

Holy Names at Mercer Island - 10/22/2024

Results - Dual Meet

Event 1 Girls 200 Yard Medley Relay

1:53.90 3AST

Team	Relay	Finals Time
1 MI	A	1:52.97 3AST
1) Dahlin, Meg 11	2) Nowakowski, Emma 10	
3) Watson, Clare 11	4) Enge, Tatum 9	
29.49 36.43	47.05	
2 HNA	A	1:54.61 4
1) Wang, Ellie JR	2) Magnotti, Ruthie	
3) Jarrett, Maisey O JR	4) Williams, Moira M SR	
30.16 32.18	26.84 25.43	
3 MI	B	1:57.05 2
1) Dunn, Emily 11	2) Hardisty, Reese 11	
3) Woare, CJ 12	4) Chen, Elaine 9	
30.06 35.12	26.64 25.23	
4 HNA	C	2:08.77
1) Brannfors, Anneliese M SR	2) Irani, Delana JR	
3) Orazem, Rhea K SO	4) Binder, Em SR	
35.39 41.64	20.53 31.21	
5 MI	C	2:16.81
1) Lenington, Kate 12	2) Perla, Chloe 11	
3) Shang, Julia 11	4) Lin, Sophie 9	
42.05 36.98	29.97 27.81	
--- HNA	B	X2:04.94
1) Chang, Lilah Huai Hsin JR	2) Weber, Clare SO	
3) Kuiper, Sonja JR	4) Murray, Bella A FR	
31.14 33.09	31.05 29.66	
--- HNA	D	X2:14.42
1) Mason, Claire FR	2) Beckman, Kate E SR	
3) Ferrari, Pepper L JR	4) Bednarski, Amelia SR	
32.40 39.36	33.33 29.33	
--- MI	F	X2:21.27
1) Trotta, Serafina 9	2) Jack, Rebecca 12	
3) Denton, Maya 10	4) Despres, Anouk 9	
38.63 40.12	31.59 30.93	
--- MI	D	X2:21.62
1) McGuire, Kiera 12	2) Millman, Alex 12	
3) Alagugurusamy, Riya 9	4) Trotta, Charlize 12	
33.36 41.78	37.29 29.19	
--- MI	E	X2:23.75
1) Deng, Vanessa 10	2) Eikel, Kaitlyn 10	
3) Ross, Adele 11	4) Rogers, Elise 12	
37.95 38.96	1:06.84	

Event 2 Girls 200 Yard Freestyle

1:58.00 3AST

2:14.00 3AD

2:30.00 3AK

Name	YrSchool	Finals Time
1 Watson, Clare	11 MI	1:58.81 3AD
27.42 30.07	30.61	30.71
2 Enge, Hope	11 MI	2:01.59 3AD
28.21 30.55	31.14	31.69
3 Hooper, Caroline A	HNA	2:06.09 3AD
28.89 31.17	32.99	33.04
4 Waingold, Mira	9 MI	2:16.63 3AK
31.30 34.54	35.75	35.04

5 Hillyer, Claire E	SO HNA	2:17.32 3AK
30.63 35.03	36.44	35.22
6 Holt, Juliette M	JR HNA	2:25.29 3AK
32.53 36.38	38.17	38.21
--- Chen, Elaine	9 MI	X2:04.09 3AD
27.84 30.60	32.71	32.94
--- Han, Amelia	12 MI	X2:06.77 3AD
28.29 31.14	33.19	34.15
--- Kuiper, Sonja	JR HNA	X2:23.55 3AK
31.69 35.87	37.69	38.30
--- Mock, Serena C	SO HNA	X2:30.43
33.81 37.69	39.19	39.74
--- Chastain, Ava	10 MI	X2:36.16
33.17 39.49	42.06	41.44
--- Frame, Marissa	11 MI	X2:40.40
36.65 40.61	42.56	40.58
--- Choe, Ella	10 MI	X2:41.69
35.97 40.94	42.83	41.95
--- Stubbers, Emmy	10 MI	X2:47.58
35.88 2:11.70		
--- Lucas, Grace	9 MI	X2:51.28
38.96 43.94	44.80	43.58
--- Leung, Addison	10 MI	X2:57.31
40.27 45.38	46.49	45.17

Event 3 Girls 200 Yard IM

2:12.80 3AST

2:28.80 3AD

2:44.80 3AK

Name	YrSchool	Finals Time
1 Woare, CJ	12 MI	2:12.64 3AST
29.11 33.41	39.28	30.84
2 Magnotti, Ruthie	HNA	2:12.71 3AST
29.45 35.56	38.24	29.46
3 Weber, Clare	SO HNA	2:18.04 3AD
31.05 36.93	37.65	32.41
4 Irani, Delana	JR HNA	2:22.13 3AD
30.92 36.58	40.38	34.25
5 McGuire, Kiera	12 MI	2:37.71 3AK
33.82 38.15	49.37	36.37
6 Perla, Chloe	11 MI	2:38.54 3AK
34.36 40.47	44.24	39.47

Event 4 Girls 50 Yard Freestyle

24.70 3AST

26.70 3AD

28.70 3AK

Name	YrSchool	Finals Time
1 Dahlin, Meg	11 MI	25.20 3AD
2 Enge, Tatum	9 MI	25.27 3AD
3 Williams, Moira M	SR HNA	25.57 3AD
4 Irani, Delana	JR HNA	26.38 3AD
5 Zhao, Jeanette	10 MI	26.45 3AD
6 Magnotti, Ruthie	HNA	27.20 3AK
7 Esperon, Charlotte M	HNA	30.97
--- Shang, Julia	11 MI	X27.16 3AK
--- Chang, Lilah Huai Hsin	JR HNA	X27.24 3AK
--- Doroski, Greta	12 MI	X27.33 3AK

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Results - Dual Meet

(Event 4 Girls 50 Yard Freestyle)

Name	YrSchool	Finals Time
--- Hardisty, Reese	11 MI	X27.50 3AK
--- Trotta, Charlize	12 MI	X28.39 3AK
--- Denton, Maya	10 MI	X28.54 3AK
--- Mason, Claire	FR HNA	X28.71
--- Lin, Sophie	9 MI	X28.90
--- Eikel, Kaitlyn	10 MI	X28.94
--- Millman, Alex	12 MI	X29.00
--- Garton, Rachel	12 MI	X29.15
--- Jack, Rebecca	12 MI	X29.72
--- Ferrari, Pepper L	JR HNA	X30.10
--- Rogers, Elise	12 MI	X30.96
--- Despres, Anouk	9 MI	X31.46
--- Bednarski, Amelia	SR HNA	X31.55
--- Johnson, Nora C	JR HNA	X31.74
--- Quinn, Alden K	HNA	X31.92
--- Lenington, Kate	12 MI	X31.97
--- Trotta, Serafina	9 MI	X32.15
--- Levinson, Lila	SO HNA	X32.23
--- Alagugurusamy, Riya	9 MI	X32.43
--- Ross, Adele	11 MI	X33.02
--- Marsh, Trista B	HNA	X33.28
--- Van Wesep, Erynne A	FR HNA	X33.43
--- O'Brien, Paula Q	HNA	X33.67
--- Brooker, Kirsten E	FR HNA	X34.02
--- Belle, Katie	JR HNA	X34.10
--- Parks-Magathan, Claire	FR HNA	X35.55
--- Weeks, Greta	12 MI	X35.84
--- Deng, Vanessa	10 MI	X35.86
--- Fujise, Ruth K	FR HNA	X36.69
--- Wijesekera, Kayla S	SO HNA	X38.12
--- Strafer, Emma	FR HNA	X39.25
--- Tsubota, Mika	JR HNA	X39.66
--- McGinley, Gracie	FR HNA	X41.51
--- Le, Arlena	SO HNA	X44.10
--- Saffitz, Amelie	FR HNA	X44.63
--- Rychkova, Tessa A	SR HNA	XNS

Event 5 Girls 1 mtr Diving

Name	YrSchool	Finals Score
1 Capasso, Clare	9 MI	158.30 6
2 Moncaster, Maya	11 MI	143.25 4
3 Metcalf, Audrey	11 MI	139.20 3
4 Jarrett, Maisey O	JR HNA	102.05 2
5 McGinley, Gracie	FR HNA	100.85 1
6 Chang, Lilah Huai Hsin	JR HNA	78.35
--- Levitt, Ashley	9 MI	X63.85
--- Chen, Cat	12 MI	X38.35

Event 6 Girls 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Woare, CJ	12 MI	1:00.84 3AD
		28.75 32.09

2 Orazem, Rhea K	SO HNA	1:00.85 3AD
		28.94 31.91
3 Shang, Julia	11 MI	1:01.26 3AD
		28.84 32.42
4 Dunn, Emily	11 MI	1:02.55 3AD
		29.37 33.18
5 Kuiper, Sonja	JR HNA	1:13.05 3AK
		34.23 38.82
6 Binder, Em	SR HNA	1:13.91 3AK
		33.04 40.87

Event 7 Girls 100 Yard Freestyle

Name	YrSchool	Finals Time
		54.20 3AST
		1:02.20 3AD
		1:07.20 3AK
1 Enge, Tatum	9 MI	55.17 3AD
		26.64 28.53
2 Jarrett, Maisey O	JR HNA	58.49 3AD
		28.13 30.36
3 Garton, Rachel	12 MI	1:01.89 3AD
		29.97 31.92
4 Trotta, Charlize	12 MI	1:02.75 3AK
		30.08 32.67
5 Holt, Juliette M	JR HNA	1:03.03 3AK
		30.44 32.59
6 Beckman, Kate E	SR HNA	1:05.68 3AK
		31.61 34.07
--- Zhao, Jeanette	10 MI	X57.84 3AD
		27.85 29.99
--- Doroski, Greta	12 MI	X57.98 3AD
		28.05 29.93
--- Nowakowski, Emma	10 MI	X58.52 3AD
		27.90 30.62
--- Hardisty, Reese	11 MI	X59.29 3AD
		28.42 30.87
--- Waingold, Mira	9 MI	X1:02.54 3AK
		30.15 32.39
--- Brannfors, Anneliese M	SR HNA	X1:06.08 3AK
		31.73 34.35
--- Jack, Rebecca	12 MI	X1:07.08 3AK
		31.60 35.48
--- Murray, Bella A	FR HNA	X1:07.71
		32.35 35.36
--- Harmon, Maya A	JR HNA	X1:09.43
		33.42 36.01
--- Mock, Serena C	SO HNA	X1:09.65
		33.54 36.11
--- Bednarski, Amelia	SR HNA	X1:10.70
		33.72 36.98
--- Esperon, Charlotte M	HNA	X1:11.12
		33.70 37.42
--- Saltsman, Kate F	JR HNA	X1:11.22
		33.98 37.24
--- Chastain, Ava	10 MI	X1:11.44
		34.29 37.15
--- Frame, Marissa	11 MI	X1:13.25
		36.60 36.65

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Results - Dual Meet

(Event 7 Girls 100 Yard Freestyle)

Name	Yr	School	Finals Time
--- Trotta, Serafina	9	MI	X1:13.68
34.91	38.77		
--- O'Brien, Paula Q		HNA	X1:14.46
34.86	39.60		
--- Brooker, Kirsten E	FR	HNA	X1:17.17
38.27	38.90		
--- Leung, Addison	10	MI	X1:22.21
37.93	44.28		
--- Lucas, Grace	9	MI	X1:24.55
39.78	44.77		
--- Weeks, Greta	12	MI	X1:25.42
39.47	45.95		
--- Tsubota, Mika	JR	HNA	X1:29.77
42.48	47.29		

Event 8 Girls 500 Yard Freestyle

5:20.50 3AST

5:55.50 3AD

6:30.50 3AK

Name	Yr	School	Finals Time
1 Wang, Ellie	JR	HNA	5:12.56 3AST
28.18	31.08	31.62	31.69
31.39	31.55	31.58	31.75
31.95	31.77		
2 Han, Amelia	12	MI	5:42.51 3AD
30.68	33.35	34.46	34.70
34.39	34.51	34.91	35.60
34.89	35.02		
3 Hillyer, Claire E	SO	HNA	5:51.11 3AD
31.42	35.05	35.42	35.62
35.73	36.11	35.85	36.35
35.21	34.35		
4 Lin, Sophie	9	MI	6:06.26 3AK
31.75	35.11	36.79	37.39
37.77	37.43	37.60	38.08
38.04	36.30		
5 McGuire, Kiera	12	MI	6:27.78 3AK
32.59	36.53	38.77	39.58
40.02	40.78	40.26	40.84
40.41	38.00		
6 Binder, Em	SR	HNA	6:35.48
35.95	39.91	39.51	40.60
40.94	40.18	40.23	40.14
39.85	38.17		
--- Millman, Alex	12	MI	X6:24.82 3AK
32.39	37.42	39.54	40.04
40.00	39.52	39.47	39.72
39.05	37.67		
--- Eikel, Kaitlyn	10	MI	X6:26.20 3AK
31.91	37.77	39.59	39.77
40.08	39.70	39.94	39.77
39.81	37.86		
--- Perla, Chloe	11	MI	X6:47.82
35.15	39.58	41.31	41.95
42.23	43.10	42.92	41.72
41.61	38.25		

--- Alagugurusamy, Riya	9	MI	X6:58.24
35.87	38.69	42.82	43.09
42.82	44.22	43.45	43.72
44.07	39.49		
--- Despres, Anouk	9	MI	X7:05.37
36.07	41.05	43.30	43.71
43.83	44.42	43.96	44.94
1:24.09			
--- Ross, Adele	11	MI	X7:09.84
36.51	40.41	44.59	44.64
45.42	45.09	44.83	45.55
44.05	38.75		

Event 9 Girls 200 Yard Freestyle Relay

1:42.75 3AST

Team	Relay	Finals Time
1 MI	A	1:43.35 8
1) Watson, Clare 11	2) Enge, Tatum 9	
3) Zhao, Jeanette 10	4) Woare, CJ 12	
25.49	25.27	26.16 26.43
2 HNA	A	1:46.54 4
1) Williams, Moira M SR	2) Jarrett, Maisey O JR	
3) Magnotti, Ruthie	4) Irani, Delana JR	
25.67		26.98
3 MI	B	1:51.60 2
1) Doroski, Greta 12	2) Hardisty, Reese 11	
3) Shang, Julia 11	4) Trotta, Charlize 12	
28.02	27.23	26.90 29.45
4 HNA	B	1:56.33
1) Mason, Claire FR	2) Weber, Clare SO	
3) Holt, Juliette M JR	4) Orazem, Rhea K SO	
29.10	27.95	29.99 29.29
5 HNA	C	1:58.27
1) Esperon, Charlotte M	2) Chang, Lilah Huai Hsin JR	
3) Hooper, Caroline A	4) Ferrari, Pepper L JR	
32.30	27.60	27.52 30.85
6 MI	C	2:01.00
1) Waingold, Mira 9	2) Jack, Rebecca 12	
3) Rogers, Elise 12	4) Garton, Rachel 12	
29.23	30.80	33.76 27.21
--- MI	D	X2:14.51
1) Stubbers, Emmy 10	2) Weeks, Greta 12	
3) Trotta, Serafina 9	4) Chastain, Ava 10	
33.49	44.36	25.43 31.23
--- MI	E	X2:16.43
1) Choe, Ella 10	2) Lucas, Grace 9	
3) Leung, Addison 10	4) Millman, Alex 12	
32.76	37.28	37.28 29.11
--- HNA	D	XNS
1) Levinson, Lila SO	2) Belle, Katie JR	
3) Harmon, Maya A JR	4) O'Brien, Paula Q	

Event 10 Girls 100 Yard Backstroke

59.50 3AST

1:09.50 3AD

1:17.50 3AK

Name	Yr	School	Finals Time
1 Dahlin, Meg	11	MI	1:00.94 3AD
30.15	30.79		

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Results - Dual Meet

(Event 10 Girls 100 Yard Backstroke)

Name	YrSchool	Finals Time
2 Dunn, Emily	11 MI	1:02.41 3AD
30.29 32.12		
3 Enge, Hope	11 MI	1:04.30 3AD
30.78 33.52		
4 Hooper, Caroline A	HNA	1:06.06 3AD
31.78 34.28		
5 Mason, Claire	FR HNA	1:11.50 3AK
34.47 37.03		
6 Brannfors, Anneliese M	SR HNA	1:12.20 3AK
35.59 36.61		
--- Chen, Elaine	9 MI	X1:03.10 3AD
30.90 32.20		
--- Nowakowski, Emma	10 MI	X1:04.39 3AD
30.99 33.40		
--- Orazem, Rhea K	SO HNA	X1:11.97 3AK
34.79 37.18		
--- Denton, Maya	10 MI	X1:16.30 3AK
38.16 38.14		
--- Murray, Bella A	FR HNA	X1:16.95 3AK
37.07 39.88		
--- Saltsman, Kate F	JR HNA	X1:19.78
39.54 40.24		
--- Deng, Vanessa	10 MI	X1:21.40
38.74 42.66		
--- Belle, Katie	JR HNA	X1:26.03
40.05 45.98		
--- Marsh, Trista B	HNA	X1:28.99
43.18 45.81		
--- Lenington, Kate	12 MI	X1:34.98
46.45 48.53		

Event 11 Girls 100 Yard Breaststroke

1:08.30 3AST

1:18.30 3AD

1:26.30 3AK

Name	YrSchool	Finals Time
1 Watson, Clare	11 MI	1:08.28 3AST
32.30 35.98		
2 Weber, Clare	SO HNA	1:08.29 3AST
32.88 35.41		
3 Wang, Ellie	JR HNA	1:12.22 3AD
34.40 37.82		
4 Beckman, Kate E	SR HNA	1:24.94 3AK
40.79 44.15		
5 Stubbers, Emmy	10 MI	1:32.13 1
43.48 48.65		
6 Choe, Ella	10 MI	1:35.50
45.20 50.30		
--- Ferrari, Pepper L	JR HNA	X1:28.07
42.32 45.75		
--- Johnson, Nora C	JR HNA	X1:30.35
42.51 47.84		
--- Quinn, Alden K	HNA	X1:34.26
44.32 49.94		
--- Van Wesep, Evynne A	FR HNA	X1:39.65
47.72 51.93		

--- Parks-Magathan, Claire	FR HNA	X1:39.79
48.04 51.75		
--- Rogers, Elise	12 MI	X1:40.19
47.42 52.77		
--- Strafer, Emma	FR HNA	X1:41.63
48.85 52.78		

Event 12 Girls 400 Yard Freestyle Relay

3:45.00 3AST

Team	Relay	Finals Time
1 MI	A	3:42.82 3AST
1) Chen, Elaine 9	2) Dahlin, Meg 11	
3) Dunn, Emily 11	4) Enge, Hope 11	
26.70 54.72	26.18 54.78	
27.02 58.28	25.15 55.04	
2 MI	B	3:55.80 4
1) Zhao, Jeanette 10	2) Waingold, Mira 9	
3) Nowakowski, Emma 10	4) Doroski, Greta 12	
27.59 58.01	29.09 1:01.80	
27.25 57.54	27.97 58.45	
3 HNA	A	3:57.80 2
1) Williams, Moira M SR	2) Hooper, Caroline A	
3) Holt, Juliette M JR	4) Wang, Ellie JR	
27.14 57.60	28.18 58.71	
31.27 1:06.81	26.28 54.68	
4 MI	C	4:08.14
1) Denton, Maya 10	2) Garton, Rachel 12	
3) Lin, Sophie 9	4) Han, Amelia 12	
29.88		
	28.45 1:00.93	
5 HNA	B	4:32.05
1) Saltsman, Kate F JR	2) Hillyer, Claire E SO	
3) Beckman, Kate E SR	4) Binder, Em SR	
34.60 1:11.17	30.35 1:05.13	
31.46 1:05.79	33.34 1:09.96	
6 HNA	C	4:37.90
1) Kuiper, Sonja JR	2) Murray, Bella A FR	
3) Mock, Serena C SO	4) Johnson, Nora C JR	
29.77 1:03.27	31.58	
	1:15.35	
--- HNA	D	X4:43.66
1) Harmon, Maya A JR	2) Brannfors, Anneliese M SR	
3) Bednarski, Amelia SR	4) Levinson, Lila SO	
33.59 1:11.57	33.19 1:09.29	
32.88 1:12.37	32.91 1:10.43	

Scores - Women**Women - Team Rankings - Through Event 12**

1. Mercer Island High School	124
2. Holy Names Academy Swimming	62