

3A Meet Template - 1/4/2024

Results - Dual Meet

Event 1 Boys 200 Yard Medley Relay

		1:40.00	3AST WIAA		
Team	Relay	Finals Time			
1 MI	A	1:41.13		8	
1) Dunn, Luke 09	2) Gallot, Ilan 11				
3) Waingold, Ari 12	4) Song, Zi Zi 09				
25.94	27.88	24.92	22.39		
2 HAZ	A	1:45.20		4	
1) Gerking, Owen 12	2) Lubong, Christian 12				
3) Tseng, Joseph 11	4) Van, Tanah 12				
27.06	29.31	23.98	24.85		
3 MI	B	1:51.96		2	
1) Butler, Rhodes 11	2) Liu, Andrew 12				
3) Lucas, Graham 11	4) Yin, Alexander 11				
29.85	29.57	26.26	26.28		
4 MI	C	x1:55.12			
1) West, Alexander 10	2) Gao, Steven 12				
3) Hebert-Santos, Enso 12	4) Niederman, Dane 12				
30.74	32.33	27.24	24.81		
5 HAZ	B	2:14.49			
1) Dao, Ben 12	2) Pham, Jayden 12				
3) Du, Vincent 12	4) Ho, Matthew 10				
39.15	34.18	31.07	30.09		
6 HAZ	C	x2:23.88			
1) Tyler, Jack 10	2) Le, Dylan 09				
3) Seppi, Tyler 11	4) Medlang, Orion 09				
1:18.34	38.30	27.24		X1:55.82	
--- MI	F	X1:55.82			
1) Chen, Aiden 11	2) Lim, Hee-Ro 11				
3) Jones, Wyatt 10	4) Xing, Henry 09				
--- MI	G	X1:57.22			
1) Liu, Will 09	2) Kwon, Brian 09				
3) Bhat, Naren 11	4) Propater, Charlie 10				
--- MI	E	X1:57.90			
1) Crump, Charlie 12	2) Jang, Edwin 09				
3) Simbe, Alek 10	4) Lee, Aston 10				
--- MI	H	X2:01.17			
1) Sterrett, Ben 12	2) Palanca, Peter 10				
3) Jack, Alex 10	4) Pasquali, Oliver 11				
--- MI	D	X2:18.17			
1) Iwasaki, Ryan 11	2) Hockley, Trevor 12				
3) Radovich, Max 11	4) Whipple, Spencer 11				
--- HAZ	D	X2:33.59			
1) Sargent, Brenner 11	2) Nguyen, Cody 09				
3) Shoel, Javier 12	4) Ong, Elliott 09				

Event 2 Boys 200 Yard Freestyle

		1:46.50	3AST WIAA		
		2:02.50	3AD District		
		2:18.50	KING KingCo		
Name	YrSchool	Finals Time			
1 Liu, Andrew	12 MI	1:55.58		3AD	
26.51	29.12	29.93	30.02		
2 Lucas, Graham	11 MI	1:55.98		3AD	
25.98	29.28	30.63	30.09		
3 Waingold, Ari	12 MI	2:02.56		KING	
27.75	30.79	31.45	32.57		
4 Fritz, Cole	12 HAZ	2:20.92		2	
28.68	34.69	38.98	38.57		

5 Mann, Aiden	09 HAZ	2:21.41		1	
1:45.66	36.00				
6 Kang, Daniel	11 HAZ	2:21.45			
27.84	34.70	1:19.04			
--- Headrick, Sam	12 MI	X1:57.57		3AD	
27.71	30.10	29.33	30.43		
--- Simbe, Alek	10 MI	X2:02.19		3AD	
28.11	30.57	31.82	31.69		
--- Jack, Alex	10 MI	X2:03.34		KING	
27.99	32.03	32.40	30.92		
--- Knievel, Reese	12 MI	X2:10.47		KING	
28.19	32.63	34.76	34.89		
--- Hockley, Trevor	12 MI	X2:18.84			
30.15	35.86	37.54	35.29		
--- Whipple, Spencer	11 MI	X2:20.64			
30.55	34.48	38.11	37.50		
--- Palanca, Peter	10 MI	X2:24.11			
31.28	37.88	38.69	36.26		
--- Pasquali, Oliver	11 MI	X2:45.61			
34.06	41.61	45.78	44.16		

Event 3 Boys 200 Yard IM

		1:59.00	3AST WIAA		
		2:15.00	3AD District		
		2:31.00	KING KingCo		
Name	YrSchool	Finals Time			
1 Lee, Aston	10 MI	2:20.59		KING	
29.64	38.22	40.99	31.74		
2 Cruz, Connor	09 HAZ	2:27.63		KING	
30.33	35.85	46.60	34.85		
3 Cruz, Wyatt	09 HAZ	2:28.88		KING	
30.63	36.81	46.88	34.56		
4 Knievel, Reese	12 MI	2:35.71		2	
32.01	42.12	46.68	34.90		
5 Qadeer, Jibran	10 MI	2:59.33		1	
40.88	47.09	53.38	37.98		

Event 4 Boys 50 Yard Freestyle

		21.80	3AST WIAA		
		23.80	3AD District		
		25.80	KING KingCo		
Name	YrSchool	Finals Time			
1 Song, Zi Zi	09 MI	22.72		3AD	
2 Sterrett, Ben	12 MI	23.13		3AD	
3 Lubong, Christian	12 HAZ	24.93		KING	
4 Van, Tanah	12 HAZ	25.02		KING	
5 Rastorguev, Ron	12 MI	25.88		1	
6 Tyler, Jack	10 HAZ	31.69			
--- Sung, Brendan	11 MI	X23.30		3AD	
--- Pollock, Andrew	12 MI	X23.57		3AD	
--- Niederman, Dane	12 MI	X24.95		KING	
--- Sargent, Brenner	11 HAZ	X25.04		KING	
--- Chen, Aiden	11 MI	X25.09		KING	
--- Jones, Wyatt	10 MI	X25.68		KING	
--- Lee, Aston	10 MI	X25.77		KING	
--- Bhat, Naren	11 MI	X25.95			
--- Iwasaki, Ryan	11 MI	X26.05			
--- Medlang, Orion	09 HAZ	X26.19			

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(Event 4 Boys 50 Yard Freestyle)

Name	YrSchool	Finals Time
--- Thomas, Henry	12 MI	X26.22
--- Kwon, Brian	09 MI	X26.97
--- Crump, Charlie	12 MI	X27.30
--- Wilson-Reid, Nolan	11 MI	X27.48
--- Shalom, Romi	10 MI	X27.91
--- Whipple, Spencer	11 MI	X27.95
--- Wiseman, Mason	10 MI	X28.28
--- Le, Dylan	09 HAZ	X28.30
--- Nguyen, Cody	09 HAZ	X28.67
--- Sullivan, Guillem	09 MI	X29.76
--- Pasquali, Oliver	11 MI	X30.22
--- Nguyen, Jayden	09 HAZ	X30.70
--- Pham, Jayden	12 HAZ	X30.88
--- Shoel, Javier	12 HAZ	X30.88
--- Simbe, Alek	10 MI	X30.97
--- Ho, Matthew	10 HAZ	X31.03
--- Seppi, Tyler	11 HAZ	X31.45
--- Bui, Kenny	11 HAZ	X31.60
--- Chau, Taylen	09 HAZ	X31.91
--- Dao, Nathan	09 HAZ	X32.13
--- Le, Kyler	09 HAZ	X32.16
--- Dao, Ben	12 HAZ	X32.34
--- Tran, Sam	10 MI	X32.45
--- Matsiko, Daniel	12 HAZ	X34.33
--- Zhu, Bowen	10 MI	X39.49
--- Ng, Nathan	09 HAZ	X40.01
--- Goulter, Josh	11 HAZ	X40.72
--- Puracal Flores, Jabu	12 HAZ	X52.59

Event 5 Boys 1 mtr Diving

Name	YrSchool	Finals Score
1 Sooy, Trevor	11 HAZ	181.40 6
2 Kornblum, Shane	11 MI	168.40 4
3 Hounsell, Rhett	12 MI	159.50 3
--- Chung, Keith	09 MI	X132.80
--- Sullivan, Guillem	09 MI	X51.85

Event 6 Boys 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Tseng, Joseph	11 HAZ	53.35 3AD
2 Gerking, Owen	12 HAZ	56.00 3AD
3 Sung, Brendan	11 MI	59.34 3AD
4 Lucas, Graham	11 MI	1:00.93 3AD
5 Goulter, Josh	11 HAZ	2:00.59 1

Event 7 Boys 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Dunn, Luke	09 MI	49.00 3AD
2 Song, Zi Zi	09 MI	50.01 3AD
3 Rastorguev, Ron	12 MI	50.08 3AD
4 Van, Tanah	12 HAZ	56.22 3AD
5 Cruz, Connor	09 HAZ	58.59 KING
6 Fritz, Cole	12 HAZ	1:01.38
--- Hounsell, Rhett	12 MI	X51.44 3AD
--- Sterrett, Ben	12 MI	X52.80 3AD
--- Jack, Alex	10 MI	X53.66 3AD
--- Waingold, Ari	12 MI	X53.82 3AD
--- Gao, Steven	12 MI	X55.90 3AD
--- Butler, Rhodes	11 MI	X56.02 3AD
--- Xing, Henry	09 MI	X56.41 KING
--- Jang, Edwin	09 MI	X56.58 KING
--- Chen, Aiden	11 MI	X56.59 KING
--- Iwasaki, Ryan	11 MI	X59.89 KING
--- Wilson-Reid, Nolan	11 MI	X1:00.76 KING
--- Hockley, Trevor	12 MI	X1:01.60
--- Radovich, Max	11 MI	X1:02.34
--- Thomas, Henry	12 MI	X1:02.39
--- Mann, Aiden	09 HAZ	X1:02.78
--- Du, Vincent	12 HAZ	X1:03.66
--- Nguyen, Cody	09 HAZ	X1:06.18
--- Shoel, Javier	12 HAZ	X1:10.05
--- Ho, Matthew	10 HAZ	X1:10.72
--- Qadeer, Jibran	10 MI	X1:11.09

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Results - Dual Meet

(Event 7 Boys 100 Yard Freestyle)

Name	Yr	School	Finals Time
--- Wong, Kurtis	11	MI	X1:11.25
33.50	37.75		
--- Le, Dylan	09	HAZ	X1:12.41
34.95	37.46		
--- Bui, Kenny	11	HAZ	X1:15.27
35.25	40.02		
--- Chau, Taylen	09	HAZ	X1:15.55
33.53	42.02		
--- Nguyen, Jayden	09	HAZ	X1:17.69
35.33	42.36		
--- Matsiko, Daniel	12	HAZ	X1:22.89
35.91	46.98		
--- Ng, Nathan	09	HAZ	X1:38.11
43.25	54.86		

Event 8 Boys 500 Yard Freestyle

4:53.00 3AST WIAA
 5:28.00 3AD District
 6:03.00 KING KingCo

Name	Yr	School	Finals Time
1 Gallot, Ilan	11	MI	5:00.70 3AD
26.48	29.83	30.74	30.51
30.97	31.05	30.84	31.18
30.84	28.26		
2 Kwon, Brian	09	MI	5:29.68 KING
29.02	32.16	33.09	33.94
33.61	33.61	34.03	34.51
33.53	32.18		
3 Hebert-Santos, Enso	12	MI	6:04.79 3
32.86	37.45	38.79	38.33
37.12	37.30	38.64	38.72
36.66	28.92		
4 Seppi, Tyler	11	HAZ	7:18.82 2
35.76	5:15.30	46.53	41.47
20.04	39.45		
5 Ong, Elliott	09	HAZ	8:48.94 1
40.15	48.98	53.84	55.88
1:54.61	57.76	55.36	53.39
49.26			
--- Lim, Hee-Ro	11	MI	X6:01.69 KING
31.47	35.52	36.04	37.86
38.63	38.87	39.13	37.13
37.84	29.20		

Event 9 Boys 200 Yard Freestyle Relay

1:29.90 3AST WIAA

Team	Relay	Finals Time
1 MI	A	1:31.81 8
1) Dunn, Luke 09	2) Song, Zi Zi 09	
3) Gallot, Ilan 11	4) Rastorguev, Ron 12	
23.35	22.48	23.16 22.82
2 MI	B	1:35.14 4
1) Lucas, Graham 11	2) Yin, Alexander 11	
3) Pollock, Andrew 12	4) Hounsell, Rhett 12	
24.95	23.31	22.86 24.02

3 HAZ	A	1:38.85 2
1) Gerking, Owen 12	2) Tseng, Joseph 11	
3) Kang, Daniel 11	4) Cruz, Connor 09	
23.19	22.98	25.59 27.09
4 MI	C	x1:53.10
1) Knievel, Reese 12	2) Butler, Rhodes 11	
3) West, Alexander 10	4) Headrick, Sam 12	
26.93	30.36	27.82 27.99
5 HAZ	B	2:00.17
1) Mann, Aiden 09	2) Nguyen, Jayden 09	
3) Nguyen, Cody 09	4) Ho, Matthew 10	
28.43	32.87	29.22 29.65
6 HAZ	C	x2:11.97
1) Bui, Kenny 11	2) Chau, Taylen 09	
3) Dao, Nathan 09	4) Le, Kyler 09	
33.88	33.51	31.13 33.45
--- MI	D	X1:42.82
1) Lee, Aston 10	2) Lim, Hee-Ro 11	
3) Jones, Wyatt 10	4) Jang, Edwin 09	
26.71	25.10	25.29 25.72
--- MI	E	X1:43.71
1) Xing, Henry 09	2) Prophater, Charlie 10	
3) Chen, Aiden 11	4) Kwon, Brian 09	
26.06	26.28	25.62 25.75
--- MI	F	X1:47.02
1) Bhat, Naren 11	2) Simbe, Alek 10	
3) Iwasaki, Ryan 11	4) Thomas, Henry 12	
26.06	28.16	52.88
--- MI	G	X1:47.41
1) Jack, Alex 10	2) Liu, Will 09	
3) Whipple, Spencer 11	4) Palanca, Peter 10	
25.17	27.28	26.93 28.03
--- MI	H	X1:56.40
1) Wiseman, Mason 10	2) Shalom, Romi 10	
3) Pasquali, Oliver 11	4) Radovich, Max 11	
57.56	29.52	29.39
--- MI	I	X2:09.49
1) Qadeer, Jibran 10	2) Sullivan, Guillem 09	
3) Wong, Kurtis 11	4) Tran, Sam 10	
34.12	29.47	1:06.31

Event 10 Boys 100 Yard Backstroke

53.80 3AST WIAA
 1:03.80 3AD District
 1:11.80 KING KingCo

Name	Yr	School	Finals Time
1 Dunn, Luke	09	MI	54.42 3AD
26.97	27.45		
2 Liu, Will	09	MI	1:02.89 3AD
30.08	32.81		
3 Butler, Rhodes	11	MI	1:05.45 KING
31.67	33.78		
4 Cruz, Wyatt	09	HAZ	1:07.30 KING
32.64	34.66		
5 Tyler, Jack	10	HAZ	1:29.29 1
43.11	46.18		
--- Headrick, Sam	12	MI	X1:03.43 3AD
30.67	32.76		

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(Event 10 Boys 100 Yard Backstroke)

Name	YrSchool	Finals Time
--- Xing, Henry	09 MI	X1:06.74 KING
32.40 34.34		
--- Bhat, Naren	11 MI	X1:07.71 KING
32.59 35.12		
--- West, Alexander	10 MI	X1:10.35 KING
33.95 36.40		
--- Prophater, Charlie	10 MI	X1:11.79 KING
35.59 36.20		
--- Radovich, Max	11 MI	X1:11.86
35.70 36.16		
--- Crump, Charlie	12 MI	X1:14.22
36.33 37.89		
--- Hebert-Santos, Enso	12 MI	X1:19.37
37.21 42.16		
--- Shalom, Romi	10 MI	X1:25.02
41.45 43.57		
--- Medlang, Orion	09 HAZ	X1:33.77
45.66 48.11		
--- Zhu, Bowen	10 MI	X2:02.94
52.29 1:10.65		
--- Sargent, Brenner	11 HAZ	1:42.30
1:42.70		

Event 11 Boys 100 Yard Breaststroke

59.50 3AST WIAA
 1:09.50 3AD District
 1:17.50 KING KingCo

Name	YrSchool	Finals Time
1 Gallot, Ilan	11 MI	1:01.64 3AD
29.02 32.62		
2 Tseng, Joseph	11 HAZ	1:05.87 3AD
30.72 35.15		
3 Liu, Andrew	12 MI	1:06.13 3AD
31.92 34.21		
4 Lubong, Christian	12 HAZ	1:06.90 3AD
31.51 35.39		
5 Pollock, Andrew	12 MI	1:07.90 3AD
31.66 36.24		
6 Du, Vincent	12 HAZ	1:13.51 KING
34.71 38.80		
--- Jang, Edwin	09 MI	X1:09.61 KING
32.78 36.83		
--- Lim, Hee-Ro	11 MI	X1:09.94 KING
32.60 37.34		
--- Gao, Steven	12 MI	X1:10.33 KING
32.99 37.34		
--- Jones, Wyatt	10 MI	X1:13.87 KING
34.29 39.58		
--- Niederman, Dane	12 MI	X1:16.04 KING
34.99 41.05		
--- Pham, Jayden	12 HAZ	X1:16.37 KING
35.66 40.71		
--- West, Alexander	10 MI	X1:16.38 KING
35.73 40.65		
--- Palanca, Peter	10 MI	X1:26.48
40.67 45.81		

--- Dao, Ben	12 HAZ	X1:28.01
40.56 47.45		
--- Tran, Sam	10 MI	X1:30.74
41.02 49.72		
--- Le, Kyler	09 HAZ	X1:33.71
43.33 50.38		
--- Kang, Daniel	11 HAZ	X1:34.92
45.31 49.61		
--- Wiseman, Mason	10 MI	X1:35.17
44.02 51.15		
--- Ong, Elliott	09 HAZ	X1:35.33
44.99 50.34		
--- Wong, Kurtis	11 MI	XDQ
43.24 49.86		
--- Dao, Nathan	09 HAZ	XDQ
53.09 1:02.55		

Event 12 Boys 400 Yard Freestyle Relay

3:20.00 3AST WIAA

Team	Relay	Finals Time
1 MI	A	4:16.04 8
1) Rastorguev, Ron 12	2) Hockley, Trevor 12	
3) Hounsell, Rhett 12	4) Pollock, Andrew 12	
25.80 58.73	33.74 1:14.53	
28.25 1:02.83	16.18 59.95	
2 MI	B	5:01.64 4
1) Headrick, Sam 12	2) Liu, Andrew 12	
3) Knievel, Reese 12	4) Waingold, Ari 12	
31.29 1:11.42	33.75 1:11.23	
36.46 1:26.91	34.67 1:12.08	
3 HAZ	A	5:04.41 2
1) Gerking, Owen 12	2) Fritz, Cole 12	
3) Shoel, Javier 12	4) Van, Tanah 12	
33.09 1:10.22	34.86 1:15.92	
41.63 1:27.65	34.76 1:10.62	
4 HAZ	B	5:46.86
1) Matsiko, Daniel 12	2) Dao, Ben 12	
3) Pham, Jayden 12	4) Du, Vincent 12	
37.97 1:25.97	40.18 1:31.46	
40.50 1:23.92	38.35 1:25.51	
5 MI	C	x6:34.96
1) Gao, Steven 12	2) Niederman, Dane 12	
3) Thomas, Henry 12	4) Hebert-Santos, Enso 12	
31.63 1:14.64	35.65 1:16.65	
37.76 1:22.36	46.93 2:41.31	

3A Meet Template - 1/4/2024
Team Rankings - Through Event 12
Boys - Team Scores

Place	School		Points
1	Mercer Island High School	Mercer Island High School	128
2	Hazen High School	Hazen High School	55
		Total	183.00