

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#1 Girls 200 Yard Medley Relay

4A District: 1:48.00# 2017 Kamiak

Vo, Hatscher, Collinge, Straume

1:53.50 STAT 4A State

Team	Relay	Finals Time		
A - Final				
1 JHS	A	1:52.40 STAT		
Wang, Megan 12		Abrigo, Mia 10		
Fritts, Hanna 10		Yefremova, Krystyna 09		
28.85	31.31	27.22	25.02	
2 KAM	A	1:56.92		
Lorenzo, Julia 12		Ryu, Janey 12		
Zou, Katie 11		Cho, Iris 12		
28.09	34.37	28.55	25.91	
3 LS	A	1:58.29		
Garingo, Jessica 12		Young, Gracie 12		
Werner, Gwen 10		Kimura, Nagi 11		
30.79	33.73	28.40	25.37	
4 CAS	A	2:07.87		
Dewing, Alana 10		Phut, May 10		
Nguyen, Nhi 12		Lebeau, Caroline 12		
33.94	31.24	32.21	30.48	
5 GP	A	2:09.90		
Muncy, Brooke 12		Soeung, Melinda 12		
Vanturennot, Abigail 12		Huclova, Veronika 12		
34.29	36.03	31.89	27.69	
--- MAR	A	DQ		
Lam, Angelina 12		Linnyk, Karina 12		
Nguyen, Lucy 12		Sanchez-Solorio, Solanlly 1		
38.62	45.96	16.14		

#1 Girls 200 Yard Medley Relay

4A District: 1:48.00# 2017 Kamiak

Vo, Hatscher, Collinge, Straume

1:53.50 STAT 4A State

Team	Relay	Prelim Time		
Preliminaries				
1 JHS	A	1:53.15 qSTAT		
Wang, Megan 12		Abrigo, Mia 10		
Fritts, Hanna 10		Yefremova, Krystyna 09		
28.59	31.70	27.58	25.28	
2 KAM	A	2:00.20 q		
Lorenzo, Julia 12		Ryu, Janey 12		
Zou, Katie 11		Cho, Iris 12		
29.26	34.66	29.34	26.94	
3 LS	A	2:01.10 q		
Garingo, Jessica 12		Young, Gracie 12		
Werner, Gwen 10		Kimura, Nagi 11		
31.97	34.69	28.62	25.82	
4 CAS	A	2:10.40 q		
Dewing, Alana 10		Phut, May 10		
Nguyen, Nhi 12		Lebeau, Caroline 12		
33.61	32.00	34.08	30.71	
5 GP	A	2:11.66 q		
Yule, Libby 09		Munkhnasan, Namuun 10		
Heinson, Aubrey 10		Clarke, Addisyn 12		
33.19	36.43	33.58	28.46	

6 MAR	A	2:41.41 q		
Lam, Angelina 12		Linnyk, Karina 12		
Nguyen, Lucy 12		Sanchez-Solorio, Solanlly 1		
38.63	46.74	46.57	29.47	

#2 Girls 200 Yard Free

4A District: 1:51.63# 2001 Erica Chandler

1:59.50 STAT 4A State

Name	Yr	Team	Finals Time		
A - Final					
1 Song, Julia	11	JHS	1:54.99 STAT		
26.86	28.89	29.42	29.82		
2 Lehmann, Alena	12	GP	1:55.66 STAT		
27.09	29.15	29.69	29.73		
3 Fritts, Hanna	10	JHS	1:56.42 STAT		
26.85	29.31	30.24	30.02		
4 Park, Aida	12	KAM	2:08.81		
29.57	33.09	33.66	32.49		
5 Bowen, Addison	11	LS	2:08.91		
30.74	33.01	33.13	32.03		
6 Candland, Heidi	10	JHS	2:10.48		
31.24	33.30	33.63	32.31		
7 Gesick, Emily	10	LS	2:12.80		
29.98	33.40	34.84	34.58		
8 Allen, Mercer	10	LS	2:15.45		
31.18	33.95	35.07	35.25		
B - Final					
9 Schiebel, Gray	12	JHS	2:17.12		
31.96	34.41	35.54	35.21		
10 Lowell, Riley	11	GP	2:21.02		
30.32	34.11	37.54	39.05		
11 Harden, Ella	09	LS	2:22.07		
30.42	34.80	37.67	39.18		
12 Vandehey, Brooke	10	GP	2:23.07		
31.37	35.50	37.54	38.66		
13 Boonsripisal, McKen	11	KAM	2:26.71		
32.99	35.55	38.69	39.48		
14 Yule, Libby	09	GP	2:28.37		
33.64	38.14	39.77	36.82		
15 Griffin, Olivia	11	KAM	2:32.19		
34.61	38.55	40.43	38.60		
16 Dickerson, Maya	11	CAS	2:38.14		
36.18	39.49	41.24	41.23		

#2 Girls 200 Yard Free

4A District: 1:51.63# 2001 Erica Chandler

1:59.50 STAT 4A State

Name	Yr	Team	Prelim Time		
Preliminaries					
1 Song, Julia	11	JHS	1:56.96 qSTAT		
26.39	29.59	30.43	30.55		
2 Lehmann, Alena	12	GP	1:58.35 qSTAT		
27.39	29.82	30.74	30.40		
3 Fritts, Hanna	10	JHS	1:58.85 qSTAT		
27.33	30.37	31.08	30.07		
4 Park, Aida	12	KAM	2:07.39 q		
29.60	32.16	33.22	32.41		

5 Bowen, Addison	11	LS	2:09.62 q		
29.58	32.68	33.76	33.60		
6 Gesick, Emily	10	LS	2:12.55 q		
29.35	33.58	35.13	34.49		
7 Candland, Heidi	10	JHS	2:13.30 q		
31.87	34.06	33.85	33.52		
8 Allen, Mercer	10	LS	2:16.70 q		
30.84	34.85	35.64	35.37		
9 Lowell, Riley	11	GP	2:18.56 q		
30.64	34.56	36.90	36.46		
10 Schiebel, Gray	12	JHS	2:20.07 q		
32.24	34.79	36.56	36.48		
11 Harden, Ella	09	LS	2:21.46 q		
30.51	34.68	38.01	38.26		
12 Vandehey, Brooke	10	GP	2:21.77 q		
30.93	36.01	37.22	37.61		
13 Boonsripisal, McKen	11	KAM	2:25.67 q		
33.29	36.52	37.45	38.41		
14 Yule, Libby	09	GP	2:27.00 q		
33.52	36.96	39.50	37.02		
15 Griffin, Olivia	11	KAM	2:36.61 q		
36.19	40.35	40.37	39.70		
16 Dickerson, Maya	11	CAS	2:42.13 q		
34.96	40.46	42.48	44.23		
17 Barnes, Kate	10	KAM	2:45.59		
37.81	42.12	43.20	42.46		
18 Navarro, Sherlene	11	CAS	2:57.24		
39.40	45.46	46.07	46.31		
19 Anderson, Maya	12	CAS	2:57.44		
40.59	45.43	46.82	44.60		
20 Russell, Mena	12	CAS	3:00.42		
39.20	45.44	49.00	46.78		
21 Perez, Angie	10	MAR	3:04.37		
38.79	45.55	50.09	49.94		

#3 Girls 200 Yard IM

4A District: 2:01.50# 2008 Amber McDermott

2:13.50 STAT 4A State

Name	Yr	Team	Finals Time		
A - Final					
1 Hoyla, Olivia	12	JHS	2:08.98 STAT		
28.11	31.25	38.56	31.06		
2 Sullivan, Keelie	11	GP	2:12.92 STAT		
28.28	32.28	40.14	32.22		
3 Gabor, Sakura	10	JHS	2:17.66		
29.85	35.83	40.56	31.42		
4 Abrigo, Mia	10	JHS	2:21.10		
29.64	37.53	39.81	34.12		
5 Takano, Jolie	11	GP	2:30.48		
32.76	38.82	45.54	33.36		
6 Young, Gracie	12	LS	2:32.87		
33.50	39.48	42.59	37.30		
7 Catli, Lindsay	12	JHS	2:36.44		
34.39	39.86	44.31	37.88		
8 Vanturennot, Abiga	12	GP	2:41.94		
35.66	42.26	47.54	36.48		

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

B - Final ... (#3 Girls 200 Yard IM)				
B - Final				
Name	Yr	Team	Prelim Time	
9 Miller, Ainsley	11	LS	2:47.93	
37.97	41.05	50.85	38.06	
10 Ge, Fiona	10	KAM	2:47.94	
40.60	44.57	49.25	33.52	
11 Thacker, Lyla	12	LS	2:48.03	
36.59	39.34	53.01	39.09	
12 Muncy, Brooke	12	GP	2:54.97	
35.92	40.10	53.91	45.04	
13 Trabanino, Gabby	10	LS	3:00.01	
39.66	45.78	56.41	38.16	
14 Atkinson, Sophie	12	CAS	3:20.74	
42.85	56.00	54.96	46.93	
15 Huynh, Vivian	12	MAR	3:21.00	
43.59	51.57	59.34	46.50	
16 Lee, Nina	11	CAS	3:33.40	
48.27	53.75	1:04.01	47.37	
#3 Girls 200 Yard IM				
4A District: 2:01.50# 2008 Amber McDermott				
2:13.50 STAT 4A State				
Name	Yr	Team	Prelim Time	
Preliminaries				
1 Hoyla, Olivia	12	JHS	2:10.65	qSTAT
28.27	32.10	39.55	30.73	
2 Sullivan, Keelie	11	GP	2:13.42	qSTAT
28.08	31.95	40.69	32.70	
3 Gabor, Sakura	10	JHS	2:18.48	q
29.64	36.00	41.04	31.80	
4 Abrigo, Mia	10	JHS	2:21.02	q
29.65	37.13	40.36	33.88	
5 Takano, Jolie	11	GP	2:32.25	q
31.66	37.99	47.12	35.48	
6 Young, Gracie	12	LS	2:33.56	q
33.64	40.11	41.94	37.87	
7 Vanturennout, Abiga	12	GP	2:36.65	q
34.15	38.55	46.68	37.27	
8 Catli, Lindsay	12	JHS	2:40.28	q
33.95	40.37	47.48	38.48	
9 Miller, Ainsley	11	LS	2:41.32	q
36.15	40.39	48.72	36.06	
10 Ge, Fiona	10	KAM	2:48.67	q
40.01	43.86	47.25	37.55	
11 Thacker, Lyla	12	LS	2:48.81	q
37.58	39.16	53.57	38.50	
12 Trabanino, Gabby	10	LS	2:55.51	q
37.33	44.08	55.98	38.12	
13 Muncy, Brooke	12	GP	2:56.22	q
36.98	41.46	54.68	43.10	
14 Huynh, Vivian	12	MAR	3:18.82	q
43.70	51.43	58.17	45.52	
15 Atkinson, Sophie	12	CAS	3:24.40	q
42.79	56.75	56.05	48.81	
16 Lee, Nina	11	CAS	3:34.45	q
50.50	53.22	1:04.28	46.45	

17 Pendleton, Terefech	11	CAS	3:40.06	
42.53	51.83	1:19.69	46.01	
--- Meyer, Raegan	11	CAS	DQ	
38.42	47.94	54.91		
#4 Girls 50 Yard Free				
4A District: 22.80# 2017 Emma Carlton				
25.00 STAT 4A State				
Name	Yr	Team	Finals Time	
A - Final				
1 Anderson, Elissa	11	JHS	24.96	STAT
2 Yefremova, Krystyna	09	JHS	25.32	
3 Maley, Megan	10	GP	25.47	
4 Kimura, Nagi	11	LS	25.66	
5 Phut, May	10	CAS	26.21	
6 Lehmann, Emma	10	GP	26.32	
7 Cho, Iris	12	KAM	26.58	
8 Smasne, Cassandra	12	JHS	26.68	
B - Final				
9 Werner, Gwen	10	LS	27.13	
10 Cordoba, Sienna	10	KAM	27.20	
11 Huclova, Veronika	12	GP	27.71	
12 Nguyen, Nhi	12	CAS	27.94	
14 Truong, Julia	12	KAM	28.45	
15 Guerra, Jillian	12	JHS	28.91	
16 Hardy, Ellie	12	LS	28.93	
#4 Girls 50 Yard Free				
4A District: 22.80# 2017 Emma Carlton				
25.00 STAT 4A State				
Name	Yr	Team	Prelim Time	
Preliminaries				
1 Anderson, Elissa	11	JHS	25.05	q
2 Maley, Megan	10	GP	25.70	q
3 Kimura, Nagi	11	LS	25.82	q
4 Yefremova, Krystyna	09	JHS	25.91	q
5 Phut, May	10	CAS	26.20	q
6 Lehmann, Emma	10	GP	26.37	q
7 Cho, Iris	12	KAM	26.98	q
8 Smasne, Cassandra	12	JHS	27.01	q
9 Cordoba, Sienna	10	KAM	27.25	q
10 Werner, Gwen	10	LS	27.33	q
11 Huclova, Veronika	12	GP	27.76	q
12 Nguyen, Nhi	12	CAS	27.91	q
13 Clarke, Addisyn	12	GP	28.28	q
14 Hardy, Ellie	12	LS	28.76	q
15 Guerra, Jillian	12	JHS	28.83	q
16 Truong, Julia	12	KAM	28.89	q
17 Haack, Makayla	10	LS	29.08	
18 Gebretsadik, Saraim	12	KAM	30.08	
19 Lebeau, Caroline	12	CAS	31.26	
20 Beebe, Lilly	11	CAS	31.46	
21 Sanchez-Solorio, Sol	12	MAR	33.81	
22 Lam, Angelina	12	MAR	33.90	

#5 Girls 1 mtr Diving				
4A District: 422.50# 2024 Addison Farman				
315.00 STAT 4A State				
Name	Yr	Team	Finals Score	
Finals				
1 Farman, Addison	12	GP	422.50#	STAT
2 Butler, Claire	11	GP	358.35	STAT
3 Grevenkamp, Timbre	09	JHS	292.45	
4 Conley, Olivia	11	GP	256.95	
5 Miga, Lily	11	KAM	214.00	
6 Matias, Cailin	09	LS	204.95	
7 Clarke, Addisyn	12	GP	203.85	
8 Upadhyay, Avishi	10	JHS	198.00	
9 Waterstraw, Kennedy	11	KAM	194.55	
--- Parungao, Dhamin	11	JHS	DQ	
#5 Girls 1 mtr Diving				
4A District: 422.50# 2024 Addison Farman				
315.00 STAT 4A State				
Name	Yr	Team	Prelim Score	
Preliminaries				
1 Farman, Addison	12	GP	299.50	q
2 Butler, Claire	11	GP	263.85	q
3 Grevenkamp, Timbre	09	JHS	207.80	q
4 Conley, Olivia	11	GP	174.90	q
5 Miga, Lily	11	KAM	150.15	q
6 Upadhyay, Avishi	10	JHS	149.95	q
7 Parungao, Dhamin	11	JHS	146.60	q
8 Matias, Cailin	09	LS	141.20	q
9 Clarke, Addisyn	12	GP	140.75	q
10 Waterstraw, Kennedy	11	KAM	140.65	q
#6 Girls 100 Yard Fly				
4A District: 53.33# 2017 Emma Carlton				
59.60 STAT 4A State				
Name	Yr	Team	Finals Time	
A - Final				
1 Lorenzo, Julia	12	KAM	59.82	
28.08	31.74			
2 Anderson, Elissa	11	JHS	1:00.01	
27.63	32.38			
3 Wang, Megan	12	JHS	1:01.26	
28.48	32.78			
4 Zou, Katie	11	KAM	1:05.07	
29.50	35.57			
5 Werner, Gwen	10	LS	1:06.40	
29.45	36.95			
6 Gesick, Emily	10	LS	1:06.82	
32.61	34.21			
7 Takano, Jolie	11	GP	1:09.51	
32.54	36.97			
8 Schiebel, Gray	12	JHS	1:09.92	
32.64	37.28			
B - Final				
9 Garingo, Jessica	12	LS	1:09.22	
32.42	36.80			

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

B - Final ... (#6 Girls 100 Yard Fly)

10	Zhang, Carolyn	09 JHS	1:10.49
	31.93	38.56	
11	Huclova, Veronika	12 GP	1:10.78
	33.40	37.38	
12	Kim, Joylynn	09 LS	1:17.46
	35.17	42.29	
13	Heinson, Aubrey	10 GP	1:17.51
	34.25	43.26	
14	Meyer, Raegan	11 CAS	1:22.51
	38.15	44.36	
15	Vanturennot, Abiga	12 GP	1:22.56
	38.52	44.04	
16	Keflemariam, Grace	12 KAM	1:26.36
	38.28	48.08	

#6 Girls 100 Yard Fly
4A District: 53.33# 2017 Emma Carlton
59.60 STAT 4A State

Name	Yr	Team	Prelim Time
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Preliminaries

1	Anderson, Elissa	11 JHS	59.78 q
	27.80	31.98	
2	Wang, Megan	12 JHS	1:01.05 q
	28.46	32.59	
3	Lorenzo, Julia	12 KAM	1:02.49 q
	29.49	33.00	
4	Werner, Gwen	10 LS	1:06.00 q
	30.38	35.62	
5	Zou, Katie	11 KAM	1:06.68 q
	30.67	36.01	
6	Takano, Jolie	11 GP	1:08.07 q
	31.60	36.47	
7	Gesick, Emily	10 LS	1:08.79 q
	32.04	36.75	
8	Schiebel, Gray	12 JHS	1:10.82 q
	33.68	37.14	

9	Zhang, Carolyn	09 JHS	1:11.71 q
	33.48	38.23	
10	Huclova, Veronika	12 GP	1:11.76 q
	34.63	37.13	
11	Garingo, Jessica	12 LS	1:12.85 q
	33.83	39.02	
12	Vanturennot, Abiga	12 GP	1:17.84 q
	36.12	41.72	
13	Kim, Joylynn	09 LS	1:18.44 q
	34.59	43.85	
14	Heinson, Aubrey	10 GP	1:19.32 q
	34.84	44.48	
15	Meyer, Raegan	11 CAS	1:23.58 q
	39.23	44.35	
16	Keflemariam, Grace	12 KAM	1:24.67 q
	39.84	44.83	
17	Edwards, Ellie	11 CAS	1:27.40
	38.85	48.55	

18	Pendleton, Terefech	11 CAS	1:42.94
	44.09	58.85	

#7 Girls 100 Yard Free
4A District: 51.56# 2017 Elli Straume
54.50 STAT 4A State

Name	Yr	Team	Finals Time
A - Final			
1	Song, Julia	11 JHS	53.62 STAT
	25.66	27.96	
2	Maley, Megan	10 GP	55.77
	26.43	29.34	
3	Kimura, Nagi	11 LS	56.79
	27.52	29.27	
4	Cho, Iris	12 KAM	57.04
	27.70	29.34	
5	Lehmann, Emma	10 GP	58.81
	27.44	31.37	
6	Martin, Isabella	10 LS	59.72
	28.57	31.15	
7	Cordoba, Sienna	10 KAM	1:01.61
	28.86	32.75	
8	Lowell, Riley	11 GP	1:02.44
	29.43	33.01	

B - Final

9	Catli, Lindsay	12 JHS	1:01.27
	29.17	32.10	
10	Guerra, Jillian	12 JHS	1:01.72
	29.76	31.96	
11	Munkhnasan, Namu	10 GP	1:02.21
	30.12	32.09	
12	Hardy, Ellie	12 LS	1:02.75
	30.62	32.13	
13	Nguyen, Nhi	12 CAS	1:03.07
	30.13	32.94	
14	Nguyen, Destiny	11 KAM	1:05.94
	31.24	34.70	
15	Gebretsadik, Saraim	12 KAM	1:06.37
	30.90	35.47	
16	Nguyen, Lucy	12 MAR	1:12.37
	34.39	37.98	

#7 Girls 100 Yard Free
4A District: 51.56# 2017 Elli Straume
54.50 STAT 4A State

Name	Yr	Team	Prelim Time
Preliminaries			
1	Song, Julia	11 JHS	54.17 qSTAT
	25.74	28.43	
2	Kimura, Nagi	11 LS	56.69 q
	27.24	29.45	
3	Maley, Megan	10 GP	56.74 q
	26.85	29.89	
4	Cho, Iris	12 KAM	58.11 q
	27.94	30.17	
5	Lehmann, Emma	10 GP	59.05 q
	27.61	31.44	

6	Martin, Isabella	10 LS	1:00.02 q
	28.71	31.31	
7	Cordoba, Sienna	10 KAM	1:01.34 q
	29.87	31.47	
8	Lowell, Riley	11 GP	1:02.35 q
	29.12	33.23	

9	Guerra, Jillian	12 JHS	1:02.75 q
	30.32	32.43	
10	Munkhnasan, Namu	10 GP	1:03.28 q
	30.10	33.18	
11	Nguyen, Nhi	12 CAS	1:03.44 q
	30.26	33.18	
12	Hardy, Ellie	12 LS	1:03.59 q
	30.55	33.04	
13	Catli, Lindsay	12 JHS	1:03.69 q
	30.04	33.65	
14	Nguyen, Destiny	11 KAM	1:06.22 q
	30.76	35.46	
15	Gebretsadik, Saraim	12 KAM	1:09.47 q
	32.18	37.29	
16	Nguyen, Lucy	12 MAR	1:12.22 q
	34.63	37.59	

17	Linnyk, Karina	12 MAR	1:15.03
	35.99	39.04	
18	Nguyen, Kristina	10 CAS	1:19.93
	36.38	43.55	

19	Navarro, Sherlene	11 CAS	1:20.76
	38.66	42.10	
20	Russell, Mena	12 CAS	1:21.02
	37.21	43.81	
---	Smasne, Cassandra	12 JHS	DQ
	28.20		

#8 Girls 500 Yard Free
4A District: 4:46.68# 2008 Amber McDermott
5:21.00 STAT 4A State

Name	Yr	Team	Finals Time
A - Final			
1	Fritts, Hanna	10 JHS	5:06.74 STAT
	28.13	30.67	31.10 31.11
	31.47	31.48	31.38 31.00
	30.28	30.12	
2	Lehmann, Alena	12 GP	5:09.49 STAT
	27.88	30.26	31.02 31.43
	31.38	31.52	31.58 31.67
	31.71	31.04	
3	Ryu, Janey	12 KAM	5:23.07
	29.34	31.74	31.94 33.02
	33.04	32.71	33.03 33.16
	32.93	32.16	
4	Gabor, Sakura	10 JHS	5:32.70
	30.51	33.30	33.60 33.58
	33.74	33.71	33.89 34.17
	33.67	32.53	

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

A - Final ... (#8 Girls 500 Yard Free)

5	Candland, Heidi	10 JHS	5:45.42	
	32.48	34.65	34.96	35.23
	35.03	34.81	35.23	35.11
	34.92	33.00		
6	Bowen, Addison	11 LS	5:50.45	
	31.64	34.15	34.41	35.45
	35.99	36.12	35.94	36.04
	35.77	34.94		
7	Jafari, Ella	09 KAM	6:05.08	
	32.67	34.50	36.48	37.98
	37.81	37.58	37.85	37.31
	37.41	35.49		
8	Dewing, Alana	10 CAS	6:12.93	
	32.59	35.96	37.05	38.99
	38.65	39.01	38.53	38.38
	37.74	36.03		

B - Final

9	Allen, Mercer	10 LS	6:14.39	
	32.96	36.27	25.97	48.50
	37.81	38.59	38.68	39.05
	39.12	37.44		
10	Gamradt, Addyson	11 JHS	6:18.86	
	33.73	37.28	38.66	38.68
	39.14	40.17	38.97	38.35
	39.56	34.32		
11	Harden, Ella	09 LS	6:25.46	
	33.88	36.57	37.69	38.68
	38.69	39.26	40.12	40.94
	40.15	39.48		
12	Vandehey, Brooke	10 GP	6:34.53	
	32.44	36.81	37.77	39.21
	40.01	40.87	42.64	42.70
	41.86	40.22		
13	Ge, Fiona	10 KAM	6:40.54	
	34.77	38.02	39.61	41.29
	42.11	41.29	42.70	41.73
	42.84	36.18		
14	Shinde, Reeya	09 GP	6:47.00	
	33.93	40.04	41.51	41.56
	42.72	43.95	41.27	41.92
	43.07	37.03		
15	Boonsripisal, McKen	11 KAM	6:47.98	
	35.71	38.14	39.33	41.15
	42.23	42.96	44.08	41.84
	43.28	39.26		
16	Heinson, Aubrey	10 GP	6:50.58	
	34.15	40.74	42.70	42.95
	42.09	42.33	42.78	42.07
	42.20	38.57		

#8 Girls 500 Yard Free

4A District: 4:46.68# 2008 Amber McDermott

5:21.00 STAT 4A State

Name	Yr	Team	Prelim Time	
Preliminaries				
1	Fritts, Hanna	10 JHS	5:16.44	qSTAT
	28.53	32.03	32.60	32.53
	32.28	32.31	31.75	31.88
	31.50	31.03		
2	Lehmann, Alena	12 GP	5:17.00	qSTAT
	28.55	31.12	31.93	32.39
	32.65	32.25	32.53	32.48
	31.99	31.11		
3	Ryu, Janey	12 KAM	5:29.02	q
	28.88	32.06	32.81	33.45
	33.16	33.72	33.73	33.81
	34.07	33.33		
4	Gabor, Sakura	10 JHS	5:41.76	q
	29.97	33.59	34.96	35.29
	34.90	35.21	35.07	33.98
	34.97	33.82		
5	Candland, Heidi	10 JHS	5:49.70	q
	32.33	35.35	35.34	35.76
	35.87	35.02	36.36	34.85
	34.56	34.26		
6	Bowen, Addison	11 LS	5:55.71	q
	31.86	35.26	36.55	
		37.20	36.00	36.41
	35.04	34.02		
7	Dewing, Alana	10 CAS	6:09.67	q
	32.33	35.84	36.52	37.38
	37.60	38.49	38.68	38.42
	39.08	35.33		
8	Jafari, Ella	09 KAM	6:12.31	q
	32.30	36.56	37.83	38.19
	38.84	38.14	38.09	37.96
	37.76	36.64		
9	Vandehey, Brooke	10 GP	6:22.02	q
	32.74	36.87	38.72	39.19
	39.37	39.13	38.88	39.75
	39.63	37.74		
10	Allen, Mercer	10 LS	6:25.46	q
	33.13	37.29	38.52	39.66
	39.81	39.96	40.62	39.59
	39.30	37.58		
11	Gamradt, Addyson	11 JHS	6:28.63	q
	33.31	38.43	38.64	39.34
	40.07	39.92	41.17	41.23
	38.81	37.71		
12	Harden, Ella	09 LS	6:31.53	q
	32.91	36.81	37.66	38.98
	39.84	39.82	40.81	40.68
	43.40	40.62		

13	Shinde, Reeya	09 GP	6:45.90	q
	32.04	37.78	41.82	43.63
	43.54	43.01	43.48	41.96
	41.72	36.92		
14	Ge, Fiona	10 KAM	6:47.36	q
	35.78	39.74	41.46	41.01
	40.93	42.63	43.08	42.36
	41.66	38.71		
15	Boonsripisal, McKen	11 KAM	6:48.49	q
	35.70	38.40	39.72	40.24
	40.98	41.97	42.64	43.72
	43.51	41.61		
16	Heinson, Aubrey	10 GP	6:50.56	q
	34.62	40.97	42.52	42.18
	42.51	42.59	42.09	41.86
	42.01	39.21		
17	Beebe, Lilly	11 CAS	6:54.03	
	34.55	40.46	44.69	43.66
	43.30	42.95	43.01	42.13
	40.95	38.33		
18	Sullivan, Selma	09 CAS	7:00.10	
	36.29	39.77	40.70	42.29
	42.99	43.42	44.43	43.86
	44.31	42.04		
19	Losee, Jordyn	12 LS	7:24.33	
	35.94	41.80	45.06	45.94
	47.34	47.16	46.34	46.61
	45.84	42.30		
20	Anderson, Maya	12 CAS	8:00.21	
	43.05	47.17	49.68	49.34
	49.78	49.60	49.01	48.22
	49.51	44.85		
#9 Girls 200 Yard Free Relay				
4A District: 1:38.16# 2017 Kamiak				
Vo, Hatscher, Collinge, Straume				
1:42.50 STAT 4A State				
Team	Relay	Finals Time		
A - Final				
1	JHS	A	1:40.34	STAT
	Anderson, Elissa 11	Wang, Megan 12		
	Hoyla, Olivia 12	Song, Julia 11		
	25.21	25.54	25.40	24.19
2	GP	A	1:41.51	STAT
	Sullivan, Keelie 11	Lehmann, Emma 10		
	Maley, Megan 10	Lehmann, Alena 12		
	25.87	25.71	25.27	24.66
3	KAM	A	1:47.40	
	Zou, Katie 11	Park, Aida 12		
	Cordoba, Sienna 10	Ryu, Janey 12		
	26.73	27.45	27.13	26.09
4	LS	A	1:48.30	
	Werner, Gwen 10	Kimura, Nagi 11		
	Martin, Isabella 10	Bowen, Addison 11		
	27.38	25.89	27.17	27.86

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

A - Final ... (#9 Girls 200 Yard Free Relay)

5	CAS	A	1:55.18	
	Dewing, Alana 10	Nguyen, Nhi 12		
	Lebeau, Caroline 12	Phut, May 10		
	29.79	28.69	30.82	25.88
6	MAR	A	2:13.42	
	Lam, Angelina 12	Linnyk, Karina 12		
	Sanchez-Solorio, Solanlly 1	Nguyen, Lucy 12		
	34.41	33.81	15.22	49.98

#9 Girls 200 Yard Free Relay
4A District: 1:38.16# 2017 Kamiak

Vo, Hatscher, Collinge, Straume
1:42.50 STAT 4A State

Team	Relay	Prelim Time
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Preliminaries

1	JHS	A	1:40.57	qSTAT
	Anderson, Elissa 11	Wang, Megan 12		
	Hoyla, Olivia 12	Song, Julia 11		
	25.28	25.40	25.46	24.43
2	LS	A	1:50.02	q
	Werner, Gwen 10	Kimura, Nagi 11		
	Martin, Isabella 10	Bowen, Addison 11		
	28.09	26.24	31.99	23.70
3	KAM	A	1:51.21	q
	Zou, Katie 11	Cordoba, Sienna 10		
	Jafari, Ella 09	Ryu, Janey 12		
	27.33	27.93	55.95	
4	GP	A	1:53.68	q
	Takano, Jolie 11	Lowell, Riley 11		
	Vandehy, Brooke 10	Huclova, Veronika 12		
	26.93	28.93	29.51	28.31
5	CAS	A	2:12.21	q
	Nguyen, Kristina 10	Beebe, Lilly 11		
	Meyer, Raegan 11	Lebeau, Caroline 12		
	34.90	31.08	34.61	31.62
6	MAR	A	2:19.82	q
	Perez, Angie 10	Linnyk, Karina 12		
	Nguyen, Lucy 12	Sanchez-Solorio, Solanlly 1		
	35.87	36.70	40.64	26.61

#10 Girls 100 Yard Back
4A District: 54.56# 2019 Mia Chang

1:00.40 STAT 4A State

Name	Yr	Team	Finals Time
A - Final			
1	Hoyla, Olivia	12 JHS	58.33 STAT
	28.71	29.62	
2	Sullivan, Keelie	11 GP	59.64 STAT
	28.72	30.92	
3	Lorenzo, Julia	12 KAM	1:00.52
	29.55	30.97	
4	Wang, Megan	12 JHS	1:02.28
	30.17	32.11	
5	Jetten, Bel	10 JHS	1:07.39
	32.54	34.85	
6	Garingo, Jessica	12 LS	1:08.41
	33.74	34.67	

7	Park, Aida	12 KAM	1:09.13
	33.15	35.98	
8	Yule, Libby	09 GP	1:11.41
	34.44	36.97	
B - Final			
9	Truong, Julia	12 KAM	1:12.67
	34.57	38.10	
10	Dewing, Alana	10 CAS	1:12.81
	35.64	37.17	
11	Miga, Charlotte	09 KAM	1:13.03
	35.12	37.91	
12	Kim, Joylynn	09 LS	1:14.17
	35.79	38.38	
13	Muncy, Brooke	12 GP	1:14.22
	34.62	39.60	
14	Miller, Ainsley	11 LS	1:14.63
	36.61	38.02	
15	Zhang, Carolyn	09 JHS	1:14.91
	35.39	39.52	
16	Risser, Adrienne	11 LS	1:16.39
	36.73	39.66	

#10 Girls 100 Yard Back
4A District: 54.56# 2019 Mia Chang

1:00.40 STAT 4A State

Name	Yr	Team	Prelim Time
Preliminaries			
1	Sullivan, Keelie	11 GP	59.58 qSTAT
	28.85	30.73	
2	Hoyla, Olivia	12 JHS	59.61 qSTAT
	29.24	30.37	
3	Wang, Megan	12 JHS	1:02.80 q
	29.88	32.92	
4	Lorenzo, Julia	12 KAM	1:02.96 q
	30.88	32.08	
5	Jetten, Bel	10 JHS	1:08.44 q
	33.01	35.43	
6	Park, Aida	12 KAM	1:10.17 q
	34.49	35.68	
7	Yule, Libby	09 GP	1:11.22 q
	34.63	36.59	
8	Garingo, Jessica	12 LS	1:11.68 q
	35.40	36.28	
9	Dewing, Alana	10 CAS	1:12.18 q
	35.50	36.68	
10	Miga, Charlotte	09 KAM	1:13.08 q
	35.91	37.17	
11	Truong, Julia	12 KAM	1:13.20 q
	34.45	38.75	
12	Miller, Ainsley	11 LS	1:13.65 q
	35.78	37.87	
13	Kim, Joylynn	09 LS	1:13.86 q
	35.76	38.10	
14	Risser, Adrienne	11 LS	1:15.82 q
	36.52	39.30	
15	Zhang, Carolyn	09 JHS	1:16.50 q
	36.33	40.17	

16	Muncy, Brooke	12 GP	1:17.55 q
	36.07	41.48	
17	Lamping, Cara	10 GP	1:21.40
	37.78	43.62	
18	Sullivan, Selma	09 CAS	1:22.14
	40.87	41.27	
19	Lam, Angelina	12 MAR	1:24.94
	39.80	45.14	
20	Dickerson, Maya	11 CAS	1:30.18
	43.64	46.54	
21	Edwards, Ellie	11 CAS	1:33.53

#11 Girls 100 Yard Breast
4A District: 1:02.02# 2004 Missy McIntyre

1:08.30 STAT 4A State

Name	Yr	Team	Finals Time
A - Final			
1	Abrigo, Mia	10 JHS	1:08.91
	32.12	36.79	
2	Phut, May	10 CAS	1:10.13
	33.19	36.94	
3	Yefremova, Krystyna	09 JHS	1:11.58
	32.63	38.95	
4	Surendran, Sudharsh	11 JHS	1:15.32
	34.32	41.00	
5	Young, Gracie	12 LS	1:16.01
	34.44	41.57	
6	Jafari, Ella	09 KAM	1:17.39
	36.99	40.40	
7	Martin, Isabella	10 LS	1:17.91
	37.53	40.38	
8	Nguyen, Destiny	11 KAM	1:18.28
	36.62	41.66	
B - Final			
9	Soeung, Melinda	12 GP	1:20.48
	36.92	43.56	
10	Haack, Makayla	10 LS	1:22.56
	39.68	42.88	
11	Munkhnasan, Namu	10 GP	1:23.13
	39.05	44.08	
12	Miller, Kendra	09 GP	1:29.20
	42.01	47.19	
13	Walles, Sage	12 LS	1:34.23
	44.14	50.09	
14	Atkinson, Sophie	12 CAS	1:34.46
	44.16	50.30	
15	Lee, Nina	11 CAS	1:50.74
	53.36	57.38	
---	Ferguson, Grace	11 JHS	DQ
	39.95		

WESCO 4AGirls Districts 2024 - 11/7/2024 to 11/9/2024

Results

#11 Girls 100 Yard Breast

4A District: 1:02.02# 2004 Missy McIntyre

1:08.30 STAT 4A State

Name	Yr	Team	Prelim Time
Preliminaries			
1 Abrigo, Mia		10 JHS	1:10.05 q
	32.68	37.37	
2 Phut, May		10 CAS	1:10.36 q
	33.93	36.43	
3 Yefremova, Krystyna		09 JHS	1:12.49 q
	33.82	38.67	
4 Young, Gracie		12 LS	1:16.81 q
	35.60	41.21	
5 Surendran, Sudharsh		11 JHS	1:17.70 q
	35.19	42.51	
6 Jafari, Ella		09 KAM	1:18.21 q
	36.94	41.27	
7 Martin, Isabella		10 LS	1:20.02 q
	38.04	41.98	
8 Nguyen, Destiny		11 KAM	1:20.17 q
	38.34	41.83	
9 Soeung, Melinda		12 GP	1:21.82 q
	37.85	43.97	
10 Haack, Makayla		10 LS	1:22.91 q
	39.59	43.32	
11 Munkhnasan, Namu		10 GP	1:23.53 q
	39.78	43.75	
12 Miller, Kendra		09 GP	1:27.55 q
	41.04	46.51	
13 Ferguson, Grace		11 JHS	1:28.07 q
	40.96	47.11	
14 Atkinson, Sophie		12 CAS	1:33.90 q
	43.13	50.77	
15 Walles, Sage		12 LS	1:34.32 q
	43.30	51.02	
16 Lee, Nina		11 CAS	1:54.37 q
	54.05	1:00.32	
17 Santiago Lopez, Isabi		11 GP	1:54.53
	52.02	1:02.51	
18 Yerrington, Violet		10 CAS	2:06.43
	1:00.48	1:05.95	

#12 Girls 400 Yard Free Relay

4A District: 3:34.31# 2016 Kamiak

Vo, Seaberg, Dovich, Straume

3:45.90 STAT 4A State

Team	Relay	Finals Time
A - Final		
1 JHS	A	3:39.08 STAT
	Anderson, Elissa 11	Fritts, Hanna 10
	Song, Julia 11	Hoyla, Olivia 12
	27.46	55.85
	25.32	53.98
		26.20
		25.95
		55.11
		54.14

2 GP	A	3:44.29	STAT
	Maley, Megan 10	Lehmann, Emma 10	
	Sullivan, Keelie 11	Lowell, Riley 11	
	27.06	56.14	27.10
			58.40
	26.65	56.31	25.78
			53.44
3 KAM	A	3:47.63	
	Cho, Iris 12	Zou, Katie 11	
	Ryu, Janey 12	Lorenzo, Julia 12	
	27.82	57.33	18.64
			58.24
	26.98	56.88	26.54
			55.18
4 LS	A	4:03.50	
	Bowen, Addison 11	Allen, Mercer 10	
	Gesick, Emily 10	Martin, Isabella 10	
	29.42	1:01.03	28.79
			1:01.65
	28.08	59.65	29.05
			1:01.17
5 CAS	A	4:54.42	
	Meyer, Raegan 11	Sullivan, Selma 09	
	Russell, Mena 12	Lebeau, Caroline 12	
	35.97	1:14.00	34.09
			1:12.48
	34.55	1:16.41	34.25
			1:11.53
6 MAR	A	5:06.16	
	Huynh, Vivian 12	Linnyk, Karina 12	
	Sanchez-Solorio, Solanly 1	Nguyen, Lucy 12	
	37.88	1:22.00	34.78
			1:14.67
	19.20	36.09	42.06
			1:53.40

#12 Girls 400 Yard Free Relay

4A District: 3:34.31# 2016 Kamiak

Vo, Seaberg, Dovich, Straume

3:45.90 STAT 4A State

Team	Relay	Prelim Time
Preliminaries		
1 JHS	A	3:39.29 qSTAT
	Anderson, Elissa 11	Fritts, Hanna 10
	Song, Julia 11	Hoyla, Olivia 12
	26.88	55.89
		26.16
	25.87	54.49
		53.64
		53.57
2 KAM	A	3:55.46 q
	Cho, Iris 12	Zou, Katie 11
	Ryu, Janey 12	Lorenzo, Julia 12
	28.41	58.95
		28.27
	18.44	49.61
		27.54
		57.38
3 LS	A	4:08.43 q
	Bowen, Addison 11	Allen, Mercer 10
	Gesick, Emily 10	Martin, Isabella 10
	29.87	1:01.72
		29.01
	28.43	1:02.32
		28.76
		1:01.94
		1:02.45
4 GP	A	4:14.37 q
	Takano, Jolie 11	Vandehey, Brooke 10
	Munkhnasan, Namuun 10	Lowell, Riley 11
	28.51	59.35
		30.97
	33.34	1:06.89
		29.29
		1:02.95
5 CAS	A	5:04.60 q
	Meyer, Raegan 11	Beebe, Lilly 11
	Russell, Mena 12	Lebeau, Caroline 12
	37.43	1:17.72
		35.47
	28.32	1:20.10
		26.23
		1:03.20

6 MAR	A	5:12.12	q
	Huynh, Vivian 12	Linnyk, Karina 12	
	Sanchez-Solorio, Solanly 1	Nguyen, Lucy 12	
	37.53	1:20.25	37.00
			1:19.05
	18.82	35.40	42.25
			1:57.42

Scores - Women

Women - Team Rankings - Through Event 14

1.	Jackson	563
2.	Glacier Peak	428
3.	Lake Stevens	367
4.	Kamiak	340
5.	Cascade	157
6.	Mariner	55