

## Silas at Capital plus Olympia 10-17-24 - 10/17/2024

## Results - Dual meet

## Event 1 Women 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Olympia High School-MR 1) Randall, Clara W 12 30.75 32.59 28.18	A 2) La, Yvy H 12 27.99	1:59.23 3) Gertseva, Nicole E 11	1:59.51 4) McDaniel, Cambria N 11	8
2 Dr. Dolores Silas HS Girls-PN 1) To, Jennifer SO 31.22 36.02 31.39	A 2) Yost, Hannah FR 29.31	2:00.93 3) Aiken, Annabelle SO	2:07.94 4) Templin, Grace FR	4
3 Olympia High School-MR 1) Patterson, Campbell R 10 34.11 39.49 32.74	C 2) Cockrum, Owen M 10 29.64	2:19.67 3) Basham, Ellayna G 10	2:15.98 4) Carter, Normandy R 10	2
4 Capital High School 1) Magnuson, Violet JR 30.76 39.77 38.21	A 2) Grippo, Gabi JR 30.19	2:18.46 3) Ostrander, Sadie JR	2:18.93 4) Mead, Aria JR	
5 Olympia High School-MR 1) Miller, Delaney J 12 37.73 49.25 33.99	D 2) Balunggay, Mia P 10 29.94	2:35.59 3) Boyle, Lily A 9	x2:30.91 4) Palmerson, Pamela L 11	
6 Capital High School 1) Berman, Maggie SR 40.06 42.77 35.22	B 2) Tang, Amanda SO 34.78	NT 3) Olson, Masha SO	2:32.83 4) Cady, Eloise JR	
7 Olympia High School-MR 1) Lund, Adrianna J 11 47.44	E 2) Song, Jolie 10 32.67	2:58.49 3) Elkins, Alana B 11	x2:57.95 4) Hansen, Stella M 12	
--- Dr. Dolores Silas HS Girls-PN 1) Sumner, Cate SR 42.32 30.48 34.36	B 2) Cocke', Catherine FR 26.51	NT 3) Moun, Abigail FR	DQ 4) Herforth, Maddy SR	

## Event 2 Women 200 Yard Freestyle

Name	Yr School	Seed Time	Finals Time	Points
1 La, Yvy H 27.46 29.85 30.62	12 Olympia High School-MR 30.85	1:59.93	1:58.78	
2 Esser, Alexis 28.48 31.06 31.85	SR Dr. Dolores Silas HS Girls-PN 31.91	2:03.90	2:03.30	
3 Villa, Estella 34.83 38.50 38.91	SR Capital High School 35.27	2:25.19	2:27.51	
4 Ostrander, Sadie 37.71 41.37 42.76	JR Capital High School 41.22	2:39.93	2:43.06	
5 Bucknam, Macie 42.00 56.06 1:00.43	SO Dr. Dolores Silas HS Girls-PN 54.29	2:40.15	2:52.52	
6 Gerbyshak, Michaela	SR Dr. Dolores Silas HS Girls-PN	NT	3:32.78	

## Event 3 Women 200 Yard IM

Name	Yr School	Seed Time	Finals Time	Points
1 Magnuson, Violet 32.35 35.52 43.53	JR Capital High School 33.11	2:23.46	2:24.51	
2 Randall, Clara W 34.14 35.50 44.26	12 Olympia High School-MR 33.21	2:27.22	2:27.11	
3 To, Jennifer 32.60 37.46 43.94	SO Dr. Dolores Silas HS Girls-PN 34.59	2:30.52	2:28.59	
4 Sethjinda, Katherin P 35.69 1:36.99 39.65	12 Olympia High School-MR	2:50.67	2:52.33	
5 Baez-Tovalin, Paola 40.25 41.96 52.62	FR Dr. Dolores Silas HS Girls-PN 38.60	2:53.59	2:53.43	
6 Andreassen, Nora N 37.39 50.24 53.30	12 Olympia High School-MR 36.85	NT	2:57.78	

## Silas at Capital plus Olympia 10-17-24 - 10/17/2024

## Results - Dual meet

**(Event 3 Women 200 Yard IM)**

Name	Yr	School	Seed Time	Finals Time	Points
7 Basham, Ellayna G	10	Olympia High School-MR	2:53.55	x2:59.25	
34.38 44.63 57.33		42.91			
8 Boyle, Lily A	9	Olympia High School-MR	2:49.38	x3:02.80	
37.09 46.77 59.89		39.05			
9 Berman, Maggie	SR	Capital High School	2:50.33	3:20.32	
43.38 49.34 1:05.48		42.12			

**Event 4 Women 50 Yard Freestyle**

Name	Yr	School	Seed Time	Finals Time	Points
1 Hendrickson, Linnea	JR	Dr. Dolores Silas HS Girls-PN	26.52	28.00	
2 Templin, Grace	FR	Dr. Dolores Silas HS Girls-PN	28.98	29.11	
3 McDaniel, Cambria N	11	Olympia High School-MR	28.56	29.19	
4 Cockrum, Owen M	10	Olympia High School-MR	29.55	29.65	
5 Boulay, Lena S	11	Olympia High School-MR	29.51	29.91	
6 Grippo, Gabi	JR	Capital High School	29.49	30.67	
7 Patterson, Campbell R	10	Olympia High School-MR	29.51	x30.92	
8 Herforth, Maddy	SR	Dr. Dolores Silas HS Girls-PN	30.76	31.16	
9 Miller, Delaney J	12	Olympia High School-MR	31.28	x31.54	
10 Olson, Masha	SO	Capital High School	31.95	32.25	
11 Marsh-Gates, Delilah	SR	Capital High School	31.53	32.27	
12 Balunggaya, Mia P	10	Olympia High School-MR	32.22	x33.36	
13 Palmerson, Pamela L	11	Olympia High School-MR	33.90	x34.24	
14 Lingam-Nattamai, Shruthi Y	11	Olympia High School-MR	35.38	x35.01	
15 Hegewald, Ash M	9	Olympia High School-MR	37.13	x36.30	
16 Hansen, Stella M	12	Olympia High School-MR	35.36	x36.96	
17 Song, Jolie	10	Olympia High School-MR	36.64	x37.34	
18 Spilker, Joanna T	11	Olympia High School-MR	39.18	x38.21	
19 Lund, Adrianna J	11	Olympia High School-MR	39.07	x40.35	
--- Calvary, Molly	JR	Dr. Dolores Silas HS Girls-PN	31.14	X31.61	
--- Becker, Kiley	JR	Capital High School	33.43	X32.78	
--- Ristvet-Mendez, Lilliah	SO	Dr. Dolores Silas HS Girls-PN	32.96	X33.21	
--- Hoskins, Olivia	JR	Dr. Dolores Silas HS Girls-PN	32.39	X33.75	
--- Loflin, Kayla	SR	Dr. Dolores Silas HS Girls-PN	33.26	X34.13	
--- Nielson, Tessa	FR	Capital High School	34.08	X34.75	
--- Mosley, Natalie	SO	Dr. Dolores Silas HS Girls-PN	34.00	X35.65	
--- Young, Della	SO	Dr. Dolores Silas HS Girls-PN	34.83	X35.69	
--- Jaso, Taylor	SR	Dr. Dolores Silas HS Girls-PN	35.13	X36.75	
--- Gipson, Summer	FR	Dr. Dolores Silas HS Girls-PN	37.05	X36.79	
--- Conklin, Isla	SO	Dr. Dolores Silas HS Girls-PN	36.20	X37.07	
--- Thepvongsa, Autumn	SR	Dr. Dolores Silas HS Girls-PN	35.63	X37.26	
--- Olson, Abigail	FR	Dr. Dolores Silas HS Girls-PN	37.27	X37.29	
--- Falcone, Janita	SR	Dr. Dolores Silas HS Girls-PN	39.35	X37.78	
--- Schoenrock, Taryn	SO	Dr. Dolores Silas HS Girls-PN	38.39	X40.33	
--- Grinstead, Ingrid	FR	Dr. Dolores Silas HS Girls-PN	39.02	X40.59	
--- Fisher, Lizzy	FR	Capital High School	45.83	X41.73	
--- Martin, Emma	FR	Dr. Dolores Silas HS Girls-PN	41.85	X41.78	
--- Merino-Garcia, Jackie	JR	Capital High School	45.12	X45.76	
--- Elkins, Alana B	11	Olympia High School-MR	39.99	DQ	

**Silas at Capital plus Olympia 10-17-24 - 10/17/2024****Results - Dual meet****Event 6 Women 100 Yard Butterfly**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Gertseva, Nicole E 29.58 33.48	11	Olympia High School-MR	1:05.00	1:03.06	
2 To, Jennifer 33.57 36.27	SO	Dr. Dolores Silas HS Girls-PN	1:08.88	1:09.84	
3 Aiken, Annabelle 34.47 37.77	SO	Dr. Dolores Silas HS Girls-PN	1:10.96	1:12.24	
4 Basham, Ellayna G 35.80 39.09	10	Olympia High School-MR	1:16.21	1:14.89	
5 Moniodis, Nastasia A 34.08 41.40	10	Olympia High School-MR	1:12.63	1:15.48	
6 Mead, Aria 36.77 43.38	JR	Capital High School	1:26.59	1:20.15	
7 Villa, Estella 38.81 43.03	SR	Capital High School	1:22.20	1:21.84	
8 Boyle, Lily A 38.05 45.61	9	Olympia High School-MR	1:17.06	x1:23.66	
9 Lapp, Brie R 49.32 58.87	10	Olympia High School-MR	1:48.62	x1:48.19	

**Event 7 Women 100 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Finals Time</b>	<b>Points</b>
1 Esser, Alexis 27.95 29.72	SR	Dr. Dolores Silas HS Girls-PN	57.24	57.67	
2 Hendrickson, Linnea 29.06 31.62	JR	Dr. Dolores Silas HS Girls-PN	59.77	1:00.68	
3 Moun, Abigail 31.62 34.27	FR	Dr. Dolores Silas HS Girls-PN	1:10.00	1:05.89	
4 Andreassen, Nora N 31.91 35.53	12	Olympia High School-MR	1:08.37	1:07.44	
5 Grippo, Gabi 32.37 35.32	JR	Capital High School	1:05.85	1:07.69	
6 Miller, Delaney J 32.55 35.80	12	Olympia High School-MR	1:09.19	1:08.35	
7 Olson, Masha 33.67 37.01	SO	Capital High School	1:09.54	1:10.68	
8 Cady, Eloise 36.86 39.03	JR	Capital High School	1:15.30	1:15.89	
9 Hansen, Stella M 37.58 43.00	12	Olympia High School-MR	1:20.60	1:20.58	
10 Lingam-Nattamai, Shruthi Y 39.56 45.55	11	Olympia High School-MR	1:24.75	x1:25.11	
11 Song, Jolie 37.78 47.51	10	Olympia High School-MR	1:24.36	x1:25.29	
12 Christensen, Madi A 1:28.46	10	Olympia High School-MR	1:25.36	x1:28.21	
13 Spilker, Joanna T 43.45 49.55	11	Olympia High School-MR	1:40.46	x1:33.00	
--- Calvary, Molly 33.01 37.84	JR	Dr. Dolores Silas HS Girls-PN	1:12.84	X1:10.85	
--- Ristvet-Mendez, Lilliah	SO	Dr. Dolores Silas HS Girls-PN	1:16.35	X1:14.70	
--- Young, Della 38.84 39.86	SO	Dr. Dolores Silas HS Girls-PN	1:18.41	X1:18.70	

**Silas at Capital plus Olympia 10-17-24 - 10/17/2024****Results - Dual meet****(Event 7 Women 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Loflin, Kayla 38.19 40.78	SR	Dr. Dolores Silas HS Girls-PN	1:21.51	X1:18.97	
--- Schoenrock, Taryn 41.21 44.79	SO	Dr. Dolores Silas HS Girls-PN	1:26.35	X1:26.00	
--- Conklin, Isla 42.10 44.35	SO	Dr. Dolores Silas HS Girls-PN	1:24.53	X1:26.45	
--- Olson, Abigail 40.76 46.24	FR	Dr. Dolores Silas HS Girls-PN	1:28.06	X1:27.00	
--- Gipson, Summer 42.61 46.24	FR	Dr. Dolores Silas HS Girls-PN	1:28.76	X1:28.85	
--- Thepvongsa, Autumn 39.96 50.95	SR	Dr. Dolores Silas HS Girls-PN	1:27.51	X1:30.91	
--- Martin, Emma 43.18 49.17	FR	Dr. Dolores Silas HS Girls-PN	1:34.25	X1:32.35	
--- Gerbyshak, Michaela 42.80 53.94	SR	Dr. Dolores Silas HS Girls-PN	1:33.08	X1:36.74	
--- Merino-Garcia, Jackie 48.92 1:00.00	JR	Capital High School	1:39.80	X1:48.92	

**Event 8 Women 500 Yard Freestyle**

Name	Yr	School	Seed Time	Finals Time	Points
1 La, Yvy H 28.36 30.80 32.01 32.82 31.68	12	Olympia High School-MR	5:24.19 33.31	5:21.13	
2 Magnuson, Violet 30.67 33.36 34.07 35.27 33.07	JR	Capital High School	5:33.98 35.06	5:43.08	
3 Yost, Hannah 29.79 34.36 36.73 36.21 34.09	FR	Dr. Dolores Silas HS Girls-PN	5:35.89 37.31	5:48.42	
4 Gertseva, Nicole E 30.46 33.10 34.86 35.77 34.65	11	Olympia High School-MR	5:40.00 36.53	5:50.19	
5 Randall, Clara W 31.53 34.47 35.92 35.72 35.17	12	Olympia High School-MR	6:02.03 36.53	5:55.35	
6 Carter, Normandy R 34.19 38.30 39.06 36.52 35.37	10	Olympia High School-MR	6:18.24 36.90	x6:16.96	
7 Boulay, Lena S 34.17 38.66 39.36 38.04 36.16	11	Olympia High School-MR	6:25.55 38.67	x6:20.31	
8 Moniodis, Nastasia A 33.98 39.60 39.74 39.90 38.65	10	Olympia High School-MR	6:17.23 39.71	x6:30.90	
9 Menge, Juliana 34.56 39.18 39.77 40.99 38.35	FR	Dr. Dolores Silas HS Girls-PN	6:36.51 41.01	6:37.31	
10 Marsh-Gates, Delilah 36.10 40.56 40.76 39.15 37.99	SR	Capital High School	6:33.15 40.83	6:42.38	
11 Palmerson, Pamela L 40.07 43.62 44.26 45.11 42.64	11	Olympia High School-MR	7:25.89 46.70	x7:21.48	

## Silas at Capital plus Olympia 10-17-24 - 10/17/2024

## Results - Dual meet

**(Event 8 Women 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
12 Hoskins, Olivia	JR	Dr. Dolores Silas HS Girls-PN	7:27.77	7:37.29	
37.49 45.00 46.25	46.07	48.52 45.82 48.48	45.23		
48.72 45.71					
13 Elkins, Alana B	11	Olympia High School-MR	9:02.00	x8:22.98	
43.22 49.15 52.78	52.52	52.32 51.91 51.60	50.63		
52.21 46.64					

**Event 9 Women 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Dr. Dolores Silas HS Girls-PN	A	1:48.16	1:50.81	
1) Esser, Alexis SR	2) Aiken, Annabelle SO	3) Templin, Grace FR	4) Hendrickson, Linnea JR	
26.85 29.35 27.08	27.53			
2 Olympia High School-MR	A	1:50.02	1:57.48	
1) Andreassen, Nora N 12	2) Sethjinda, Katherin P 12	3) Boulay, Lena S 11	4) Moniodis, Nastasia A 10	
29.01 29.88 30.84	27.75			
3 Capital High School	A	2:08.28	2:07.65	
1) Tang, Amanda SO	2) Ostrander, Sadie JR	3) Villa, Estella SR	4) Mead, Aria JR	
32.41 33.30 31.41	30.53			
4 Dr. Dolores Silas HS Girls-PN	B	NT	2:10.54	
1) Herforth, Maddy SR	2) Calvary, Molly JR	3) Loflin, Kayla SR	4) Baez-Tovalin, Paola FR	
38.25	28.05			
5 Capital High School	B	NT	2:17.61	
1) Berman, Maggie SR	2) Becker, Kiley JR	3) Cady, Eloise JR	4) Olson, Masha SO	
36.15 33.13 35.72	32.61			
6 Olympia High School-MR	B	NT	2:37.13	
1) Lapp, Brie R 10	2) Spilker, Joanna T 11	3) Elkins, Alana B 11	4) Christensen, Madi A 10	
42.78 1:20.31 34.05				
--- Dr. Dolores Silas HS Girls-PN	C	NT	DQ	
1) Conklin, Isla SO	2) Young, Della SO	3) Mosley, Natalie SO	4) Ristvet-Mendez, Lilliah SO	
37.28 37.45 38.98	28.34			

**Event 10 Women 100 Yard Backstroke**

Name	Yr	School	Seed Time	Finals Time	Points
1 Yost, Hannah	FR	Dr. Dolores Silas HS Girls-PN	1:15.00	1:10.46	
34.20 36.26					
2 Patterson, Campbell R	10	Olympia High School-MR	1:10.59	1:11.39	
35.03 36.36					
3 McDaniel, Cambria N	11	Olympia High School-MR	1:11.97	1:11.73	
34.21 37.52					
4 Sumner, Cate	SR	Dr. Dolores Silas HS Girls-PN	1:14.26	1:13.06	
35.49 37.57					
5 Bucknam, Macie	SO	Dr. Dolores Silas HS Girls-PN	1:17.76	1:18.17	
6 Mead, Aria	JR	Capital High School	1:19.00	1:18.93	
38.27 40.66					
7 Balungaya, Mia P	10	Olympia High School-MR	1:23.06	1:24.97	
39.93 45.04					
8 Berman, Maggie	SR	Capital High School	1:26.60	1:31.69	
1:31.72					
9 Lund, Adrianna J	11	Olympia High School-MR	1:36.26	x1:36.68	
47.57 49.11					
10 Hegewald, Ash M	9	Olympia High School-MR	1:40.49	x1:42.42	
48.50 53.92					
11 Christensen, Madi A	10	Olympia High School-MR	1:53.57	x1:56.04	

## Silas at Capital plus Olympia 10-17-24 - 10/17/2024

## Results - Dual meet

## Event 11 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time	Finals Time	Points
1 Moun, Abigail 37.76 42.73	FR	Dr. Dolores Silas HS Girls-PN	1:22.44	1:20.49	
2 Cocke', Catherine 38.87 44.28	FR	Dr. Dolores Silas HS Girls-PN	1:23.66	1:23.15	
3 Carter, Normandy R 40.18 46.01	10	Olympia High School-MR	1:27.29	1:26.19	
4 Sethjinda, Katherin P 40.34 46.49	12	Olympia High School-MR	1:27.57	1:26.83	
5 Grinstead, Ingrid 42.75 47.32	FR	Dr. Dolores Silas HS Girls-PN	1:30.57	1:30.07	
6 Cady, Eloise 43.90 48.76	JR	Capital High School	1:28.40	1:32.66	
7 Ostrander, Sadie 45.84 50.08	JR	Capital High School	1:37.78	1:35.92	
8 Tang, Amanda 44.43 53.06	SO	Capital High School	1:35.97	1:37.49	
--- Becker, Kiley 43.30 49.11	JR	Capital High School	1:33.19	X1:32.41	
--- Fisher, Lizzy 56.31 1:04.18	FR	Capital High School	2:00.71	X2:00.49	
--- Cockrum, Owen M 43.89 48.64	10	Olympia High School-MR	1:31.49	DQ	

## Event 12 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Olympia High School-MR 1) La, Yvy H 12 26.80 55.07 30.36	A 2) McDaniel, Cambria N 11 1:04.15 28.71 1:00.10	3:56.40 15.22 58.70	3:58.02	4) Gertseva, Nicole E 11
2 Dr. Dolores Silas HS Girls-PN 1) Esser, Alexis SR 27.40 57.17 29.44	A 2) Aiken, Annabelle SO 1:02.69 30.60 1:03.98	4:00.25 27.86 59.57	4:03.41	4) Hendrickson, Linnea JR
3 Olympia High School-MR 1) Cockrum, Owen M 10 33.95 1:09.51 31.57	D 2) Patterson, Campbell R 10 1:06.41 31.43 1:05.79	4:55.36 31.53 1:05.59	4:27.30	4) Carter, Normandy R 10
4 Capital High School 1) Grippo, Gabi JR 32.17 1:07.63 32.52	A 2) Villa, Estella SR 1:08.39 33.67 1:12.57	4:09.13 28.62 59.98	4:28.57	4) Magnuson, Violet JR
5 Olympia High School-MR 1) Hansen, Stella M 12 36.93 1:19.49 30.19	B 2) Andreassen, Nora N 12 1:05.66 33.42 1:11.35	4:20.07 33.22 1:09.75	x4:46.25	4) Sethjinda, Katherin P 12
6 Dr. Dolores Silas HS Girls-PN 1) Herforth, Maddy SR 35.81 1:12.88 35.01	B 2) Sumner, Cate SR 1:13.74 33.94 1:20.32	NT 25.64 1:02.92	4:49.86	4) Menge, Juliana FR
7 Olympia High School-MR 1) Boulay, Lena S 11 32.61 1:08.89 36.20	C 2) Palmerson, Pamela L 11 1:16.86 40.74 1:28.75	4:30.13 42.74 1:30.17	x5:24.67	4) Lund, Adrianna J 11
8 Olympia High School-MR 1) Christensen, Madi A 10 1:34.30 2:06.34 37.10	E 2) Basham, Ellayna G 10	5:15.00 33.11 1:18.24	x5:33.44	4) Balunggaya, Mia P 10
9 Olympia High School-MR 1) Boyle, Lily A 9 33.25 1:13.52 39.87	F 2) Hegewald, Ash M 9 1:29.88 36.51 1:20.52	5:58.00 44.10 1:39.62	x5:43.54	4) Spilker, Joanna T 11