

Kamiak Edmonds Woodway - 1/23/2025

Results - Dual

Event 1 Men 200 Yard Medley Relay

1:39.80 4AST  
1:48.30 2AST

Team	Relay	Finals Time
1 KAM	B	1:45.61 2AST
1) Nguyen, Kaiden 10	2) Nguyen, Minh T 11	
3) Jackson, Ryan C 10	4) Wong, Brandon Z 9	
28.27 29.21	24.75 23.38	
2 KAM	A	1:47.07 2AST
1) Dovich, Isaac H 12	2) Chai, Lucas Z 10	
3) Lee, Noah 12	4) Fast, Jack T 11	
29.52 28.60	26.53 22.42	
3 SWHID-PN	A	1:47.87 2AST
1) Lewis, Caleb 10	2) Prendergast, Tyson 12	
3) Hempel, Jack 11	4) Jung, Rowan 11	
29.07 30.24	24.83 23.73	
4 EWHS-PN	A	1:52.25 2
1) Schell, Liam JR	2) Kotwis, Patrick SR	
3) Hooks, Luca SO	4) Norenberg, Lennox JR	
31.47 28.63	27.28 24.87	
5 KAM	C	1:56.67
1) Iguchi, Jun 12	2) Cheng, Curtis	
3) Lu, Justin 9	4) Frasz, Kai 12	
30.36 34.17	27.89 24.25	
6 EWHS-PN	B	2:04.33
1) Zablan, Kanai SO	2) Angel, Finn SO	
3) Rickman, Marcel JR	4) Volpe, Jacob JR	
35.16 31.26	28.09 29.82	
7 KAM	D	2:10.07
1) Hickey, Conor 10	2) Fast, Ryhs 9	
3) Chen, Ben 9	4) Krutiy, Vadim 12	
34.84 35.87	29.53 29.83	
8 KAM	E	2:18.37
1) Jayakumar, Koushik 10	2) Lam, Bradley 10	
3) Andrus, Tryg 10	4) Risdon, Uriel 10	
37.35 41.10	32.15 27.77	
9 EWHS-PN	D	2:27.01
1) Lang, Levi	2) Oliver, Sam	
3) Nornes, Peder JR	4) Timpe, Turner JR	
38.07 46.57	33.78 28.59	
10 KAM	H	2:27.83
1) Arevalo Morales, Javier 11	2) Cheng, Bruce 9	
3) McLaughlin, Kendon 11	4) Boelter, Harlan 9	
34.76 36.55	41.40 35.12	
11 EWHS-PN	C	2:32.44
1) Sehajpal, Arya JR	2) Ward, Charles SO	
3) Lang, Boaz	4) Ho, Abraham SO	
38.52 42.16	38.54 33.22	
--- EWHS-PN	E	NS
1) Spasojevic, Alexander FR	2) Tran, Harry	
3) Yancey, Vaughn	4) Cory, Andrew	

Event 2 Men 200 Yard Freestyle

1:47.40 4AST  
1:53.00 2AST  
2:04.00 4A D  
2:13.00 2A D 2A districts

Name	YrSchool	Finals Time
1 Price, Finn	11 KAM	1:56.18 4A D
27.66 29.98	29.41 29.13	
2 Liu, Kenny	10 KAM	2:10.37 2A D
30.04 32.71	34.20 33.42	
3 Acopulos, Roman	11 KAM	2:14.48 6
30.39 33.98	34.84 35.27	
4 Zablan, Kanai	SO EWHS-PN	2:15.22 4
30.51 34.16	35.88 34.67	
5 Sarakhanov, Max	11 KAM	2:15.72 3
31.10 34.07	35.49 35.06	
6 Krutiy, Vadim	12 KAM	2:27.27
33.06 36.43	39.56 38.22	
7 Jayakumar, Koushik	10 KAM	2:33.52 2
34.45 38.88	40.13 40.06	
8 Rines, Oliver	9 KAM	2:38.73
35.35 40.35	42.38 40.65	
9 Lang, Levi	EWHS-PN	2:49.35 1
35.53 43.69	46.71 43.42	
10 Volpe, Jacob	JR EWHS-PN	2:49.65
37.34 2:12.31		
11 Sehajpal, Arya	JR EWHS-PN	2:53.19

Event 3 Men 200 Yard IM

1:59.50 4AST  
2:08.50 2AST  
2:22.00 4A D  
2:28.50 2A D 2A districts

Name	YrSchool	Finals Time
1 Jung, Rowan	11 SWHID-PN	2:14.08 4A D
29.19 33.61	40.58 30.70	
2 Nguyen, Kaiden	10 KAM	2:14.90 4A D
27.50 33.56	43.60 30.24	
3 Kotwis, Patrick	SR EWHS-PN	2:17.09 4A D
29.51 38.15	37.82 31.61	
4 Wong, Brandon Z	9 KAM	2:21.29 4A D
31.42 36.25	43.67 29.95	
5 Jackson, Ryan C	10 KAM	2:21.36 4A D
29.16 37.83	40.95 33.42	
6 Iguchi, Jun	12 KAM	2:31.14 3
32.83 36.41	45.99 35.91	
7 Norenberg, Lennox	JR EWHS-PN	2:33.17 2
30.31 39.93	43.44 39.49	
8 Angel, Finn	SO EWHS-PN	2:37.61 1
31.69 42.74	44.47 38.71	
9 Hickey, Conor	10 KAM	2:48.26
37.31 40.93	53.05 36.97	
--- Nornes, Peder	JR EWHS-PN	DQ
One hand touch - fly		
38.88 50.41	52.33 44.01	
--- Hood, Connor	11 KAM	NS

## Kamiak Edmonds Woodway - 1/23/2025

## Results - Dual

## Event 4 Men 50 Yard Freestyle

21.90 4AST  
 22.90 2AST  
 24.50 4A D  
 25.90 2A D 2A districts

Name	YrSchool	Finals Time		
*1 Tai, Lewis	10 KAM	24.51	2A D	
*1 Smith, Connor	FR EWHS-PN	24.51	2A D	
3 Frasz, Kai	12 KAM	24.80	2A D	
4 Hooks, Luca	SO EWHS-PN	25.46	2A D	
5 Risdon, Uriel	10 KAM	26.99	1	
6 Krutiy, Roman	9 KAM	31.78		
*7 Lang, Boaz	EWHS-PN	33.34		
*7 Lam, Brandon	11 KAM	33.34		
9 Cory, Andrew	EWHS-PN	34.78		
10 Oliver, Sam	EWHS-PN	35.54		
11 Kahlr, Milo	12 KAM	35.80		
12 Singh, Angad	12 KAM	37.12		
13 Tran, Harry	EWHS-PN	37.48		
14 Choe, Julian	9 KAM	42.50		
--- Rickman, Marcel	JR EWHS-PN	X27.11		
--- Arevalo Morales, Javier	11 KAM	X28.57		
--- Yancey, Vaughn	EWHS-PN	X29.49		
--- Timpe, Turner	JR EWHS-PN	X29.96		
--- McLaughlin, Kendon	11 KAM	X32.31		
--- Spasojevic, Alexander	FR EWHS-PN	NS		
--- Chiu, Austin	SR EWHS-PN	NS		
--- Ward, Charles	SO EWHS-PN	XNS		

## Event 5 Men 1 mtr Diving

315.00 4AST

Name	YrSchool	Finals Score		
1 Farmer, Cade	12 KAM	227.30	6	
2 Lundeen, Koen	12 KAM	153.15	4	
3 Richter, James	9 KAM	127.70	3	

## Event 6 Men 100 Yard Butterfly

52.50 4AST  
 56.50 2AST  
 1:04.50 4A D  
 1:11.50 2A D 2A districts

Name	YrSchool	Finals Time		
1 Lee, Noah	12 KAM	58.95	4A D	
27.56 31.39				
2 Norenberg, Lennox	JR EWHS-PN	59.68	4A D	
28.11 31.57				
3 Prendergast, Tyson	12 SWHID-PN	1:04.07	4A D	
29.99 34.08				
4 Schell, Liam	JR EWHS-PN	1:11.71	2	
32.21 39.50				
--- Nornes, Peder	JR EWHS-PN	X1:36.95		
42.53 54.42				
--- Hood, Connor	11 KAM	NS		

## Event 7 Men 100 Yard Freestyle

48.70 4AST  
 50.90 2AST  
 55.00 4A D  
 1:00.90 2A D 2A districts

Name	YrSchool	Finals Time		
1 Price, Finn	11 KAM	53.00	4A D	
25.75 27.25				
2 Nguyen, Minh T	11 KAM	54.83	4A D	
26.58 28.25				
3 Dovich, Isaac H	12 KAM	55.79	2A D	
26.46 29.33				
4 Smith, Connor	FR EWHS-PN	57.07	2A D	
27.23 29.84				
5 Acopulos, Roman	11 KAM	58.98	2A D	
29.13 29.85				
6 Sarakhanov, Max	11 KAM	59.20	2A D	
29.16 30.04				
7 Angel, Finn	SO EWHS-PN	1:00.11	2A D	
8 Arevalo Morales, Javier	11 KAM	1:03.28		
30.71 32.57				
9 Risdon, Uriel	10 KAM	1:03.66		
30.52 33.14				
10 Rines, Oliver	9 KAM	1:10.11		
34.24 35.87				
11 Andrus, Tryg	10 KAM	1:10.57		
33.17 37.40				
12 Lang, Levi	EWHS-PN	1:12.65		
33.87 38.78				
13 Krutiy, Roman	9 KAM	1:14.82		
34.86 39.96				
14 Lam, Brandon	11 KAM	1:15.56		
35.94 39.62				
15 Lang, Boaz	EWHS-PN	1:17.05		
35.45 41.60				
16 McLaughlin, Kendon	11 KAM	1:19.93		
36.65 43.28				
17 Weitkamp, Lukas	9 KAM	1:21.03		
37.60 43.43				
18 Kahlr, Milo	12 KAM	1:21.50		
38.91 42.59				
19 Boelter, Harlan	9 KAM	1:22.25		
38.13 44.12				
20 Oliver, Sam	EWHS-PN	1:22.70		
38.14 44.56				
21 Cory, Andrew	EWHS-PN	1:23.93		
39.94 43.99				
22 Singh, Angad	12 KAM	1:24.01		
38.22 45.79				
23 Tran, Harry	EWHS-PN	1:37.34		
40.91 56.43				
24 Choe, Julian	9 KAM	1:43.78		
46.57 57.21				
--- Chiu, Austin	SR EWHS-PN	NS		
--- Frasz, Kai	12 KAM	NS		
--- Spasojevic, Alexander	FR EWHS-PN	NS		

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Results - Dual

Event 8 Men 500 Yard Freestyle

4:54.00 4AST  
 5:12.00 2AST  
 5:55.55 4A D  
 5:57.00 2A D 2A districts

Name	YrSchool	Finals Time		
1 Hempel, Jack	11 SWHID-PN	5:23.53	4A D	
		29.88 32.77 32.84 32.63		
		33.34 33.42 33.39 33.68		
		32.15 29.43		
2 Chai, Lucas Z	10 KAM	5:42.73	4A D	
		30.04 33.33 33.92 34.18		
		34.88 35.28 35.62 35.63		
		35.17 34.68		
3 Nguyen, Kaiden	10 KAM	5:45.23	4A D	
		31.63 34.56 34.63 36.02		
		35.27 35.63 34.77 34.77		
		34.36 33.59		
4 Hooks, Luca	SO EWHS-PN	5:53.01	4A D	
		30.57 34.07 34.73 36.02		
		36.32 37.05 37.00 36.32		
		36.40 34.53		
5 Tai, Lewis	10 KAM	6:11.64	4	
		32.22 36.14 38.84 39.51		
		39.20 39.07 38.61 38.90		
		36.59 32.56		
6 Zablan, Kanai	SO EWHS-PN	6:37.51	3	
		34.12 38.28 40.63 41.60		
		41.79 42.36 41.87 41.66		
		39.27 35.93		
7 Krutiy, Vadim	12 KAM	6:56.97	2	
		33.36 38.07 40.85 43.18		
		43.12 43.33 44.87 43.63		
		43.65 42.91		
8 Cheng, Bruce	9 KAM	7:09.94	1	
		34.59 39.40 41.94 42.88		
		44.29 44.51 45.02 45.20		
		46.09 46.02		
9 Volpe, Jacob	JR EWHS-PN	7:44.24		
		35.93 47.21		
		49.24 44.77		
--- Fast, Jack T	11 KAM		NS	

Event 9 Men 200 Yard Freestyle Relay

1:30.70 4AST  
 1:36.50 2AST

Team	Relay	Finals Time		
1 KAM	F	1:35.12	2AST	
1) Lewis, Caleb 10	2) Jung, Rowan 11			
3) Price, Finn 11	4) Hempel, Jack 11			
		24.77 24.28 23.86 22.21		
2 KAM	A	1:40.03	8	
1) Lu, Justin 9	2) Fast, Ryhs 9			
3) Tai, Lewis 10	4) Fast, Jack T 11			
		26.71 25.68 24.67 22.97		

3 KAM	D	1:41.19	4	
1) Dovich, Isaac H 12	2) Acopulos, Roman 11			
3) Chen, Ben 9	4) Jackson, Ryan C 10			
		26.11 25.80 26.17 23.11		
4 EWHS-PN	B	1:52.49		
1) Angel, Finn SO	2) Zablan, Kanai SO			
3) Schell, Liam JR	4) Volpe, Jacob JR			
		26.85 29.05 26.63 29.96		
5 KAM	H	2:00.49		
1) Liu, Kenny 10	2) Jayakumar, Koushik 10			
3) Cheng, Bruce 9	4) Krutiy, Vadim 12			
		26.76 31.19 33.37 29.17		
6 KAM	L	2:05.91		
1) Sarakhanov, Max 11	2) Lundeen, Koen 12			
3) Farmer, Cade 12	4) Richter, James 9			
		27.42 35.81 28.46 34.22		
7 EWHS-PN	C	2:07.10		
1) Timpe, Turner JR	2) Lang, Boaz			
3) Lang, Levi	4) Nornes, Peder JR			
		30.05 33.43 32.99 30.63		
8 KAM	I	2:08.43		
1) Rines, Oliver 9	2) Lam, Bradley 10			
3) McLaughlin, Kendon 11	4) Andrus, Tryg 10			
		32.43 32.29 32.78 30.93		
9 KAM	J	2:23.11		
1) Krutiy, Roman 9	2) Singh, Angad 12			
3) Kahrl, Milo 12	4) Lam, Brandon 11			
		34.27 36.18 38.41 34.25		
--- EWHS-PN	A		DQ	
Early take-off swimmer #4				
1) Smith, Connor FR	2) Rickman, Marcel JR			
3) Hooks, Luca SO	4) Chiu, Austin SR			
		27.17 25.32 25.75 25.85		
--- KAM	K		DQ	
Early take-off swimmer #2				
1) Frasz, Kai 12	2) Choe, Julian 9			
3) Boelter, Harlan 9	4) Weitkamp, Lukas 9			
		25.71 46.67 33.44 34.69		
--- KAM	G		NS	
1) Cheng, Curtis	2) Arevalo Morales, Javier 11			
3) Risdon, Uriel 10	4) Hickey, Conor 10			

Event 10 Men 100 Yard Backstroke

53.60 4AST  
 58.50 2AST  
 1:05.50 4A D  
 1:13.50 2A D 2A districts

Name	YrSchool	Finals Time		
1 Wong, Brandon Z	9 KAM	1:03.61	4A D	
		31.24 32.37		
2 Lewis, Caleb	10 SWHID-PN	1:03.62	4A D	
		30.98 32.64		
3 Iguchi, Jun	12 KAM	1:06.71	2A D	
		31.61 35.10		
4 Schell, Liam	JR EWHS-PN	1:11.87	2A D	
		34.20 37.67		
5 Rickman, Marcel	JR EWHS-PN	1:31.36	1	
		44.19 47.17		
--- Chen, Ben	9 KAM		NS	

Kamiak Edmonds Woodway - 1/23/2025

Results - Dual

(Event 10 Men 100 Yard Backstroke)

Name	YrSchool	Finals Time
--- Ho, Abraham	SO EWHS-PN	NS

Event 11 Men 100 Yard Breaststroke

59.30 4AST  
 1:04.30 2AST  
 1:11.50 4A D  
 1:19.30 2A D 2A districts

Name	YrSchool	Finals Time
1 Nguyen, Minh T	11 KAM	1:02.75 2AST
30.35	32.40	
2 Chai, Lucas Z	10 KAM	1:05.15 4A D
30.35	34.80	
3 Lee, Noah	12 KAM	1:06.68 4A D
31.20	35.48	
4 Kotwis, Patrick	SR EWHS-PN	1:09.26 4A D
32.71	36.55	
5 Prendergast, Tyson	12 SWHID-PN	1:09.53 4A D
32.79	36.74	
6 Chen, Ben	9 KAM	1:13.25 2A D
34.36	38.89	
7 Lu, Justin	9 KAM	1:16.87 2A D
36.06	40.81	
8 Cheng, Curtis	KAM	1:18.12 2A D
35.73	42.39	
9 Fast, Ryhs	9 KAM	1:19.28 2A D
37.70	41.58	
10 Cheng, Bruce	9 KAM	1:24.82
39.20	45.62	
11 Lam, Bradley	10 KAM	1:31.49
42.23	49.26	
12 Andrus, Tryg	10 KAM	1:31.57
42.42	49.15	
13 Ho, Abraham	SO EWHS-PN	1:33.72
43.10	50.62	
14 Boelter, Harlan	9 KAM	1:34.89
44.98	49.91	
15 Lam, Brandon	11 KAM	1:35.11
43.70	51.41	
16 Weitkamp, Lukas	9 KAM	1:44.99
48.18	56.81	
17 Choe, Julian	9 KAM	1:49.01
49.33	59.68	
--- Ward, Charles	SO EWHS-PN	NS

Event 12 Men 400 Yard Freestyle Relay

3:20.00 4AST  
 3:34.00 2AST

Team	Relay	Finals Time
1 SWHID-PN	A	3:35.86
1) Lewis, Caleb 10	2) Jung, Rowan 11	
3) Prendergast, Tyson 12	4) Hempel, Jack 11	
27.12	56.96	24.79 52.24
27.59	57.57	23.58 49.09

2 KAM	B	3:39.10	4
1) Dovich, Isaac H 12	2) Jackson, Ryan C 10		
3) Nguyen, Kaiden 10	4) Nguyen, Minh T 11		
26.64	55.80	25.50	53.72
24.96	53.26	27.08	56.32
3 KAM	C	3:48.47	2
1) Wong, Brandon Z 9	2) Fast, Ryhs 9		
3) Fast, Jack T 11	4) Lee, Noah 12		
28.04	58.22	29.18	1:01.47
23.64	51.00	27.42	57.78
4 KAM	D	3:51.56	
1) Tai, Lewis 10	2) Acopulos, Roman 11		
3) Chai, Lucas Z 10	4) Chen, Ben 9		
28.12	57.87	29.02	1:01.36
25.46	54.15	27.75	58.18
5 EWHS-PN	A	3:55.85	
1) Norenberg, Lennox JR	2) Smith, Connor FR		
3) Kotwis, Patrick SR	4) Chiu, Austin SR		
27.36	57.10	26.55	57.63
29.71	1:04.05	26.39	57.07
6 KAM	E	4:07.67	
1) Sarakhanov, Max 11	2) Rines, Oliver 9		
3) Lu, Justin 9	4) Price, Finn 11		
29.95	1:01.23	32.73	1:10.00
30.48	1:04.73	24.20	51.71
7 KAM	A	4:26.51	
1) Frasz, Kai 12	2) Hickey, Conor 10		
3) Lam, Bradley 10	4) Cheng, Curtis		
27.90	57.87	29.16	1:02.47
38.59	1:22.74	29.60	1:03.43
--- EWHS-PN	B		DQ
Early take-off swimmer #4			
1) Ho, Abraham SO	2) Sehajpal, Arya JR		
3) Yancey, Vaughn	4) Ward, Charles SO		
36.82	1:36.79		55.45
31.18	1:05.67	29.70	1:06.62

Scores - Men

Men - Team Rankings - Through Event 12	
1. Kamiak High School Knights	119
2. Edmonds-Woodway	44