

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

#1 Girls 200 Yard Medley Relay

3A District: 1:50.48# 2022 Shorecrest

Fralick, Howson, Whorley, Thompson

| Team | Relay | Finals Time | NISCA |
|--------------------------|-------|-----------------------|-------|
| A - Final | | | |
| 1 SHRCR | A | 1:49.49# | 393 |
| Fralick, Owan 12 | | Howson, Aila 11 | |
| Whorley, Quinn 11 | | Thompson, Miranda 12 | |
| | | 28.52 30.61 25.80 | 24.56 |
| 2 EWHS | A | 1:54.06 | 342 |
| Bennett, Simone 11 | | Detjen, Tatumn 10 | |
| Morales-Tomas, Madison 1 | | Bates, Sydney 10 | |
| | | 28.34 31.65 27.79 | 26.28 |
| 3 SW | A | 1:56.87 | 315 |
| Lin, Emily 12 | | Mirabueno, Malaina 11 | |
| Anderson, Brooke 12 | | Buchholz, Daniel 09 | |
| | | 31.22 32.35 28.45 | 24.85 |
| 4 MON | A | 2:02.04 | 264 |
| Hartway, Kayme 12 | | Grant, Rowyn 10 | |
| Hartway, Emersyn 10 | | Cody, Sabrina 11 | |
| | | 28.82 33.91 30.99 | 28.32 |
| 5 STAN | A | 2:02.35 | 261 |
| McCoy, Megan 12 | | Ingram, Mattea 11 | |
| Polasek, Presley 11 | | Legg, Jazmyn 11 | |
| | | 32.15 33.74 30.79 | 25.67 |
| 6 SNOH | A | 2:07.64 | 216 |
| Betancourt, Emma 09 | | Arnold, Amelia 12 | |
| Davis, Bela 11 | | Misner, Cal 11 | |
| | | 31.61 38.21 31.22 | 26.60 |
| 7 MLT | A | 2:07.93 | 213 |
| Khasanov, Dana 12 | | Lombard, Katherine 11 | |
| Patterson, Gretta 09 | | Dumo, Alison 12 | |
| | | 33.25 34.45 29.82 | 30.41 |
| 8 CAS | A | 2:08.12 | 210 |
| Dewing, Alana 09 | | Phut, May 09 | |
| Nguyen, Nhi 11 | | Lebeau, Caroline 11 | |
| | | 33.46 32.02 32.05 | 30.59 |
| B - Final | | | |
| 9 OHHS | A | 2:10.85 | 189 |
| Forbes, Lila 10 | | Tyson, Kiersten 12 | |
| Chargualaf, Lola 12 | | Lucero, Taryn 10 | |
| | | 36.68 35.32 28.23 | 30.62 |
| 10 MDHS | A | 2:12.93 | 171 |
| Anderson, Nina 10 | | Ball, Leyna 09 | |
| Broderhausen, Audrey 12 | | Reyes, Mikaela 12 | |
| | | 31.22 40.03 35.18 | 26.50 |
| 11 MV | A | 2:18.46 | 129 |
| Holland, Natalie 12 | | Sjogren, Bindi 11 | |
| Fernandez, Gabby 12 | | Narwal, Amanat 10 | |
| | | 38.68 1:11.10 29.02 | |
| 12 MP | A | 2:19.20 | 126 |
| Wilson, Lola 11 | | Christensen, Ava 09 | |
| Higgins, Hallie 09 | | Getty, Zoey 09 | |
| | | 34.49 40.23 30.78 | 33.70 |
| 13 MG | A | 2:19.56 | 123 |
| Abele, Emma 11 | | Muise, Jenna 10 | |
| Yanagida, Milee 10 | | Thompson, Brie 12 | |
| | | 37.31 41.90 30.53 | 29.82 |

| | | | |
|-------------------|---|----------------------|-------|
| 14 FERN | A | 2:25.00 | 87 |
| Kidd, Nevaeh 09 | | James, Alicia 11 | |
| George, Taylor 12 | | Brown, Aiyanna 11 | |
| | | 34.52 42.25 40.39 | 27.84 |
| 15 EV | A | 2:30.29 | 51 |
| Taylor, Grace 12 | | Fleshman, Rebekah 11 | |
| Royce, Kyla 10 | | Jones, Calliope 12 | |
| | | 38.69 41.14 38.14 | 32.32 |

#1 Girls 200 Yard Medley Relay

3A District: 1:50.48# 2022 Shorecrest

Fralick, Howson, Whorley, Thompson

| Team | Relay | Prelim Time | NISCA |
|--------------------------|-------|-----------------------|-------|
| Preliminaries | | | |
| 1 SHRCR | A | 1:50.66 | q378 |
| Fralick, Owan 12 | | Howson, Aila 11 | |
| Whorley, Quinn 11 | | Thompson, Miranda 12 | |
| | | 28.37 31.47 26.44 | 24.38 |
| 2 EWHS | A | 1:55.37 | q330 |
| Bennett, Simone 11 | | Detjen, Tatumn 10 | |
| Morales-Tomas, Madison 1 | | Bates, Sydney 10 | |
| | | 29.05 31.45 28.24 | 26.63 |
| 3 SW | A | 1:56.95 | q312 |
| Lin, Emily 12 | | Mirabueno, Malaina 11 | |
| Anderson, Brooke 12 | | Buchholz, Daniel 09 | |
| | | 30.89 33.12 28.10 | 24.84 |
| 4 MON | A | 2:03.38 | q252 |
| Hartway, Kayme 12 | | Grant, Rowyn 10 | |
| Hartway, Emersyn 10 | | Cody, Sabrina 11 | |
| | | 29.55 33.99 1:00.06 | |
| 5 MLT | A | 2:04.45 | q243 |
| Khasanov, Dana 12 | | Lombard, Katherine 11 | |
| Patterson, Gretta 09 | | Veleder, Molly 12 | |
| | | 32.69 33.46 34.68 | 23.62 |
| 6 STAN | A | 2:05.89 | q231 |
| McCoy, Megan 12 | | Ingram, Mattea 11 | |
| Polasek, Presley 11 | | Legg, Jazmyn 11 | |
| | | 33.76 34.33 31.54 | 26.26 |
| 7 SNOH | A | 2:08.58 | q207 |
| Betancourt, Emma 09 | | Arnold, Amelia 12 | |
| Davis, Bela 11 | | Misner, Cal 11 | |
| | | 31.65 37.24 32.57 | 27.12 |
| 8 CAS | A | 2:09.90 | q195 |
| Dewing, Alana 09 | | Phut, May 09 | |
| Nguyen, Nhi 11 | | Lebeau, Caroline 11 | |
| | | 34.28 31.73 33.14 | 30.75 |
| 9 OHHS | A | 2:13.79 | q165 |
| Forbes, Lila 10 | | Tyson, Kiersten 12 | |
| Chargualaf, Lola 12 | | Lucero, Taryn 10 | |
| | | 36.58 37.32 28.96 | 30.93 |
| 10 MP | A | 2:15.24 | q153 |
| Wilson, Lola 11 | | Christensen, Ava 09 | |
| Higgins, Hallie 09 | | Getty, Zoey 09 | |
| | | 33.90 38.44 30.54 | 32.36 |
| 11 MDHS | A | 2:15.63 | q150 |
| Anderson, Nina 10 | | Ball, Leyna 09 | |
| Broderhausen, Audrey 12 | | Reyes, Mikaela 12 | |
| | | 30.92 40.99 35.44 | 28.28 |

| | | | |
|-----------------------|---|----------------------|-------|
| 12 MG | A | 2:17.06 | q141 |
| Abele, Emma 11 | | Muise, Jenna 10 | |
| Yanagida, Milee 10 | | Thompson, Brie 12 | |
| | | 37.11 40.22 29.66 | 30.07 |
| 13 FERN | A | 2:23.93 | q93 |
| Kidd, Nevaeh 09 | | James, Alicia 11 | |
| George, Taylor 12 | | Brown, Aiyanna 11 | |
| | | 35.26 41.16 34.63 | 32.88 |
| 14 MV | A | 2:24.48 | q90 |
| Holland, Natalie 12 | | Sjogren, Bindi 11 | |
| Fernandez, Gabby 12 | | Narwal, Amanat 10 | |
| | | | 30.73 |
| 15 EV | A | 2:29.54 | q57 |
| Royce, Kyla 10 | | Fleshman, Rebekah 11 | |
| Stout, Rory 12 | | Taylor, Grace 12 | |
| | | 37.01 39.66 39.59 | 33.28 |
| --- LHS | A | | DQ |
| Schreiner, Mina 12 | | Coates, Rebecca 11 | |
| Matevosyan, Ofelia 11 | | Deuman, Jocelyn 10 | |
| | | 34.38 33.45 32.19 | |

#2 Girls 200 Yard Free

3A District: 1:52.20# 2019 Grace Lindberg

| Name | Yr | Team | Finals Time | NISCA |
|----------------------|----|-------|-------------------|-------|
| A - Final | | | | |
| 1 Whorley, Quinn | 11 | SHRCR | 1:55.12 | 120 |
| | | | 26.55 29.00 30.07 | 29.50 |
| 2 Hartway, Kayme | 12 | MON | 2:00.30 | 100 |
| | | | 27.60 30.50 31.45 | 30.75 |
| 3 Huber, Olivia | 10 | SNOH | 2:06.00 | 80 |
| | | | 28.60 31.25 32.99 | 33.16 |
| 4 MacDonald, Zoe | 10 | EWHS | 2:07.39 | 76 |
| | | | 29.09 32.13 33.19 | 32.98 |
| 5 Anderson, Hazel | 11 | SHRCR | 2:10.68 | 65 |
| | | | 28.73 32.35 34.44 | 35.16 |
| 6 Reyes, Mikaela | 12 | MDHS | 2:10.94 | 64 |
| | | | 29.06 32.54 34.82 | 34.52 |
| 7 Bendiksen, Anna | 09 | SHRCR | 2:11.49 | 63 |
| | | | 29.28 32.98 34.96 | 34.27 |
| 8 Stinson, Makenzie | 11 | SNOH | 2:14.04 | 55 |
| | | | 29.82 33.71 35.54 | 34.97 |
| B - Final | | | | |
| 9 Howe, Lydia | 12 | STAN | 2:13.63 | 56 |
| | | | 30.62 33.67 34.85 | 34.49 |
| 10 Norberg, Maggie | 11 | SW | 2:14.42 | 54 |
| | | | 30.86 34.40 34.68 | 34.48 |
| 11 Kutrovics, Coral | 12 | STAN | 2:16.83 | 47 |
| | | | 31.11 34.98 35.36 | 35.38 |
| 12 McLaughlin, Raine | 11 | SHRCR | 2:16.86 | 47 |
| | | | 31.53 34.59 36.02 | 34.72 |
| 13 Falkin, Addy | 10 | SW | 2:16.97 | 46 |
| | | | 31.78 34.28 35.69 | 35.22 |
| 14 Peterson, Lauren | 10 | SNOH | 2:17.42 | 45 |
| | | | 31.53 34.78 35.90 | 35.21 |
| 15 Plano, Sophie | 10 | STAN | 2:22.88 | 30 |
| | | | 31.73 35.75 37.81 | 37.59 |
| 16 Jacobs, Brooke | 11 | STAN | 2:23.48 | 29 |
| | | | 31.65 36.67 37.86 | 37.30 |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023**Results**

| #2 Girls 200 Yard Free | | | | | #3 Girls 200 Yard IM | | | | | #3 Girls 200 Yard IM | | | | |
|--|-----------|-------------|--------------------|--------------|--|-----------|-------------|--------------------|--------------|--|-----------|-------------|--------------------|--------------|
| 3A District: 1:52.20# 2019 Grace Lindberg | | | | | 3A District: 2:06.79# 2017 Bindi Pedersen | | | | | 3A District: 2:06.79# 2017 Bindi Pedersen | | | | |
| Name | Yr | Team | Prelim Time | NISCA | Name | Yr | Team | Finals Time | NISCA | Name | Yr | Team | Prelim Time | NISCA |
| Preliminaries | | | | | A - Final | | | | | Preliminaries | | | | |
| 1 Whorley, Quinn | 11 | SHRCR | 1:57.36 | q112 | 1 Howson, Aila | 11 | SHRCR | 2:13.56 | 106 | 9 Carlson, Katherine | 09 | MG | 2:36.12 | q40 |
| 26.97 | 29.62 | 30.69 | 30.08 | | 29.92 | 35.47 | 36.59 | 31.58 | | 32.91 | 37.66 | 49.68 | 35.87 | |
| 2 Hartway, Kayme | 12 | MON | 2:03.54 | q89 | 2 Andrews, Grace | 12 | SNOH | 2:20.71 | 83 | 10 Kidd, Nevaeh | 09 | FERN | 2:36.38 | q39 |
| 28.13 | 31.70 | 31.80 | 31.91 | | 28.78 | 34.49 | 44.20 | 33.24 | | 33.31 | 40.11 | 47.72 | 35.24 | |
| 3 Huber, Olivia | 10 | SNOH | 2:05.12 | q83 | 3 Mirabueno, Malaina | 11 | SW | 2:24.49 | 71 | 11 Matevosyan, Ofelia | 11 | LHS | 2:38.65 | q34 |
| 28.76 | 31.50 | 32.50 | 32.36 | | 31.28 | 38.12 | 41.30 | 33.79 | | 32.58 | 41.01 | 48.41 | 36.65 | |
| 4 MacDonald, Zoe | 10 | EWHS | 2:08.78 | q71 | 4 Hoff, Paulina | 11 | SW | 2:25.36 | 69 | 12 Rodriguez, Sophia | 11 | EWHS | 2:39.91 | q31 |
| 29.73 | 32.23 | 33.26 | 33.56 | | 32.47 | 36.64 | 41.27 | 34.98 | | 34.18 | 39.92 | 46.90 | 38.91 | |
| 5 Anderson, Hazel | 11 | SHRCR | 2:09.30 | q70 | 5 Beam, Lisa | 09 | MLT | 2:26.48 | 66 | 13 Reece, Ainsley | 09 | EWHS | 2:40.42 | q30 |
| 28.75 | 32.63 | 34.20 | 33.72 | | 30.81 | 37.52 | 44.58 | 33.57 | | 32.64 | 41.06 | 49.52 | 37.20 | |
| 6 Reyes, Mikaela | 12 | MDHS | 2:10.43 | q66 | 6 Pettross, Clara | 11 | SHRCR | 2:29.65 | 57 | 14 Polasek, Presley | 11 | STAN | 2:41.46 | q27 |
| 29.68 | 33.16 | 34.66 | 32.93 | | 31.96 | 38.21 | 43.49 | 35.99 | | 33.16 | 41.16 | 49.50 | 37.64 | |
| 7 Bendiksen, Anna | 09 | SHRCR | 2:10.52 | q66 | 7 Higgins, Hallie | 09 | MP | 2:31.70 | 51 | 15 Hartway, Emersyn | 10 | MON | 2:44.96 | q19 |
| 29.31 | 32.63 | 34.31 | 34.27 | | 30.82 | 38.74 | 46.07 | 36.07 | | 33.33 | 41.84 | 50.49 | 39.30 | |
| 8 Stinson, Makenzie | 11 | SNOH | 2:13.30 | q57 | 8 Temme, Walker | 09 | SHRCR | 2:35.40 | 42 | 16 Oliver, Adison | 11 | EWHS | 2:45.50 | q18 |
| 29.65 | 33.17 | 35.55 | 34.93 | | 33.72 | 38.60 | 45.52 | 37.56 | | 33.04 | 43.67 | 49.42 | 39.37 | |
| 9 Falkin, Addy | 10 | SW | 2:15.08 | q52 | B - Final | | | | | 17 Hogan, Linnea | 12 | EV | 2:45.92 | 17 |
| 31.24 | 33.58 | 35.12 | 35.14 | | 9 Kidd, Nevaeh | 09 | FERN | 2:34.76 | 43 | 34.12 | 41.03 | 53.57 | 37.20 | |
| 10 Norberg, Maggie | 11 | SW | 2:15.12 | q52 | 33.07 | 40.00 | 46.41 | 35.28 | | 18 Patterson, Gretta | 09 | MLT | 2:46.56 | 15 |
| 30.49 | 34.13 | 35.19 | 35.31 | | 10 Carlson, Katherine | 09 | MG | 2:35.95 | 40 | 33.34 | 41.99 | 52.46 | 38.77 | |
| 11 McLaughlin, Raine | 11 | SHRCR | 2:17.25 | q46 | 32.29 | 37.46 | 49.50 | 36.70 | | 19 Forbes, Lila | 10 | OHHS | 2:46.74 | 15 |
| 30.19 | 33.69 | 36.17 | 37.20 | | 11 Matevosyan, Ofelia | 11 | LHS | 2:37.27 | 37 | 35.87 | 41.28 | 53.35 | 36.24 | |
| 12 Howe, Lydia | 12 | STAN | 2:18.05 | q43 | 33.00 | 42.46 | 46.47 | 35.34 | | 20 Leptich, Avery | 09 | SHRCR | 2:47.15 | 14 |
| 30.79 | 35.63 | 36.61 | 35.02 | | 12 Reece, Ainsley | 09 | EWHS | 2:42.28 | 25 | 35.15 | 44.52 | 47.88 | 39.60 | |
| 13 Kutrovics, Coral | 12 | STAN | 2:18.56 | q42 | 33.20 | 40.94 | 51.27 | 36.87 | | 21 Frohlich, Lauren | 11 | SW | 2:49.19 | 10 |
| 30.86 | 34.57 | 36.23 | 36.90 | | 13 Polasek, Presley | 11 | STAN | 2:44.68 | 20 | 34.89 | 44.89 | 50.20 | 39.21 | |
| 14 Peterson, Lauren | 10 | SNOH | 2:19.08 | q40 | 34.84 | 42.43 | 51.24 | 36.17 | | 22 Hollingsworth, Isla | 10 | STAN | 2:49.54 | 9 |
| 31.00 | 34.82 | 36.43 | 36.83 | | 14 Hogan, Linnea | 12 | EV | 2:45.12 | 19 | 38.47 | 43.78 | 48.52 | 38.77 | |
| 15 Jacobs, Brooke | 11 | STAN | 2:19.71 | q39 | 34.68 | 41.56 | 53.09 | 35.79 | | 23 Dilworth, Faith | 11 | STAN | 2:52.02 | 4 |
| 31.95 | 34.71 | 36.52 | 36.53 | | 15 Hartway, Emersyn | 10 | MON | 2:47.96 | 12 | 32.13 | 44.34 | 51.00 | 44.55 | |
| 16 Plano, Sophie | 10 | STAN | 2:21.42 | q34 | 33.42 | 44.27 | 50.71 | 39.56 | | 24 Moeller, Skylar | 11 | STAN | 2:52.37 | 3 |
| 31.64 | 35.40 | 37.34 | 37.04 | | --- Rodriguez, Sophia | 11 | EWHS | DQ | | 38.94 | 42.03 | 53.00 | 38.40 | |
| 17 Ward, Sadie | 10 | EWHS | 2:21.74 | 33 | 33.90 | 40.81 | 45.06 | | | 25 Miller, Sophia | 11 | EWHS | 2:56.89 | |
| 31.05 | 35.24 | 37.04 | 38.41 | | #3 Girls 200 Yard IM | | | | | 38.81 | 47.37 | 50.11 | 40.60 | |
| 18 Stedman, Alice | 09 | EWHS | 2:22.19 | 32 | 3A District: 2:06.79# 2017 Bindi Pedersen | | | | | 26 Smith, Caitlyn | 11 | SNOH | 2:57.56 | |
| 31.57 | 35.64 | 37.22 | 37.76 | | Name Yr Team Prelim Time NISCA | | | | | 36.93 | 43.29 | 57.64 | 39.70 | |
| 19 Sieling, October | 11 | MON | 2:23.25 | 29 | Preliminaries | | | | | 27 Oakes, Emma | 12 | OHHS | 3:00.17 | |
| 31.33 | 35.90 | 38.39 | 37.63 | | 1 Howson, Aila | 11 | SHRCR | 2:14.48 | q103 | 39.55 | 46.82 | 53.84 | 39.96 | |
| 20 Baldock, Hannah | 11 | EWHS | 2:24.31 | 27 | 29.82 | 35.28 | 36.94 | 32.44 | | 28 Tran, Mifa | 11 | MLT | 3:02.19 | |
| 30.91 | 35.99 | 38.03 | 39.38 | | #3 Girls 200 Yard IM | | | | | 40.86 | 42.61 | 54.88 | 43.84 | |
| 21 Lucero, Taryn | 10 | OHHS | 2:24.89 | 25 | 3A District: 2:06.79# 2017 Bindi Pedersen | | | | | 29 Espinal, Isabella | 11 | MON | 3:04.58 | |
| 34.34 | 36.99 | 37.83 | 35.73 | | Name Yr Team Prelim Time NISCA | | | | | 39.36 | 48.65 | 55.30 | 41.27 | |
| 22 Caldart, Sonja | 12 | EV | 2:25.31 | 24 | Preliminaries | | | | | | | | | |
| 34.00 | 36.92 | 37.83 | 36.56 | | 1 Howson, Aila | 11 | SHRCR | 2:14.48 | q103 | | | | | |
| 23 Chalcraft, Megan | 12 | SW | 2:28.66 | 16 | 29.82 | 35.28 | 36.94 | 32.44 | | | | | | |
| 33.88 | 38.42 | 39.22 | 37.14 | | | | | | | | | | | |
| 24 Raring, Mika | 12 | MLT | 2:29.04 | 15 | | | | | | | | | | |
| 32.65 | 37.67 | 40.19 | 38.53 | | | | | | | | | | | |
| 25 Vanderveen, Aspen | 10 | MON | 2:29.88 | 13 | | | | | | | | | | |
| 33.72 | 37.76 | 1:18.40 | | | | | | | | | | | | |
| 26 Narwal, Amanat | 10 | MV | 2:30.37 | 12 | | | | | | | | | | |
| 34.30 | 38.24 | 39.27 | 38.56 | | | | | | | | | | | |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

Preliminaries ... (#3 Girls 200 Yard IM)

| | | | | NISCA |
|----|---------------------|---------|---------|-------|
| 30 | Meyer, Raegan | 10 CAS | 3:05.03 | |
| | 39.74 | 49.33 | 54.13 | 41.83 |
| 31 | Goergen, Elizabeth | 10 MDHS | 3:10.73 | |
| | 40.07 | 49.38 | 58.18 | 43.10 |
| 32 | Hanchinamani, Shifa | 11 LHS | 3:16.47 | |
| | 40.79 | 48.80 | 1:00.24 | 46.64 |

#4 Girls 50 Yard Free

3A District: 23.71# 2021 Mary Clarke

| Name | Yr | Team | Finals Time | NISCA |
|------------------|---------------------|-----------|-------------|-------|
| A - Final | | | | |
| 1 | Vuong, Jeslyn | 11 MLT | 24.47 | 124 |
| 2 | Buchholz, Daniel | 09 SW | 24.61 | 121 |
| 3 | Kempma, Nanako | 12 MG | 25.47 | 106 |
| 4 | Fralick, Owan | 12 SHRRCR | 25.49 | 106 |
| 5 | Phut, May | 09 CAS | 25.92 | 99 |
| 6 | Lin, Emily | 12 SW | 25.96 | 98 |
| 7 | Morales-Tomas, Madi | 11 EWHS | 26.69 | 87 |
| 8 | Lombard, Katherine | 11 MLT | 26.82 | 85 |

B - Final

| | | | | |
|----|------------------|-----------|-------|----|
| 9 | Legg, Jazmyn | 11 STAN | 26.24 | 94 |
| 10 | Bates, Sydney | 10 EWHS | 27.24 | 79 |
| 11 | Craft, Alex | 12 SW | 27.67 | 72 |
| 12 | Lynn, Adele | 11 SHRRCR | 27.80 | 71 |
| 13 | Misner, Cal | 11 SNOH | 27.85 | 70 |
| 14 | Reeves, Lauren | 10 SHRRCR | 28.13 | 66 |
| 15 | Fernandez, Gabby | 12 MV | 28.17 | 66 |
| 16 | Marquart, Kate | 09 EWHS | 28.41 | 62 |

#4 Girls 50 Yard Free

3A District: 23.71# 2021 Mary Clarke

| Name | Yr | Team | Prelim Time | NISCA |
|----------------------|---------------------|-----------|-------------|-------|
| Preliminaries | | | | |
| 1 | Vuong, Jeslyn | 11 MLT | 24.61 | q121 |
| 2 | Buchholz, Daniel | 09 SW | 25.20 | q111 |
| 3 | Fralick, Owan | 12 SHRRCR | 25.41 | q107 |
| 4 | Kempma, Nanako | 12 MG | 25.54 | q105 |
| 5 | Lin, Emily | 12 SW | 26.17 | q95 |
| 6 | Phut, May | 09 CAS | 26.37 | q92 |
| 7 | Lombard, Katherine | 11 MLT | 26.78 | q86 |
| 8 | Morales-Tomas, Madi | 11 EWHS | 26.91 | q84 |
| *9 | Legg, Jazmyn | 11 STAN | 27.10 | q81 |
| *9 | Bates, Sydney | 10 EWHS | 27.10 | q81 |
| 11 | Lynn, Adele | 11 SHRRCR | 27.38 | q77 |
| 12 | Misner, Cal | 11 SNOH | 27.48 | q75 |
| 13 | Craft, Alex | 12 SW | 27.64 | q73 |
| 14 | Reeves, Lauren | 10 SHRRCR | 28.00 | q68 |
| 15 | Marquart, Kate | 09 EWHS | 28.20 | q65 |
| 16 | Fernandez, Gabby | 12 MV | 28.31 | q64 |
| 17 | Johnson, Quinn | 11 SHRRCR | 28.73 | 58 |
| 18 | Nwapa, Natalie | 12 EV | 28.74 | 58 |
| 19 | Cody, Sabrina | 11 MON | 28.81 | 57 |
| 20 | Stroh, Ranie | 10 SW | 28.90 | 56 |
| 21 | Hogan, Linnea | 12 EV | 29.03 | 54 |

| | | | | |
|----|----------------------|---------|-------|----|
| 22 | Schreiner, Mina | 12 LHS | 29.17 | 52 |
| 23 | Veleber, Molly | 12 MLT | 29.33 | 50 |
| 24 | Schmitt, Jacqueline | 11 STAN | 29.76 | 45 |
| 25 | Russell-Hoff, Sophie | 12 EWHS | 29.91 | 43 |
| 26 | Thompson, Brie | 12 MG | 30.23 | 39 |
| 27 | Dowd, Danika | 10 MV | 30.30 | 38 |
| 28 | Nipper, Skylar | 12 MON | 30.55 | 35 |
| 29 | Meyer, Tessa | 09 OHHS | 31.06 | 30 |
| 30 | Larama, Tegan | 09 EV | 31.41 | 26 |
| 31 | Brown, Aiyanna | 11 FERN | 32.52 | 14 |
| 32 | Blue, Maia | 10 MDHS | 34.82 | |

#5 Girls 1 mtr Diving

3A District: 489.40# 2005 Samantha Young

| Name | Yr | Team | Finals Score | NISCA |
|---------------|-----------------|-----------|--------------|-------|
| Finals | | | | |
| 1 | Clark, Madelyn | MON | 308.60 | 106 |
| 2 | Magelsen, Brynn | MON | 282.15 | 96 |
| 3 | Jallow, Aisha | 10 MG | 242.65 | 79 |
| 4 | Thomas, Jill | 10 MP | 211.30 | 64 |
| 5 | Davis, Bela | 11 SNOH | 199.30 | 58 |
| 6 | Martin, Betty | 12 SW | 162.90 | 35 |
| 7 | Hill, Bridget | 10 SW | 108.70 | 12.0 |
| --- | Darby, Klara | 12 SHRRCR | DQ | |

#5 Girls 1 mtr Diving

3A District: 489.40# 2005 Samantha Young

| Name | Yr | Team | Prelim Score | NISCA |
|----------------------|-----------------|-----------|--------------|-------|
| Preliminaries | | | | |
| 1 | Magelsen, Brynn | MON | 206.35 | q61 |
| 2 | Clark, Madelyn | MON | 201.85 | q59 |
| 3 | Jallow, Aisha | 10 MG | 172.15 | q41 |
| 4 | Thomas, Jill | 10 MP | 143.80 | q21 |
| 5 | Davis, Bela | 11 SNOH | 131.10 | q11 |
| 6 | Martin, Betty | 12 SW | 110.00 | q |
| 7 | Darby, Klara | 12 SHRRCR | 99.75 | q |
| 8 | Hill, Bridget | 10 SW | 83.20 | q |

#6 Girls 100 Yard Fly

3A District: 56.17# 2001 Rebecca Sturdy

| Name | Yr | Team | Finals Time | NISCA |
|------------------|---------------------|-----------|-------------|-------|
| A - Final | | | | |
| 1 | Thompson, Miranda | 12 SHRRCR | 59.15 | 116 |
| | 27.38 | 31.77 | | |
| 2 | Bennett, Simone | 11 EWHS | 1:00.76 | 106 |
| | 28.04 | 32.72 | | |
| 3 | Andrews, Grace | 12 SNOH | 1:00.92 | 105 |
| | 28.12 | 32.80 | | |
| 4 | Chargualaf, Lola | 12 OHHS | 1:02.18 | 98 |
| | 28.91 | 33.27 | | |
| 5 | Garcia, Olivia | 09 EWHS | 1:03.12 | 92 |
| | 29.29 | 33.83 | | |
| 6 | Detjen, Tatum | 10 EWHS | 1:06.60 | 74 |
| | 30.96 | 35.64 | | |
| 7 | Bendiksen, Anna | 09 SHRRCR | 1:06.65 | 74 |
| | 30.86 | 35.79 | | |
| 8 | Morales-Tomas, Madi | 11 EWHS | 1:07.20 | 71 |
| | 32.22 | 34.98 | | |

B - Final

| | | | | |
|----|-------------------|-----------|---------|----|
| 9 | Deiparine, Jaclyn | 12 SHRRCR | 1:07.93 | 67 |
| | 31.20 | 36.73 | | |
| 10 | Betancourt, Emma | 09 SNOH | 1:08.01 | 67 |
| | 31.06 | 36.95 | | |
| 11 | Beam, Lisa | 09 MLT | 1:08.33 | 65 |
| | 32.10 | 36.23 | | |
| 12 | Norberg, Maggie | 11 SW | 1:08.95 | 62 |
| | 33.00 | 35.95 | | |
| 13 | Yanagida, Milee | 10 MG | 1:09.28 | 61 |
| | 31.35 | 37.93 | | |
| 14 | Craft, Alex | 12 SW | 1:12.80 | 45 |
| | 33.44 | 39.36 | | |
| 15 | Arnold, Amelia | 12 SNOH | 1:15.15 | 35 |
| | 34.08 | 41.07 | | |
| 16 | Polasek, Presley | 11 STAN | 1:16.61 | 29 |
| | 34.40 | 42.21 | | |

#6 Girls 100 Yard Fly

3A District: 56.17# 2001 Rebecca Sturdy

| Name | Yr | Team | Prelim Time | NISCA |
|----------------------|---------------------|-----------|-------------|-------|
| Preliminaries | | | | |
| 1 | Thompson, Miranda | 12 SHRRCR | 59.07 | q117 |
| | 27.46 | 31.61 | | |
| 2 | Bennett, Simone | 11 EWHS | 1:01.04 | q105 |
| | 28.32 | 32.72 | | |
| 3 | Andrews, Grace | 12 SNOH | 1:01.54 | q102 |
| | 28.68 | 32.86 | | |
| 4 | Garcia, Olivia | 09 EWHS | 1:01.63 | q101 |
| | 28.47 | 33.16 | | |
| 5 | Chargualaf, Lola | 12 OHHS | 1:03.93 | q88 |
| | 29.87 | 34.06 | | |
| 6 | Detjen, Tatum | 10 EWHS | 1:04.90 | q83 |
| | 30.28 | 34.62 | | |
| 7 | Bendiksen, Anna | 09 SHRRCR | 1:05.53 | q79 |
| | 31.66 | 33.87 | | |
| 8 | Morales-Tomas, Madi | 11 EWHS | 1:07.41 | q70 |
| | 28.96 | 38.45 | | |
| 9 | Yanagida, Milee | 10 MG | 1:07.79 | q68 |
| | 31.30 | 36.49 | | |
| 10 | Deiparine, Jaclyn | 12 SHRRCR | 1:07.89 | q67 |
| | 30.90 | 36.99 | | |
| 11 | Beam, Lisa | 09 MLT | 1:08.28 | q65 |
| | 31.26 | 37.02 | | |
| 12 | Norberg, Maggie | 11 SW | 1:09.05 | q62 |
| | 32.31 | 36.74 | | |
| 13 | Betancourt, Emma | 09 SNOH | 1:09.21 | q61 |
| | 31.27 | 37.94 | | |
| 14 | Craft, Alex | 12 SW | 1:12.27 | q47 |
| | 32.39 | 39.88 | | |
| 15 | Polasek, Presley | 11 STAN | 1:13.07 | q44 |
| | 33.24 | 39.83 | | |
| 16 | Arnold, Amelia | 12 SNOH | 1:13.61 | q41 |
| | 33.95 | 39.66 | | |
| 17 | Plano, Sophie | 10 STAN | 1:14.46 | 38 |
| | 34.39 | 40.07 | | |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

Preliminaries ... (#6 Girls 100 Yard Fly)

| | | | | NISCA |
|----|----------------------|----------|---------|-------|
| 18 | Grant, Rowyn | 10 MON | 1:15.19 | 35 |
| | 32.76 | 42.43 | | |
| 19 | Matevosyan, Ofelia | 11 LHS | 1:15.22 | 35 |
| | 35.31 | 39.91 | | |
| 20 | Broderhausen, Audre | 12 MDHS | 1:15.75 | 33 |
| | 36.26 | 39.49 | | |
| 21 | Davis, Bela | 11 SNOH | 1:16.94 | 28 |
| | 36.29 | 40.65 | | |
| 22 | Avelenda, Izzy | 12 STAN | 1:17.64 | 25 |
| | 36.68 | 40.96 | | |
| 23 | Murray, Claire | 12 SHRCR | 1:18.41 | 22 |
| | 34.66 | 43.75 | | |
| 24 | Frohlich, Lauren | 11 SW | 1:19.84 | 17 |
| | 36.16 | 43.68 | | |
| 25 | George, Taylor | 12 FERN | 1:23.78 | 4 |
| | 38.22 | 45.56 | | |
| 26 | Royce, Kyla | 10 EV | 1:24.20 | 2 |
| | 38.57 | 45.63 | | |
| 27 | Espinal, Isabella | 11 MON | 1:24.94 | 0 |
| | 38.30 | 46.64 | | |
| 28 | Meyer, Raegan | 10 CAS | 1:27.03 | |
| | 41.70 | 45.33 | | |
| 29 | Morganroth, Sophia | 09 MLT | 1:29.67 | |
| | 37.99 | 51.68 | | |
| 30 | De La Rosa, Savannal | 12 OHHS | 1:30.34 | |
| | 42.54 | 47.80 | | |
| 31 | Swanberg, Paige | 11 MON | 1:33.39 | |
| | 39.75 | 53.64 | | |
| 32 | Edwards, Ellie | 10 CAS | 1:36.60 | |
| | 44.73 | 51.87 | | |

#7 Girls 100 Yard Free

| 3A District: 51.43# 2021 Mary Clarke | | | | |
|--------------------------------------|------------------|---------|-------------|-------|
| Name | Yr | Team | Finals Time | NISCA |
| A - Final | | | | |
| 1 | Clarke, Mary | 12 SNOH | 51.52 | 137 |
| | 24.79 | 26.73 | | |
| 2 | Buchholz, Daniel | 09 SW | 54.55 | 111 |
| | 25.65 | 28.90 | | |
| 3 | Kempma, Nanako | 12 MG | 56.53 | 95 |
| | 27.18 | 29.35 | | |
| 4 | Huber, Olivia | 10 SNOH | 56.71 | 94 |
| | 27.12 | 29.59 | | |
| 5 | Anderson, Brooke | 12 SW | 57.92 | 85 |
| | 27.68 | 30.24 | | |
| 6 | Legg, Jazmyn | 11 STAN | 58.41 | 81 |
| | 27.50 | 30.91 | | |
| 7 | Tyson, Kiersten | 12 OHHS | 58.97 | 77 |
| | 27.62 | 31.35 | | |
| 8 | Reyes, Mikaela | 12 MDHS | 59.01 | 77 |
| | 28.08 | 30.93 | | |
| B - Final | | | | |
| 9 | Foral, Vivian | 10 SW | 59.38 | 74 |
| | 28.35 | 31.03 | | |

| | | | | |
|----|------------------|----------|---------|----|
| 10 | McCoy, Megan | 12 STAN | 1:00.57 | 66 |
| | 28.62 | 31.95 | | |
| 11 | Misner, Cal | 11 SNOH | 1:01.48 | 60 |
| | 28.42 | 33.06 | | |
| 12 | Lynn, Adele | 11 SHRCR | 1:01.55 | 60 |
| | 28.94 | 32.61 | | |
| 13 | Bennett, Natalie | 10 MG | 1:01.71 | 58 |
| | 29.39 | 32.32 | | |
| 14 | Marquart, Kate | 09 EWHS | 1:02.15 | 56 |
| | 29.23 | 32.92 | | |
| 15 | Fernandez, Gabby | 12 MV | 1:02.41 | 54 |
| | 29.35 | 33.06 | | |
| 16 | Reeves, Lauren | 10 SHRCR | 1:02.55 | 53 |
| | 29.12 | 33.43 | | |

#7 Girls 100 Yard Free

| 3A District: 51.43# 2021 Mary Clarke | | | | |
|--------------------------------------|------------------|----------|-------------|-------|
| Name | Yr | Team | Prelim Time | NISCA |
| Preliminaries | | | | |
| 1 | Clarke, Mary | 12 SNOH | 52.36 | q130 |
| | 25.27 | 27.09 | | |
| 2 | Buchholz, Daniel | 09 SW | 55.68 | q102 |
| | 26.25 | 29.43 | | |
| 3 | Kempma, Nanako | 12 MG | 56.47 | q95 |
| | 27.29 | 29.18 | | |
| 4 | Huber, Olivia | 10 SNOH | 57.40 | q88 |
| | 27.41 | 29.99 | | |
| 5 | Anderson, Brooke | 12 SW | 57.79 | q86 |
| | 27.72 | 30.07 | | |
| 6 | Tyson, Kiersten | 12 OHHS | 58.57 | q80 |
| | 27.68 | 30.89 | | |
| 7 | Legg, Jazmyn | 11 STAN | 59.00 | q77 |
| | 28.27 | 30.73 | | |
| 8 | Reyes, Mikaela | 12 MDHS | 59.69 | q72 |
| | 28.11 | 31.58 | | |
| 9 | Foral, Vivian | 10 SW | 1:00.06 | q69 |
| | 28.45 | 31.61 | | |
| 10 | Misner, Cal | 11 SNOH | 1:01.25 | q61 |
| | 28.98 | 32.27 | | |
| 11 | Bennett, Natalie | 10 MG | 1:01.45 | q60 |
| | 29.57 | 31.88 | | |
| 12 | Lynn, Adele | 11 SHRCR | 1:02.05 | q56 |
| | 29.75 | 32.30 | | |
| 13 | McCoy, Megan | 12 STAN | 1:02.14 | q56 |
| | 29.34 | 32.80 | | |
| 14 | Marquart, Kate | 09 EWHS | 1:02.54 | q53 |
| | 29.72 | 32.82 | | |
| 15 | Reeves, Lauren | 10 SHRCR | 1:02.73 | q52 |
| | 29.34 | 33.39 | | |
| 16 | Fernandez, Gabby | 12 MV | 1:03.07 | q50 |
| | 29.20 | 33.87 | | |
| 17 | Ward, Sadie | 10 EWHS | 1:03.50 | 47 |
| | 30.53 | 32.97 | | |
| 18 | Baldock, Hannah | 11 EWHS | 1:04.19 | 43 |
| | 29.97 | 34.22 | | |
| 19 | Johnson, Quinn | 11 SHRCR | 1:04.57 | 41 |
| | 30.27 | 34.30 | | |

| | | | | |
|----|----------------------|----------|---------|----|
| 20 | Ingram, Mattea | 11 STAN | 1:05.05 | 38 |
| | 30.70 | 34.35 | | |
| 21 | Halset, Mia | 10 SHRCR | 1:05.12 | 38 |
| | 30.13 | 34.99 | | |
| 22 | Veleber, Molly | 12 MLT | 1:05.88 | 33 |
| | 31.58 | 34.30 | | |
| 23 | Chalcraft, Megan | 12 SW | 1:06.60 | 29 |
| | 32.25 | 34.35 | | |
| 24 | Nguyen, Nhi | 11 CAS | 1:07.17 | 26 |
| | 31.74 | 35.43 | | |
| 25 | Russell-Hoff, Sophie | 12 EWHS | 1:07.20 | 26 |
| | 31.17 | 36.03 | | |
| 26 | Vanderveen, Aspen | 10 MON | 1:07.36 | 25 |
| | 31.70 | 35.66 | | |
| 27 | Cody, Sabrina | 11 MON | 1:07.57 | 24 |
| | 30.83 | 36.74 | | |
| 28 | Patterson, Gretta | 09 MLT | 1:08.42 | 19 |
| | 31.65 | 36.77 | | |
| 29 | Carlson, Kennedy | 11 OHHS | 1:08.86 | 17 |
| | 32.25 | 36.61 | | |
| 30 | Nwapa, Natalie | 12 EV | 1:08.98 | 16 |
| | 33.27 | 35.71 | | |
| 31 | Deuman, Jocelyn | 10 LHS | 1:10.90 | 7 |
| | 33.96 | 36.94 | | |
| 32 | Brown, Aiyanna | 11 FERN | 1:15.03 | |
| | 33.78 | 41.25 | | |

#8 Girls 500 Yard Free

| 3A District: 4:59.12# 1996 Tera Sherard | | | | |
|---|-----------------|----------|-------------|-------|
| Name | Yr | Team | Finals Time | NISCA |
| A - Final | | | | |
| 1 | Whorley, Quinn | 11 SHRCR | 5:05.91 | 124 |
| | 27.94 | 30.22 | 31.02 | 31.13 |
| | 30.91 | 30.71 | 31.19 | 31.20 |
| | 31.43 | 30.16 | | |
| 2 | Hartway, Kayme | 12 MON | 5:29.33 | 90 |
| | 29.31 | 32.44 | 33.31 | 33.56 |
| | 33.66 | 33.90 | 33.80 | 33.55 |
| | 33.55 | 32.25 | | |
| 3 | MacDonald, Zoe | 10 EWHS | 5:38.19 | 79 |
| | 30.25 | 32.97 | 33.55 | 34.14 |
| | 34.38 | 34.62 | 34.86 | 34.73 |
| | 34.67 | 34.02 | | |
| 4 | Coates, Rebecca | 11 LHS | 5:45.11 | 70 |
| | 30.95 | 33.89 | 34.93 | 35.07 |
| | 34.68 | 35.71 | 35.32 | 35.94 |
| | 35.25 | 33.37 | | |
| 5 | Hoff, Paulina | 11 SW | 5:56.18 | 57 |
| | 31.13 | 34.13 | 35.31 | 36.33 |
| | 36.33 | 36.75 | 36.43 | 37.22 |
| | 37.05 | 35.50 | | |
| 6 | Anderson, Hazel | 11 SHRCR | 5:59.60 | 53 |
| | 30.29 | 35.07 | 36.17 | 37.03 |
| | 36.69 | 37.21 | 37.99 | 37.16 |
| | 37.52 | 34.47 | | |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

| A - Final ... (#8 Girls 500 Yard Free) | | | | | B - Final | | | | | | | | | |
|---|-------|-------|-------------|--------------------|-----------------------|-------|---------|-------------|-----------------------|----------------------|-------|---------|---------|---|
| Name | Yr | Team | Prelim Time | NISCA | Name | Yr | Team | Prelim Time | NISCA | | | | | |
| 7 Stinson, Makenzie | 11 | SNOH | 6:03.88 | 49 | 3 MacDonal, Zoe | 10 | EWHS | 5:40.30 | q76 | | | | | |
| 31.35 | 35.68 | 36.35 | 37.49 | 30.24 | 33.02 | 34.11 | 34.58 | 32.74 | 37.21 | | | | | |
| 37.19 | 37.65 | 37.53 | 37.34 | 34.74 | 35.13 | 35.38 | 34.90 | 39.03 | 39.94 | | | | | |
| 37.09 | 36.21 | | | 34.61 | 33.59 | | | 40.20 | 38.92 | | | | | |
| 8 Zastoupil, Sarah | 11 | STAN | 6:06.21 | 46 | 4 Coates, Rebecca | 11 | LHS | 5:44.25 | q71 | | | | | |
| 32.04 | 34.60 | 36.71 | 37.55 | 31.41 | 34.46 | 35.24 | 34.70 | 35.09 | 37.99 | | | | | |
| 37.42 | 37.88 | 38.04 | 38.59 | 34.89 | 35.69 | 34.94 | 35.25 | 39.69 | 40.35 | | | | | |
| 38.32 | 35.06 | | | 34.79 | 32.88 | | | 39.27 | 36.48 | | | | | |
| 9 Carlson, Katherine | 09 | MG | 6:01.79 | 51 | 5 Hoff, Paulina | 11 | SW | 5:53.25 | q61 | | | | | |
| 30.18 | 34.00 | 36.00 | 36.69 | 30.98 | 34.20 | 35.03 | 35.85 | 33.42 | 36.65 | | | | | |
| 37.34 | 37.94 | 37.90 | 37.75 | 36.21 | 35.65 | 36.45 | 36.55 | 40.46 | 40.72 | | | | | |
| 38.01 | 35.98 | | | 36.30 | 36.03 | | | 39.79 | 36.67 | | | | | |
| 10 Howe, Lydia | 12 | STAN | 6:04.85 | 48 | 6 Anderson, Hazel | 11 | SHRCR | 5:57.06 | q56 | | | | | |
| 32.26 | 35.63 | 36.94 | 37.38 | 30.59 | 35.00 | 35.81 | 36.01 | 32.14 | 36.17 | | | | | |
| 38.05 | 38.35 | 37.96 | 37.77 | 36.60 | 37.84 | 37.30 | 36.98 | 40.02 | 40.34 | | | | | |
| 37.39 | 33.12 | | | 36.92 | 34.01 | | | 40.95 | 38.68 | | | | | |
| 11 Anderson, Nina | 10 | MDHS | 6:05.87 | 47 | 7 Zastoupil, Sarah | 11 | STAN | 6:00.36 | q53 | | | | | |
| 32.04 | 35.91 | 37.21 | 37.36 | 32.44 | 35.04 | 36.93 | 37.71 | 34.66 | 38.24 | | | | | |
| 37.56 | 37.72 | 37.62 | 37.98 | 36.75 | 37.44 | 37.61 | 36.55 | 40.25 | 40.16 | | | | | |
| 37.74 | 34.73 | | | 35.70 | 34.19 | | | 40.73 | 39.97 | | | | | |
| 12 Higgins, Hallie | 09 | MP | 6:08.61 | 44 | 8 Stinson, Makenzie | 11 | SNOH | 6:00.78 | q52 | | | | | |
| 31.60 | 35.72 | 36.69 | 37.62 | 31.73 | 35.60 | 36.63 | 37.39 | 33.52 | 38.03 | | | | | |
| 38.24 | 38.32 | 38.76 | 37.80 | 37.02 | 37.31 | 36.89 | 36.84 | 40.72 | 40.43 | | | | | |
| 37.17 | 36.69 | | | 36.76 | 34.61 | | | 41.39 | 38.57 | | | | | |
| 13 Peterson, Lauren | 10 | SNOH | 6:08.87 | 43 | 9 Anderson, Nina | 10 | MDHS | 6:05.50 | q47 | | | | | |
| 32.18 | 36.01 | 37.67 | 37.23 | 33.04 | 36.90 | 37.49 | 37.15 | 33.60 | 37.64 | | | | | |
| 38.20 | 38.25 | 37.89 | 38.27 | 37.41 | 36.65 | 36.48 | 37.09 | 40.37 | 40.28 | | | | | |
| 37.91 | 35.26 | | | 37.61 | 35.68 | | | 42.15 | 40.33 | | | | | |
| 14 Kutrovics, Coral | 12 | STAN | 6:12.41 | 40 | 10 Howe, Lydia | 12 | STAN | 6:06.22 | q46 | | | | | |
| 32.00 | 36.37 | 37.65 | 37.92 | 32.88 | 36.22 | 37.35 | 37.45 | 33.72 | 39.73 | | | | | |
| 38.24 | 38.40 | 38.42 | 38.59 | 37.54 | 38.16 | 37.79 | 37.94 | 42.07 | 40.98 | | | | | |
| 38.63 | 36.19 | | | 36.41 | 34.48 | | | 41.78 | 36.44 | | | | | |
| 15 Forbes, Lila | 10 | OHHS | 6:12.76 | 39 | 11 Carlson, Katherine | 09 | MG | 6:06.66 | q46 | | | | | |
| 32.72 | 36.64 | 38.57 | 38.22 | 30.13 | 33.99 | 36.26 | 37.72 | 34.65 | 39.04 | | | | | |
| 38.19 | 38.18 | 38.78 | 39.03 | 38.33 | 38.49 | 38.81 | 38.88 | 41.24 | 41.38 | | | | | |
| 38.82 | 33.61 | | | 37.70 | 36.35 | | | 41.00 | 36.82 | | | | | |
| 16 Pettross, Clara | 11 | SHRCR | 6:28.65 | 23 | 12 Peterson, Lauren | 10 | SNOH | 6:09.73 | q42 | | | | | |
| 32.60 | 37.86 | 39.01 | 39.77 | 33.22 | 36.85 | 37.34 | 38.03 | 35.47 | 39.37 | | | | | |
| 40.14 | 40.85 | 40.24 | 40.54 | 37.35 | 37.76 | 38.19 | 37.77 | 41.69 | 41.76 | | | | | |
| 39.48 | 38.16 | | | 37.65 | 35.57 | | | 39.55 | 37.15 | | | | | |
| #8 Girls 500 Yard Free | | | | 13 Higgins, Hallie | 09 | MP | 6:10.74 | q41 | 27 Andedrson, Phoenix | 09 | STAN | 6:41.51 | 11 | |
| 3A District: 4:59.12# 1996 Tera Sherard | | | | 31.43 | 35.32 | 36.94 | 37.84 | 34.74 | 39.34 | 40.61 | 40.54 | | | |
| Name Yr Team Prelim Time NISCA | | | | 37.96 | 38.18 | 38.34 | 38.58 | 41.06 | 41.14 | 41.33 | 41.67 | | | |
| Preliminaries | | | | 38.99 | 37.16 | | | 41.62 | 39.46 | | | | | |
| 1 Whorley, Quinn | 11 | SHRCR | 5:11.87 | q115 | 14 Kutrovics, Coral | 12 | STAN | 6:16.67 | q35 | 28 Parsons, Audriana | 09 | SHRCR | 6:45.00 | 8 |
| 28.49 | 30.75 | 31.16 | 31.57 | 33.47 | 37.65 | 38.46 | 38.77 | 34.09 | 38.82 | 41.22 | 42.80 | | | |
| 31.59 | 31.77 | 32.15 | 31.83 | 38.31 | 38.80 | 38.75 | 38.40 | 42.04 | 41.88 | 42.01 | 41.81 | | | |
| 31.71 | 30.85 | | | 37.95 | 36.11 | | | 42.14 | 38.19 | | | | | |
| 2 Hartway, Kayme | 12 | MON | 5:29.99 | q89 | 15 Pettross, Clara | 11 | SHRCR | 6:19.64 | q32 | 29 Saleska, Joy | 10 | SW | 6:49.85 | 4 |
| 29.52 | 32.72 | 33.44 | 33.87 | 32.04 | 37.19 | 38.78 | 39.32 | 33.45 | 39.03 | 42.02 | 42.67 | | | |
| 33.30 | 33.19 | 33.41 | 33.83 | 39.41 | 39.58 | 39.19 | 39.54 | 42.57 | 42.35 | 42.99 | 42.60 | | | |
| 33.92 | 32.79 | | | 38.53 | 36.06 | | | 42.50 | 39.67 | | | | | |
| | | | | 16 Forbes, Lila | 10 | OHHS | 6:19.90 | q32 | 30 Bell, Maren | 11 | SW | 6:50.23 | 4 | |
| | | | | 33.65 | 37.61 | 39.16 | 38.99 | 34.27 | 38.66 | 40.60 | 41.32 | | | |
| | | | | 38.74 | 38.23 | 39.07 | 39.10 | 42.27 | 42.24 | 42.84 | 43.15 | | | |
| | | | | 38.79 | 36.56 | | | 42.70 | 42.18 | | | | | |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

Preliminaries ... (#8 Girls 500 Yard Free)

| | | | | NISCA |
|----|-------------------|---------|---------|-------|
| 31 | Hornaday, Holland | 12 EWHS | 6:54.39 | 0 |
| | 34.10 | 38.34 | 41.55 | 42.70 |
| | 42.75 | 43.07 | 43.11 | 43.95 |
| | 43.92 | 40.90 | | |
| 32 | Lebeau, Caroline | 11 CAS | 7:24.67 | |
| | 37.80 | 42.63 | 45.88 | 44.99 |
| | 45.10 | 46.28 | 48.04 | 45.95 |
| | 44.65 | 43.35 | | |

#9 Girls 200 Yard Free Relay

3A District: 1:40.68# 2005 Squalicum

| Team | Relay | Finals Time | NISCA |
|--------------------------|-----------------------|-------------|-------|
| A - Final | | | |
| 1 SHRCR | A | 1:41.35 | 369 |
| Thompson, Miranda 12 | Bendiksen, Anna 09 | | |
| Fralick, Owan 12 | Whorley, Quinn 11 | | |
| | 24.96 | 27.08 | 25.12 |
| | | | 24.19 |
| 2 SNOH | A | 1:43.35 | 345 |
| Clarke, Mary 12 | Huber, Olivia 10 | | |
| Misner, Cal 11 | Andrews, Grace 12 | | |
| | 24.31 | 26.69 | 26.99 |
| | | | 25.36 |
| 3 EWHS | A | 1:47.40 | 300 |
| Marquart, Kate 09 | Detjen, Tatumn 10 | | |
| Morales-Tomas, Madison 1 | Bates, Sydney 10 | | |
| | 27.92 | 26.51 | 26.33 |
| | | | 26.64 |
| 4 MLT | A | 1:47.74 | 297 |
| Lombard, Katherine 11 | Khasanov, Dana 12 | | |
| Beam, Lisa 09 | Vuong, Jeslyn 11 | | |
| | 27.40 | 29.11 | 26.67 |
| | | | 24.56 |
| 5 SW | A | 1:48.07 | 294 |
| Craft, Alex 12 | Norberg, Maggie 11 | | |
| Foral, Vivian 10 | Mirabueno, Malaina 11 | | |
| | 27.51 | 27.57 | 26.64 |
| | | | 26.35 |
| 6 MG | A | 1:50.41 | 270 |
| Bennett, Natalie 10 | Carlson, Katherine 09 | | |
| Yanagida, Milee 10 | Kempma, Nanako 12 | | |
| | 28.33 | 28.58 | 27.89 |
| | | | 25.61 |
| 7 OHHS | A | 1:53.73 | 237 |
| Chargualaf, Lola 12 | Lucero, Taryn 10 | | |
| Forbes, Lila 10 | Tyson, Kiersten 12 | | |
| | 27.43 | 31.02 | 29.17 |
| | | | 26.11 |
| 8 STAN | A | 1:54.24 | 234 |
| Ingram, Mattea 11 | Dilworth, Faith 11 | | |
| Zastoupil, Sarah 11 | Howe, Lydia 12 | | |
| | 28.79 | 28.30 | 28.62 |
| | | | 28.53 |
| B - Final | | | |
| 9 CAS | A | 1:57.26 | 207 |
| Nguyen, Nhi 11 | Dewing, Alana 09 | | |
| Lebeau, Caroline 11 | Phut, May 09 | | |
| | 30.05 | 30.37 | 31.10 |
| | | | 25.74 |
| 10 EV | A | 1:57.61 | 204 |
| Nwapa, Natalie 12 | Larama, Tegan 09 | | |
| Caldart, Sonja 12 | Hogan, Linnea 12 | | |
| | 29.41 | 30.14 | 29.84 |
| | | | 28.22 |

| | | | |
|-----------------------|------------------------|---------|---------|
| 11 MV | A | 1:57.62 | 204 |
| Narwal, Amanat 10 | Jones, Sadie 10 | | |
| Dowd, Danika 10 | Fernandez, Gabby 12 | | |
| | 29.60 | 32.36 | 28.34 |
| | | | 27.32 |
| 12 MON | A | 2:03.22 | 156 |
| Grant, Rowyn 10 | Swanberg, Paige 11 | | |
| Vanderveen, Aspen 10 | Nipper, Skylar 12 | | |
| | 29.43 | 30.98 | 33.10 |
| | | | 29.71 |
| 13 FERN | A | 2:05.06 | 141 |
| James, Alicia 11 | George, Taylor 12 | | |
| Brown, Aiyanna 11 | Kidd, Nevaeh 09 | | |
| | 30.92 | 32.92 | 33.12 |
| | | | 28.10 |
| 14 MP | A | 2:09.21 | 111 |
| Christensen, Ava 09 | Zander, Bri 12 | | |
| Chabot, Maddie 11 | Getty, Zoey 09 | | |
| | 29.74 | 33.96 | 33.19 |
| | | | 32.32 |
| 15 MDHS | A | 2:09.56 | 108 |
| Ball, Leyna 09 | Determan, Sara 10 | | |
| Goergen, Elizabeth 10 | Stavros, Gwen 12 | | |
| | 30.56 | 34.69 | 31.39 |
| | | | 32.92 |
| 16 LHS | A | 2:14.33 | 75 |
| Cordova, Sophia 10 | Loekito, Davina 12 | | |
| Abrahamyan, Bella 10 | Hanchinamani, Shifa 11 | | |
| | 33.21 | 33.30 | 1:07.82 |

#9 Girls 200 Yard Free Relay

3A District: 1:40.68# 2005 Squalicum

| Team | Relay | Prelim Time | NISCA |
|--------------------------|-----------------------|-------------|-------|
| Preliminaries | | | |
| 1 SHRCR | A | 1:42.62 | q354 |
| Thompson, Miranda 12 | Fralick, Owan 12 | | |
| Bendiksen, Anna 09 | Whorley, Quinn 11 | | |
| | 27.50 | 25.39 | 24.71 |
| | | | 25.02 |
| 2 SNOH | A | 1:43.47 | q345 |
| Clarke, Mary 12 | Huber, Olivia 10 | | |
| Misner, Cal 11 | Andrews, Grace 12 | | |
| | 24.70 | 26.64 | 26.77 |
| | | | 25.36 |
| 3 MLT | A | 1:46.89 | q306 |
| Lombard, Katherine 11 | Veleber, Molly 12 | | |
| Beam, Lisa 09 | Vuong, Jeslyn 11 | | |
| | 27.00 | 28.12 | 27.18 |
| | | | 24.59 |
| 4 EWHS | A | 1:48.74 | q288 |
| Marquart, Kate 09 | Detjen, Tatumn 10 | | |
| Morales-Tomas, Madison 1 | Bates, Sydney 10 | | |
| | 28.84 | 26.08 | 27.00 |
| | | | 26.82 |
| 5 SW | A | 1:49.28 | q282 |
| Craft, Alex 12 | Norberg, Maggie 11 | | |
| Foral, Vivian 10 | Mirabueno, Malaina 11 | | |
| | 28.20 | 27.42 | 26.97 |
| | | | 26.69 |
| 6 MG | A | 1:51.80 | q255 |
| Bennett, Natalie 10 | Carlson, Katherine 09 | | |
| Yanagida, Milee 10 | Kempma, Nanako 12 | | |
| | 29.14 | 28.34 | 28.05 |
| | | | 26.27 |
| 7 OHHS | A | 1:55.00 | q225 |
| Chargualaf, Lola 12 | Lucero, Taryn 10 | | |
| Forbes, Lila 10 | Tyson, Kiersten 12 | | |
| | 27.55 | 31.08 | 35.51 |
| | | | 20.86 |

| | | | |
|-----------------------|------------------------|---------|-------|
| 8 STAN | A | 1:56.92 | q210 |
| Legg, Jazmyn 11 | Ingram, Mattea 11 | | |
| Plano, Sophie 10 | Howe, Lydia 12 | | |
| | 29.42 | 28.66 | 29.54 |
| | | | 29.30 |
| 9 CAS | A | 2:00.90 | q174 |
| Nguyen, Nhi 11 | Dewing, Alana 09 | | |
| Lebeau, Caroline 11 | Phut, May 09 | | |
| | 30.67 | 30.42 | 33.77 |
| | | | 26.04 |
| 10 MV | A | 2:01.92 | q165 |
| Narwal, Amanat 10 | Jones, Sadie 10 | | |
| Dowd, Danika 10 | Fernandez, Gabby 12 | | |
| | 30.55 | 31.53 | 31.44 |
| | | | 28.40 |
| 11 MON | A | 2:02.06 | q165 |
| Grant, Rowyn 10 | Swanberg, Paige 11 | | |
| Vanderveen, Aspen 10 | Nipper, Skylar 12 | | |
| | 29.13 | 31.36 | 30.99 |
| | | | 30.58 |
| 12 EV | A | 2:02.43 | q162 |
| Nwapa, Natalie 12 | Larama, Tegan 09 | | |
| Caldart, Sonja 12 | Hogan, Linnea 12 | | |
| | 30.11 | 31.86 | 32.20 |
| | | | 28.26 |
| 13 MP | A | 2:07.04 | q126 |
| Christensen, Ava 09 | Zander, Bri 12 | | |
| Chabot, Maddie 11 | Getty, Zoey 09 | | |
| | 29.60 | 33.23 | 31.64 |
| | | | 32.57 |
| 14 FERN | A | 2:09.40 | q108 |
| James, Alicia 11 | George, Taylor 12 | | |
| Brown, Aiyanna 11 | Kidd, Nevaeh 09 | | |
| | 32.81 | 33.87 | 42.18 |
| | | | 20.54 |
| 15 MDHS | A | 2:12.87 | q84 |
| Ball, Leyna 09 | Determan, Sara 10 | | |
| Goergen, Elizabeth 10 | Stavros, Gwen 12 | | |
| | 31.46 | 35.51 | 33.40 |
| | | | 32.50 |
| 16 LHS | A | 2:14.57 | q72 |
| Cordova, Sophia 10 | Loekito, Davina 12 | | |
| Abrahamyan, Bella 10 | Hanchinamani, Shifa 11 | | |
| | 38.70 | 28.33 | 33.16 |
| | | | 34.38 |

#10 Girls 100 Yard Back

3A District: 55.73# 2002 Rebecca Sturdy

| Name | Yr | Team | Finals Time | NISCA |
|---------------------|----|-------|-------------|-------|
| A - Final | | | | |
| 1 Bennett, Simone | 11 | EWHS | 1:00.18 | 111 |
| | | | 28.98 | 31.20 |
| 2 Fralick, Owan | 12 | SHRCR | 1:00.46 | 109 |
| | | | 29.87 | 30.59 |
| 3 Thompson, Miranda | 12 | SHRCR | 1:00.97 | 106 |
| | | | 29.91 | 31.06 |
| 4 Chargualaf, Lola | 12 | OHHS | 1:02.83 | 93 |
| | | | 31.22 | 31.61 |
| 5 Garcia, Olivia | 09 | EWHS | 1:03.99 | 86 |
| | | | 31.25 | 32.74 |
| 6 Anderson, Nina | 10 | MDHS | 1:07.20 | 67 |
| | | | 32.47 | 34.73 |
| 7 Betancourt, Emma | 09 | SNOH | 1:07.91 | 63 |
| | | | 32.84 | 35.07 |
| 8 Tyson, Kiersten | 12 | OHHS | 1:08.23 | 62 |
| | | | 32.74 | 35.49 |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

| B - Final ... (#10 Girls 100 Yard Back) | | | | | NISCA | | | | | | | | | | | | |
|--|-----------|-------------|--------------------|--------------|------------------|---|------------------|---------|-----------------|---|----------------------|-------------|--------------------|--------------|--------------------|--------------|--|
| B - Final | | | | | 17 Dewing, Alana | 09 CAS | 1:14.03 | 33 | 10 Grant, Rowyn | 10 MON | 1:18.86 | 60 | | | | | |
| 9 McLaughlin, Raine | 11 SHRCR | 1:07.78 | 64 | 37.17 | 36.86 | | | 36.28 | 42.58 | | | | | | | | |
| | | 33.05 | 34.73 | | | | | | | | | | | | | | |
| 10 Lin, Emily | 12 SW | 1:08.64 | 59 | | | 18 Broderhausen, Audrey | 12 MDHS | 1:14.28 | 31 | 11 Dilworth, Faith | 11 STAN | 1:20.00 | 55 | | | | |
| | | 32.71 | 35.93 | | | 36.76 | 37.52 | | | 36.79 | 43.21 | | | | | | |
| 11 Falkin, Addy | 10 SW | 1:09.93 | 53 | | | *19 Pacleb, Sophia | 12 SW | 1:14.35 | 31 | 12 Temme, Walker | 09 SHRCR | 1:20.85 | 51 | | | | |
| | | 34.55 | 35.38 | | | | | 35.22 | 39.13 | | | 37.42 | 43.43 | | | | |
| 12 Sieling, October | 11 MON | 1:10.00 | 52 | | | *19 Schreiner, Mina | 12 LHS | 1:14.35 | 31 | 13 Stroh, Ranie | 10 SW | 1:21.91 | 47 | | | | |
| | | 33.69 | 36.31 | | | | | 35.45 | 38.90 | | | 37.08 | 44.83 | | | | |
| 13 Bennett, Natalie | 10 MG | 1:10.02 | 52 | | | 21 Wilson, Lola | 11 MP | 1:14.54 | 30 | 14 Gibson, Audrey | 11 EWHS | 1:23.21 | 41 | | | | |
| | | 34.40 | 35.62 | | | | | 35.09 | 39.45 | | | 38.28 | 44.93 | | | | |
| 14 Deiparine, Jaclyn | 12 SHRCR | 1:10.52 | 50 | | | 22 Le, Grace | 11 EWHS | 1:17.34 | 18 | 15 Kidd, Nevaeh | 09 FERN | 1:23.36 | 41 | | | | |
| | | 33.84 | 36.68 | | | | | 37.03 | 40.31 | | | 39.83 | 43.53 | | | | |
| 15 McCoy, Megan | 12 STAN | 1:11.37 | 45 | | | 23 Andedrson, Phoenix | 09 STAN | 1:18.54 | 13 | 16 Jacobs, Brooke | 11 STAN | 1:24.32 | 37 | | | | |
| | | 33.47 | 37.90 | | | | | 38.40 | 40.14 | | | 41.16 | 43.16 | | | | |
| 16 Dewing, Alana | 09 CAS | 1:14.70 | 29 | | | 24 Moeller, Skylar | 11 STAN | 1:18.58 | 13 | #11 Girls 100 Yard Breast | | | | | | | |
| | | 37.18 | 37.52 | | | | | 38.22 | 40.36 | 3A District: 1:04.44# 2019 Jetlynn Hau | | | | | | | |
| #10 Girls 100 Yard Back | | | | | | | 25 James, Alicia | 11 FERN | 1:19.13 | 10 | Name | | Yr | Team | Prelim Time | NISCA | |
| 3A District: 55.73# 2002 Rebecca Sturdy | | | | | | | | | 38.03 | 41.10 | Preliminaries | | | | | | |
| Name | Yr | Team | Prelim Time | NISCA | | | 26 Dumo, Alison | 12 MLT | 1:19.16 | 10 | 1 Howson, Aila | 11 SHRCR | 1:05.93 | q130 | | | |
| | | | | | | | | 37.63 | 41.53 | | | 31.85 | 34.08 | | | | |
| 1 Bennett, Simone | 11 EWHS | 59.82 | q113 | | | 27 Royce, Kyla | 10 EV | 1:21.33 | 2 | 2 Vuong, Jeslyn | 11 MLT | 1:10.69 | q101 | | | | |
| | | 28.89 | 30.93 | | | | | 38.93 | 42.40 | 3 Detjen, Tatumn | 10 EWHS | 1:11.02 | q99 | | | | |
| 2 Thompson, Miranda | 12 SHRCR | 59.89 | q113 | | | 28 Tra, Anna | 12 EWHS | 1:22.86 | | | | 33.54 | 37.48 | | | | |
| | | 29.37 | 30.52 | | | | | 39.18 | 43.68 | 4 Coates, Rebecca | 11 LHS | 1:12.40 | q92 | | | | |
| 3 Fralick, Owan | 12 SHRCR | 1:01.14 | q104 | | | 29 Hollingsworth, Isla | 10 STAN | 1:23.11 | | | | 34.25 | 38.15 | | | | |
| | | 29.69 | 31.45 | | | | | 40.53 | 42.58 | 5 Mirabueno, Malaina | 11 SW | 1:12.85 | q89 | | | | |
| 4 Garcia, Olivia | 09 EWHS | 1:03.56 | q89 | | | 30 Anderson, Paige | 10 SNOH | 1:23.52 | | | | 34.05 | 38.80 | | | | |
| | | 30.37 | 33.19 | | | | | 40.13 | 43.39 | 6 Phut, May | 09 CAS | 1:13.83 | q84 | | | | |
| 5 Chargualaf, Lola | 12 OHHS | 1:05.55 | q77 | | | 31 Welch, Rheagan | 10 SNOH | 1:24.14 | | | | 37.26 | 39.63 | | | | |
| | | 32.70 | 32.85 | | | | | 41.17 | 42.97 | 7 Ingram, Mattea | 11 STAN | 1:16.89 | q69 | | | | |
| 6 Anderson, Nina | 10 MDHS | 1:06.38 | q72 | | | 32 Holland, Natalie | 12 MV | 1:29.03 | | | | 37.26 | 39.63 | | | | |
| | | 32.07 | 34.31 | | | | | 42.69 | 46.34 | 8 Leptich, Avery | 09 SHRCR | 1:17.96 | q64 | | | | |
| 7 Tyson, Kiersten | 12 OHHS | 1:07.13 | q68 | | | #11 Girls 100 Yard Breast | | | | | | | | | | | |
| | | 32.56 | 34.57 | | | 3A District: 1:04.44# 2019 Jetlynn Hau | | | | | | | | | | | |
| 8 Betancourt, Emma | 09 SNOH | 1:07.33 | q67 | | | Name | | | | | Yr | Team | Finals Time | NISCA | | | |
| | | 32.29 | 35.04 | | | A - Final | | | | | | | | | | | |
| 9 Bennett, Natalie | 10 MG | 1:07.75 | q64 | | | 1 Howson, Aila | 11 SHRCR | 1:05.30 | 134 | 9 Grant, Rowyn | 10 MON | 1:18.28 | q63 | | | | |
| | | 33.39 | 34.36 | | | | | 31.92 | 33.38 | | | 35.83 | 42.45 | | | | |
| 10 Lin, Emily | 12 SW | 1:08.86 | q58 | | | 2 Detjen, Tatumn | 10 EWHS | 1:10.92 | 100 | 10 Tra, Lauren | 10 EWHS | 1:19.05 | q59 | | | | |
| | | 32.55 | 36.31 | | | | | 33.61 | 37.31 | | | 37.10 | 41.95 | | | | |
| 11 Falkin, Addy | 10 SW | 1:09.60 | q54 | | | 3 Vuong, Jeslyn | 11 MLT | 1:11.08 | 99 | 11 Rodriguez, Sophia | 11 EWHS | 1:20.02 | q55 | | | | |
| | | 33.60 | 36.00 | | | | | 33.92 | 37.16 | | | 37.55 | 42.47 | | | | |
| 12 McLaughlin, Raine | 11 SHRCR | 1:09.68 | q54 | | | 4 Mirabueno, Malaina | 11 SW | 1:11.37 | 97 | 12 Temme, Walker | 09 SHRCR | 1:20.38 | q53 | | | | |
| | | 33.85 | 35.83 | | | | | 33.72 | 37.65 | | | 37.55 | 42.83 | | | | |
| 13 Deiparine, Jaclyn | 12 SHRCR | 1:11.44 | q45 | | | 5 Coates, Rebecca | 11 LHS | 1:12.11 | 93 | 13 Dilworth, Faith | 11 STAN | 1:21.15 | q50 | | | | |
| | | 34.62 | 36.82 | | | | | 33.95 | 38.16 | | | 37.77 | 43.38 | | | | |
| 14 Khasanov, Dana | 12 MLT | 1:11.66 | q44 | | | 6 Phut, May | 09 CAS | 1:12.39 | 92 | 14 Kidd, Nevaeh | 09 FERN | 1:21.57 | q48 | | | | |
| | | 34.18 | 37.48 | | | | | 34.85 | 37.54 | | | 39.35 | 42.22 | | | | |
| 15 Sieling, October | 11 MON | 1:12.00 | q42 | | | 7 Ingram, Mattea | 11 STAN | 1:15.43 | 76 | 15 Stroh, Ranie | 10 SW | 1:22.88 | q42 | | | | |
| | | 34.92 | 37.08 | | | | | 35.19 | 40.24 | | | 37.79 | 45.09 | | | | |
| 16 McCoy, Megan | 12 STAN | 1:13.39 | q36 | | | 8 Leptich, Avery | 09 SHRCR | 1:16.75 | 70 | 16 Gibson, Audrey | 11 EWHS | 1:23.41 | q40 | | | | |
| | | 34.69 | 38.70 | | | | | 35.88 | 40.87 | | | 38.42 | 44.99 | | | | |
| B - Final | | | | | | | B - Final | | | | | | | | | | |
| | | | | | | 9 Rodriguez, Sophia | 11 EWHS | 1:17.71 | 65 | 17 Jacobs, Brooke | 11 STAN | 1:24.32 | 37 | | | | |
| | | | | | | | | 36.39 | 41.32 | | | 41.06 | 43.26 | | | | |
| | | | | | | | | | | 18 Fleshman, Rebekah | 11 EV | 1:24.44 | 36 | | | | |
| | | | | | | | | | | | | 40.77 | 43.67 | | | | |
| | | | | | | | | | | 19 Arnold, Amelia | 12 SNOH | 1:24.82 | 35 | | | | |
| | | | | | | | | | | | | 41.13 | 43.69 | | | | |

WESCO 3A Girls Districts 2023 - 11/1/2023 to 11/4/2023

Results

Preliminaries ... (#12 Girls 400 Yard Free Relay)

NISCA

| | | | | |
|-----|---------------------|---------|-------------------------|---------|
| 13 | MV | A | 5:01.96 | q |
| | Nore, Rhiannon 11 | | Jackson, Emma 09 | |
| | Holland, Natalie 12 | | Jones, Sadie 10 | |
| | 34.23 | 1:16.23 | 37.57 | 1:17.56 |
| | 37.09 | 1:31.57 | 20.00 | 56.60 |
| 14 | OHHS | A | 5:05.33 | q |
| | Oakes, Emma 12 | | De La Rosa, Savannah 12 | |
| | Whitley, Indiana 11 | | Meyer, Tessa 09 | |
| | 36.51 | 1:17.68 | 38.73 | 1:23.51 |
| | 33.26 | 1:11.91 | 34.11 | 1:12.23 |
| --- | MON | A | DQ | |
| | Sieling, October 11 | | Hartway, Emersyn 10 | |
| | Cody, Sabrina 11 | | Hartway, Kayme 12 | |
| | 31.27 | 1:04.79 | 31.25 | 1:07.54 |
| | 30.80 | 1:08.85 | 27.79 | |

#13 Girls 50 Yard Free

3A District: 55.68# 2022 Vivian Phan

| | Name | Yr | Team | Finals Time | NISCA |
|---|-------------------|----|------|-------------|-------|
| 1 | Watanabe, Miya | 12 | STAN | 1:05.84 | |
| 2 | Schreiber, Ashley | 12 | STAN | 4:51.60 | |

#14 Girls 50 Yard Back

3A District: 58.31# 2022 Kianna Fenlason

| | Name | Yr | Team | Finals Time | NISCA |
|---|-------------------|----|------|-------------|-------|
| 1 | Watanabe, Miya | 12 | STAN | 1:15.63 | |
| 2 | Schreiber, Ashley | 12 | STAN | 3:05.92 | |

Scores - Women

| Women - Team Rankings - Through Event 14 | |
|--|-------------------------|
| 1. | Shorecrest 392 |
| 2. | Shorewood 291 |
| 3. | Edmonds-Woodway 271 |
| 4. | Snohomish 259 |
| 5. | Stanwood 168 |
| 6. | Mountlake Terrace 151 |
| 7. | Marysville-Getchell 136 |
| 8. | Monroe 125 |
| 9. | Oak Harbor 103 |
| 10. | Meadowdale 79 |
| 11. | Cascade 78 |
| 12. | Marysville-Pilchuck 60 |
| 13. | Lynnwood 59 |
| 14. | Mount Vernon 36 |
| 15. | Everett 35 |
| 16. | Ferndale 25 |