

Lake vs GP 3 oct 2023 - 10/3/2023

Results - Lake Stevens vs Monroe

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time	
1 GP	A	2:02.63	8
1) Sullivan, Keelie 15	2) Soeung, Melinda 16		
3) Lao, Lily 17	4) Lehmann, Emma 14		
29.37 36.91	29.65 26.70		
2 LSHS	A	2:04.97	4
1) Lamb, Charlotte	2) Young, Gracie		
3) Garingo, Jessica	4) Bowen, Addison		
31.65 35.04	30.39 27.89		
3 GP	B	2:12.02	2
1) Maley, Abby 18	2) Ganje, Lola 18		
3) Takano, Jolie 15	4) Bauman, Natalie 17		
33.28 38.85	30.57 29.32		
4 LSHS	B	2:21.80	
1) Thacker, Lyla	2) Haack, Makayla		
3) Moss, Laura	4) Keith, Hannah		
44.63 38.17	59.21		
5 LSHS	C	2:36.18	
1) Walles, Sage	2) Swanson, Isabella		
3) Hardy, Ellie	4) Vasquez, Amelia		
1:26.02 35.71	34.45		
--- GP	C	X2:17.02	
1) Vanturennot, Abigail 16	2) Munkhnasan, Namuun 14		
3) Heinson, Aubrey 14	4) Clarke, Addisyn 16		
34.75 43.94	29.04 29.29		
--- GP	D	X2:27.24	
1) Muncy, Brooke 16	2) Vandehey, Brooke 14		
3) Allred, Adelai 17	4) Carmona, Sofia 15		
35.62 42.01	37.53 32.08		
--- LSHS	D	X2:56.17	
1) Warren, Kamela	2) Gomez, Arianna		
3) Kennedy, Anna	4) Krause, Ruby		
45.04 46.22	45.41 39.50		
--- LSHS	E	X2:58.14	
1) Barlow, Haedyn	2) Price, Emma		
3) Fricke, Madelyn	4) Martin, Sarabeth		
48.43 41.65	52.80 35.26		
--- GP	E	X3:11.31	
1) Johnson, Evie 17	2) Norman, Sage 15		
3) Paulsen, Isabelle 17	4) Oldham, Kiersten 17		
42.84 1:01.48	48.03 38.96		
--- LSHS	F	X3:23.22	
1) Hernandez, Brissa	2) De la Cruz, Dana		
3) Sawyer, Haley	4) Llamas, Sofia		
50.96 1:51.28	40.98		

Event 2 Girls 200 Yard Freestyle

Name	AgeSchool	Finals Time	
1 Lehmann, Alena	16 GP	1:57.70	6
27.05 29.31	30.34	31.00	
2 Werner, Gwen	LSHS	2:14.07	4
30.00 33.90	35.28	34.89	
3 Lao, Ellie	17 GP	2:18.40	3
31.78 35.80	36.17	34.65	
4 Gesick, Emily	LSHS	2:19.63	2
31.62 34.80	36.86	36.35	

5 Lowell, Riley	15 GP	2:24.91	1
32.84 36.10	37.98	37.99	
6 Allen, Mercer	LSHS	2:25.00	
33.75 1:15.33	36.13		

Event 3 Girls 200 Yard IM

Name	AgeSchool	Finals Time	
1 Sullivan, Keelie	15 GP	2:18.96	6
30.16 34.46	43.22	31.12	
2 Young, Gracie	LSHS	2:39.23	4
37.75 39.98	44.51	36.99	
3 Maley, Abby	18 GP	2:40.16	3
36.14 39.18	49.68	35.16	
4 Takano, Jolie	15 GP	2:40.42	2
35.84 40.78	47.72	36.08	
5 Moss, Laura	LSHS	2:49.64	1
37.88 44.55	46.96	40.25	
6 Trabanino, Gabby	LSHS	3:02.85	
39.94 49.19	54.70	39.02	

Event 4 Girls 50 Yard Freestyle

Name	AgeSchool	Finals Time	
1 Maley, Megan	14 GP	26.90	6
2 Lao, Lily	17 GP	27.42	4
3 Lehmann, Emma	14 GP	27.55	3
4 Bowen, Addison	LSHS	28.19	2
5 Martin, Isabella	LSHS	29.71	1
6 Keith, Hannah	LSHS	31.12	
--- Ganje, Lola	18 GP	X29.74	
--- Hardy, Ellie	LSHS	X30.11	
--- Muncy, Brooke	16 GP	X30.59	
--- Haack, Makayla	LSHS	X31.50	
--- Carmona, Sofia	15 GP	X31.85	
--- Soeung, Melinda	16 GP	X32.02	
--- Beal, Arianna	LSHS	X34.33	
--- Johnson, Evie	17 GP	X35.68	
--- Walles, Sage	LSHS	X35.94	
--- Barlow, Haedyn	LSHS	X36.06	
--- Vasquez, Amelia	LSHS	X36.42	
--- Gomez, Arianna	LSHS	X36.55	
--- McCartea, Mataya	15 GP	X37.22	
--- Cheney, Alexis	LSHS	X37.80	
--- Lamping, Cara	14 GP	X37.86	
--- Paulsen, Isabelle	17 GP	X38.21	
--- Oldham, Kiersten	17 GP	X38.58	
--- Kennedy, Anna	LSHS	X39.13	
--- Martin, Sarabeth	LSHS	X39.76	
--- Swanson, Isabella	LSHS	X39.97	
--- Cumplido, Naira	14 GP	X40.32	
--- Hicks, Isabella	LSHS	X41.00	
--- De la Cruz, Dana	LSHS	X41.23	
--- Grams-Rau, Adison	LSHS	X41.24	
--- Powell, Allison	LSHS	X42.16	
--- Norman, Sage	15 GP	X42.31	
--- Fricke, Madelyn	LSHS	X43.56	
--- Bowers, Koelle	LSHS	X44.11	
--- Carluccio, Rosalinda	16 GP	X44.56	
--- Ganal, Mischa	LSHS	X45.05	

Lake vs GP 3 oct 2023 - 10/3/2023

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(Event 4 Girls 50 Yard Freestyle)

Name	AgeSchool	Finals Time
--- Macarthur, Elliott	LSHS	X46.61
--- Hernandez, Brissa	LSHS	X48.07
--- Ramareddi, Khusum	LSHS	X49.88
--- Price, Emma	LSHS	XNS
--- Wight, Macy	14 GP	XNS
--- Perry, Aurelia	15 GP	XNS

Event 5 Girls 1 mtr Diving

Name	AgeSchool	Finals Score
1 Boudraa, Selma	16 GP	198.15 6
2 Conley, Olivia	15 GP	183.45 4
3 Clarke, Addisyn	16 GP	171.05 3
--- Butler, Claire	15 GP	X133.60
--- Farman, Addison	16 GP	X125.70
--- Hostetter, Kate	LSHS	X77.55
--- Vasquez, Amelia	LSHS	X53.00
--- Beal, Arianna	LSHS	X46.95
--- Goritsas, Lucia	14 GP	XNS
--- Verma, Navya	14 GP	XNS

Event 6 Girls 100 Yard Butterfly

Name	AgeSchool	Finals Time
1 Lamb, Charlotte	LSHS	1:07.25 6
30.70 36.55		
2 Lao, Ellie	17 GP	1:09.64 4
31.95 37.69		
3 Garingo, Jessica	LSHS	1:12.88 3
32.77 40.11		
4 Takano, Jolie	15 GP	1:15.06 2
35.28 39.78		
5 Munkhnasan, Namuun	14 GP	1:19.88 1
37.02 42.86		
6 Thacker, Lyla	LSHS	1:20.56
39.32 41.24		

Event 7 Girls 100 Yard Freestyle

Name	AgeSchool	Finals Time
1 Maley, Megan	14 GP	58.23 6
28.10 30.13		
2 Werner, Gwen	LSHS	59.39 4
28.72 30.67		
3 Lao, Lily	17 GP	1:01.52 3
29.18 32.34		
4 Martin, Isabella	LSHS	1:07.63 2
31.94 35.69		
5 Keith, Hannah	LSHS	1:09.03 1
33.09 35.94		
--- Hardy, Ellie	LSHS	X1:05.76
32.31 33.45		
--- Trabanino, Gabby	LSHS	X1:09.53
33.33 36.20		
--- Allred, Adelai	17 GP	X1:20.59
39.47 41.12		
--- Risser, Adrienne	LSHS	X1:21.09
39.56 41.53		
--- Jeannot-Schroeder, Samaya	LSHS	X1:22.40
40.08 42.32		

--- Johnson, Evie	17 GP	X1:23.25
40.82 42.43		
--- Lamping, Cara	14 GP	X1:23.79
40.43 43.36		
--- Krause, Ruby	LSHS	X1:24.99
41.37 43.62		
--- Cheney, Alexis	LSHS	X1:25.24
40.77 44.47		
--- Sawyer, Haley	LSHS	X1:25.68
41.17 44.51		
--- Kennedy, Anna	LSHS	X1:30.47
44.14 46.33		
--- Ficke, Celine	LSHS	X1:31.79
44.05 47.74		
--- Oldham, Kiersten	17 GP	X1:32.90
43.96 48.94		
--- Norman, Sage	15 GP	X1:34.72
1:34.90		
--- McCartea, Mataya	15 GP	X1:34.82
45.31 49.51		
--- Cumplido, Naira	14 GP	X1:39.30
47.70 51.60		
--- Carluccio, Rosalinda	16 GP	X1:49.73
49.20 1:00.53		
--- Llamas, Sofia	LSHS	XNS
--- Bauman, Natalie	17 GP	XNS
--- Lehmann, Emma	14 GP	NS
--- Perry, Aurelia	15 GP	XNS

Event 8 Girls 500 Yard Freestyle

Name	AgeSchool	Finals Time
1 Bowen, Addison	LSHS	6:03.23 6
32.87 36.03 36.42 37.17		
37.19 37.59 37.04 36.59		
36.86 35.47		
2 Gesick, Emily	LSHS	6:19.02 4
33.97 36.67 39.30 38.92		
39.76 38.13 38.33 37.67		
38.72 37.55		
3 Allen, Mercer	LSHS	6:43.68 3
35.58 39.30 40.53 41.81		
41.56 41.46 42.06 41.29		
40.90 39.19		
4 Vanturenout, Abigail	16 GP	6:44.41 2
34.74 39.69 40.83 42.63		
41.28 41.45 41.54 42.27		
41.54 38.44		
5 Vandehey, Brooke	14 GP	6:45.10 1
34.82 38.87 40.92 42.13		
41.76 41.26 42.12 41.91		
42.21 39.10		
6 Heinson, Aubrey	14 GP	6:55.95
35.72 43.72 42.88 42.86		
42.25 42.70 42.90 42.92		
41.75 38.25		

Lake vs GP 3 oct 2023 - 10/3/2023

Results - Lake Stevens vs Monroe

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 GP	A	1:48.96 8
1) Lehmann, Alena 16	2) Takano, Jolie 15	
3) Lao, Lily 17	4) Maley, Megan 14	
25.77 55.44	27.92	
2 GP	B	1:59.39 4
1) Maley, Abby 18	2) Ganje, Lola 18	
3) Lowell, Riley 15	4) Lao, Ellie 17	
31.44 29.42	28.72 29.81	
3 LSHS	A	2:01.18 2
1) Young, Gracie	2) Keith, Hannah	
3) Gesick, Emily	4) Werner, Gwen	
30.05 33.04	29.34 28.75	
4 LSHS	B	2:03.29
1) Moss, Laura	2) Martin, Isabella	
3) Trabanino, Gabby	4) Hardy, Ellie	
30.36 30.71	31.62 30.60	
5 LSHS	C	2:32.53
37.63 38.05	36.88 39.97	
--- GP	C	X2:03.85
1) Clarke, Addisyn 16	2) Soeung, Melinda 16	
3) Muncy, Brooke 16	4) Munkhnasan, Namuun 14	
30.34 32.72	30.01 30.78	
--- GP	D	X2:29.65
1) Allred, Adelai 17	2) Johnson, Evie 17	
3) Lamping, Cara 14	4) Oldham, Kiersten 17	
46.37 27.17	37.48 38.63	
--- LSHS	D	X2:39.21
1) Warren, Kamela	2) Powell, Allison	
3) Sawyer, Haley	4) Martin, Sarabeth	
37.35 40.25	38.07 43.54	
--- GP	E	X2:41.43
1) McCartea, Mataya 15	2) Paulsen, Isabelle 17	
3) Cumplido, Naira 14	4) Norman, Sage 15	
39.29 1:21.82	40.38	
--- LSHS	E	X2:43.51
1) Ficke, Celine	2) Hicks, Isabella	
3) Risser, Adrienne	4) Macarthur, Elliott	
40.88 52.49	26.70 43.44	
--- LSHS	F	X3:08.27
1) Grams-Rau, Adison	2) Ganal, Mischa	
3) Bowers, Koelle	4) Ramareddi, Khusum	
43.98 45.15	44.02 55.12	

Event 10 Girls 100 Yard Backstroke

Name	AgeSchool	Finals Time
1 Sullivan, Keelie	15 GP	1:02.23 6
30.06 32.17		
2 Garingo, Jessica	LSHS	1:12.33 4
36.01 36.32		
3 Maley, Abby	18 GP	1:13.43 3
36.04 37.39		
4 Bauman, Natalie	17 GP	1:14.50 2
36.60 37.90		
5 Thacker, Lyla	LSHS	1:23.17 1
40.73 42.44		

6 Haack, Makayla	LSHS	1:24.23
1:24.59		
--- Carmona, Sofia	15 GP	X1:23.92
41.04 42.88		
--- Paulsen, Isabelle	17 GP	X1:41.61
51.42 50.19		
--- Barlow, Haedyn	LSHS	X1:45.76
48.55 57.21		
--- Hernandez, Brissa	LSHS	X1:54.40
54.24 1:00.16		
--- Wight, Macy	14 GP	XNS
--- Warren, Kamela	LSHS	XNS

Event 11 Girls 100 Yard Breaststroke

Name	AgeSchool	Finals Time
1 Lamb, Charlotte	LSHS	1:16.55 6
35.51 41.04		
2 Young, Gracie	LSHS	1:18.52 4
36.67 41.85		
3 Moss, Laura	LSHS	1:23.62 3
40.43 43.19		
4 Ganje, Lola	18 GP	1:24.56 2
39.52 45.04		
5 Soeung, Melinda	16 GP	1:25.38 1
40.33 45.05		
6 Vanturennot, Abigail	16 GP	1:28.98
42.08 46.90		
--- Munkhnasan, Namuun	14 GP	X1:29.95
43.47 46.48		
--- Muncy, Brooke	16 GP	X1:29.97
41.78 48.19		
--- Clarke, Addisyn	16 GP	X1:34.54
43.55 50.99		
--- Walles, Sage	LSHS	X1:35.75
44.82 50.93		
--- Swanson, Isabella	LSHS	X1:40.44
47.21 53.23		
--- Gomez, Arianna	LSHS	XDNF

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 GP	A	3:58.43 8
1) Maley, Megan 14	2) Lehmann, Emma 14	
3) Sullivan, Keelie 15	4) Lehmann, Alena 16	
28.58 59.76	28.46 1:02.18	
28.39 1:01.06	26.78 55.43	
2 LSHS	A	4:13.14 4
1) Werner, Gwen	2) Bowen, Addison	
3) Garingo, Jessica	4) Lamb, Charlotte	
29.41 1:01.27	30.45 1:04.09	
31.21 1:05.67	29.37 1:02.11	
3 GP	B	4:28.84 2
1) Lao, Ellie 17	2) Vandehey, Brooke 14	
3) Lowell, Riley 15	4) Bauman, Natalie 17	
30.92 1:05.57	34.61 1:12.21	
31.16 1:04.67	31.59 1:06.39	

Lake vs GP 3 oct 2023 - 10/3/2023

Results - Lake Stevens vs Monroe

(Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Finals Time
4 LSHS	B	4:36.63
1) Gesick, Emily	2) Allen, Mercer	
3) Thacker, Lyla	4) Martin, Isabella	
32.25 1:40.01	35.48 1:10.40	
48.50 1:10.42	35.78 35.80	
5 GP	C	5:17.50
1) Carmona, Sofia 15	2) Lamping, Cara 14	
3) Allred, Adelai 17	4) Heinson, Aubrey 14	
34.81 1:13.95	40.99 1:27.61	
39.43 1:22.30	15.40 1:13.64	
6 LSHS	C	5:28.94
1) Trabanino, Gabby	2) Llamas, Sofia	
3) Jeannot-Schroeder, Samaya	4) Krause, Ruby	
39.86 1:25.36	40.70 1:26.42	
31.85 1:08.24	42.64 1:28.92	

Scores - Women

Women - Team Rankings - Through Event 12	
1. Glacier Peak High School Girls	112
2. Lake Stevens High School	71