

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#1 Girls 200 Yard Medley Relay

3A District: 1:49.49# 2023 Shorecrest

Fralick, Howson, Whorley, Thompson

1:53.90 STAT 3A State

Team	Relay	Finals Time	
A - Final			
1 EWHS	A	1:52.91	STAT
Bennett, Simone 12		Detjen, Tatumn 11	
Morales-Tomas, Madison 1		Bates, Sydney 11	
27.57	31.26	27.70	26.38
2 SHRCR	A	1:56.73	
McLaughlin, Raine 12		Howson, Aila 12	
Pettiross, Clara 12		Lynn, Adele 12	
29.51	31.06	29.40	26.76
3 SW	A	1:57.77	
Gallagher, Allie Mae 11		Mirabueno, Malaina 12	
Hoff, Paulina 12		Norberg, Maggie 12	
29.63	31.78	29.92	26.44
4 MON	A	1:59.33	
Sieling, October 12		Grant, Rowyn 11	
Hartway, Emersyn 11		Cody, Sabrina 12	
31.10	32.70	28.69	26.84
5 SNO	A	2:00.86	
Huber, Olivia 11		Kuntz, Sophia 09	
Betancourt, Emma 10		Misner, Cal 12	
30.73	32.64	30.25	27.24
6 LHS	A	2:04.98	
Lee, Caitlin 09		Coates, Rebecca 12	
Matevosyan, Ofelia 12		Cordova, Sophia 11	
30.94	32.06	30.95	31.03
7 STAN	A	2:05.58	
de Vera, Alora 09		Ingram, Mattea 12	
Plano, Sophie 11		Dilworth, Faith 12	
32.57	34.82	30.39	27.80
8 OHHS	A	2:10.55	
Wasinger, Rylee 09		Carlson, Kennedy 12	
Forbes, Lila 11		Meyer, Tessa 10	
32.91	38.91	38.57	20.16
B - Final			
9 MV	A	2:13.80	
George, Amelia 12		Sjorgen, Bindi 12	
Van Dyk, Alex 09		Dowd, Danika 11	
36.09	1:07.87	29.84	
10 EV	A	2:21.68	
Royce, Kyla 11		Fleshman, Rebekah 12	
Troung, Bella 10		Smith, Kai 11	
35.67	38.83	38.59	28.59
11 MLT	A	2:24.55	
Diaz, Fiorella 12		Tran, Mifa 12	
Morganroth, Sophia 10		Wallace, Daisy 09	
36.79	39.04	38.61	30.11
12 MG	A	2:28.84	
Perkins, Hazel 10		Ruch-Brown, Carol 12	
Abele, Emma 12		Gibbs, Talia 11	
44.55	36.54	36.14	31.61

13 FERN	A	2:34.37	
Brown, Aiyanna 12		Esparza, Cara 10	
Sande, Emma 10		Boldt, Eleanor 10	
35.84	42.46	42.35	33.72
14 SEDRO	A	2:43.37	
Stark, Kimberlie 11		Burkhalter, Jasmyn 10	
Kins, Katie 11		Neeld, Kat 12	
40.21	46.30	42.94	33.92

#1 Girls 200 Yard Medley Relay

3A District: 1:49.49# 2023 Shorecrest

Fralick, Howson, Whorley, Thompson

1:53.90 STAT 3A State

Team	Relay	Prelim Time	
Preliminaries			
1 EWHS	A	1:53.43	qSTAT
Bennett, Simone 12		Detjen, Tatumn 11	
Morales-Tomas, Madison 1		Bates, Sydney 11	
27.83	31.40	27.55	26.65
2 SW	A	1:59.41	q
Gallagher, Allie Mae 11		Mirabueno, Malaina 12	
Hoff, Paulina 12		Norberg, Maggie 12	
30.32	32.18	29.69	27.22
3 SHRCR	A	2:00.03	q
McLaughlin, Raine 12		Leptich, Avery 10	
Pettiross, Clara 12		Lynn, Adele 12	
29.37	33.79	29.76	27.11
4 SNO	A	2:01.72	q
Huber, Olivia 11		Kuntz, Sophia 09	
Betancourt, Emma 10		Misner, Cal 12	
30.25	33.52	30.16	27.79
5 MON	A	2:02.49	q
Sieling, October 12		Grant, Rowyn 11	
Hartway, Emersyn 11		Cody, Sabrina 12	
31.40	33.36	30.43	27.30
6 LHS	A	2:07.35	q
Lee, Caitlin 09		Coates, Rebecca 12	
Matevosyan, Ofelia 12		Deuman, Jocelyn 11	
30.80	32.46	1:04.09	
7 STAN	A	2:08.25	q
de Vera, Alora 09		Ingram, Mattea 12	
Plano, Sophie 11		Dilworth, Faith 12	
32.61	36.77	30.97	27.90
8 OHHS	A	2:10.77	q
Wasinger, Rylee 09		Carlson, Kennedy 12	
Forbes, Lila 11		Meyer, Tessa 10	
32.53	38.74	33.84	25.66
9 MV	A	2:14.63	q
George, Amelia 12		Sjorgen, Bindi 12	
Van Dyk, Alex 09		Dowd, Danika 11	
35.74	1:08.18	30.71	
10 EV	A	2:22.58	q
Larama, Tegan 10		Fleshman, Rebekah 12	
Royce, Kyla 11		Smith, Kai 11	
		35.62	29.67
11 MLT	A	2:26.13	q
Diaz, Fiorella 12		Tran, Mifa 12	
Morganroth, Sophia 10		Wallace, Daisy 09	
		36.80	32.34

12 MG	A	2:30.89	q
Perkins, Hazel 10		Ruch-Brown, Carol 12	
Abele, Emma 12		Dumais, Amelia 12	
46.95	34.35	42.88	26.71
13 FERN	A	2:35.06	q
Brown, Aiyanna 12		Esparza, Cara 10	
Sande, Emma 10		Boldt, Eleanor 10	
		37.33	34.40

14 SEDRO	A	2:40.21	q
Stark, Kimberlie 11		Burkhalter, Jasmyn 10	
Kins, Katie 11		Neeld, Kat 12	
39.34	43.00	1:17.87	

#2 Girls 200 Yard Free

3A District: 1:52.20# 2019 Grace Lindberg

1:58.00 STAT 3A State

Name	Yr	Team	Finals Time	
A - Final				
1 Whorley, Quinn	12	SHRCR	1:54.86	STAT
26.84	28.47	29.85	29.70	
2 Phillips, Charlotte	09	SHRCR	2:02.34	
27.60	30.43	32.00	32.31	
3 MacDonald, Zoe	11	EWHS	2:04.58	
28.65	31.51	31.97	32.45	
4 Lombard, Katherine	12	MLT	2:05.62	
28.90	31.85	32.70	32.17	
5 Huber, Olivia	11	SNO	2:06.98	
29.21	31.85	32.94	32.98	
6 Bendiksen, Anna	10	SHRCR	2:07.13	
28.95	32.15	33.74	32.29	
7 Zastoupil, Sarah	12	STAN	2:07.63	
27.98	31.68	33.96	34.01	
8 Foral, Vivian	11	SW	2:09.89	
28.87	31.73	34.19	35.10	
B - Final				
9 Paul, Anna	09	STAN	2:06.23	
28.99	32.62	32.57	32.05	
10 Bergan, Maya	09	EWHS	2:13.94	
29.81	33.51	35.28	35.34	
11 Stinson, Makenzie	12	SNO	2:14.62	
30.51	33.98	35.46	34.67	
12 Stedman, Alice	10	EWHS	2:14.82	
29.99	34.30	36.08	34.45	
13 Ward, Sadie	11	EWHS	2:15.14	
28.79	32.24	35.88	38.23	
14 Matevosyan, Ofelia	12	LHS	2:18.00	
31.11	33.40	36.45	37.04	
15 Norberg, Maggie	12	SW	2:19.38	
31.35	35.02	36.59	36.42	
16 Munoz, Eileen	10	MV	2:19.94	
32.00	34.81	36.28	36.85	

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#2 Girls 200 Yard Free					#3 Girls 200 Yard IM				
3A District: 1:52.20# 2019 Grace Lindberg					3A District: 2:06.79# 2017 Bindi Pedersen				
1:58.00 STAT 3A State					2:12.80 STAT 3A State				
Name	Yr	Team	Prelim Time		Name	Yr	Team	Prelim Time	
Preliminaries					Preliminaries				
1	Whorley, Quinn	12 SHRCR	1:54.70	qSTAT	1	Howson, Aila	12 SHRCR	2:12.99	q
	27.28	28.63	29.51	29.28		30.13	34.60	36.96	31.30
2	Phillips, Charlotte	09 SHRCR	2:04.58	q	2	Kuntz, Sophia	09 SNO	2:18.92	q
	27.55	30.68	32.59	33.76		30.66	36.94	38.98	32.34
3	Huber, Olivia	11 SNO	2:05.59	q	3	Coates, Rebecca	12 LHS	2:19.66	q
	29.04	31.61	32.31	32.63		31.63	36.24	38.74	33.05
4	Lombard, Katherine	12 MLT	2:06.57	q	4	Beam, Lisa	10 MLT	2:20.45	q
	28.96	31.64	33.06	32.91		29.99	36.13	43.08	31.25
5	Bendiksen, Anna	10 SHRCR	2:07.16	q	5	Mirabueno, Malaina	12 SW	2:23.63	q
	28.59	31.88	33.54	33.15		30.22	38.95	40.34	34.12
6	Zastoupil, Sarah	12 STAN	2:08.26	q	6	Hoff, Paulina	12 SW	2:24.63	q
	28.19	31.47	34.27	34.33		31.56	36.99	40.42	35.66
7	MacDonald, Zoe	11 EWHS	2:08.59	q	7	Temme, Walker	10 SHRCR	2:29.85	q
	29.35	32.40	33.68	33.16		31.69	36.15	44.67	37.34
8	Foral, Vivian	11 SW	2:10.22	q	8	Carlson, Katherine	10 MG	2:33.67	q
	28.69	32.20	34.34	34.99		31.53	36.39	49.66	36.09
9	Paul, Anna	09 STAN	2:10.59	q	9	Pettiross, Clara	12 SHRCR	2:34.24	q
	28.89	32.73	34.48	34.49		32.39	39.37	46.09	36.39
10	Ward, Sadie	11 EWHS	2:13.64	q	10	de Vera, Alora	09 STAN	2:35.10	q
	29.61	33.21	35.17	35.65		31.28	40.19	49.57	34.06
11	Stinson, Makenzie	12 SNO	2:13.89	q	11	Rodriguez, Sophia	12 EWHS	2:37.62	q
	30.49	33.62	35.00	34.78		34.19	38.15	45.93	39.35
12	Stedman, Alice	10 EWHS	2:14.81	q	12	Forbes, Lila	11 OHHS	2:38.01	q
	30.25	33.92	36.01	34.63		33.38	39.69	49.09	35.85
13	Bergan, Maya	09 EWHS	2:14.92	q	13	Falkin, Addy	11 SW	2:39.04	q
	29.46	32.95	35.19	37.32		34.58	39.67	49.36	35.43
14	Norberg, Maggie	12 SW	2:15.21	q	14	Forner, Martina	12 SNO	2:39.33	q
	30.78	34.27	35.17	34.99		34.04	40.59	46.85	37.85
15	Matevosyan, Ofelia	12 LHS	2:15.82	q	15	Reece, Ainsley	10 EWHS	2:40.22	q
	31.18	33.75	35.65	35.24		30.88	42.70	50.09	36.55
16	Munoz, Eileen	10 MV	2:16.20	q	16	Otto, Olivia	10 STAN	2:40.97	q
	31.52	33.97	35.24	35.47		34.12	41.74	48.29	36.82
17	Polasek, Presley	12 STAN	2:16.57		17	Wright, Ryane	09 STAN	2:41.34	
	30.44	34.47	35.80	35.86		35.03	40.99	48.23	37.09
18	Peterson, Lauren	11 SNO	2:16.70		18	Hartway, Emersyn	11 MON	2:41.66	
	31.05	34.54	35.99	35.12		33.91	38.98	48.80	39.97
19	Smith, Caitlyn	12 SNO	2:19.20		19	Leptich, Avery	10 SHRCR	2:44.48	
	32.08	35.29	36.14	35.69		34.20	43.44	46.65	40.19
20	Plano, Sophie	11 STAN	2:19.25		20	Frohlich, Lauren	12 SW	2:46.17	
	30.30	34.84	36.92	37.19		33.57	43.48	50.34	38.78
21	Yanagida, Milee	11 MG	2:24.63		21	Chiu, Audrey	09 EWHS	2:46.88	
	33.02	36.51	38.25	36.85		34.22	44.02	48.43	40.21
22	Whitehill, Anika	12 SW	2:26.22		22	Patterson, Gretta	10 MLT	2:47.64	
	34.42	37.48	38.19	36.13		34.10	39.68	54.54	39.32
23	Lucero, Taryn	11 OHHS	2:29.28		23	Muise, Jenna	11 MG	2:50.33	
	34.25	37.81	39.56	37.66		36.75	46.91	47.80	38.87
24	Swanberg, Paige	12 MON	2:30.41		24	Fleshman, Rebekah	12 EV	2:52.34	
	34.54	37.74	39.57	38.56		37.34	46.88	48.66	39.46
25	Jones, Sadie	11 MV	2:31.55		25	Tran, Mifa	12 MLT	3:01.04	
	34.08	38.64	41.56	37.27		40.87	44.01	53.59	42.57

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

Preliminaries ... (#3 Girls 200 Yard IM)

26	Espinal, Isabella	12 MON	3:02.86	
	38.38	46.92	52.72	44.84
27	Jackson, Emma	10 MV	3:05.55	
	39.84	46.58	58.07	41.06
28	Brown, Aiyanna	12 FERN	3:13.41	
	41.08	44.70	1:00.54	47.09
---	Bennett, Natalie	11 MG	DQ	
	34.49	39.89		
---	Osborne, Hannah	11 MDHS	DQ	
	44.85	56.26	1:06.87	
---	Selsor, Sarah	12 SEDRO	DFS	

#4 Girls 50 Yard Free

3A District: 23.71# 2021 Mary Clarke

24.70 STAT 3A State

Name	Yr	Team	Finals Time
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A - Final

1	Vuong, Jeslyn	12 MLT	23.84	STAT
2	Buchholz, Dan	10 SW	24.43	STAT
3	Morales-Tomas, Mad	12 EWHS	26.19	
4	Gallagher, Allie Mae	11 SW	26.23	
5	Bates, Sydney	11 EWHS	26.45	
6	Penaluna, Olivia	09 EWHS	27.09	
7	Reeves, Lauren	11 SHRRCR	27.28	
8	Lee, Caitlin	09 LHS	27.85	

B - Final

9	Martin, Natalia	11 SW	27.48	
10	Legg, Jazmyn	12 STAN	27.49	
11	Tra, Lauren	11 EWHS	27.87	
12	Cody, Sabrina	12 MON	27.96	
13	Misner, Cal	12 SNO	27.97	
14	Lynn, Adele	12 SHRRCR	28.14	
15	Meyer, Tessa	10 OHHS	28.15	
16	Johnson, Quinn	12 SHRRCR	28.86	

#4 Girls 50 Yard Free

3A District: 23.71# 2021 Mary Clarke

24.70 STAT 3A State

Name	Yr	Team	Prelim Time
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Preliminaries

1	Vuong, Jeslyn	12 MLT	24.13	qSTAT
2	Buchholz, Dan	10 SW	24.61	qSTAT
3	Morales-Tomas, Mad	12 EWHS	26.46	q
4	Gallagher, Allie Mae	11 SW	26.61	q
5	Bates, Sydney	11 EWHS	26.94	q
6	Penaluna, Olivia	09 EWHS	27.22	q
7	Lee, Caitlin	09 LHS	27.43	q
8	Reeves, Lauren	11 SHRRCR	27.56	q
9	Martin, Natalia	11 SW	27.58	q
10	Misner, Cal	12 SNO	27.72	q
11	Meyer, Tessa	10 OHHS	27.74	q
12	Lynn, Adele	12 SHRRCR	27.86	q
13	Legg, Jazmyn	12 STAN	27.97	q
14	Tra, Lauren	11 EWHS	28.10	q
15	Cody, Sabrina	12 MON	28.51	q

16	Johnson, Quinn	12 SHRRCR	28.70	q
17	Joseph, Anna	12 SHRRCR	28.98	
18	Marquis, Alex	09 STAN	29.31	
19	Smith, Kai	11 EV	29.55	
20	Flickner, Olivia	12 STAN	29.80	
21	Dowd, Danika	11 MV	30.02	
22	Hesselgrave, Aurora	11 SNO	30.16	
23	Marr, Lexi	11 MON	30.26	
24	Magruder, Ava	10 MON	30.93	
25	Caceda, Hailey	11 OHHS	31.20	
26	Gibbs, Talia	11 MG	31.71	
27	Abele, Emma	12 MG	31.77	
28	Larama, Tegan	10 EV	33.60	
29	Boldt, Eleanor	10 FERN	34.91	
---	Sanchez, Olivia	09 SW	DFS	
---	Neeld, Kat	12 SEDRO	DFS	

#5 Girls 1 mtr Diving

3A District: 489.40# 2005 Samantha Young

315.00 STAT 3A State

Name	Yr	Team	Finals Score
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Finals

1	Clark, Madelyn	11 MON	349.50	STAT
2	Magelsen, Brynn	11 MON	318.75	STAT
3	Gorre, Berkley	12 SHRRCR	277.40	
4	Beatty-Witt, Maggie	11 SHRRCR	274.15	
5	Davis, Bela	12 SNO	220.35	
6	Jallow, Aisha	11 MG	203.04	
7	Chishungu, Abigaele	11 SW	129.75	
8	Rudberg, Charlotte	09 SHRRCR	126.50	
9	Katsoilometes, Sophi	09 SHRRCR	125.95	
10	Hill, Bridget	11 SW	125.65	
11	Norton, Libby	12 SW	124.10	

#5 Girls 1 mtr Diving

3A District: 489.40# 2005 Samantha Young

315.00 STAT 3A State

Name	Yr	Team	Prelim Score
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Preliminaries

1	Clark, Madelyn	11 MON	248.85	q
2	Magelsen, Brynn	11 MON	228.00	q
3	Gorre, Berkley	12 SHRRCR	193.35	q
4	Beatty-Witt, Maggie	11 SHRRCR	186.00	q
5	Davis, Bela	12 SNO	163.95	q
6	Jallow, Aisha	11 MG	142.90	q
7	Chishungu, Abigaele	11 SW	96.85	q
8	Hill, Bridget	11 SW	95.85	q
9	Norton, Libby	12 SW	95.30	q
10	Rudberg, Charlotte	09 SHRRCR	93.50	q
11	Katsoilometes, Sophi	09 SHRRCR	83.05	q

#6 Girls 100 Yard Fly

3A District: 56.17# 2001 Rebecca Sturdy

59.00 STAT 3A State

Name	Yr	Team	Finals Time
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A - Final

1	Garcia, Olivia	10 EWHS	59.45
	28.10	31.35	
2	Bennett, Simone	12 EWHS	1:00.05
	28.11	31.94	
3	Beam, Lisa	10 MLT	1:01.60
	29.23	32.37	
4	Bendiksen, Anna	10 SHRRCR	1:03.28
	29.60	33.68	
5	Morales-Tomas, Mad	12 EWHS	1:04.01
	29.22	34.79	
6	Norberg, Maggie	12 SW	1:05.93
	30.00	35.93	
7	Reece, Ainsley	10 EWHS	1:06.03
	30.44	35.59	
8	Betancourt, Emma	10 SNO	1:06.06
	30.19	35.87	

B - Final

9	Plano, Sophie	11 STAN	1:08.57
	30.92	37.65	
10	Van Dyk, Alex	09 MV	1:08.78
	31.50	37.28	
11	de Vera, Alora	09 STAN	1:08.96
	31.39	37.57	
12	Hartway, Emersyn	11 MON	1:09.94
	31.06	38.88	
13	Pettiross, Clara	12 SHRRCR	1:10.94
	33.28	37.66	
14	Matevosyan, Ofelia	12 LHS	1:11.01
	31.87	39.14	
15	Birgfeld, Bryn	09 SHRRCR	1:11.29
	32.91	38.38	
16	Yanagida, Milee	11 MG	1:11.94
	33.28	38.66	

#6 Girls 100 Yard Fly

3A District: 56.17# 2001 Rebecca Sturdy

59.00 STAT 3A State

Name	Yr	Team	Prelim Time
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Preliminaries

1	Garcia, Olivia	10 EWHS	59.68	q
	27.99	31.69		
2	Bennett, Simone	12 EWHS	1:00.89	q
	28.99	31.90		
3	Beam, Lisa	10 MLT	1:02.98	q
	30.05	32.93		
4	Bendiksen, Anna	10 SHRRCR	1:04.73	q
	30.23	34.50		
5	Morales-Tomas, Mad	12 EWHS	1:04.84	q
	30.26	34.58		
6	Norberg, Maggie	12 SW	1:06.83	q
	30.76	36.07		

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

Preliminaries ... (#6 Girls 100 Yard Fly)

7	Reece, Ainsley	10 EWHS	1:07.24	q
	30.90	36.34		
8	Betancourt, Emma	10 SNO	1:07.88	q
	30.56	37.32		
9	Van Dyk, Alex	09 MV	1:08.12	q
	30.91	37.21		
10	de Vera, Alora	09 STAN	1:09.23	q
	32.80	36.43		
11	Plano, Sophie	11 STAN	1:10.20	q
	31.99	38.21		
12	Matevosyan, Ofelia	12 LHS	1:11.28	q
	32.92	38.36		
13	Birgfeld, Bryn	09 SHRRCR	1:11.89	q
	33.16	38.73		
14	Pettross, Clara	12 SHRRCR	1:12.13	q
	33.62	38.51		
15	Hartway, Emersyn	11 MON	1:12.22	q
	32.06	40.16		
16	Yanagida, Milee	11 MG	1:12.72	q
	34.04	38.68		
17	Wasinger, Rylee	09 OHHS	1:13.34	
	34.03	39.31		
18	Otto, Olivia	10 STAN	1:14.30	
	34.60	39.70		
19	Patterson, Gretta	10 MLT	1:14.61	
	34.33	40.28		
20	Wright, Ryane	09 STAN	1:15.18	
	34.39	40.79		
21	Lynn, Adele	12 SHRRCR	1:17.06	
	33.97	43.09		
22	Morganroth, Sophia	10 MLT	1:23.68	
	38.61	45.07		
23	Espinal, Isabella	12 MON	1:25.31	
	37.22	48.09		
24	Martez, Lourdes	10 SNO	1:25.95	
	39.27	46.68		
25	Goergen, Elizabeth	11 MDHS	1:26.16	
	38.26	47.90		
26	Marr, Lexi	11 MON	1:28.24	
	39.04	49.20		
27	Rhiannon, Nore	MV	1:28.28	
	40.54	47.74		
28	Sunde, Kyla	10 MON	1:32.49	
	42.11	50.38		
29	Hanchinamani, Shifa	12 LHS	1:33.32	
	38.49	54.83		
30	Stark, Kimberlie	11 SEDRO	1:34.35	
	42.80	51.55		
---	Khodzinsky, Sofia	11 SW		DQ
	38.14			
---	Sanchez, Olivia	09 SW		DFS

#7 Girls 100 Yard Free

3A District: 51.43# 2021 Mary Clarke

54.20 STAT 3A State

Name	Yr	Team	Finals Time	
A - Final				
1	Buchholz, Dan	10 SW	53.18	STAT
	25.56	27.62		
2	Vuong, Jeslyn	12 MLT	53.78	STAT
	25.26	28.52		
3	Buechler-Flack, Dylai	09 MDHS	54.56	
	25.90	28.66		
4	McLaughlin, Raine	12 SHRRCR	57.23	
	27.29	29.94		
5	Huber, Olivia	11 SNO	57.94	
	27.81	30.13		
6	Detjen, Tatumn	11 EWHS	58.18	
	28.14	30.04		
7	Foral, Vivian	11 SW	59.00	
	27.73	31.27		
8	Reeves, Lauren	11 SHRRCR	59.52	
	28.02	31.50		
B - Final				
9	Bergan, Maya	09 EWHS	59.59	
	28.71	30.88		
10	Penaluna, Olivia	09 EWHS	59.61	
	28.46	31.15		
11	Ward, Sadie	11 EWHS	1:00.27	
	28.14	32.13		
12	Martin, Natalia	11 SW	1:01.10	
	28.90	32.20		
13	Meyer, Tessa	10 OHHS	1:03.39	
	29.82	33.57		
14	Misner, Cal	12 SNO	1:03.53	
	30.53	33.00		
15	Johnson, Quinn	12 SHRRCR	1:04.43	
	30.11	34.32		
16	Cody, Sabrina	12 MON	1:04.56	
	29.38	35.18		
#7 Girls 100 Yard Free				
3A District: 51.43# 2021 Mary Clarke				
54.20 STAT 3A State				
Name	Yr	Team	Prelim Time	
Preliminaries				
1	Buchholz, Dan	10 SW	54.64	q
	26.56	28.08		
2	Vuong, Jeslyn	12 MLT	54.69	q
	25.95	28.74		
3	Buechler-Flack, Dylai	09 MDHS	54.92	q
	26.17	28.75		
4	McLaughlin, Raine	12 SHRRCR	57.59	q
	27.68	29.91		
5	Huber, Olivia	11 SNO	57.76	q
	27.57	30.19		
6	Foral, Vivian	11 SW	58.92	q
	27.77	31.15		

7	Detjen, Tatumn	11 EWHS	58.94	q
	28.20	30.74		
8	Reeves, Lauren	11 SHRRCR	59.66	q
	28.59	31.07		
9	Penaluna, Olivia	09 EWHS	1:00.06	q
	28.66	31.40		
10	Bergan, Maya	09 EWHS	1:00.19	q
	28.73	31.46		
11	Ward, Sadie	11 EWHS	1:00.54	q
	28.30	32.24		
12	Martin, Natalia	11 SW	1:01.88	q
	28.92	32.96		
13	Misner, Cal	12 SNO	1:03.21	q
	29.66	33.55		
14	Meyer, Tessa	10 OHHS	1:03.30	q
	30.25	33.05		
15	Johnson, Quinn	12 SHRRCR	1:03.40	q
	29.83	33.57		
16	Cody, Sabrina	12 MON	1:03.77	q
	29.23	34.54		
17	Halset, Mia	11 SHRRCR	1:03.93	
	30.05	33.88		
18	Dilworth, Faith	12 STAN	1:04.68	
	29.99	34.69		
19	Ingram, Mattea	12 STAN	1:04.71	
	30.27	34.44		
20	Marquis, Alex	09 STAN	1:04.85	
	30.93	33.92		
21	Stroh, Ranie	11 SW	1:05.77	
	30.78	34.99		
22	Martynyuk, Eva	12 SNO	1:06.78	
	31.52	35.26		
23	Moore, Kensi	12 SNO	1:07.88	
	31.99	35.89		
24	Caceda, Hailey	11 OHHS	1:08.01	
	32.56	35.45		
25	Swanberg, Paige	12 MON	1:08.12	
	32.32	35.80		
26	Abrahamyan, Bella	11 LHS	1:08.28	
	32.48	35.80		
27	Truong, Bella	10 EV	1:08.80	
	32.32	36.48		
28	Swanson, Olivia	11 MDHS	1:15.91	
	34.07	41.84		
29	Boyd, Alexis	12 SEDRO	1:18.43	
	35.94	42.49		
30	Boldt, Eleanor	10 FERN	1:19.73	
	37.75	41.98		
---	Dowd, Danika	11 MV		DQ
---	Legg, Jazmyn	12 STAN		DFS

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#8 Girls 500 Yard Free					#8 Girls 500 Yard Free								
3A District: 4:59.12# 1996 Tera Sherard					3A District: 4:59.12# 1996 Tera Sherard								
5:20.50 STAT 3A State					5:20.50 STAT 3A State								
Name	Yr	Team	Finals Time		Name	Yr	Team	Prelim Time					
A - Final					Finals								
1 Whorley, Quinn	12	SHRCR	5:07.87	STAT	13 Forbes, Lila	11	OHHS	6:06.15					
28.55	30.35	30.77	30.56		32.76	36.67	37.50	37.40	9 Anderson, Nina				
30.69	31.22	31.61	31.44		37.46	37.60	37.71	37.76	11 MDHS				
31.72	30.96				36.82	34.47			5:57.12 q				
2 MacDonald, Zoe	11	EWHS	5:29.63		14 Polasek, Presley	12	STAN	6:10.25		31.47	34.70	35.97	36.28
29.33	32.47	33.33	33.61		32.57	36.44	36.98	37.32	35.89	35.84	36.48	37.08	
33.68	33.47	33.54	33.72		37.57	36.86	37.75	38.48	37.36	36.05			
33.57	32.91				38.34	37.94			10 Hoff, Paulina	12	SW	6:00.37 q	
3 Phillips, Charlotte	09	SHRCR	5:33.59		15 Munoz, Eileen	10	MV	6:17.82		31.60	35.39	36.26	36.24
29.27	32.26	32.66	32.95		33.71	36.84	37.86	38.94	36.54	36.65	37.02	37.26	
33.79	34.03	34.41	36.07		39.34	38.80	39.83	39.39	37.26	36.15			
35.87	32.28				38.53	34.58			11 Peterson, Lauren	11	SNO	6:01.66 q	
4 Paul, Anna	09	STAN	5:34.00		16 Smith, Caitlyn	12	SNO	6:18.30		31.50	35.41	37.16	37.62
29.57	33.02	33.49	15.01		33.64	37.31	38.48	38.90	37.38	37.21	37.64	37.66	
15.00	14.99	15.01	15.00		38.60	38.78	39.30	39.54	35.79	34.29			
15.00	2:27.91				38.32	35.43			12 Stinson, Makenzie	12	SNO	6:05.32 q	
5 Kuntz, Sophia	09	SNO	5:35.82		#8 Girls 500 Yard Free					31.59	35.46	36.65	36.80
29.44	32.82	33.92	34.24		3A District: 4:59.12# 1996 Tera Sherard					37.16	37.64	38.23	38.22
34.73	35.13	34.35	34.85		5:20.50 STAT 3A State					37.59	35.98		
34.07	32.27				Name Yr Team Prelim Time					13 Stedman, Alice	10	EWHS	6:07.89 q
6 Lombard, Katherine	12	MLT	5:37.65		1 Whorley, Quinn	12	SHRCR	5:06.38	qSTAT	31.76	35.18	37.93	37.95
30.05	32.99	33.86	34.32		28.70	30.35	30.68	31.18	37.70	38.13	38.13	37.61	
34.31	34.64	34.91	34.54		31.13	31.16	30.67	30.75	37.28	36.22			
34.55	33.48				31.28	30.48			14 Forbes, Lila	11	OHHS	6:12.24 q	
7 Zastoupil, Sarah	12	STAN	5:42.62		2 Paul, Anna	09	STAN	5:33.53	q	32.48	36.13	37.96	37.97
29.67	32.93	34.23	34.37		29.06	33.19	34.06	33.87	38.36	38.43	38.63	39.39	
35.20	36.24	35.99	35.66		34.27	34.27	34.62	34.81	37.08	35.81			
35.02	33.31				33.63	31.75			15 Munoz, Eileen	10	MV	6:16.10 q	
8 Anderson, Hazel	12	SHRCR	5:53.75		3 Kuntz, Sophia	09	SNO	5:39.11	q	33.75	36.33	37.78	38.09
30.89	33.94	35.18	36.43		29.76	33.76	35.20	35.30	39.65	38.69	39.79	39.32	
36.20	36.99	36.97	36.93		35.36	34.84	34.05	34.44	37.53	35.17			
35.70	34.52				34.19	32.21			16 Polasek, Presley	12	STAN	6:16.70 q	
B - Final					4 MacDonald, Zoe	11	EWHS	5:39.45	q	33.27	36.86	37.35	37.00
9 Peterson, Lauren	11	SNO	5:54.74		30.35	33.42	34.10	34.43	37.85	38.43	38.96	39.29	
31.20	34.86	35.48	36.00		34.91	34.94	34.88	34.90	39.58	38.11			
36.35	36.62	36.89	27.96		34.52	33.00			17 Smith, Caitlyn	12	SNO	6:17.23	
44.61	34.77				5 Lombard, Katherine	12	MLT	5:40.19	q	33.17	36.81	37.67	38.41
10 Hoff, Paulina	12	SW	5:55.06		30.20	32.89	33.80	34.25	38.62	38.96	39.06	39.01	
31.49	34.96	35.80	36.14		34.76	34.88	35.07	35.28	39.23	36.29			
36.22	36.15	36.49	36.30		35.50	33.56			18 Parsons, Audrina	10	SHRCR	6:26.45	
36.39	35.12				6 Phillips, Charlotte	09	SHRCR	5:43.30	q	32.88	35.80	38.41	39.92
11 Stedman, Alice	10	EWHS	6:04.94		30.46	33.10	34.46	34.16	40.01	40.75	40.23	40.53	
31.81	35.21	36.51	37.40		34.28	34.64	35.41	35.99	40.87	37.05			
37.46	38.36	37.89	37.17		36.44	34.36			19 Whitehill, Anika	12	SW	6:30.13	
37.62	35.51				7 Zastoupil, Sarah	12	STAN	5:52.78	q	33.93	37.74	38.90	39.80
12 Stinson, Makenzie	12	SNO	6:05.99		29.17	32.81	35.12	35.73	39.91	40.40	39.79	41.02	
32.17	35.33	36.30	36.98		36.47	37.38	38.13	36.97	40.53	38.11			
37.99	37.68	37.93	37.61		8 Anderson, Hazel	12	SHRCR	5:53.88	q	40.27	40.36	40.91	40.91
37.92	36.08				31.35	34.41	36.06	35.86	41.08	39.72			
					35.82	36.11	36.48	36.97	21 Graff, Avery	09	MON	6:36.95	
					35.79	35.03			33.88	38.94	40.29	41.34	
									41.70	41.77	41.14	41.32	
									22 Lucero, Taryn	11	OHHS	6:39.32	
									40.05	36.52			
									41.21	41.23	41.66	41.47	
									40.64	37.97			

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

Preliminaries ... (#8 Girls 500 Yard Free)					3 STAN					2 EWHS				
23	Saleska, Joy	11 SW	6:39.75		Legg, Jazmyn 12	A	1:50.38			Detjen, Tatumn 11	A	1:46.47	q	
	33.75	37.98	39.81	41.23	Dilworth, Faith 12					Bergan, Maya 09				
	40.92	42.12	41.84	42.68	Paul, Anna 09					Morales-Tomas, Madison 11				
	40.52	38.90			27.53	28.28	27.59	26.98		26.71	28.94	50.82		
24	Alook, Sadie	09 EWHS	6:39.97		4 OHHS	A	1:55.80			3 STAN	A	1:50.63	q	
	33.73	37.69	40.39	40.74	Wasinger, Rylee 09					Legg, Jazmyn 12				
	41.72	42.35	41.55	41.38	Forbes, Lila 11					Dilworth, Faith 12				
	40.94	39.48			28.66	35.50	23.29	28.35		Paul, Anna 09				
25	Beeman, Linden	11 SW	6:41.06		5 SNO	A	1:57.11			28.21	28.10	26.81	27.51	
	34.03	39.36	40.78	40.98	Forner, Martina 12					4 SW	A	1:51.21	q	
	41.26	42.08	41.69	41.65	Stinson, Makenzie 12					Foral, Vivian 11				
	41.49	37.74			28.44	29.57	29.02	30.08		Stroh, Ranie 11				
26	Muise, Jenna	11 MG	6:44.23		6 MG	A	2:00.83			27.27	27.73	28.71	27.50	
	34.63	39.04	40.53	41.11	Abele, Emma 12					5 SNO	A	1:57.76	q	
	41.77	41.85	41.98	42.87	Muise, Jenna 11					Forner, Martina 12				
	41.12	39.33			31.51	28.93	31.40	28.99		Stinson, Makenzie 12				
27	Miller, Sophia	12 EWHS	6:57.39		7 MON	A	2:03.32			28.86	29.84	29.37	29.69	
	35.07	38.78	41.40	42.10	Magruder, Ava 10					6 OHHS	A	1:58.67	q	
	43.23	42.59	43.77	44.21	Swanberg, Paige 12					Caceda, Hailey 11				
	44.27	41.97			32.11	31.86	30.05	29.30		Wasinger, Rylee 09				
28	Jackson, Emma	10 MV	6:57.50		--- MLT	A	DQ			29.11	32.36	34.59	22.61	
	37.33	41.62	42.32	43.00	Beam, Lisa 10					7 MON	A	2:03.27	q	
	42.94	42.29	42.12	42.17	Lombard, Katherine 12					Marr, Lexi 11				
	42.42	41.29			26.05	26.16	26.37			Magruder, Ava 10				
29	Deuman, Jocelyn	11 LHS	7:30.86		B - Final					29.74	32.47	30.40	30.66	
	40.02	44.98	45.57	45.33	9 EV	A	2:04.08			8 MG	A	2:03.45	q	
	45.83	46.50	47.53	47.33	Royce, Kyla 11					Abele, Emma 12				
	46.01	41.76			Larama, Tegan 10					Muise, Jenna 11				
30	Wyatt, Kathryn	11 EV	7:33.80		31.30	31.29	33.37	28.12		32.49	29.28	33.18	28.50	
	38.96	44.27	47.54	47.14	10 MV	A	2:04.69			9 EV	A	2:03.52	q	
	47.68	47.29	45.67	47.21	George, Amelia 12					Royce, Kyla 11				
	46.23	41.81			Jackson, Emma 10					Larama, Tegan 10				
31	Sande, Emma	10 FERN	7:41.90		32.87	30.68	31.34	29.80		31.10	30.94	32.06	29.42	
	39.54	44.50	47.35	46.89	11 LHS	A	2:09.37			10 MV	A	2:07.57	q	
	47.38	47.88	48.38	48.76	Deuman, Jocelyn 11					George, Amelia 12				
	48.16	43.06			Abrahamyan, Bella 11					Jackson, Emma 10				
32	Bullard, Gwen	11 SEDRO	8:11.36		32.86	32.71	37.52	26.28		32.37	31.60	32.88	30.72	
	40.50	47.35	48.39	50.40	12 FERN	A	2:14.19			11 LHS	A	2:11.76	q	
	51.91	50.87	52.85	50.93	Brown, Aiyanna 12					Hanchinamani, Shifa 12				
	52.37	45.79			Sande, Emma 10					Abrahamyan, Bella 11				
					33.78	39.98	26.48	33.95		34.67	38.41	28.17	30.51	
					13 MDHS	A	2:18.04			12 FERN	A	2:12.12	q	
					Curtis, Helen 09					Brown, Aiyanna 12				
					Swanson, Olivia 11					Esparza, Cara 10				
					34.92	33.47	33.91	35.74		Esparza, Cara 10				
					14 SEDRO	A	2:18.25			13 SEDRO	A	2:14.68	q	
					Boyd, Alexis 12					Martin, Genny 11				
					Bullard, Gwen 11					Bullard, Gwen 11				
					34.77	38.88	39.38	25.22		1:41.74	32.94			
					#9 Girls 200 Yard Free Relay					14 MDHS	A	2:17.74	q	
					3A District: 1:40.68# 2005 Squalicum					Curtis, Helen 09				
					1:42.75 STAT 3A State					Swanson, Olivia 11				
					Team Relay Prelim Time					34.67	33.71	1:09.36		
					A - Final					--- SHRCR	A	DQ		
					1 SW	A	1:45.49			Phillips, Charlotte 09				
					Foral, Vivian 11					Reeves, Lauren 11				
					Martin, Natalia 11					26.48	26.52	27.12		
					26.76	26.69	27.27	24.77						
					2 EWHS	A	1:45.59							
					Detjen, Tatumn 11									
					Bates, Sydney 11									
					26.49	26.80	26.54	25.76						
					Preliminaries									
					1 MLT	A	1:45.35	q						
					Beam, Lisa 10									
					Lombard, Katherine 12									
					54.04	26.82	24.62							

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#10 Girls 100 Yard Back

3A District: 55.73# 2002 Rebecca Sturdy
59.50 STAT 3A State

Name	Yr	Team	Finals Time
A - Final			
1 Bennett, Simone	12	EWHS	59.37 STAT
			28.51 30.86
2 Buechler-Flack, Dyla	09	MDHS	1:00.93
			29.42 31.51
3 Garcia, Olivia	10	EWHS	1:02.53
			30.53 32.00
4 McLaughlin, Raine	12	SHRCR	1:04.39
			31.57 32.82
5 Gallagher, Allie Mae	11	SW	1:04.88
			30.42 34.46
6 Anderson, Nina	11	MDHS	1:05.37
			31.33 34.04
7 Carlson, Katherine	10	MG	1:06.65
			32.39 34.26
8 Lee, Caitlin	09	LHS	1:08.17
			32.72 35.45
B - Final			
9 Temme, Walker	10	SHRCR	1:08.06
			33.01 35.05
10 Sieling, October	12	MON	1:08.31
			32.85 35.46
11 Falkin, Addy	11	SW	1:09.18
			33.51 35.67
12 Betancourt, Emma	10	SNO	1:09.37
			33.41 35.96
13 Wasinger, Rylee	09	OHHS	1:10.42
			33.95 36.47
14 Van Dyk, Alex	09	MV	1:10.63
			33.98 36.65
15 Le, Grace	12	EWHS	1:15.01
			35.80 39.21
16 Miner, Ally	12	SHRCR	1:16.16
			36.48 39.68

#10 Girls 100 Yard Back

3A District: 55.73# 2002 Rebecca Sturdy
59.50 STAT 3A State

Name	Yr	Team	Prelim Time
Preliminaries			
1 Bennett, Simone	12	EWHS	59.38 qSTAT
			28.54 30.84
2 Buechler-Flack, Dyla	09	MDHS	1:00.57 q
			29.36 31.21
3 Garcia, Olivia	10	EWHS	1:01.89 q
			29.77 32.12
4 Gallagher, Allie Mae	11	SW	1:04.42 q
			30.54 33.88
5 McLaughlin, Raine	12	SHRCR	1:04.56 q
			31.49 33.07
6 Anderson, Nina	11	MDHS	1:05.87 q
			32.17 33.70

7 Carlson, Katherine	10	MG	1:07.15 q
			32.71 34.44
8 Lee, Caitlin	09	LHS	1:07.97 q
			33.11 34.86
9 Temme, Walker	10	SHRCR	1:08.39 q
			32.93 35.46
10 Betancourt, Emma	10	SNO	1:08.57 q
			32.85 35.72
11 Sieling, October	12	MON	1:08.79 q
			32.30 36.49
12 Falkin, Addy	11	SW	1:09.19 q
			33.31 35.88
13 Van Dyk, Alex	09	MV	1:10.03 q
			33.64 36.39
14 Wasinger, Rylee	09	OHHS	1:10.66 q
			34.79 35.87
15 Le, Grace	12	EWHS	1:14.39 q
			35.25 39.14
16 Miner, Ally	12	SHRCR	1:14.67 q
			35.72 38.95
17 Mitchell, Sarah	09	SW	1:15.80
			36.42 39.38
18 Waters, Madison	09	SNO	1:17.05
			38.26 38.79
19 Flickner, Olivia	12	STAN	1:17.23
			37.40 39.83
20 Martynyuk, Eva	12	SNO	1:18.24
			38.56 39.68
21 Moeller, Skylar	12	STAN	1:18.43
			38.08 40.35
22 Graff, Avery	09	MON	1:18.61
			37.85 40.76
23 Suitonu, Sina	12	SNO	1:18.98
			37.68 41.30
24 Frohlich, Lauren	12	SW	1:19.03
			38.01 41.02
25 Royce, Kyla	11	EV	1:19.19
			37.42 41.77
26 Anderson, Phoenix	10	STAN	1:19.54
			37.92 41.62
27 Lee, Hannah	12	SHRCR	1:19.72
			39.50 40.22
28 George, Amelia	12	MV	1:20.35
			37.00 43.35
29 Rolstad, Mackenzie	10	MLT	1:21.78
			39.81 41.97
30 Brown, Aiyanna	12	FERN	1:27.25
			39.23 48.02
31 Stark, Kimberlie	11	SEDRO	1:27.52
			42.45 45.07

#11 Girls 100 Yard Breast

3A District: 1:04.44# 2019 Jetlynn Hau
1:08.30 STAT 3A State

Name	Yr	Team	Finals Time
A - Final			
1 Howson, Aila	12	SHRCR	1:06.55 STAT
			31.97 34.58
2 Coates, Rebecca	12	LHS	1:10.04
			33.53 36.51
3 Detjen, Tatumn	11	EWHS	1:11.31
			33.70 37.61
4 Mirabueno, Malaina	12	SW	1:11.47
			32.66 38.81
5 Leptich, Avery	10	SHRCR	1:15.26
			35.32 39.94
6 Tra, Lauren	11	EWHS	1:15.31
			34.44 40.87
7 Grant, Rowyn	11	MON	1:17.21
			35.68 41.53
8 Rodriguez, Sophia	12	EWHS	1:17.29
			36.02 41.27
B - Final			
9 Ingram, Mattea	12	STAN	1:18.05
			36.25 41.80
10 Dilworth, Faith	12	STAN	1:18.20
			36.77 41.43
11 Stroh, Ranie	11	SW	1:20.63
			36.80 43.83
12 Hopper, Ada	09	SHRCR	1:21.36
			37.79 43.57
13 Gibson, Audrey	12	EWHS	1:21.74
			37.38 44.36
14 Forner, Martina	12	SNO	1:22.60
			38.25 44.35
15 Sjorgen, Bindi	12	MV	1:24.65
			38.90 45.75
16 Hollingsworth, Isla	11	STAN	1:31.76
			44.63 47.13

#11 Girls 100 Yard Breast

3A District: 1:04.44# 2019 Jetlynn Hau
1:08.30 STAT 3A State

Name	Yr	Team	Prelim Time
Preliminaries			
1 Howson, Aila	12	SHRCR	1:07.17 qSTAT
			32.26 34.91
2 Coates, Rebecca	12	LHS	1:10.18 q
			33.43 36.75
3 Mirabueno, Malaina	12	SW	1:10.72 q
			32.37 38.35
4 Detjen, Tatumn	11	EWHS	1:10.85 q
			33.72 37.13
5 Leptich, Avery	10	SHRCR	1:16.09 q
			36.24 39.85
6 Rodriguez, Sophia	12	EWHS	1:16.39 q
			36.04 40.35

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

Preliminaries ... (#11 Girls 100 Yard Breast)		
7 Grant, Rowyn	11 MON	1:16.59 q
34.79	41.80	
8 Tra, Lauren	11 EWHS	1:17.15 q
34.35	42.80	
9 Dilworth, Faith	12 STAN	1:19.05 q
37.13	41.92	
10 Ingram, Mattea	12 STAN	1:20.90 q
38.18	42.72	
11 Hopper, Ada	09 SHRCR	1:21.15 q
38.14	43.01	
12 Gibson, Audrey	12 EWHS	1:21.27 q
37.50	43.77	
13 Stroh, Ranie	11 SW	1:21.40 q
37.76	43.64	
14 Forner, Martina	12 SNO	1:21.44 q
38.29	43.15	
15 Sjorgen, Bindi	12 MV	1:23.01 q
38.43	44.58	
16 Hollingsworth, Isla	11 STAN	1:23.62 q
40.17	43.45	
17 Garbaccio, Gigi	10 SHRCR	1:23.78
39.11	44.67	
18 Fleshman, Rebekah	12 EV	1:24.75
40.13	44.62	
19 Ball, Leyna	10 MDHS	1:25.15
40.61	44.54	
20 Carlson, Kennedy	12 OHHS	1:25.77
39.62	46.15	
21 Tran, Mifa	12 MLT	1:26.92
40.16	46.76	
22 Stilwell, Poppy	11 SNO	1:27.95
42.09	45.86	
23 Goergen, Elizabeth	11 MDHS	1:28.80
40.69	48.11	
24 Abele, Emma	12 MG	1:30.48
42.28	48.20	
25 Selsor, Sarah	12 SEDRO	1:31.08
41.38	49.70	
26 Ruch-Brown, Carol	12 MG	1:31.58
42.40	49.18	
27 Mason, Claire	11 SNO	1:32.75
44.17	48.58	
28 Marter, Lily	11 SW	1:34.01
42.22	51.79	
29 Esparza, Cara	10 FERN	1:34.27
45.10	49.17	
30 Beeman, Linden	11 SW	1:35.70
45.02	50.68	
--- Boroughs, Ansley	11 MON	DQ
42.13		

#12 Girls 400 Yard Free Relay				
3A District: 3:37.98# 2016 Squalicum				
3:45.00 STAT 3A State				
Team	Relay	Finals Time		
A - Final				
1 SHRCR	A	3:43.85 STAT		
Phillips, Charlotte 09		McLaughlin, Raine 12		
Howson, Aila 12		Whorley, Quinn 12		
		27.13	57.02	27.20 56.75
		27.27	56.73	25.19 53.35
2 MLT	A	3:46.61		
Beam, Lisa 10		Patterson, Gretta 10		
Lombard, Katherine 12		Vuong, Jeslyn 12		
		26.89	55.99	27.79 58.77
		27.38	58.06	24.99 53.79
3 EWHS	A	3:52.56		
Ward, Sadie 11		Bennett, Simone 12		
MacDonald, Zoe 11		Garcia, Olivia 10		
		28.56	1:00.87	26.92 57.44
		27.63	58.01	27.00 56.24
4 SW	A	3:52.90		
Foral, Vivian 11		Gallagher, Allie Mae 11		
Mirabueno, Malaina 12		Buchholz, Dan 10		
		27.80	59.07	27.24 58.27
		28.11	59.46	26.41 56.10
5 STAN	A	4:01.06		
Paul, Anna 09		Plano, Sophie 11		
Zastoupil, Sarah 12		Legg, Jazmyn 12		
		28.77	1:00.41	28.94 1:01.32
		28.13	59.28	28.58 1:00.05
6 SNO	A	4:03.09		
Huber, Olivia 11		Misner, Cal 12		
Betancourt, Emma 10		Kuntz, Sophia 09		
		28.57	59.58	29.69 1:04.57
		28.67	1:01.23	27.03 57.71
7 LHS	A	4:12.43		
Matevosyan, Ofelia 12		Abrahamyan, Bella 11		
Lee, Caitlin 09		Coates, Rebecca 12		
		29.20	1:01.10	32.90 1:00.59
				28.87 1:00.59
8 MDHS	A	4:16.17		
Buechler-Flack, Dylan 09		Ball, Leyna 10		
Goergen, Elizabeth 11		Anderson, Nina 11		
		27.56	1:05.37	23.94 59.36
		32.43	1:10.24	29.05 1:01.20
B - Final				
9 MV	A	4:24.84		
Munoz, Eileen 10		Nore, Rhiannon 11		
Jones, Sadie 11		Van Dyk, Alex 09		
		31.10	1:05.62	33.44 1:13.55
		31.16	1:04.81	29.01 1:00.86
10 OHHS	A	4:34.21		
Carlson, Kennedy 12		White, Riley 10		
Lucero, Taryn 11		Caceda, Hailey 11		
		32.64	1:09.19	33.16 1:10.26
		32.76	1:08.14	32.57 1:06.62

11 MON	A	4:34.62		
Graff, Avery 09		Ridout, Erin 11		
Swanberg, Paige 12		Marr, Lexi 11		
		31.60	1:06.01	35.07 1:15.60
		30.95	1:06.83	30.91 1:06.18
12 MG	A	4:41.19		
Carlson, Katherine 10		Muise, Jenna 11		
Ruch-Brown, Carol 12		Yanagida, Milee 11		
		30.76	1:03.02	33.55 1:10.39
		38.21	1:23.42	30.63 1:04.36
13 EV	A	4:58.64		
Wyatt, Kathryn 11		DiMartino, Elsbeth 10		
Luxmore, Lillian 10		Truong, Bella 10		
		34.86	1:14.14	36.62 1:55.37
		41.45	1:12.93	36.20
14 SEDRO	A	5:06.70		
Stark, Kimberlie 11		Bullard, Gwen 11		
Selsor, Sarah 12		Boyd, Alexis 12		
		37.53	1:29.49	27.82 1:09.15
		32.75	1:47.64	40.42
#12 Girls 400 Yard Free Relay				
3A District: 3:37.98# 2016 Squalicum				
3:45.00 STAT 3A State				
Team	Relay	Prelim Time		
Preliminaries				
1 SHRCR	A	3:49.37 q		
Phillips, Charlotte 09		Bendiksen, Anna 10		
Anderson, Hazel 12		Whorley, Quinn 12		
		27.35	57.20	27.59 58.95
		28.25	59.28	25.72 53.94
2 MLT	A	3:51.63 q		
Beam, Lisa 10		Patterson, Gretta 10		
Lombard, Katherine 12		Vuong, Jeslyn 12		
		27.63	57.06	28.33 1:01.50
		27.70	58.97	25.67 54.10
3 EWHS	A	3:55.22 q		
Ward, Sadie 11		Bennett, Simone 12		
MacDonald, Zoe 11		Garcia, Olivia 10		
		28.65	1:01.05	27.70 58.04
		28.61	59.90	26.92 56.23
4 SW	A	3:55.72 q		
Foral, Vivian 11		Gallagher, Allie Mae 11		
Mirabueno, Malaina 12		Buchholz, Dan 10		
		28.01	59.00	28.87 1:00.62
		15.65	59.75	26.58 56.35
5 SNO	A	4:04.11 q		
Huber, Olivia 11		Misner, Cal 12		
Betancourt, Emma 10		Kuntz, Sophia 09		
		28.24	59.15	29.60 1:04.30
		29.59	1:01.97	27.45 58.69
6 STAN	A	4:05.22 q		
Paul, Anna 09		Plano, Sophie 11		
Zastoupil, Sarah 12		Legg, Jazmyn 12		
		28.16	58.97	15.63 1:02.93
		28.68	1:00.19	29.72 1:03.13

WESCO 3A Girls Districts 2024 - 11/7/2024 to 11/9/2024

Results

Preliminaries ... (#12 Girls 400 Yard Free Relay)

7	LHS	A	4:14.75	q
	Matevosyan, Ofelia 12	Abrahamyan, Bella 11		
	Lee, Caitlin 09	Coates, Rebecca 12		
	29.16	1:01.56	32.92	1:09.88
	29.08	1:02.29	29.17	1:01.02
8	MDHS	A	4:19.44	q
	Buechler-Flack, Dylan 09	Ball, Leyna 10		
	Goergen, Elizabeth 11	Anderson, Nina 11		
	26.94	56.55	33.25	1:09.48
	34.13	1:12.36	28.83	1:01.05
9	MV	A	4:29.91	q
	Munoz, Eileen 10	Nore, Rhiannon 11		
	Jones, Sadie 11	Van Dyk, Alex 09		
	30.02	1:03.67	34.30	1:13.46
	33.73	1:09.30	29.90	1:03.48
10	MON	A	4:40.34	q
	Swanberg, Paige 12	Ridout, Erin 11		
	Marr, Lexi 11	Graff, Avery 09		
	32.96	1:09.61	34.79	1:15.02
	31.94	1:07.15	32.48	1:08.56
11	MG	A	4:45.01	q
	Carlson, Katherine 10	Muise, Jenna 11		
	Ruch-Brown, Carol 12	Yanagida, Milee 11		
	30.34	1:03.04	34.82	1:14.64
	39.17	1:23.90	29.78	1:03.43
12	OHHS	A	4:45.78	q
	Carlson, Kennedy 12	White, Riley 10		
	Whitley, Indiana 12	Caceda, Hailey 11		
	34.12	1:12.32	33.49	1:15.65
	29.71	1:09.10	32.88	1:08.71
13	SEDRO	A	5:24.44	q
	Bullard, Gwen 11	Stark, Kimberlie 11		
	Selsor, Sarah 12	Boyd, Alexis 12		
	38.38	1:32.81	29.65	1:13.33
	37.22	1:55.12	43.18	
14	EV	A	5:29.26	q
	Wyatt, Kathryn 11	Barkhuff, Abby 09		
	DiMartino, Elsbeth 10	Luxmore, Lillian 10		
	35.59	1:16.89	42.50	1:34.83
	15.02	34.86	45.93	2:02.68

Scores - Women

Women - Team Rankings - Through Event 14

1.	Edmonds-Woodway	404
2.	Shorecrest	390
3.	Shorewood	310
4.	Snohomish	203
5.	Stanwood	182
6.	Mtlake Terrace	142
7.	Monroe	133
8.	Lynnwood	123
9.	Mville-Getchell	83
9.	Oak Harbor	83
11.	Meadowdale	76
12.	Mount Vernon	65
13.	Everett	40
14.	Ferndale	18
14.	Sedro Woolley	18

#13 Girls 50 Yard Free

3A District: 39.87# 2024 Rylan Milliron
24.70 STAT 3A State

Name	Yr	Team	Finals Time
1 Milliron, Rylan	09	OHHS	39.87#
2 Phan, Vivian	11	LHS	51.04
3 Long, Samantha	11	STAN	1:11.55

#14 Girls 50 Yard Back

3A District: 50.50# 2022 Rylan Milliron

Name	Yr	Team	Finals Time
1 Milliron, Rylan	09	OHHS	50.50#
2 Phan, Vivian	11	LHS	58.79
3 Long, Samantha	11	STAN	1:23.15