA

1:01.35 WCD

1:06.50 NPSL

|    | <b>Name</b>       | <b>Age</b> | <b>School</b>                | <b>Finals Time</b> |      | <b>Points</b> |
|----|-------------------|------------|------------------------------|--------------------|------|---------------|
| 1  | Weiler, Hailey    |            | Kennedy Catholic High School | 53.07              | WIAA | 16            |
| 2  | Ma, Elizabeth     | 17         | Mount Rainier High School-PN | 54.33              | WIAA | 13            |
| 3  | Gaul, Rowan       |            | Tahoma High School           | 57.01              | WCD  | 12            |
| 4  | Mann, Grace       |            | Kentridge HS-PN              | 59.47              | WCD  | 11            |
| 5  | Rasmussen, Tamar  |            | Tahoma High School           | 59.77              | WCD  | 10            |
| 6  | Helland, Grace    |            | Kennedy Catholic High School | 1:00.16            | WCD  | 9             |
| 7  | Zimmerman, Reyna  |            | Kentridge HS-PN              | 1:00.70            | WCD  | 7             |
| 8  | Rantz, Cameron    |            | Kennedy Catholic High School | 1:02.58            | NPSL | 5             |
| 9  | Jose, Norah       |            | Tahoma High School           | 1:02.67            | NPSL | 4             |
| 10 | Wu, Paige         |            | Kentridge HS-PN              | 1:02.80            | NPSL | 3             |
| 11 | Kido, Keira       |            | Kentridge HS-PN              | 1:03.30            | NPSL | 2             |
| 12 | Kwong, Amelia     | 16         | Mount Rainier High School-PN | 1:03.52            | NPSL | 1             |
| 13 | Walling, Ashly    |            | Decatur High School          | 1:03.96            | NPSL |               |
| 14 | Easterling, Abi   | 17         | Mount Rainier High School-PN | 1:04.01            | NPSL |               |
| 15 | Becker, Giselle   |            | Kennedy Catholic High School | 1:05.66            | NPSL |               |
| 16 | Kovacs, Elizabeth |            | Tahoma High School           | 1:06.12            | NPSL |               |
| 17 | Ekenman, Eva      |            | Decatur High School          | 1:06.58            |      |               |

**4A NPSL League Meet 10.20.23 - 10/20/2023****Results - 4A NPSL League Meet****(Event 7 Girls 100 Yard Freestyle)**

| Name              | Age | School                       | Finals Time | Points |
|-------------------|-----|------------------------------|-------------|--------|
| 18 Nesbitt, Piper | 14  | Mount Rainier High School-PN | 1:06.64     |        |

**Event 8 Girls 500 Yard Freestyle**

5:21.00 WIAA

6:06.40 WCD

6:32.50 NPSL

| Name                | Age | School                       | Finals Time  | Points |
|---------------------|-----|------------------------------|--------------|--------|
| 1 LaBella, Lucy     |     | Kennedy Catholic High School | 5:32.11 WCD  | 16     |
| 2 Paulson, Victoria |     | Kennedy Catholic High School | 5:46.66 WCD  | 13     |
| 3 Tucker, Violet    |     | Decatur High School          | 6:00.37 WCD  | 12     |
| 4 Snyder, Abbie     | 14  | Kentwood High School-PN      | 6:01.58 WCD  | 11     |
| 5 Weber, Bridget    |     | Kennedy Catholic High School | 6:30.91 NPSL | 10     |
| 6 Thomas, Arsema    |     | Decatur High School          | 7:09.71      | 9      |

**Event 9 Girls 200 Yard Freestyle Relay**

1:42.50 WIAA

1:57.25 WCD

| Team                           | Relay                | Finals Time                     | Points                      |
|--------------------------------|----------------------|---------------------------------|-----------------------------|
| 1 Mount Rainier High School-PN | A                    | 1:44.87 WCD                     | 32                          |
| 1) Ma, Elizabeth 17            | 2) Carr, Addy 16     | 3) Wisen, Addie 17              | 4) Ng, Maddie 16            |
| 2 Tahoma High School           | A                    | 1:45.50 WCD                     | 26                          |
| 1) Warner, Elena               | 2) McDonald, Baillie | 3) Rasmussen, Tamar             | 4) Gaul, Rowan              |
| 3 Kennedy Catholic High School | A                    | 1:49.12 WCD                     | 24                          |
| 1) LaBella, Lucy               | 2) Rantz, Cameron    | 3) Pallotta, Cecilia            | 4) Williams, Rae            |
| 4 Kentridge HS-PN              | A                    | 1:50.78 WCD                     | 22                          |
| 1) Mann, Grace                 | 2) Wu, Paige         | 3) Edwards, Addison             | 4) Haroldson-Margel, Harper |
| 5 Decatur High School          | A                    | 1:55.55 WCD                     | 20                          |
| 1) Thomas, Roha                | 2) Ekenman, Eva      | 3) Walling, Ashly               | 4) Tucker, Violet           |
| 6 Kentwood High School-PN      | A                    | 2:03.13                         | 18                          |
| 1) Algigi, Maddy 18            | 2) Dinh, Thy 16      | 3) Mendoza Sandoval, Maritza 17 | 4) Votisek, Ness 16         |
| 7 Federal Way HS Girls Swim-US | A                    | 2:15.91                         | 14                          |
| 1) Jolley, Alexis              | 2) Oberst, Kate      | 3) Duncan-Tymas, Sayghe         | 4) Jolley, Samantha         |

**Event 10 Girls 100 Yard Backstroke**

1:00.40 WIAA

1:09.40 WCD

1:14.50 NPSL

| Name                | Age | School                       | Finals Time  | Points |
|---------------------|-----|------------------------------|--------------|--------|
| 1 Hill, Jasmine     |     | Tahoma High School           | 1:01.60 WCD  | 16     |
| 2 Jackson, Avery    |     | Kennedy Catholic High School | 1:02.66 WCD  | 13     |
| 3 Paulson, Victoria |     | Kennedy Catholic High School | 1:06.76 WCD  | 12     |
| 4 Nguyen, Natalie   |     | Kennedy Catholic High School | 1:08.30 WCD  | 11     |
| 5 McDowell, Alexis  |     | Kentridge HS-PN              | 1:10.46 NPSL | 10     |
| 6 Osborn, Brynn     | 16  | Kentwood High School-PN      | 1:10.98 NPSL | 9      |
| 7 Hewson, Ainsley   |     | Kentridge HS-PN              | 1:12.20 NPSL | 7      |
| 8 Ekenman, Eva      |     | Decatur High School          | 1:13.01 NPSL | 5      |
| 9 Shirk, Kennedi    | 14  | Kentwood High School-PN      | 1:14.13 NPSL | 4      |
| 10 Nesbitt, Piper   | 14  | Mount Rainier High School-PN | 1:14.82      | 3      |
| 11 Gollob, Addie    | 15  | Mount Rainier High School-PN | 1:15.18      | 2      |
| 12 Heslop, Izzy     |     | Decatur High School          | 1:19.89      | 1      |

**4A NPSL League Meet 10.20.23 - 10/20/2023****Results - 4A NPSL League Meet****Event 11 Girls 100 Yard Breaststroke**

1:08.25 WIAA

1:19.05 WCD

1:24.50 NPSL

| Name                       | Age | School                       | Finals Time  | Points |
|----------------------------|-----|------------------------------|--------------|--------|
| 1 Vu, Kaitlyn              |     | Kennedy Catholic High School | 1:06.40 WIAA | 16     |
| 2 Edwards, Addison         |     | Kentridge HS-PN              | 1:11.64 WCD  | 13     |
| 3 Haroldson-Margel, Harper |     | Kentridge HS-PN              | 1:12.25 WCD  | 12     |
| 4 Helland, Grace           |     | Kennedy Catholic High School | 1:12.92 WCD  | 11     |
| 5 Artemdize, Sophie        |     | Tahoma High School           | 1:15.44 WCD  | 10     |
| 6 Pallotta, Cecilia        |     | Kennedy Catholic High School | 1:16.73 WCD  | 9      |
| 7 Sears, Sierra            |     | Tahoma High School           | 1:16.74 WCD  | 7      |
| 8 Tucker, Violet           |     | Decatur High School          | 1:17.17 WCD  | 5      |
| 9 Carr, Addy               | 16  | Mount Rainier High School-PN | 1:19.16 NPSL | 4      |
| 10 Becker, Giselle         |     | Kennedy Catholic High School | 1:20.68 NPSL | 3      |
| 11 Jolley, Samantha        |     | Federal Way HS Girls Swim-US | 1:20.92 NPSL | 2      |
| 12 Weber, Bridget          |     | Kennedy Catholic High School | 1:22.03 NPSL | 1      |
| 13 Nishizawa, Anna         |     | Tahoma High School           | 1:22.15 NPSL |        |
| 14 Kwong, Amelia           | 16  | Mount Rainier High School-PN | 1:22.50 NPSL |        |
| 15 Hansmire, Molly         | 15  | Mount Rainier High School-PN | 1:26.24      |        |
| 16 Le, Lucy                | 17  | Mount Rainier High School-PN | 1:28.30      |        |

**Event 12 Girls 400 Yard Freestyle Relay**

3:45.90 WIAA

4:34.75 WCD

| Team                           | Relay                           | Finals Time         | Points              |
|--------------------------------|---------------------------------|---------------------|---------------------|
| 1 Kennedy Catholic High School | A                               | 3:43.95 WIAA        | 32                  |
| 1) Jackson, Avery              | 2) LaBella, Lucy                | 3) Vu, Kaitlyn      | 4) Weiler, Hailey   |
| 2 Mount Rainier High School-PN | A                               | 3:53.54 WCD         | 26                  |
| 1) Ng, Maddie 16               | 2) Wisen, Addie 17              | 3) Carr, Addy 16    | 4) Ma, Elizabeth 17 |
| 3 Tahoma High School           | A                               | 3:58.34 WCD         | 24                  |
| 1) Rasmussen, Tamar            | 2) Artemdize, Sophie            | 3) Jose, Norah      | 4) Gaul, Rowan      |
| 4 Decatur High School          | A                               | 4:31.80 WCD         | 22                  |
| 1) Thomas, Arsema              | 2) Heslop, Izzy                 | 3) Thomas, Helena   | 4) Walling, Ashly   |
| 5 Federal Way HS Girls Swim-US | A                               | 5:10.41             | 20                  |
| 1) Jolley, Alexis              | 2) Kelly, Keira                 | 3) Oberst, Kate     | 4) Jolley, Samantha |
| --- Kentridge HS-PN            | A                               | DQ                  |                     |
| 1) Wu, Paige                   | 2) Zimmerman, Reyna             | 3) Hewson, Ainsley  | 4) McDowell, Alexis |
| --- Kentwood High School-PN    | A                               | DQ                  |                     |
| 1) Algigi, Maddy 18            | 2) Mendoza Sandoval, Maritza 17 | 3) Votisek, Ness 16 | 4) Osborn, Brynn 16 |

**Scores - Women****Women - Team Rankings - Through Event 12**

|                                 |     |                              |       |
|---------------------------------|-----|------------------------------|-------|
| 1. Kennedy Catholic High School | 322 | 2. Tahoma High School        | 260.5 |
| 3. Kentridge HS                 | 175 | 4. Mount Rainier High School | 144.5 |
| 5. Decatur High School          | 96  | 6. Federal Way HS Girls Swim | 56    |
| 7. Kentwood High School         | 49  |                              |       |