

4A NPSL League Meet 10.20.23 - 10/20/2023**Results - 4A NPSL League Meet****Event 1 Girls 200 Yard Medley Relay**

1:53.50 WIAA

2:09.50 WCD

Team	Relay	Finals Time	Points
1 Kennedy Catholic High School 1) Weiler, Hailey	A 2) Vu, Kaitlyn	1:50.50 WIAA 4) Jackson, Avery	32
2 Tahoma High School 1) Hill, Jasmine	A 2) Sears, Sierra	1:58.83 WCD 4) Artemdize, Sophie	26
3 Kentridge HS-PN 1) Mann, Grace	A 2) Edwards, Addison	2:06.23 WCD 4) Haroldson-Margel, Harper	24
4 Mount Rainier High School-PN 1) Nesbitt, Piper 14	A 2) Hansmire, Molly 15	2:13.41 4) Easterling, Abi 17	22
5 Federal Way HS Girls Swim-US 1) Nguyen, Jazlyn	A 2) Jolley, Samantha	2:22.34 4) Kelly, Keira	20
--- Decatur High School 1) Ekenman, Eva	A 2) Tucker, Violet	DQ 4) Thomas, Roha	
--- Kentwood High School-PN 1) Osborn, Brynn 16	A 2) Snyder, Abbie 14	DQ 4) Shirk, Kennedi 14	

Event 2 Girls 200 Yard Freestyle

1:59.70 WIAA

2:16.30 WCD

2:21.50 NPSL

Name	Age	School	Finals Time	Points
1 Weiler, Hailey		Kennedy Catholic High School	1:53.72 WIAA	16
2 Ma, Elizabeth	17	Mount Rainier High School-PN	1:56.41 WIAA	13
3 LaBella, Lucy		Kennedy Catholic High School	2:02.84 WCD	12
4 Rasmussen, Tamar		Tahoma High School	2:09.85 WCD	11
5 McDowell, Alexis		Kentridge HS-PN	2:11.19 WCD	10
6 Jose, Norah		Tahoma High School	2:14.14 WCD	9
7 Zimmerman, Reyna		Kentridge HS-PN	2:16.06 WCD	7
8 Hewson, Ainsley		Kentridge HS-PN	2:18.27 NPSL	5
9 Thomas, Roha		Decatur High School	2:28.52	4
10 Hammock, Gabbi	16	Mount Rainier High School-PN	2:34.12	3
11 Thomas, Arsema		Decatur High School	2:34.51	2

Event 3 Girls 200 Yard IM

2:13.50 WIAA

2:34.00 WCD

2:41.50 NPSL

Name	Age	School	Finals Time	Points
1 Vu, Kaitlyn		Kennedy Catholic High School	2:13.12 WIAA	16
2 Edwards, Addison		Kentridge HS-PN	2:22.53 WCD	13
3 Sears, Sierra		Tahoma High School	2:24.57 WCD	12
4 Haroldson-Margel, Harper		Kentridge HS-PN	2:27.91 WCD	11
5 Nishizawa, Anna		Tahoma High School	2:38.68 NPSL	10
6 Thomas, Helena		Decatur High School	2:58.80	9

Event 4 Girls 50 Yard Freestyle

25.00 WIAA

27.60 WCD

28.50 NPSL

Name	Age	School	Finals Time	Points
1 Gaul, Rowan		Tahoma High School	25.60 WCD	16

4A NPSL League Meet 10.20.23 - 10/20/2023**Results - 4A NPSL League Meet****(Event 4 Girls 50 Yard Freestyle)**

	Name	Age	School	Finals Time		Points
2	Williams, Rae		Kennedy Catholic High School	26.45	WCD	13
3	McDonald, Baillie		Tahoma High School	26.73	WCD	12
4	Warner, Elena		Tahoma High School	26.80	WCD	11
5	Hill, Jasmine		Tahoma High School	26.94	WCD	10
6	Mann, Grace		Kentridge HS-PN	26.95	WCD	9
7	Carr, Addy	16	Mount Rainier High School-PN	27.03	WCD	7
8	Ng, Maddie	16	Mount Rainier High School-PN	27.09	WCD	5
9	Wu, Paige		Kentridge HS-PN	27.68	NPSL	4
10	Kido, Keira		Kentridge HS-PN	28.42	NPSL	3
11	Rantz, Cameron		Kennedy Catholic High School	28.49	NPSL	2
12	Easterling, Abi	17	Mount Rainier High School-PN	29.40		1

Event 5 Girls 1 mtr Diving

	Name	Age	School	Finals Score	Points
1	Parker, Anna		Kennedy Catholic High School	266.40	16
2	Laukala, Paisley		Tahoma High School	232.95	13
3	Johnson, Amaya		Decatur High School	231.25	12
4	McDonough, Addison		Kennedy Catholic High School	228.90	11
5	Raulerson, Cordelia		Tahoma High School	223.90	10
6	Allred, Phoebe Jane	16	Mount Rainier High School-PN	219.70	9
7	Wainscott, Marley	15	Mount Rainier High School-PN	216.25	7
8	Ng, Maddie	16	Mount Rainier High School-PN	215.15	5
9	Baker, Sienna		Kentridge HS-PN	201.80	4
10	Stoll, Seville		Kennedy Catholic High School	183.80	3
11	Simmons, Amaya		Decatur High School	178.90	2
12	Hertzke, Gracen		Tahoma High School	174.25	1
13	Pallotta, Cecilia		Kennedy Catholic High School	169.00	

Event 6 Girls 100 Yard Butterfly

59.60 WIAA

1:09.70 WCD

1:16.50 NPSL

	Name	Age	School	Finals Time		Points
1	Williams, Rae		Kennedy Catholic High School	1:02.50	WCD	16
*2	Wisen, Addie	17	Mount Rainier High School-PN	1:03.81	WCD	12.50
*2	Warner, Elena		Tahoma High School	1:03.81	WCD	12.50
4	Artemdize, Sophie		Tahoma High School	1:04.35	WCD	11
5	McDonald, Baillie		Tahoma High School	1:05.02	WCD	10
6	Nguyen, Natalie		Kennedy Catholic High School	1:05.19	WCD	9
7	Snyder, Abbie	14	Kentwood High School-PN	1:05.53	WCD	7
8	Jackson, Avery		Kennedy Catholic High School	1:06.02	WCD	5
9	Thomas, Roha		Decatur High School	1:17.27		4
10	Thomas, Helena		Decatur High School	1:17.82		3
11	Johnson, LJ		Kentridge HS-PN	1:18.59		2
12	West, Kaija		Tahoma High School	1:21.09		1

Event 7 Girls 100 Yard Freestyle

54.50 WIAA

1:01.35 WCD

1:06.50 NPSL

	Name	Age	School	Finals Time		Points
1	Weiler, Hailey		Kennedy Catholic High School	53.07	WIAA	16

4A NPSL League Meet 10.20.23 - 10/20/2023**Results - 4A NPSL League Meet****(Event 7 Girls 100 Yard Freestyle)**

	Name	Age	School	Finals Time		Points
2	Ma, Elizabeth	17	Mount Rainier High School-PN	54.33	WIAA	13
3	Gaul, Rowan		Tahoma High School	57.01	WCD	12
4	Mann, Grace		Kentridge HS-PN	59.47	WCD	11
5	Rasmussen, Tamar		Tahoma High School	59.77	WCD	10
6	Helland, Grace		Kennedy Catholic High School	1:00.16	WCD	9
7	Zimmerman, Reyna		Kentridge HS-PN	1:00.70	WCD	7
8	Rantz, Cameron		Kennedy Catholic High School	1:02.58	NPSL	5
9	Jose, Norah		Tahoma High School	1:02.67	NPSL	4
10	Wu, Paige		Kentridge HS-PN	1:02.80	NPSL	3
11	Kido, Keira		Kentridge HS-PN	1:03.30	NPSL	2
12	Kwong, Amelia	16	Mount Rainier High School-PN	1:03.52	NPSL	1
13	Walling, Ashly		Decatur High School	1:03.96	NPSL	
14	Easterling, Abi	17	Mount Rainier High School-PN	1:04.01	NPSL	
15	Becker, Giselle		Kennedy Catholic High School	1:05.66	NPSL	
16	Kovacs, Elizabeth		Tahoma High School	1:06.12	NPSL	
17	Ekenman, Eva		Decatur High School	1:06.58		
18	Nesbitt, Piper	14	Mount Rainier High School-PN	1:06.64		

Event 8 Girls 500 Yard Freestyle

5:21.00 WIAA

6:06.40 WCD

6:32.50 NPSL

	Name	Age	School	Finals Time		Points
1	LaBella, Lucy		Kennedy Catholic High School	5:32.11	WCD	16
2	Paulson, Victoria		Kennedy Catholic High School	5:46.66	WCD	13
3	Tucker, Violet		Decatur High School	6:00.37	WCD	12
4	Snyder, Abbie	14	Kentwood High School-PN	6:01.58	WCD	11
5	Weber, Bridget		Kennedy Catholic High School	6:30.91	NPSL	10
6	Thomas, Arsema		Decatur High School	7:09.71		9

Event 9 Girls 200 Yard Freestyle Relay

1:42.50 WIAA

1:57.25 WCD

	Team	Relay	Finals Time		Points
1	Mount Rainier High School-PN	A	1:44.87	WCD	32
	1) Ma, Elizabeth 17	2) Carr, Addy 16	3) Wisen, Addie 17	4) Ng, Maddie 16	
2	Tahoma High School	A	1:45.50	WCD	26
	1) Warner, Elena	2) McDonald, Baillie	3) Rasmussen, Tamar	4) Gaul, Rowan	
3	Kennedy Catholic High School	A	1:49.12	WCD	24
	1) LaBella, Lucy	2) Rantz, Cameron	3) Pallotta, Cecilia	4) Williams, Rae	
4	Kentridge HS-PN	A	1:50.78	WCD	22
	1) Mann, Grace	2) Wu, Paige	3) Edwards, Addison	4) Haroldson-Margel, Harper	
5	Decatur High School	A	1:55.55	WCD	20
	1) Thomas, Roha	2) Ekenman, Eva	3) Walling, Ashly	4) Tucker, Violet	
6	Kentwood High School-PN	A	2:03.13		18
	1) Algigi, Maddy 18	2) Dinh, Thy 16	3) Mendoza Sandoval, Maritza 17	4) Votisek, Ness 16	
7	Federal Way HS Girls Swim-US	A	2:15.91		14
	1) Jolley, Alexis	2) Oberst, Kate	3) Duncan-Tymas, Sayghe	4) Jolley, Samantha	

4A NPSL League Meet 10.20.23 - 10/20/2023**Results - 4A NPSL League Meet****Event 10 Girls 100 Yard Backstroke****1:00.40 WIAA****1:09.40 WCD****1:14.50 NPSL**

Name	Age	School	Finals Time	Points
1 Hill, Jasmine		Tahoma High School	1:01.60 WCD	16
2 Jackson, Avery		Kennedy Catholic High School	1:02.66 WCD	13
3 Paulson, Victoria		Kennedy Catholic High School	1:06.76 WCD	12
4 Nguyen, Natalie		Kennedy Catholic High School	1:08.30 WCD	11
5 McDowell, Alexis		Kentridge HS-PN	1:10.46 NPSL	10
6 Osborn, Brynn	16	Kentwood High School-PN	1:10.98 NPSL	9
7 Hewson, Ainsley		Kentridge HS-PN	1:12.20 NPSL	7
8 Ekenman, Eva		Decatur High School	1:13.01 NPSL	5
9 Shirk, Kennedi	14	Kentwood High School-PN	1:14.13 NPSL	4
10 Nesbitt, Piper	14	Mount Rainier High School-PN	1:14.82	3
11 Gollob, Addie	15	Mount Rainier High School-PN	1:15.18	2
12 Heslop, Izzy		Decatur High School	1:19.89	1

Event 11 Girls 100 Yard Breaststroke**1:08.25 WIAA****1:19.05 WCD****1:24.50 NPSL**

Name	Age	School	Finals Time	Points
1 Vu, Kaitlyn		Kennedy Catholic High School	1:06.40 WIAA	16
2 Edwards, Addison		Kentridge HS-PN	1:11.64 WCD	13
3 Haroldson-Margel, Harper		Kentridge HS-PN	1:12.25 WCD	12
4 Helland, Grace		Kennedy Catholic High School	1:12.92 WCD	11
5 Artemdize, Sophie		Tahoma High School	1:15.44 WCD	10
6 Pallotta, Cecilia		Kennedy Catholic High School	1:16.73 WCD	9
7 Sears, Sierra		Tahoma High School	1:16.74 WCD	7
8 Tucker, Violet		Decatur High School	1:17.17 WCD	5
9 Carr, Addy	16	Mount Rainier High School-PN	1:19.16 NPSL	4
10 Becker, Giselle		Kennedy Catholic High School	1:20.68 NPSL	3
11 Jolley, Samantha		Federal Way HS Girls Swim-US	1:20.92 NPSL	2
12 Weber, Bridget		Kennedy Catholic High School	x1:22.03 NPSL	
13 Nishizawa, Anna		Tahoma High School	1:22.15 NPSL	1
14 Kwong, Amelia	16	Mount Rainier High School-PN	1:22.50 NPSL	
15 Hansmire, Molly	15	Mount Rainier High School-PN	1:26.24	
16 Le, Lucy	17	Mount Rainier High School-PN	1:28.30	

Event 12 Girls 400 Yard Freestyle Relay**3:45.90 WIAA****4:34.75 WCD**

Team	Relay	Finals Time	Points
1 Kennedy Catholic High School	A	3:43.95 WIAA	32
1) Jackson, Avery	2) LaBella, Lucy	3) Vu, Kaitlyn	4) Weiler, Hailey
2 Mount Rainier High School-PN	A	3:53.54 WCD	26
1) Ng, Maddie 16	2) Wisen, Addie 17	3) Carr, Addy 16	4) Ma, Elizabeth 17
3 Tahoma High School	A	3:58.34 WCD	24
1) Rasmussen, Tamar	2) Artemdize, Sophie	3) Jose, Norah	4) Gaul, Rowan
4 Decatur High School	A	4:31.80 WCD	22
1) Thomas, Arsema	2) Heslop, Izzy	3) Thomas, Helena	4) Walling, Ashly
5 Federal Way HS Girls Swim-US	A	5:10.41	20
1) Jolley, Alexis	2) Kelly, Keira	3) Oberst, Kate	4) Jolley, Samantha

4A NPSL League Meet 10.20.23 - 10/20/2023**Results - 4A NPSL League Meet****(Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Finals Time	Points
--- Kentridge HS-PN	A	DQ	
1) Wu, Paige	2) Zimmerman, Reyna	3) Hewson, Ainsley	4) McDowell, Alexis
--- Kentwood High School-PN	A	DQ	
1) Algigi, Maddy 18	2) Mendoza Sandoval, Maritza 17	3) Votisek, Ness 16	4) Osborn, Brynn 16

Scores - Women**Women - Team Rankings - Through Event 12**

1. Kennedy Catholic High School	351	2. Tahoma High School	285.5
3. Kentridge HS	179	4. Mount Rainier High School	165.5
5. Decatur High School	110	6. Federal Way HS Girls Swim	56
7. Kentwood High School	49		