

Kamiak Glacier Peak - 10/5/2023

Results - one

Event 1 Women 200 Yard Medley Relay

1:53.50 4A S 4A state

1:53.90 3A S 3A state

2:01.50 2A S 2A state

Team	Relay	Finals Time
1 KAM!	A	1:59.76 2A S
1) Lorenzo, Julia 11	2) Ryu, Janey 11	
3) Park, Aida 11	4) Cho, Iris 11	
28.50 34.19	31.07 26.00	
2 GP	A	2:03.64 4
1) Sullivan, Keelie 10	2) Soeung, Melinda 11	
3) Lao, Ellie 12	4) Lehmann, Emma 09	
29.54 37.54	29.79 26.77	
3 KAM!	B	2:11.21 2
1) Truong, Julia 11	2) Miga, Sophia 12	
3) Zou, Katie 10	4) Papenhausen, Ava 12	
33.87 38.55	29.39 29.40	
4 GP	B	2:13.13
1) Maley, Abby 12	2) Ganje, Lola 12	
3) Vanturenout, Abigail 11	4) Lowell, Riley 10	
32.58 40.51	29.89 30.15	
--- KAM!	C	X2:18.53
1) Ge, Fiona 09	2) Nguyen, Destiny 10	
3) Carr, Sean 10	4) Gebretsadik, Saraïm 11	
38.79 37.84	31.38 30.52	
--- GP	C	X2:18.89
1) Muncy, Brooke 11	2) Clarke, Addisyn 11	
3) Heinson, Aubrey 09	4) Munkhnasan, Namuun 09	
35.69 39.54	32.69 30.97	
--- KAM!	D	X2:33.97
1) Glass, Lilly 09	2) Yang, Stephanie 10	
3) Keflemariam, Grace 11	4) Griffin, Olivia 10	
42.41 40.36	36.95 34.25	
--- KAM!	F	X3:05.61
1) Cho, Jasmine 09	2) Claussen, Tiana 09	
3) Huang, Lana 12	4) Eo, Erin 09	
45.55 48.04	54.25 37.77	
--- GP	E	X3:10.57
1) Cumplido, Naira 09	2) Norman, Sage 10	
3) Perry, Aurelia 10	4) McCartea, Mataya 10	
45.08 57.37	51.63 36.49	
--- KAM!	E	XDQ
Early take-off swimmer #2		
1) LaMay, Lohan 09	2) Lilavois, Maddie 09	
3) Destro, Gabby 09	4) Rose, Julia 10	
46.83 55.58	38.70 42.70	
--- GP	D	XDQ
Stroke Infraction swimmer #2: Downward butterfly kick - breast		
1) Carmona, Sofia 10	2) Wight, Macy 09	
3) Paulsen, Isabelle 12	4) Lamping, Cara 09	
39.96 56.99	48.63 37.42	

Event 2 Women 200 Yard Freestyle

1:58.30 3A S 3A state

1:59.70 4A S 4A state

2:06.00 2A S 2A state

2:15.00 4ADA 4A District A

2:26.00 4ADB 4A districts

2:34.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Lehmann, Alena	11 GP	1:57.40 3A S
27.75 29.46	30.24 29.95	
2 Smith, Claire	12 KAM!	2:00.41 2A S
28.12 30.43	31.15 30.71	
3 Bauman, Natalie	12 GP	2:20.68 4ADB
32.61 35.67	36.81 35.59	
4 Smirnova, Anna	12 KAM!	2:23.60 4ADB
32.22 35.53	37.22 38.63	
5 Vandehey, Brooke	09 GP	2:31.48 2A D
33.56 39.55	39.93 38.44	
6 Yang, Stephanie	10 KAM!	2:46.22 1
38.46 41.73	43.71 42.32	
7 Willis, Josie	11 KAM!	3:13.13
41.53 48.06	52.83 50.71	
--- Boonsripisal, McKenna	10 KAM!	X2:41.10
37.21 41.10	41.66 41.13	
--- Carmona, Sofia	10 GP	X2:42.19
35.45 38.44	41.49 46.81	
--- Griffin, Olivia	10 KAM!	X2:46.24
36.84 42.60	45.66 41.14	
--- Prendergast, Zetta	12 KAM!	X2:48.28
37.30 42.37	44.37 44.24	
--- Allred, Adelai	12 GP	X3:12.32
44.99 50.42	49.38 47.53	

Event 3 Women 200 Yard IM

2:13.00 3A S 3A state

2:13.50 4A S 4A state

2:23.00 2A S 2A state

2:35.00 4ADA 4A District A

2:55.00 4ADB 4A districts

2:59.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Sullivan, Keelie	10 GP	2:18.81 2A S
29.80 34.80	41.98 32.23	
2 Zou, Katie	10 KAM!	2:25.37 4ADA
31.10 37.16	44.01 33.10	
3 Lao, Ellie	12 GP	2:29.35 4ADA
31.74 40.59	44.09 32.93	
4 Maley, Abby	12 GP	2:39.82 4ADB
34.71 37.96	50.21 36.94	
5 Cordoba, Sienna	09 KAM!	2:47.81 4ADB
37.18 42.39	50.46 37.78	
6 Papenhausen, Ava	12 KAM!	2:48.09 4ADB
36.10 42.66	49.27 40.06	

Kamiak Glacier Peak - 10/5/2023

Results - one

Event 4 Women 50 Yard Freestyle

24.75 3A S 3A state
 25.00 4A S 4A state
 26.10 2A S 2A state
 28.00 4ADA 4A District A
 28.50 4ADB 4A districts
 29.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Ryu, Janey	11 KAM!	25.88 2A S
2 Maley, Megan	09 GP	26.21 4ADA
3 Cho, Iris	11 KAM!	26.50 4ADA
4 Lehmann, Emma	09 GP	26.76 4ADA
5 Lao, Lily	12 GP	27.15 4ADA
6 Miga, Sophia	12 KAM!	29.60 2A D
--- Carr, Sean	10 KAM!	X27.41 4ADA
--- Munkhnasan, Namuun	09 GP	X29.95 2A D
--- Vanturennot, Abigail	11 GP	X30.00
--- Muncy, Brooke	11 GP	X30.22
--- Destro, Gabby	09 KAM!	X33.08
--- Boonsripisal, McKenna	10 KAM!	X33.93
--- Keflemariam, Grace	11 KAM!	X33.98
--- Huang, Lana	12 KAM!	X35.44
--- Glass, Lilly	09 KAM!	X35.59
--- MeCartea, Mataya	10 GP	X37.36
--- Claussen, Tiana	09 KAM!	X37.41
--- Paulsen, Isabelle	12 GP	X37.43
--- Cho, Jasmine	09 KAM!	X37.50
--- Cumplido, Naira	09 GP	X38.51
--- Wight, Macy	09 GP	X38.65
--- LaMay, Loghan	09 KAM!	X39.25
--- Norman, Sage	10 GP	X40.85
--- Eo, Erin	09 KAM!	X41.48
--- Kukes-Wurts, Halsey	12 KAM!	X46.70
--- Lilavois, Maddie	09 KAM!	X58.99

Event 5 Women 1 mtr Diving

Name	YrSchool	Finals Score
1 Butler, Claire	10 GP	219.70 6
2 Farman, Addison	11 GP	213.25 4
3 Boudraa, Selma	11 GP	157.35 3
4 Miga, Lily	10 KAM!	107.80 2
5 Gebretsadik, Saraim	11 KAM!	43.20 1
--- Conley, Olivia	10 GP	X92.45

Event 6 Women 100 Yard Butterfly

59.40 3A S 3A state
 59.60 4A S 4A state
 1:04.80 2A S 2A state
 1:11.00 4ADA 4A District A
 1:19.00 4ADB 4A districts
 1:29.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Lorenzo, Julia	11 KAM!	1:01.55 2A S
29.40 32.15		
2 Ryu, Janey	11 KAM!	1:03.07 2A S
29.90 33.17		
3 Lao, Ellie	12 GP	1:07.70 4ADA
31.12 36.58		

4 Heinson, Aubrey	09 GP	1:18.33 4ADB
35.97 42.36		
5 Vanturennot, Abigail	11 GP	1:18.92 4ADB
36.60 42.32		
--- Carr, Sean	10 KAM!	X1:10.39 4ADA
32.95 37.44		
--- Allred, Adelai	12 GP	X1:26.97 2A D
41.22 45.75		
--- Carmona, Sofia	10 GP	X1:32.56
38.95 53.61		
--- Lamping, Cara	09 GP	X1:49.76
47.43 1:02.33		

Event 7 Women 100 Yard Freestyle

54.50 3A S 3A state
 54.50 4A S 4A state
 57.60 2A S 2A state
 1:01.00 4ADA 4A District A
 1:05.00 4ADB 4A districts
 1:06.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Cho, Iris	11 KAM!	56.75 2A S
27.68 29.07		
2 Maley, Megan	09 GP	58.03 4ADA
28.03 30.00		
3 Lehmann, Emma	09 GP	59.82 4ADA
27.93 31.89		
4 Lao, Lily	12 GP	1:01.39 4ADB
28.75 32.64		
5 Truong, Julia	11 KAM!	1:03.35 4ADB
30.24 33.11		
6 Miga, Sophia	12 KAM!	1:05.84 2A D
31.15 34.69		
7 Willis, Josie	11 KAM!	1:28.40
43.00 45.40		
--- Smirnova, Anna	12 KAM!	X1:04.76 4ADB
31.20 33.56		
--- Ganje, Lola	12 GP	X1:05.03 2A D
30.80 34.23		
--- Clarke, Addisyn	11 GP	X1:08.01
31.16 36.85		
--- Soeung, Melinda	11 GP	X1:12.31
33.71 38.60		
--- Gebretsadik, Saraim	11 KAM!	X1:12.63
32.19 40.44		
--- Griffin, Olivia	10 KAM!	X1:13.75
36.42 37.33		
--- Destro, Gabby	09 KAM!	X1:14.47
35.32 39.15		
--- Huang, Lana	12 KAM!	X1:16.16
36.33 39.83		
--- Keflemariam, Grace	11 KAM!	X1:17.95
37.07 40.88		
--- Prendergast, Zetta	12 KAM!	X1:19.03
36.38 42.65		
--- Cho, Jasmine	09 KAM!	X1:25.36
41.35 44.01		

Kamiak Glacier Peak - 10/5/2023

Results - one

(Event 7 Women 100 Yard Freestyle)

Name	Yr	School	Finals Time
--- LaMay, Logan	09	KAM!	X1:27.32
36.91	50.41		
--- Claussen, Tiana	09	KAM!	X1:29.21
42.86	46.35		
--- MeCartea, Mataya	10	GP	X1:30.08
45.59	44.49		
--- Norman, Sage	10	GP	X1:31.79
43.88	47.91		
--- Cumplido, Naira	09	GP	X1:33.98
49.06	44.92		
--- Perry, Aurelia	10	GP	X1:36.80
--- Kukes-Wurts, Halsey	12	KAM!	X1:45.36
48.46	56.90		

Event 8 Women 500 Yard Freestyle

- 5:20.50 3A S 3A state
- 5:21.00 4A S 4A state
- 5:45.00 2A S 2A state
- 6:15.00 4ADA 4A District A
- 6:45.00 4ADB 4A districts
- 6:59.99 2A D 2A districts

Name	Yr	School	Finals Time
1 Lehmann, Alena	11	GP	5:17.97 3A S
29.34	31.65	32.37	32.49
32.84	32.58	32.43	32.27
31.86	30.14		
2 Park, Aida	11	KAM!	5:30.71 2A S
30.21	32.82	33.43	33.54
33.70	33.51	33.36	33.69
33.94	32.51		
3 Zou, Katie	10	KAM!	6:03.27 4ADA
31.36	35.54	36.81	37.15
37.27	37.72	37.20	37.29
37.36	35.57		
4 Lowell, Riley	10	GP	6:39.17 4ADB
34.04	37.91	39.82	41.03
42.03	42.33	42.69	41.80
40.26	37.26		
5 Ge, Fiona	09	KAM!	6:48.89 2A D
35.32	40.11	42.70	43.21
42.67	41.80	42.09	41.49
41.80	37.70		
6 Vandehey, Brooke	09	GP	6:49.45 2A D
35.16	40.84	41.99	43.29
42.99	42.04	41.20	42.03
42.32	37.59		

Event 9 Women 200 Yard Freestyle Relay

- 1:42.50 4A S 4A state
- 1:42.70 3A S 3A state
- 1:48.40 2A S 2A state

Team	Relay	Finals Time
1 KAM!	A	1:43.55 2A S
1) Lorenzo, Julia 11	2) Cho, Iris 11	
3) Ryu, Janey 11	4) Smith, Claire 12	
26.08	26.16	26.07 25.24

2 GP	A	1:45.52 2A S
1) Maley, Megan 09	2) Sullivan, Keelie 10	
3) Lao, Lily 12	4) Lehmann, Alena 11	
26.78	26.23	27.29 25.22
3 GP	B	1:58.63 2
1) Vanturennot, Abigail 11	2) Lowell, Riley 10	
3) Bauman, Natalie 12	4) Lao, Ellie 12	
31.21	30.94	29.11 27.37
4 KAM!	B	2:01.87
1) Miga, Sophia 12	2) Smirnova, Anna 12	
3) Gebretsadik, Saraim 11	4) Papenhausen, Ava 12	
30.34	30.56	40.16 20.81
5 KAM!	C	2:10.44
1) Ge, Fiona 09	2) Nguyen, Destiny 10	
3) Griffin, Olivia 10	4) Destro, Gabby 09	
34.38	30.92	38.47 26.67
6 KAM!	D	2:23.51
1) Boonsripisal, McKenna 10	2) Huang, Lana 12	
3) Claussen, Tiana 09	4) Keflemariam, Grace 11	
34.43	34.93	42.44 31.71
7 KAM!	F	2:44.63
1) Cho, Jasmine 09	2) Glass, Lilly 09	
3) Rose, Julia 10	4) Eo, Erin 09	
37.76	42.40	43.39 41.08
8 KAM!	E	3:04.38
1) Kukes-Wurts, Halsey 12	2) LaMay, Logan 09	
3) Prendergast, Zetta 12	4) Lilavois, Maddie 09	
52.58	35.79	36.24 59.77
--- GP	C	X2:03.05
1) Soeung, Melinda 11	2) Clarke, Addisyn 11	
3) Ganje, Lola 12	4) Vandehey, Brooke 09	
31.54	29.82	31.03 30.66
--- GP	D	X2:08.48
1) Allred, Adelai 12	2) Carmona, Sofia 10	
3) Muncy, Brooke 11	4) Munkhnasan, Namuun 09	
37.75	31.68	29.64 29.41

Event 10 Women 100 Yard Backstroke

- 59.75 3A S 3A state
- 1:00.40 4A S 4A state
- 1:03.90 2A S 2A state
- 1:09.00 4ADA 4A District A
- 1:17.00 4ADB 4A districts
- 1:19.99 2A D 2A districts

Name	Yr	School	Finals Time
1 Lorenzo, Julia	11	KAM!	1:01.14 2A S
30.04	31.10		
2 Sullivan, Keelie	10	GP	1:02.88 2A S
30.82	32.06		
3 Park, Aida	11	KAM!	1:07.28 4ADA
32.13	35.15		
4 Maley, Abby	12	GP	1:09.71 4ADB
33.16	36.55		
5 Truong, Julia	11	KAM!	1:11.34 4ADB
34.17	37.17		
6 Bauman, Natalie	12	GP	1:16.55 4ADB
37.63	38.92		
--- Lamping, Cara	09	GP	X1:35.53
46.00	49.53		

Kamiak Glacier Peak - 10/5/2023

Results - one

(Event 10 Women 100 Yard Backstroke)

Name	YrSchool	Finals Time
--- Glass, Lilly	09 KAM!	X1:39.33
--- Rose, Julia	10 KAM!	X1:52.78
--- Eo, Erin	09 KAM!	X1:53.09
53.36	59.73	

Event 11 Women 100 Yard Breaststroke

- 1:08.25 4A S 4A state
- 1:08.50 3A S 3A state
- 1:13.50 2A S 2A state
- 1:18.00 4ADA 4A District A
- 1:27.00 4ADB 4A districts
- 1:29.99 2A D 2A districts

Name	YrSchool	Finals Time
1 Smith, Claire	12 KAM!	1:14.54 4ADA
35.51	39.03	
2 Nguyen, Destiny	10 KAM!	1:25.56 4ADB
39.90	45.66	
3 Ganje, Lola	12 GP	1:25.77 4ADB
40.07	45.70	
4 Soeung, Melinda	11 GP	1:27.10 2A D
39.37	47.73	
5 Munkhnasan, Namuun	09 GP	1:29.28 2A D
42.13	47.15	
6 Yang, Stephanie	10 KAM!	1:29.88 2A D
41.76	48.12	
--- Cordoba, Sienna	09 KAM!	X1:31.66
44.66	47.00	
--- Lilavois, Maddie	09 KAM!	X2:01.84
59.47	1:02.37	
--- Rose, Julia	10 KAM!	X2:13.25
1:04.43	1:08.82	
--- Paulsen, Isabelle	12 GP	X2:30.58
1:09.08	1:21.50	
--- Wight, Macy	09 GP	XDQ
Downward butterfly kick		
58.49	1:03.87	

Event 12 Women 400 Yard Freestyle Relay

- 3:45.00 3A S 3A state
- 3:45.90 4A S 4A state
- 4:01.00 2A S 2A state

Team	Relay	Finals Time
1 GP	A	3:57.90 2A S
1) Lehmann, Alena 11	2) Lehmann, Emma 09	
3) Lao, Lily 12	4) Maley, Megan 09	
27.03	55.69	27.89 1:00.25
29.21	1:03.51	28.00 58.45
2 KAM!	A	3:59.67 2A S
1) Zou, Katie 10	2) Truong, Julia 11	
3) Park, Aida 11	4) Smith, Claire 12	
28.19	59.62	30.38 1:04.71
28.57	1:00.99	26.42 54.35
3 GP	B	4:28.69 2
1) Lowell, Riley 10	2) Vandehey, Brooke 09	
3) Bauman, Natalie 12	4) Maley, Abby 12	
31.94	1:06.90	35.51 1:12.72
31.18	1:04.93	30.95 1:04.14

4 KAM!	B	4:30.69
1) Papenhausen, Ava 12	2) Ge, Fiona 09	
3) Cordoba, Sienna 09	4) Smirnova, Anna 12	
31.29	1:06.23	15.13 1:11.13
32.50	1:09.23	30.06 1:04.10
--- GP	C	X4:43.63
1) Clarke, Addisyn 11	2) Allred, Adelai 12	
3) Muncy, Brooke 11	4) Heinson, Aubrey 09	
31.55	1:09.05	37.92 1:19.80
30.08	1:05.62	31.39 1:09.16
--- KAM!	C	X4:50.69
1) Carr, Sean 10	2) Nguyen, Destiny 10	
3) Boonsripisal, McKenna 10	4) Yang, Stephanie 10	
32.16	1:04.99	36.65 1:19.60
31.90	1:12.87	35.15 1:13.23

Scores - Women

Women - Team Rankings - Through Event 12	
1. Glacier Peak High School Girls	95
2. Kamiak	91