

Mt Si @ Lindbergh & Renton / WHS @ HAZ - 9/21/2023

Results - Dual Meet

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Finals Time
1 HAZ	A	1:59.59
1) Wong, Jasmine SO	2) Nguyen, Elizabeth JR	
3) McCorriston, Molly SO	4) Shepherd, Alexis JR	
32.19 1:00.30	27.14	
2 MSHS	A	2:06.21
1) Schlotfeldt, Josie SR	2) Sinnott, Aspen SO	
3) Nelson, Siena JR	4) Chau, Olivia JR	
34.56 34.53	29.61 27.51	
3 WHS	A	2:07.81
1) Traina, Megan 11	2) Bensen, Bianca 11	
3) Han, Taryn 11	4) McCord-Amasis, Amara 11	
30.85 35.83	30.86 30.27	
4 KR	A	2:09.66
1) Zimmerman, Reyna SO	2) Edwards, Addison JR	
3) McDowell, Alexis SO	4) Haroldson-Margel, Harper SO	
34.88 33.88	34.01 26.89	
5 HAZ	B	2:14.82
1) Yuen, Charlotte SR	2) Nishimoto, Katherine SO	
3) Nguyen, Madeleine SO	4) Pesito, Gabrielle SR	
33.64 37.72	31.35 32.11	
6 KR	B	2:15.05
1) Mann, Grace SO	2) Wu, Paige JR	
3) Johnson, LJ SO	4) Kido, Keira JR	
33.50 36.68	35.10 29.77	
7 LHS	A	2:17.88
1) Oblero, Jazmyn SO	2) Suzuki, Mayumi JR	
3) Bertch, Cheyenne SR	4) Steiner, Anna JR	
33.05 42.50	31.46 30.87	
8 WHS	B	2:17.94
1) Range, Miranda 10	2) Gordon, Devon 11	
3) Burac, Irina 10	4) Ralph, Alexandra	
40.10 34.37	32.29 31.18	
9 MSHS	B	2:20.68
1) Chandler, Josephine FR	2) Ericksen, Elise SR	
3) Bonham, Sydney JR	4) Kravsov, Arina FR	
35.25 39.93	42.39 23.11	
10 LHS	B	2:34.72
1) Hans, Tanreet SO	2) Ho, Caitly SR	
3) Huynh, Lily JR	4) Hardy, Olivia FR	
35.29 45.05	49.55 24.83	
11 HAZ	C	x2:42.91
1) Ho, Natasha JR	2) Derrick, Savannah SO	
3) Hazen, Erin SR	4) Gottschalk, Mia FR	
44.60 53.33	37.68 27.30	
12 WHS	C	x2:47.52
1) Byri, Ria 11	2) Dokken, Sadie 11	
3) Hakkarainen, Molly 10	4) Arnold, Janae 12	
43.14 46.38	39.42 38.58	
13 LHS	C	x3:31.42
1) Chhen, Kyani FR	2) Moreno, Aniyah JR	
3) Cardozo Michel, Ximena FR	4) Sifuentes, Ambar JR	
54.96 56.22	1:01.51 38.73	
--- HAZ	D	X3:02.40
1) Young, Ula JR	2) Pernula, Grace FR	
3) Matsudaira, Haley SR	4) Garcia-Barrera, Vanessa FR	
53.54 57.04	35.31 36.51	

--- MSHS	C	XDQ
1) Willis, Emma JR	2) Pryor, Isla FR	
3) Shecter, Tova SO	4) McCallum, Shelby FR	
47.69 42.99	38.47 31.37	

Event 2 Girls 200 Yard Freestyle

Name	YrSchool	Finals Time
1 McCorriston, Molly	SO HAZ	1:58.87
27.02 30.15	31.19	30.51
2 Guilanians, Niobe	11 WHS	2:10.46
29.46 33.03	34.52	33.45
3 Chau, Olivia	JR MSHS	2:10.90
29.87 32.89	34.54	33.60
4 Buchan, Sophie	SO REN	2:12.77
30.21 33.65	34.63	34.28
5 McDowell, Alexis	SO KR	2:17.92
32.22 33.12	36.28	36.30
6 Shelton, Madelyn	12 WHS	2:20.03
30.85 35.41	37.05	36.72
7 Mann, Grace	SO KR	2:21.15
32.19 36.09	36.85	36.02
8 Ferluga, Kylie	JR LHS	2:27.11
34.65 36.61	38.51	37.34
9 Yuen, Charlotte	SR HAZ	2:29.73
33.30 37.92	39.53	38.98
10 Motley, Isabel	JR LHS	2:44.51
11 Cortes Diaz, Danielle	JR REN	2:50.01
12 Hazen, Erin	SR HAZ	2:50.09
38.02 42.93	45.77	43.37
13 Chen, Angeline	SO REN	2:55.57
40.03 43.60	46.49	45.45
14 Losoya, Aaliyah	JR LHS	3:08.61
39.57 48.65	51.66	48.73
15 Dean, Eliza	10 WHS	3:13.35
40.11 50.38	53.31	49.55

Event 3 Girls 200 Yard IM

Name	YrSchool	Finals Time
1 Haroldson-Margel, Harper	SO KR	2:27.75
32.93 39.82	41.93	33.07
2 Edwards, Addison	JR KR	2:29.53
32.13 38.95	42.34	36.11
3 Nguyen, Madeleine	SO HAZ	2:40.48
33.37 41.48	46.77	38.86
4 Burac, Irina	10 WHS	2:57.16
34.66 46.46	57.51	38.53
5 Van Heerden, Lynette	SR MSHS	2:58.37
41.16 45.27	51.41	40.53
6 Suzuki, Mayumi	JR LHS	3:03.66
39.89 47.89	55.41	40.47
7 Chandler, Josephine	FR MSHS	3:03.68
35.69 46.78	56.61	44.60
8 Duong, Heather	JR LHS	3:24.63
41.69 48.95	1:06.29	47.70
9 Neuman, Alyssa	SR LHS	3:41.80
49.95 55.63	1:11.27	44.95

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Results - Dual Meet

Event 4 Girls 50 Yard Freestyle

Name	YrSchool	Finals Time
1 Nguyen, Elizabeth	JR HAZ	25.79
2 Nelson, Siena	JR MSHS	26.67
3 Bensen, Bianca	11 WHS	27.28
4 Wong, Jasmine	SO HAZ	27.34
5 Sinnott, Aspen	SO MSHS	27.47
6 Traina, Megan	11 WHS	27.70
7 Wu, Paige	JR KR	27.95
8 Schlotfeldt, Josie	SR MSHS	28.49
9 Kido, Keira	JR KR	29.78
10 Oblero, Jazmyn	SO LHS	30.46
11 Rosengren, Saidee	JR KR	31.07
12 Hans, Tanreet	SO LHS	31.50
13 Pesito, Gabrielle	SR HAZ	32.80
14 Hem, Clara	SO LHS	33.48
15 Nakimuli, Abigail	SR REN	35.58
16 Ngo, Henna	SO REN	40.53
17 Monillas, Leanna	SR REN	45.78
--- Kravsov, Arina	FR MSHS	X29.71
--- Ericksen, Elise	SR MSHS	X29.77
--- Bonham, Sydney	JR MSHS	X30.19
--- Harper, Brooke	12 WHS	X30.47
--- McCallum, Shelby	FR MSHS	X30.85
--- Roemer, Emilia	11 WHS	X31.66
--- Lin, Jill	9 WHS	X31.77
--- Tom, Brianna	JR KR	X32.01
--- Lutz, Gabriella	12 WHS	X32.03
--- Hakkarainen, Molly	10 WHS	X32.25
--- Ralph, Alexandra	WHS	X32.48
--- Johnson, LJ	SO KR	X32.49
--- Dinh, Talian	JR HAZ	X32.52
--- Tomlisson, Sophia	JR MSHS	X32.60
--- Hurt, Annalea	FR KR	X32.73
--- Elton, Anna	JR KR	X32.79
--- Sin, Trisha	SO HAZ	X32.84
--- Zelalem, Lyat	FR KR	X33.00
--- McDaniel, Laine	SO HAZ	X33.07
--- Yousef, Malak	SO MSHS	X33.21
--- Davidson, Izabella	11 WHS	X33.21
--- LaCroix, Hannah	SO MSHS	X33.53
--- Shecter, Tova	SO MSHS	X33.79
--- Klies, Lexi	10 WHS	X34.34
--- Brosseau, Carly	SO MSHS	X34.36
--- Dokken, Sadie	11 WHS	X34.38
--- Gottschalk, Mia	FR HAZ	X34.41
--- Kirkpatrick, Vanora	SO HAZ	X34.59
--- McCracken, Ryann	SR MSHS	X35.12
--- Richards, Reese	SR HAZ	X35.18
--- McYeager, Vivian	SO HAZ	X35.35
--- Ongg, Kylie	FR HAZ	X35.48
--- Gallagher, Ruth	SR KR	X35.64
--- Byri, Ria	11 WHS	X36.19
--- Mendez, Isabella	FR KR	X36.51
--- Garcia-Barrera, Vanessa	FR HAZ	X36.75
--- Wood, Delaney	SO KR	X36.83
--- Wong, Ella	JR KR	X37.20

--- Derrick, Savannah	SO HAZ	X37.58
--- Arnold, Janae	12 WHS	X37.66
--- Matsudaira, Haley	SR HAZ	X37.68
--- Dean, Eliza	10 WHS	X37.74
--- Wallace, Jalyn	SO MSHS	X37.87
--- Young, Ula	JR HAZ	X37.92
--- Willis, Emma	JR MSHS	X38.08
--- Liu, Janice	JR KR	X38.25
--- Blair, Molly	SO MSHS	X38.30
--- Dulas, Claire	12 WHS	X39.23
--- Mann, Seher	FR MSHS	X39.52
--- LaMaine, Chloe	10 WHS	X40.26
--- Olivares-Montano, Perla	JR MSHS	X40.35
--- Jackson, Jazzlene	KR	X40.38
--- Frazier, Sage	SO MSHS	X40.65
--- Ho, Natasha	JR HAZ	X40.72
--- Punnacherry, Diya	JR KR	X40.96
--- Cardozo Michel, Ximena	FR LHS	X41.61
--- Brown, Abby	FR HAZ	X42.82
--- Huffaker, Paige	FR KR	X43.05
--- Shelhorse, Sara	JR HAZ	X43.35
--- Losby, Catalina	FR HAZ	X44.17
--- Chhen, Kyani	FR LHS	X44.75
--- Bussell, Norah	FR HAZ	X47.04
--- Moreno, Aniyah	JR LHS	X47.16
--- Lam, Kaylee	9 WHS	X53.37

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score
1 Bertch, Cheyenne	SR LHS	78.65
2 Roemer, Emilia	11 WHS	73.95
3 Ta, Nancy	JR LHS	64.15
4 Kuhtz, Anna	SO MSHS	59.80
--- Hill, Brooke	9 WHS	X31.90
--- Huynh, Lily	JR LHS	X31.80
--- Clements, Josslyn	SO KR	X28.10
--- Hardy, Olivia	FR LHS	X27.40
--- Miller, Kayla	SR KR	X22.40

Event 6 Girls 100 Yard Butterfly

Name	YrSchool	Finals Time
1 McCorrison, Molly	SO HAZ	59.48
27.58	31.90	
2 Han, Taryn	11 WHS	1:09.93
32.43	37.50	
3 Haroldson-Margel, Harper	SO KR	1:11.49
33.55	37.94	
4 Gordon, Devon	11 WHS	1:13.28
34.21	39.07	
5 Hewson, Ainsley	JR KR	1:15.99
35.41	40.58	
6 Bonham, Sydney	JR MSHS	1:18.51
35.12	43.39	
7 Burac, Irina	10 WHS	1:18.82
38.51	40.31	
8 Ferluga, Kylie	JR LHS	1:21.55
36.83	44.72	

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Results - Dual Meet

(Event 6 Girls 100 Yard Butterfly)

Name	YrSchool	Finals Time
9 Pryor, Isla	FR MSHS	1:22.74
39.02	43.72	
10 Suzuki, Mayumi	JR LHS	1:29.34
41.07	48.27	
11 Elton, Anna	JR KR	1:34.50
42.42	52.08	
12 Martinez, Sophea	JR LHS	1:49.15
45.71	1:03.44	
--- Lin, Jill	9 WHS	X1:24.66
35.16	49.50	
--- Hakkarainen, Molly	10 WHS	X1:33.01
41.03	51.98	
--- Dinh, Talian	JR HAZ	DQ
38.77	54.67	

Event 7 Girls 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Chau, Olivia	JR MSHS	58.48
28.06	30.42	
2 Nelson, Siena	JR MSHS	59.92
28.53	31.39	
3 Bertch, Cheyenne	SR LHS	1:00.82
28.79	32.03	
4 Nishimoto, Katherine	SO HAZ	1:04.49
30.21	34.28	
5 Mann, Grace	SO KR	1:04.50
31.49	33.01	
6 Zimmerman, Reyna	SO KR	1:04.78
31.03	33.75	
7 Ericksen, Elise	SR MSHS	1:07.52
31.82	35.70	
8 Steiner, Anna	JR LHS	1:08.47
32.17	36.30	
9 Sin, Trisha	SO HAZ	1:10.53
33.85	36.68	
10 Motley, Isabel	JR LHS	1:12.43
34.57	37.86	
11 Jung, Sariah	SR KR	1:14.19
35.78	38.41	
12 Chen, Angeline	SO REN	1:17.29
38.27	39.02	
13 McYeager, Vivian	SO HAZ	1:20.91
39.41	44.46	
14 Nakimuli, Abigail	SR REN	1:23.87
42.59	51.26	
15 Jackson, Jazzlene	KR	x1:33.85
50.41	57.30	
16 Monillas, Leanna	SR REN	1:47.71
31.73	35.83	
--- Range, Miranda	10 WHS	X1:07.56
34.38	37.37	
--- Van Heerden, Lynette	SR MSHS	X1:11.75
36.35	38.94	
--- Lutz, Gabriella	12 WHS	X1:15.29
34.08	41.70	
--- Chandler, Josephine	FR MSHS	X1:15.78

--- LaCroix, Hannah	SO MSHS	X1:16.50
35.55	42.00	
--- Ho, Caitly	SR LHS	X1:17.55
38.62	39.72	
--- Kirkpatrick, Vanora	SO HAZ	X1:18.34
38.51	41.20	
--- Shecter, Tova	SO MSHS	X1:19.71
37.98	42.86	
--- Byri, Ria	11 WHS	X1:20.84
37.36	43.64	
--- Gottschalk, Mia	FR HAZ	X1:21.00
39.53	41.83	
--- Gallagher, Ruth	SR KR	X1:21.36
37.59	43.85	
--- Wong, Ella	JR KR	X1:21.44
37.47	44.21	
--- Klies, Lexi	10 WHS	X1:21.68
39.59	42.47	
--- Liu, Janice	JR KR	X1:22.06
39.03	43.46	
--- Derrick, Savannah	SO HAZ	X1:22.49
42.22	42.84	
--- Ongg, Kylie	FR HAZ	X1:25.06
41.33	45.89	
--- Arnold, Janae	12 WHS	X1:27.22
41.71	45.96	
--- Garcia-Barrera, Vanessa	FR HAZ	X1:27.67
40.78	47.24	
--- Young, Ula	JR HAZ	X1:28.02
43.38	48.63	
--- Brown, Abby	FR HAZ	X1:32.01
43.09	54.79	
--- LaMaine, Chloe	10 WHS	X1:35.76
46.87	55.39	
--- Sifuentes, Ambar	JR LHS	X1:37.88
48.91	55.18	
--- Shelhorse, Sara	JR HAZ	X1:42.26
50.60	53.82	
--- Pernula, Grace	FR HAZ	X1:44.09
48.70	58.12	
--- Moreno, Aniyah	JR LHS	X1:44.42
50.35	1:01.85	
--- Losby, Catalina	FR HAZ	X1:46.82
50.35	1:01.85	
--- Bussell, Norah	FR HAZ	X1:52.20

Event 8 Girls 500 Yard Freestyle

Name	YrSchool	Finals Time
1 Buchan, Sophie	SO REN	5:56.98
14.15	50.88	36.55
36.82	37.22	37.06
36.29	35.24	
2 Shepherd, Alexis	JR HAZ	6:20.19
30.44	34.50	37.56
39.02	40.03	41.58
41.07	39.07	

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Results - Dual Meet

(Event 8 Girls 500 Yard Freestyle)

Name	Yr	School	Finals Time
3 Harper, Brooke	12	WHS	7:10.09
37.30	41.52	43.53	43.74
45.12	44.48	44.70	43.68
44.23	41.79		
4 Tom, Brianna	JR	KR	7:16.05
35.66	42.22	43.92	45.23
44.93	45.61	45.66	45.76
45.45	41.61		
5 Rosengren, Saidee	JR	KR	7:24.67
35.53	42.30	45.18	45.64
45.14	47.00	47.32	46.91
48.13	41.52		
6 Oblero, Jazmyn	SO	LHS	7:29.94
37.90	42.66	43.52	47.14
44.10	50.79	46.99	47.65
48.93	40.26		
7 Zelalem, Lyat	FR	KR	7:31.64
38.32	43.60	45.49	46.76
46.54	47.29	47.15	46.94
46.11	43.44		
8 Cortes Diaz, Danielle	JR	REN	7:45.25
41.51	46.14	47.78	47.33
48.63	48.90	45.94	48.94
47.29	42.79		
9 Pesito, Gabrielle	SR	HAZ	7:47.92
36.11	44.14	48.99	49.64
48.83	49.39	49.30	49.27
48.62	43.63		
10 Hans, Tanreet	SO	LHS	7:51.49
36.56	42.92	46.65	47.46
50.60	49.19	49.88	50.59
50.33	47.31		
11 Huynh, Lily	JR	LHS	7:54.34
37.67	43.58	47.18	48.80
50.02	50.34	50.04	50.10
50.36	46.25		
12 Dulas, Claire	12	WHS	8:08.75
43.61	47.57	49.36	50.46
50.80	49.70	50.48	50.05
49.67	47.05		

Event 9 Girls 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 MSHS	A	1:49.56
1) Nelson, Siena JR	2) Schlotfeldt, Josie SR	
3) Sinnott, Aspen SO	4) Chau, Olivia JR	
27.69	28.50	27.17
		26.20
2 KR	A	1:50.17
1) Mann, Grace SO	2) Wu, Paige JR	
3) Edwards, Addison JR	4) Haroldson-Margel, Harper SO	
27.98	27.77	28.07
		26.35
3 WHS	A	2:00.94
1) Guilanians, Niobe 11	2) McCord-Amasis, Amara 11	
3) Gordon, Devon 11	4) Shelton, Madelyn 12	
28.31	31.63	31.28
		29.72

4 HAZ	A	2:01.12
1) Nishimoto, Katherine SO	2) Yuen, Charlotte SR	
3) Sin, Trisha SO	4) Nguyen, Madeleine SO	
29.92	30.52	32.44
		28.24
5 KR	B	2:08.50
1) Tom, Brianna JR	2) Hurt, Annalea FR	
3) Rosengren, Saidee JR	4) Kido, Keira JR	
33.27	39.42	26.15
		29.66
6 LHS	A	2:08.78
1) Hem, Clara SO	2) Motley, Isabel JR	
3) Suzuki, Mayumi JR	4) Ferluga, Kylie JR	
34.08	31.88	32.41
		30.41
7 MSHS	B	2:12.84
1) LaCroix, Hannah SO	2) McCallum, Shelby FR	
3) Willis, Emma JR	4) Kravsov, Arina FR	
33.84	37.77	30.42
		30.81
8 HAZ	B	2:15.18
1) Dinh, Talian JR	2) McDaniel, Laine SO	
3) Kirkpatrick, Vanora SO	4) Pesito, Gabrielle SR	
36.74	29.40	35.95
		33.09
9 WHS	B	2:17.91
1) Lin, Jill 9	2) Hakkarainen, Molly 10	
3) Davidson, Izabella 11	4) Lutz, Gabriella 12	
46.15	24.27	33.79
		33.70
10 LHS	B	2:20.50
1) Duong, Heather JR	2) Losoya, Aaliyah JR	
3) Hardy, Olivia FR	4) Ho, Caitly SR	
34.91	36.40	37.10
		32.09
11 WHS	C	x2:34.78
1) LaMaine, Chloe 10	2) Dean, Eliza 10	
3) Roemer, Emilia 11	4) Dulas, Claire 12	
45.24	36.20	41.48
		31.86
12 REN	A	2:41.71
1) Ngo, Henna SO	2) Monillas, Leanna SR	
3) Nakimuli, Abigail SR	4) Chen, Angeline SO	
		37.03
		36.26
--- MSHS	C	X2:19.61
1) McCracken, Ryann SR	2) Wallace, Jalyn SO	
3) Brosseau, Carly SO	4) Tomlisson, Sophia JR	
36.03	45.09	25.75
		32.74
--- MSHS	D	X2:23.69
1) Yousef, Malak SO	2) Blair, Molly SO	
3) Shecter, Tova SO	4) Olivares-Montano, Perla JR	
33.67	36.27	34.37
		39.38
--- HAZ	D	X2:29.40
1) Derrick, Savannah SO	2) Garcia-Barrera, Vanessa FR	
3) Young, Ula JR	4) McYeager, Vivian SO	
38.44	1:50.96	
--- HAZ	E	X2:45.11
1) Brown, Abby FR	2) Ho, Natasha JR	
3) Matsudaira, Haley SR	4) Pernula, Grace FR	
41.97	39.86	38.34
		44.94
--- HAZ	C	DQ
1) Hazen, Erin SR	2) Ongg, Kylie FR	
3) Gottschalk, Mia FR	4) Richards, Reese SR	
42.17	29.44	33.26
		34.25

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Results - Dual Meet

Event 10 Girls 100 Yard Backstroke

Name	YrSchool	Finals Time
1 Bensen, Bianca	11 WHS	1:04.06
31.73	32.33	
2 Traina, Megan	11 WHS	1:04.24
31.91	32.33	
3 Nguyen, Elizabeth	JR HAZ	1:06.93
32.72	34.21	
4 Han, Taryn	11 WHS	1:07.13
32.39	34.74	
5 Yuen, Charlotte	SR HAZ	1:13.84
35.57	38.27	
6 Zimmerman, Reyna	SO KR	1:14.44
36.43	38.01	
7 Schlotfeldt, Josie	SR MSHS	1:17.09
37.14	39.95	
8 Steiner, Anna	JR LHS	1:25.42
40.89	44.53	
9 Ho, Natasha	JR HAZ	1:37.56
47.96	49.60	
10 Neuman, Alyssa	SR LHS	1:42.39
49.11	53.28	
11 Martinez, Sophea	JR LHS	1:56.74
12 Huffaker, Paige	FR KR	2:00.02
58.18	1:01.84	
--- Guilanians, Niobe	11 WHS	X1:09.19
33.82	35.37	
--- Ralph, Alexandra	WHS	X1:19.18
38.24	40.94	
--- Richards, Reese	SR HAZ	X1:31.81
44.21	47.60	
--- Hazen, Erin	SR HAZ	X1:46.48
51.04	55.44	
--- Sifuentes, Ambar	JR LHS	X2:04.79
1:00.07	1:04.72	

Event 11 Girls 100 Yard Breaststroke

Name	YrSchool	Finals Time
1 Edwards, Addison	JR KR	1:15.50
35.65	39.85	
2 Sinnott, Aspen	SO MSHS	1:19.45
36.38	43.07	
3 Gordon, Devon	11 WHS	1:19.75
37.38	42.37	
4 Nishimoto, Katherine	SO HAZ	1:23.33
39.12	44.21	
5 Wong, Jasmine	SO HAZ	1:23.59
13.84	1:09.75	
6 Shepherd, Alexis	JR HAZ	1:23.85
39.76	44.09	
7 Johnson, LJ	SO KR	1:26.90
40.83	46.07	
8 Range, Miranda	10 WHS	1:27.31
41.29	46.02	
9 Hurt, Annalea	FR KR	1:29.59
43.62	45.97	

10 Davidson, Izabella	11 WHS	1:32.27
42.41	49.86	
11 Pryor, Isla	FR MSHS	1:37.34
45.27	52.07	
12 Ho, Caitly	SR LHS	1:39.76
46.41	53.35	
13 Hem, Clara	SO LHS	1:45.58
49.29	56.29	
14 Losoya, Aaliyah	JR LHS	1:51.80
51.69	1:00.11	
15 Ngo, Henna	SO REN	1:52.36
54.34	58.02	
--- McDaniel, Laine	SO HAZ	X1:32.53
44.71	47.82	
--- Dokken, Sadie	11 WHS	X1:37.30
46.93	50.37	
--- Duong, Heather	JR LHS	X1:53.20
51.94	1:01.26	
--- Pernula, Grace	FR HAZ	X1:59.01
58.06	1:00.95	
--- Chhen, Kyani	FR LHS	X2:01.02
57.31	1:03.71	
--- Willis, Emma	JR MSHS	X2:01.62
57.65	1:03.97	
--- Cardozo Michel, Ximena	FR LHS	X2:19.29
1:04.37	1:14.92	
--- Kravsov, Arina	FR MSHS	DQ
45.37	54.46	

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 HAZ	A	3:54.81
1) Wong, Jasmine SO	2) Nguyen, Elizabeth JR	
3) Shepherd, Alexis JR	4) McCorriston, Molly SO	
30.01	1:03.67	26.14
29.21	1:01.59	25.71
2 WHS	A	3:58.32
1) Bensen, Bianca 11	2) Han, Taryn 11	
3) Shelton, Madelyn 12	4) Traina, Megan 11	
29.93	1:01.25	28.14
29.13	1:01.44	27.46
3 KR	A	4:26.54
1) Zimmerman, Reyna SO	2) Hurt, Annalea FR	
3) Hewson, Ainsley JR	4) McDowell, Alexis SO	
29.41	1:00.25	34.92
32.41	1:08.32	29.83
4 LHS	A	4:39.86
1) Steiner, Anna JR	2) Motley, Isabel JR	
3) Ferluga, Kylie JR	4) Bertch, Cheyenne SR	
33.89	1:48.28	39.69
52.23	1:20.28	32.41
5 MSHS	A	4:48.56
1) Van Heerden, Lynette SR	2) Chandler, Josephine FR	
3) Bonham, Sydney JR	4) Ericksen, Elise SR	
34.33	1:12.23	36.11
33.24	1:10.16	32.39

Mt Si @ Lindbergh & Renton / WHS @ HAZ - 9/21/2023

Results - Dual Meet

(Event 12 Girls 400 Yard Freestyle Relay)

Team	Relay	Finals Time
6 HAZ	B	4:53.38
1) Sin, Trisha SO	2) McDaniel, Laine SO	
3) Dinh, Talian JR	4) Nguyen, Madeleine SO	
34.93 1:13.39	36.04 1:17.50	
36.84 1:27.65	20.55 54.84	
7 REN	A	5:02.55
1) Nakimuli, Abigail SR	2) Cortes Diaz, Danielle JR	
3) Chen, Angeline SO	4) Buchan, Sophie SO	
41.45 1:23.17	19.01	
	29.96 1:02.54	
8 LHS	B	5:17.66
1) Hans, Tanreet SO	2) Martinez, Sophea JR	
3) Neuman, Alyssa SR	4) Oblero, Jazmyn SO	
34.17 1:15.03	41.53 1:28.02	
38.30 1:23.60	34.32 1:11.01	
9 KR	B	5:19.69
1) Jackson, Jazzlene	2) Rosengren, Saidee JR	
3) Johnson, LJ SO	4) Tom, Brianna JR	
43.79 1:37.06	34.30 1:22.83	
27.52 1:11.29	32.57 1:08.51	
10 HAZ	C	x5:32.56
1) McYeager, Vivian SO	2) Ongg, Kylie FR	
3) Kirkpatrick, Vanora SO	4) Richards, Reese SR	
39.53 1:24.87	40.08 1:26.71	
39.99 1:21.29	37.47 1:19.69	
--- WHS	C	DQ
1) Byri, Ria 11	2) Klies, Lexi 10	
3) Dean, Eliza 10	4) Lin, Jill 9	
40.13 1:22.78	38.89 1:22.28	
39.89 1:25.24	32.52 1:11.42	
--- WHS	B	DQ
1) Ralph, Alexandra	2) Range, Miranda 10	
3) Harper, Brooke 12	4) Burac, Irina 10	
36.68 1:17.79	33.82 1:11.98	
34.47 1:12.05	32.12 1:09.37	

Mt Si @ Lindbergh & Renton / WHS @ HAZ - 9/21/2023

Dual Meet Scores - Through Event 12

Women

Mount Si High School	106.00	34.00	Renton H.S.
Mount Si High School	92.00	86.00	Lindbergh High School
Hazen High School	92.00	73.00	Woodinville High School