

2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

SeaKing District 2  
4A Girls Swim and Dive Champs  
Results

**#401 Girls 200 Yard Medley Relay**  
Meet: 1:46.23# 2017 Newport  
R Nguyen, S Baron, G Wang, Y Groysman  
1:53.50 ST4A

Team	Relay	Finals Time		
<b>A - Final</b>				
1 NEW	A	1:49.29	ST4A	
		Sunwoo, Sophia 12	Lu, Ellen 10	
		Huang, Megan 11	Carlson, Amy 11	
		25.47	31.71	26.90 25.21
2 LINC	A	1:50.30	ST4A	
		Chang, Aureole 11	Berg, Quincy 10	
		Prokop, Alice 9	White, Matilda 11	
		28.05	30.85	26.70 24.70
3 LW	A	1:51.81	ST4A	
		Larsen, Julia 12	DeBoom, Poet 12	
		Yu, Angelina 12	Dubrovsky, Amelia 10	
		27.82	32.10	26.27 25.62
4 MTSI	A	1:54.16		
		Ahuja, Meher 9	Chau, Olivia 12	
		Nelson, Siena 12	Sinnott, Aspen 11	
		29.61	32.19	27.16 25.20
5 WOOD	A	1:56.25		
		Traina, Megan 12	Gordon, Devon 12	
		Traina, Molly 9	Guilanians, Niobe 12	
		28.80	34.46	27.08 25.91
6 JUAN	A	1:56.49		
		Jin, Elaine 9	Pogue, Audrey 9	
		Merriam, Samantha 12	Wendt, Sophia 12	
		30.48	32.79	28.06 25.16
<b>B - Final</b>				
7 ISSY	A	1:54.86		
		Dandeneau, Chloe 12	Chan, Madison 9	
		Kampf, Juliana 12	Chan, Tiffany 12	
		27.83	33.27	26.94 26.82
8 SKY	A	1:56.50		
		Yamashita, Bree L 11	Lewis, Sahara R 12	
		Xie, Jocasta X 12	Guo, Mira Y 11	
		30.87	32.79	27.86 24.98
9 BOTH	A	1:57.31		
		Chang, Michelle 10	Pan, Brianna 11	
		Wei, Adina 10	Pan, Anneliese 10	
		28.64	34.05	29.19 25.43
10 EASTL	A	1:57.44		
		Chen, Katherine 9	Miller, Amanda 11	
		Naroski, Jenna 10	Hallmann, Kirah 11	
		31.04	32.92	33.86 19.62
11 NC	A	2:03.21		
		Nguyen, Trinity 12	Buchanan, Sophia 10	
		Gong, Abby 11	Kk, Sankari 11	
		29.22	34.73	36.44 22.82
12 RED	A	2:06.14		
		Corallo, Eliza 12	Wu, Lina 9	
		Hendrickson, Alexis 10	Shriram, Radha 10	
		31.40	36.04	30.21 28.49

**#401 Girls 200 Yard Medley Relay**  
Meet: 1:46.23# 2017 Newport  
R Nguyen, S Baron, G Wang, Y Groysman  
1:53.50 ST4A

Team	Relay	Prelim Time		
<b>Preliminaries</b>				
1 NEW	A	1:50.37	ST4A	
		Sunwoo, Sophia 12	Kim, Michelle 10	
		Lu, Ellen 10	Huang, Megan 11	
		25.22	32.20	27.29 25.66
2 LINC	A	1:51.49	ST4A	
		Chang, Aureole 11	Berg, Quincy 10	
		Prokop, Alice 9	White, Matilda 11	
		28.40	31.98	26.74 24.37
3 LW	A	1:53.84		
		DeBoom, Poet 12	Dubrovsky, Amelia 10	
		Yu, Angelina 12	Larsen, Julia 12	
		28.46	33.77	26.40 25.21
4 MTSI	A	1:55.15		
		Ahuja, Meher 9	Chau, Olivia 12	
		Nelson, Siena 12	Sinnott, Aspen 11	
		30.37	32.20	27.25 25.33
5 WOOD	A	1:55.25		
		Traina, Megan 12	Gordon, Devon 12	
		Traina, Molly 9	Guilanians, Niobe 12	
		28.70	34.03	26.89 25.63
6 JUAN	A	1:55.95		
		Jin, Elaine 9	Pogue, Audrey 9	
		Merriam, Samantha 12	Wendt, Sophia 12	
		29.95	32.73	27.60 25.67
7 SKY	A	1:56.78		
		O'Neil, Riain A 11	Lewis, Sahara R 12	
		Xie, Jocasta X 12	Guo, Mira Y 11	
		30.69	32.93	27.79 25.37
8 ISSY	A	1:57.71		
		Shepherd, Lucy 11	Chan, Madison 9	
		Kampf, Juliana 12	Chan, Tiffany 12	
		30.08	33.00	27.65 26.98
9 EASTL	A	1:57.74		
		Chen, Katherine 9	Miller, Amanda 11	
		Naroski, Jenna 10	Hallmann, Kirah 11	
		31.04	32.89	28.25 25.56
10 BOTH	A	1:57.96		
		Chang, Michelle 10	Pan, Brianna 11	
		Wei, Adina 10	Pan, Anneliese 10	
		28.83	34.58	28.98 25.57
11 NC	A	2:00.43		
		Nguyen, Trinity 12	Buchanan, Sophia 10	
		Hanson, Audrey 10	Kk, Sankari 11	
		29.77	33.55	29.83 27.28
12 RED	A	2:03.18		
		Corallo, Eliza 12	Wu, Lina 9	
		Wendt, Metta 10	Shriram, Radha 10	
		30.48	35.74	29.15 27.81

13 HAZ A 2:10.10  
Ongg, Kylie 10 Nishimoto, Katherine 11  
Nguyen, Madeleine 11 Hearn, Emma 12  
36.45 34.77 29.66 29.22

**#402 Girls 200 Yard Free**  
Meet: 1:47.19# 2009 Andie Taylor  
1:59.50 ST4A

Name	Yr	Team	Finals Time	
<b>A - Final</b>				
1 McCorriston, Molly	11	HAZ	1:52.69	ST4A
			25.97	28.30 28.94 29.48
2 Chen, Stella	9	NEW	1:58.88	ST4A
			27.24	30.27 31.32 30.05
3 Traina, Megan	12	WOOD	2:00.31	
			27.87	30.32 31.00 31.12
4 Traina, Molly	9	WOOD	2:00.99	
			27.64	30.62 31.42 31.31
5 Parish, Abigail	11	NEW	2:01.65	
			27.93	30.31 31.64 31.77
6 Wallace, Chloe	9	LINC	2:03.05	
			27.82	30.81 32.20 32.22
<b>B - Final</b>				
7 Hizey, Lauren	9	WOOD	2:03.08	
			28.68	31.69 31.94 30.77
8 Beniwal, Anvi	9	LW	2:03.91	
			28.77	31.34 32.37 31.43
9 Robertson, Ava L	10	SKY	2:04.07	
			28.80	31.82 32.33 31.12
10 Naroski, Jenna	10	EASTL	2:04.11	
			29.29	31.83 31.93 31.06
11 Holmgren, Lova	10	ISSY	2:05.56	
			28.69	31.46 32.54 32.87
12 Ledrick, Cora	10	LW	2:05.83	
			29.45	32.25 32.46 31.67

**#402 Girls 200 Yard Free**  
Meet: 1:47.19# 2009 Andie Taylor  
1:59.50 ST4A

Name	Yr	Team	Prelim Time	
<b>Preliminaries</b>				
1 McCorriston, Molly	11	HAZ	1:54.45	ST4A
			26.12	28.59 29.54 30.20
2 Chen, Stella	9	NEW	1:58.98	ST4A
			27.59	30.36 30.83 30.20
3 Traina, Megan	12	WOOD	2:00.05	
			28.23	30.04 31.18 30.60
4 Traina, Molly	9	WOOD	2:00.33	
			26.96	30.22 31.29 31.86
5 Wallace, Chloe	9	LINC	2:01.10	
			27.81	30.63 31.51 31.15
6 Parish, Abigail	11	NEW	2:01.67	
			27.78	30.62 31.72 31.55
7 Beniwal, Anvi	9	LW	2:03.17	
			28.40	30.88 32.10 31.79

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

## SeaKing District 2

## 4A Girls Swim and Dive Champs

## Results

Preliminaries ... (#402 Girls 200 Yard Free)					B - Final					#404 Girls 50 Yard Free				
8	Hizzey, Lauren	9 WOOD	2:03.39		7	Chan, Madison	9 ISSY	2:17.67		<b>Meet: 22.84# 2024 Sophia Sunwoo</b>				
	28.69	31.48	31.83	31.39		31.27	35.14	39.28	31.98	<b>25.00 ST4A</b>				
9	Holmgren, Lova	10 ISSY	2:04.48		8	O'Neil, Riain A	11 SKY	2:18.69		<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals Time</b>	
	28.20	30.94	32.34	33.00		31.10	34.32	40.34	32.93	<b>A - Final</b>				
10	Ledrick, Cora	10 LW	2:05.83		9	Dubrovsky, Amelia	10 LW	2:21.91		1	Sunwoo, Sophia	12 NEW	23.13	ST4A
	29.00	30.88	32.43	33.52		31.06	37.32	41.04	32.49	2	White, Matilda	11 LINC	24.76	ST4A
11	Robertson, Ava L	10 SKY	2:05.87		10	Worcester, Charlee	9 NC	2:23.08		3	Yu, Angelina	12 LW	25.29	
	28.76	31.45	33.04	32.62		31.28	35.52	43.26	33.02	4	Sinnott, Aspen	11 MTSI	25.49	
12	Naroski, Jenna	10 EASTL	2:08.06		11	Krabbe, Madison	10 ISSY	2:28.80		5	Bryant, Caroline	11 RED	25.51	
	28.67	31.40	33.31	34.68		30.67	36.68	45.61	35.84	6	Larsen, Julia	12 LW	25.52	
13	Shepherd, Alexis	12 HAZ	2:08.30		12	Han, Jennifer	12 NEW	2:30.54		<b>B - Final</b>				
	28.31	31.98	33.39	34.62		32.19	37.29	44.50	36.56	7	Chau, Olivia	12 MTSI	25.68	
14	Wheeler, Sasha	12 BOTH	2:09.93		<b>#403 Girls 200 Yard IM</b>					8	Prokop, Alice	9 LINC	25.76	
	29.96	33.72	33.75	32.50	<b>Meet: 1:58.59# 2008 Andie Taylor</b>					9	Wallace, Chloe	9 LINC	25.88	
15	Wei, Adina	10 BOTH	2:10.70		<b>2:13.50 ST4A</b>					10	Hallmann, Kirah	11 EASTL	26.02	
	29.76	32.43	34.29	34.22	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Prelim Time</b>		11	Pan, Anneliese	10 BOTH	26.19	
16	Goldring, Phoebe	9 EASTL	2:11.76		<b>Preliminaries</b>					12	Berg, Quincy	10 LINC	26.20	
	29.95	32.26	34.25	35.30	1	DeBoom, Poet	12 LW	2:14.81		<b>#404 Girls 50 Yard Free</b>				
17	Stahl, Bianca E	10 SKY	2:14.41			28.66	32.10	40.71	33.34	<b>Meet: 22.84# 2024 Sophia Sunwoo</b>				
	30.83	33.84	35.17	34.57	2	Guo, Mira Y	11 SKY	2:15.12		<b>25.00 ST4A</b>				
18	Bui, Rachel	9 LW	2:14.75			28.74	35.10	39.12	32.16	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Prelim Time</b>	
	30.55	33.35	35.09	35.76	3	Chang, Michelle	10 BOTH	2:15.58		<b>Preliminaries</b>				
19	Wu, Lina	9 RED	2:14.77			28.98	32.90	42.17	31.53	1	Sunwoo, Sophia	12 NEW	22.84#	ST4A
	30.53	33.23	34.96	36.05	4	Feng, Iris	11 NEW	2:15.87		2	White, Matilda	11 LINC	24.87	ST4A
20	Song, Megan	11 NC	2:15.60			29.42	34.41	40.54	31.50	3	Larsen, Julia	12 LW	25.59	
	30.61	33.72	35.54	35.73	5	Chen, Katherine	9 EASTL	2:18.50		4	Sinnott, Aspen	11 MTSI	25.69	
21	Wu, Liya	9 RED	2:15.61			30.38	35.08	41.97	31.07	5	Yu, Angelina	12 LW	25.70	
	30.75	34.42	35.64	34.80	6	Kim, Michelle	10 NEW	2:19.42		6	Bryant, Caroline	11 RED	25.77	
22	Dickens, Juliet M	12 SKY	2:16.35			29.36	37.56	39.28	33.22	7	Prokop, Alice	9 LINC	25.81	
	30.56	33.54	35.89	36.36	7	Chan, Madison	9 ISSY	2:20.82		8	Chau, Olivia	12 MTSI	25.87	
23	Nishimoto, Katherine	11 HAZ	2:18.87			31.60	35.62	40.31	33.29	9	Hallmann, Kirah	11 EASTL	25.90	
	30.42	34.78	37.27	36.40	8	Worcester, Charlee	9 NC	2:22.99		10	Wallace, Chloe	9 LINC	25.98	
24	Padmanabhan, Roshu	9 RED	2:20.51			30.91	35.57	43.32	33.19	11	Pan, Anneliese	10 BOTH	26.22	
	31.39	35.17	36.63	37.32	9	Dubrovsky, Amelia	10 LW	2:23.22		12	Berg, Quincy	10 LINC	26.23	
<b>#403 Girls 200 Yard IM</b>						30.50	37.70	41.03	33.99	13	Lewis, Sahara R	12 SKY	26.23	
<b>Meet: 1:58.59# 2008 Andie Taylor</b>					10	O'Neil, Riain A	11 SKY	2:24.59		14	Nelson, Siena	12 MTSI	26.27	
<b>2:13.50 ST4A</b>						31.26	34.89	42.87	35.57	15	Carlson, Amy	11 NEW	26.37	
<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals Time</b>		11	Han, Jennifer	12 NEW	2:31.44		16	Nilsen, Megan	12 LW	26.41	
<b>A - Final</b>						32.45	37.82	45.59	35.58	17	Wong, Jasmine	11 HAZ	26.51	
1	Guo, Mira Y	11 SKY	2:10.16	ST4A	12	Krabbe, Madison	10 ISSY	2:32.59		18	Nguyen, Trinity	12 NC	26.58	
	27.92	33.12	38.10	31.02		31.50	37.04	45.89	38.16	19	Rahimi, Tandisse	10 LW	26.59	
2	DeBoom, Poet	12 LW	2:13.64		13	Kwok, Julia	10 NEW	2:33.30		20	Macario, Charlotte	11 ISSY	26.78	
	28.53	32.44	40.09	32.58		31.20	37.09	48.16	36.85	21	Huang, Megan	11 NEW	26.81	
3	Feng, Iris	11 NEW	2:15.62		14	Hua, Zoey Lane	9 ISSY	2:37.13		22	Albert, Ellie	11 WOOD	26.98	
	29.19	35.06	39.37	32.00		34.29	38.81	46.60	37.43	23	Chan, Tiffany	12 ISSY	27.39	
4	Chen, Katherine	9 EASTL	2:19.40		15	Osborn, Teagan	12 RED	2:39.20		---	Kampf, Juliana	12 ISSY	DFS	
	30.34	35.34	42.40	31.32		33.51	41.27	46.58	37.84	<b>#405 Girls 1 mtr Diving</b>				
5	Kim, Michelle	10 NEW	2:20.82		16	Roupp, Ceci	10 LINC	2:41.35		<b>Meet: 499.35# 2014 Christina Torrente</b>				
	29.61	37.31	40.47	33.43		34.60	39.56	49.40	37.79	<b>Name</b>	<b>Yr</b>	<b>Team</b>	<b>Finals Score</b>	
---	Chang, Michelle	10 BOTH	DQ		17	Lukasik, Zofia	10 SKY	2:43.05		<b>Finals</b>				
	28.41	32.60	41.59	30.33		36.41	40.66	47.19	38.79	1	Keith, Samantha	12 BOTH	404.10	
					---	Dandeneau, Chloe	12 ISSY	DFS						

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

**SeaKing District 2**  
**4A Girls Swim and Dive Champs**  
**Results**

**Finals ... (#405 Girls 1 mtr Diving)**

2	Inagawa, Trudy	12	ISSY	377.85
3	De Boer, Claire	12	LINC	316.00
4	Ballas, Fiona	11	RED	307.45
5	Cook, Baylee	11	LW	290.75
6	Morris, Elle	12	RED	269.35
7	Goveia, Anya M	11	SKY	266.85
8	Harkins, Lilli	9	HAZ	266.25
9	Jain, Jiya	10	ISSY	251.35
10	Feldner, Olivia	11	BOTH	246.45
11	Callahan, Shannon	12	NEW	245.25
12	Jalso, Sofia	12	LW	238.95

**#405 Girls 1 mtr Diving**

Meet: 499.35# 2014 Christina Torrente

Name	Yr	Team	Semis Score	
<b>Semi-Finals</b>				
1	Keith, Samantha	12	BOTH	288.10
2	Inagawa, Trudy	12	ISSY	269.45
3	Ballas, Fiona	11	RED	227.75
4	De Boer, Claire	12	LINC	216.90
5	Cook, Baylee	11	LW	207.45
6	Morris, Elle	12	RED	202.80
7	Harkins, Lilli	9	HAZ	202.20
8	Goveia, Anya M	11	SKY	193.75
9	Jalso, Sofia	12	LW	187.70
10	Feldner, Olivia	11	BOTH	182.95
11	Jain, Jiya	10	ISSY	181.25
12	Callahan, Shannon	12	NEW	181.05
13	Lee, Courtney	12	LINC	175.70
14	Biden, Sophia	9	EASTL	173.75
15	Chalasanani, Nour	10	LINC	169.25
16	Hsieh, Jasleen	10	ISSY	165.05

**#405 Girls 1 mtr Diving**

Meet: 499.35# 2014 Christina Torrente

Name	Yr	Team	Prelim Score	
<b>Preliminaries</b>				
1	Keith, Samantha	12	BOTH	191.75
2	Inagawa, Trudy	12	ISSY	175.45
3	De Boer, Claire	12	LINC	146.15
4	Cook, Baylee	11	LW	141.65
5	Ballas, Fiona	11	RED	133.85
6	Harkins, Lilli	9	HAZ	132.50
7	Morris, Elle	12	RED	132.25
8	Goveia, Anya M	11	SKY	118.80
*9	Jalso, Sofia	12	LW	118.00
*9	Feldner, Olivia	11	BOTH	118.00
11	Chalasanani, Nour	10	LINC	113.95
12	Lee, Courtney	12	LINC	111.80
13	Jain, Jiya	10	ISSY	106.75
14	Biden, Sophia	9	EASTL	105.15
15	Callahan, Shannon	12	NEW	102.70
16	Hsieh, Jasleen	10	ISSY	98.50
17	Montgomery, Jane	9	LINC	86.05

--- Christian, Morgan 11 RED DQ

**#406 Girls 100 Yard Fly**

Meet: 53.72# 2018 Gabby Dang

59.60 ST4A

Name	Yr	Team	Finals Time		
<b>A - Final</b>					
1	Guo, Mira Y	11	SKY	58.05	ST4A
			27.39	30.66	
2	Yu, Angelina	12	LW	58.33	ST4A
			27.76	30.57	
3	Guilanians, Niobe	12	WOOD	1:00.65	
			28.65	32.00	
4	White, Matilda	11	LINC	1:00.68	
			28.40	32.28	
5	Nguyen, Elizabeth	12	HAZ	1:00.76	
			28.39	32.37	
6	Lu, Ellen	10	NEW	1:01.67	
			28.44	33.23	
<b>B - Final</b>					
7	Naroski, Jenna	10	EASTL	1:00.59	
			28.68	31.91	
8	Kampf, Juliana	12	ISSY	1:00.67	
			28.45	32.22	
9	Traina, Molly	9	WOOD	1:01.24	
			29.00	32.24	
10	Xie, Jocasta X	12	SKY	1:01.40	
			28.94	32.46	
11	Huang, Megan	11	NEW	1:01.61	
			28.90	32.71	
12	Prokop, Alice	9	LINC	1:02.21	
			28.98	33.23	

**#406 Girls 100 Yard Fly**

Meet: 53.72# 2018 Gabby Dang

59.60 ST4A

Name	Yr	Team	Prelim Time		
<b>Preliminaries</b>					
1	Yu, Angelina	12	LW	59.41	ST4A
			27.69	31.72	
2	Guo, Mira Y	11	SKY	59.70	
			28.54	31.16	
3	White, Matilda	11	LINC	59.74	
			27.51	32.23	
4	Lu, Ellen	10	NEW	1:00.01	
			28.33	31.68	
5	Guilanians, Niobe	12	WOOD	1:00.12	
			28.37	31.75	
6	Nguyen, Elizabeth	12	HAZ	1:01.03	
			28.34	32.69	
7	Naroski, Jenna	10	EASTL	1:01.08	
			28.59	32.49	
8	Kampf, Juliana	12	ISSY	1:01.24	
			28.85	32.39	

9 Xie, Jocasta X 12 SKY 1:01.36  
28.66 32.7010 Traina, Molly 9 WOOD 1:02.00  
29.93 32.0711 Huang, Megan 11 NEW 1:02.12  
29.98 32.1412 Prokop, Alice 9 LINC 1:02.14  
29.39 32.7513 Merriam, Samantha 12 JUAN 1:02.92  
29.45 33.4714 Miller, Amanda 11 EASTL 1:03.19  
29.37 33.8215 Macario, Charlotte 11 ISSY 1:03.54  
29.39 34.1516 Nguyen, Madeleine 11 HAZ 1:06.15  
30.76 35.3917 Krabbe, Madison 10 ISSY 1:06.43  
30.98 35.4518 Goldring, Phoebe 9 EASTL 1:06.82  
31.38 35.4419 Song, Megan 11 NC 1:06.96  
31.89 35.0720 Gordon, Devon 12 WOOD 1:06.99  
31.09 35.9021 Ying, Rosie 12 LW 1:07.02  
31.34 35.6822 Wei, Adina 10 BOTH 1:07.11  
30.82 36.2923 Hendrickson, Alexis 10 RED 1:07.83  
32.32 35.5124 Wendt, Metta 10 RED 1:08.10  
31.25 36.8525 Hanson, Audrey 10 NC 1:08.35  
31.16 37.1926 Han, Taryn 12 WOOD 1:09.79  
32.17 37.6227 Lundy, Vera 11 LW 1:09.96  
31.91 38.0528 Deng, Avis 10 NEW 1:11.37  
32.24 39.1329 Mullen, Zoie 11 NEW 1:11.52  
30.65 40.8730 Wu, Liya 9 RED 1:12.98  
34.68 38.3031 Flynn, Chloe J 12 SKY 1:13.75  
32.76 40.9932 McTaggart, Reina 12 LINC 1:14.89  
36.32 38.5733 Di Gennaro, Lucy 10 LINC 1:16.57  
34.83 41.74--- Jain, Ishani 9 ISSY DQ  
32.19 38.39--- Nelson, Siena 12 MTSI DFS  
--- Yamashita, Bree L 11 SKY DFS

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

## SeaKing District 2

## 4A Girls Swim and Dive Champs

## Results

## #407 Girls 100 Yard Free

Meet: 49.99# 2022 Sophia Sunwoo

54.50 ST4A

Name	Yr	Team	Finals Time
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## A - Final

1	Sunwoo, Sophia	12 NEW	50.09	ST4A
			24.17	25.92
2	McCorriston, Molly	11 HAZ	51.70	ST4A
			24.94	26.76
3	Chang, Aureole	11 LINC	53.54	ST4A
			25.86	27.68
4	Lin, Claire	10 ISSY	54.49	ST4A
			26.24	28.25
5	Chang, Michelle	10 BOTH	54.64	
			26.17	28.47
6	Chen, Stella	9 NEW	54.83	
			26.56	28.27

## B - Final

7	Bryant, Caroline	11 RED	56.02	
			26.71	29.31
8	Hallmann, Kirah	11 EASTL	56.29	
			26.82	29.47
9	Wendt, Sophia	12 JUAN	56.53	
			27.05	29.48
10	Rahimi, Tandisse	10 LW	57.98	
			27.50	30.48
11	Pan, Anneliese	10 BOTH	58.06	
			28.19	29.87
12	Carlson, Amy	11 NEW	58.80	
			28.05	30.75

## #407 Girls 100 Yard Free

Meet: 49.99# 2022 Sophia Sunwoo

54.50 ST4A

Name	Yr	Team	Prelim Time
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## Preliminaries

1	Sunwoo, Sophia	12 NEW	50.00	ST4A
			24.36	25.64
2	McCorriston, Molly	11 HAZ	52.97	ST4A
			25.42	27.55
3	Chang, Aureole	11 LINC	53.42	ST4A
			26.04	27.38
4	Lin, Claire	10 ISSY	54.57	
			25.93	28.64
5	Chen, Stella	9 NEW	54.82	
			26.59	28.23
6	Chang, Michelle	10 BOTH	55.13	
			26.41	28.72
7	Hallmann, Kirah	11 EASTL	55.92	
			26.58	29.34
8	Wendt, Sophia	12 JUAN	56.50	
			26.97	29.53
9	Bryant, Caroline	11 RED	56.97	
			26.68	30.29

10	Carlson, Amy	11 NEW	57.70	
			27.57	30.13
11	Rahimi, Tandisse	10 LW	58.00	
			27.78	30.22
12	Pan, Anneliese	10 BOTH	58.22	
			27.95	30.27
13	Wheeler, Sasha	12 BOTH	58.60	
			28.68	29.92
14	Wong, Jasmine	11 HAZ	58.62	
			27.90	30.72
15	Shepherd, Alexis	12 HAZ	58.64	
			27.77	30.87
16	Albert, Ellie	11 WOOD	58.72	
			28.03	30.69
17	Gustin, Addie M	12 SKY	59.03	
			28.07	30.96
18	Meverden, Olivia	12 RED	59.27	
			28.53	30.74
19	Yung, Elyse	11 ISSY	59.36	
			28.10	31.26
20	Bui, Riley	10 NEW	59.38	
			28.41	30.97
21	Goodman, Eli	9 LINC	59.76	
			28.46	31.30
22	Lee, Amanda	12 LW	1:00.51	
			29.28	31.23
23	Pan, Brianna	11 BOTH	1:00.55	
			29.11	31.44
24	Dickens, Juliet M	12 SKY	1:00.89	
			29.00	31.89
25	Elsing, Naomi	11 LINC	1:01.26	
			28.54	32.72
26	Corallo, Eliza	12 RED	1:01.34	
			29.18	32.16
27	Kennedy, Kalyn	9 MTSI	1:01.44	
			29.74	31.70
28	Tsiu, Kaitlyn G	12 SKY	1:01.76	
			28.99	32.77
29	Ahuja, Meher	9 MTSI	1:01.78	
			29.60	32.18
30	Gong, Abby	11 NC	1:01.95	
			29.73	32.22
31	Liston, Sophia	11 LINC	1:02.91	
			30.43	32.48
32	Benson, Naomi	10 LW	1:02.99	
			29.59	33.40
33	Shriram, Radha	10 RED	1:03.48	
			29.30	34.18
*34	Wang, Ziyu	10 ISSY	1:03.56	
			29.93	33.63
*34	Lam, Lena	12 NC	1:03.56	
			29.92	33.64
36	Tremblay, Kennedy	11 JUAN	1:03.62	
			30.54	33.08

37	Madan, Sanvi	9 SKY	1:04.10	
			30.52	33.58
38	Kk, Sankari	11 NC	1:04.49	
			29.98	34.51
39	Wang-Aryattawanich	11 EASTL	1:06.08	
			30.36	35.72
---	Chan, Tiffany	12 ISSY		DFS
---	Nilsen, Megan	12 LW		DFS

## #408 Girls 500 Yard Free

Meet: 4:48.96# 2009 Andie Taylor

5:21.00 ST4A

Name	Yr	Team	Finals Time
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## A - Final

1	Hizzey, Lauren	9 WOOD	5:25.50	
			30.37	32.53
			33.23	33.14
			32.67	31.10
2	Chen, Katherine	9 EASTL	5:25.75	
			29.65	32.87
			33.67	33.03
			33.01	31.03
3	Robertson, Ava L	10 SKY	5:25.90	
			29.89	32.50
			33.16	33.12
			32.95	31.14
4	Worcester, Charlee	9 NC	5:29.92	
			29.63	32.34
			33.49	33.63
			33.71	32.80
5	Parish, Abigail	11 NEW	5:37.79	
			30.43	33.57
			34.27	34.03
			34.95	33.52
6	Holmgren, Lova	10 ISSY	5:48.16	
			29.83	33.02
			35.11	35.83
			37.03	35.14

## B - Final

7	Ledrick, Cora	10 LW	5:37.43	
			30.32	32.73
			34.17	34.02
			35.42	34.71
8	Beniwal, Anvi	9 LW	5:37.44	
			29.52	32.54
			34.46	34.70
			35.05	32.49
9	Hepkin, Penelope	10 EASTL	5:46.17	
			30.97	33.72
			35.03	35.21
			35.67	35.83
10	Bui, Rachel	9 LW	5:55.34	
			31.63	34.79
			36.18	36.05
			36.83	35.16

2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

SeaKing District 2  
4A Girls Swim and Dive Champs

Results

**B - Final ... (#408 Girls 500 Yard Free)**

11	Carlson, Anna	10 NEW	6:00.03		
	31.97	35.44	35.82	36.78	
	36.43	36.59	36.62	37.10	
	37.05	36.23			
12	Rosas, Amber	12 NEW	6:12.37		
	31.87	35.45	37.10	38.03	
	38.50	38.84	38.78	38.69	
	38.02	37.09			

**#408 Girls 500 Yard Free**

Meet: 4:48.96# 2009 Andie Taylor

5:21.00 ST4A

Name	Yr	Team	Prelim Time		
<b>Preliminaries</b>					
1	Hizzey, Lauren	9 WOOD	5:28.80		
	30.52	33.07	33.52	33.78	
	33.00	33.42	33.54	34.06	
	33.07	30.82			
2	Chen, Katherine	9 EASTL	5:30.64		
	29.71	32.42	33.76	33.91	
	33.59	34.10	33.78	33.61	
	33.72	32.04			
3	Robertson, Ava L	10 SKY	5:32.85		
	29.73	33.13	33.45	33.61	
	33.96	33.86	34.09	34.80	
	33.93	32.29			
4	Worcester, Charlee	9 NC	5:32.93		
	29.97	33.08	33.36	33.47	
	34.23	34.01	33.88	34.44	
	33.88	32.61			
5	Parish, Abigail	11 NEW	5:37.99		
	29.27	32.72	33.38	34.37	
	34.39	34.71	35.30	35.28	
	35.58	32.99			
6	Holmgren, Lova	10 ISSY	5:38.25		
	29.20	32.58	33.52	34.08	
	34.79	35.09	35.44	35.92	
	34.86	32.77			
7	Beniwal, Anvi	9 LW	5:43.53		
	29.88	32.99	34.19	34.64	
	35.04	35.88	35.74	35.89	
	35.61	33.67			
8	Hepkin, Penelope	10 EASTL	5:48.21		
	31.48	34.36	34.54	34.73	
	34.89	34.89	35.55	35.86	
	35.98	35.93			
9	Ledrick, Cora	10 LW	5:48.47		
	31.57	34.35	35.20	35.25	
	35.55	35.52	35.83	35.83	
	35.44	33.93			

10	Bui, Rachel	9 LW	5:56.92		
	32.00	34.52	35.56	36.53	
	36.69	36.49	36.73	36.37	
	36.35	35.68			
11	Rosas, Amber	12 NEW	6:09.14		
	31.71	34.95	36.45	37.48	
	38.10	38.04	38.48	38.34	
	38.66	36.93			
12	Carlson, Anna	10 NEW	6:12.17		
	32.06	36.41	37.34	37.29	
	37.61	38.00	38.99	38.68	
	38.55	37.24			

**#409 Girls 200 Yard Free Relay**

Meet: 1:35.83# 2018 Newport

S Baron, J Chen, R Nguyen, Y Groysman

1:42.50 ST4A

Team	Relay	Finals Time		
<b>A - Final</b>				
1	NEW	A	1:39.90	ST4A
	Sunwoo, Sophia 12	Carlson, Amy 11		
	Parish, Abigail 11	Chen, Stella 9		
	23.23	25.87	25.51	25.29
2	HAZ	A	1:41.57	ST4A
	Nguyen, Elizabeth 12	Shepherd, Alexis 12		
	Wong, Jasmine 11	McCorriston, Molly 11		
	25.82	26.15	26.01	23.59
3	LW	A	1:41.83	ST4A
	Yu, Angelina 12	Larsen, Julia 12		
	Beniwal, Anvi 9	Dubrovsky, Amelia 10		
	25.33	25.20	25.80	25.50
4	MTSI	A	1:43.92	
	Sinnott, Aspen 11	Ahuja, Meher 9		
	Nelson, Siena 12	Chau, Olivia 12		
	26.24	26.64	25.62	25.42
5	ISSY	A	1:44.69	
	Chan, Madison 9	Chan, Tiffany 12		
	Macario, Charlotte 11	Lin, Claire 10		
	26.72	26.86	35.02	16.09
6	LINC	A	1:44.72	
	Wallace, Chloey 9	Elsing, Naomi 11		
	Goodman, Eli 9	Prokop, Alice 9		
	25.67	26.35	26.82	25.88
<b>B - Final</b>				
7	SKY	A	1:44.59	
	Guo, Mira Y 11	Lewis, Sahara R 12		
	Dickens, Juliet M 12	Gustin, Addie M 12		
	25.02	25.67	27.05	26.85
8	JUAN	A	1:45.46	
	Jin, Elaine 9	Pogue, Audrey 9		
	Merriam, Samantha 12	Wendt, Sophia 12		
	26.94	26.21	26.60	25.71
9	BOTH	A	1:45.50	
	Pan, Brianna 11	Pan, Anneliese 10		
	Wheeler, Sasha 12	Chang, Michelle 10		
	27.56	25.70	27.11	25.13

10	RED	A	1:48.02	
	Bryant, Caroline 11	Shriram, Radha 10		
	Wendt, Metta 10	Meverden, Olivia 12		
	25.63	28.15	27.22	27.02
11	WOOD	A	1:49.88	
	Albert, Ellie 11	Gordon, Devon 12		
	Lin, Jill 10	Han, Taryn 12		
	26.67	28.21	27.88	27.12
12	NC	A	1:51.52	
	Kk, Sankari 11	Worcester, Charlee 9		
	Song, Megan 11	Pai, Vilina 10		
	27.90	27.44	28.23	27.95

**#409 Girls 200 Yard Free Relay**

Meet: 1:35.83# 2018 Newport

S Baron, J Chen, R Nguyen, Y Groysman

1:42.50 ST4A

Team	Relay	Prelim Time		
<b>Preliminaries</b>				
1	LW	A	1:42.29	ST4A
	Yu, Angelina 12	Larsen, Julia 12		
	Ledrick, Cora 10	Rahimi, Tandisse 10		
	25.25	25.43	25.79	25.82
2	HAZ	A	1:42.68	
	Nguyen, Elizabeth 12	Shepherd, Alexis 12		
	Wong, Jasmine 11	McCorriston, Molly 11		
	26.06	26.06	26.16	24.40
3	NEW	A	1:42.74	
	Chen, Stella 9	Mullen, Zoie 11		
	Huang, Megan 11	Carlson, Amy 11		
	26.19	27.50	26.08	22.97
4	ISSY	A	1:44.49	
	Chan, Madison 9	Chan, Tiffany 12		
	Macario, Charlotte 11	Lin, Claire 10		
	26.66	26.71	25.94	25.18
5	LINC	A	1:44.51	
	Prokop, Alice 9	Elsing, Naomi 11		
	Goodman, Eli 9	Wallace, Chloey 9		
	25.59	27.15	26.45	25.32
6	MTSI	A	1:44.83	
	Sinnott, Aspen 11	Ahuja, Meher 9		
	Nelson, Siena 12	Chau, Olivia 12		
	26.25	27.46	25.92	25.20
*7	BOTH	A	1:45.62	
	Pan, Brianna 11	Pan, Anneliese 10		
	Wheeler, Sasha 12	Chang, Michelle 10		
	27.55	26.16	26.59	25.32
*7	JUAN	A	1:45.62	
	Jin, Elaine 9	Pogue, Audrey 9		
	Merriam, Samantha 12	Wendt, Sophia 12		
	26.93	26.36	26.68	25.65
9	SKY	A	1:47.06	
	Guo, Mira Y 11	Lewis, Sahara R 12		
	Dickens, Juliet M 12	Gustin, Addie M 12		
	25.93	26.13	27.49	27.51

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

## SeaKing District 2

## 4A Girls Swim and Dive Champs

## Results

## Preliminaries ... (#409 Girls 200 Yard Free Relay)

10	RED	A	1:50.36	
	Bryant, Caroline 11	Shriram, Radha 10		
	Wendt, Metta 10	Meverden, Olivia 12		
	28.10	28.60	27.46	26.20
11	NC	A	1:51.04	
	Kk, Sankari 11	Worcester, Charlee 9		
	Pai, Vilina 10	Song, Megan 11		
	28.01	27.17	27.76	28.10
12	WOOD	A	1:52.33	
	Albert, Ellie 11	Gordon, Devon 12		
	Lin, Jill 10	Han, Taryn 12		
	27.44	29.41	27.66	27.82
13	EASTL	A	1:54.03	
	Hepkin, Penelope 10	Wang-Aryattawanich, Amy		
	Yi, Sarah 12	Goldring, Phoebe 9		
	28.25	29.26	28.79	27.73

## #410 Girls 100 Yard Back

Meet: 54.90# 2009 Annemarie Thayer

1:00.40 ST4A

Name	Yr	Team	Finals Time
<b>A - Final</b>			
1 Chang, Aureole	11	LINC	58.89 ST4A
	29.22	29.67	
2 Traina, Megan	12	WOOD	59.93 ST4A
	29.20	30.73	
3 Dandeneau, Chloe	12	ISSY	59.96 ST4A
	29.00	30.96	
4 DeBoom, Poet	12	LW	1:00.22 ST4A
	29.37	30.85	
5 Larsen, Julia	12	LW	1:00.65
	30.15	30.50	
6 Guilanians, Niobe	12	WOOD	1:00.73
	29.77	30.96	
<b>B - Final</b>			
7 Lin, Claire	10	ISSY	1:01.14
	29.46	31.68	
8 Nguyen, Trinity	12	NC	1:02.88
	30.43	32.45	
9 Shepherd, Lucy	11	ISSY	1:03.63
	30.48	33.15	
10 O'Neil, Riain A	11	SKY	1:03.86
	30.95	32.91	
11 Jin, Elaine	9	JUAN	1:04.76
	31.23	33.53	
12 Corallo, Eliza	12	RED	1:06.29
	32.07	34.22	

## #410 Girls 100 Yard Back

Meet: 54.90# 2009 Annemarie Thayer

1:00.40 ST4A

Name	Yr	Team	Prelim Time
<b>Preliminaries</b>			
1 Chang, Aureole	11	LINC	58.50 ST4A
	28.81	29.69	
2 DeBoom, Poet	12	LW	59.42 ST4A
	28.80	30.62	
3 Traina, Megan	12	WOOD	59.99 ST4A
	29.49	30.50	
4 Guilanians, Niobe	12	WOOD	1:00.20 ST4A
	29.92	30.28	
5 Dandeneau, Chloe	12	ISSY	1:00.43
	28.67	31.76	
6 Larsen, Julia	12	LW	1:00.49
	30.18	30.31	
7 Lin, Claire	10	ISSY	1:01.54
	29.85	31.69	
8 Nguyen, Trinity	12	NC	1:03.00
	30.24	32.76	
9 Shepherd, Lucy	11	ISSY	1:04.71
	31.31	33.40	
10 Jin, Elaine	9	JUAN	1:04.78
	31.46	33.32	
11 O'Neil, Riain A	11	SKY	1:04.98
	31.61	33.37	
12 Corallo, Eliza	12	RED	1:05.80
	32.02	33.78	
13 Goodman, Eli	9	LINC	1:06.27
	32.15	34.12	
14 Ahuja, Meher	9	MTSI	1:06.47
	31.87	34.60	
15 Hendrickson, Alexis	10	RED	1:06.63
	33.15	33.48	
16 Han, Taryn	12	WOOD	1:06.82
	31.38	35.44	
17 Yamashita, Bree L	11	SKY	1:06.88
	32.12	34.76	
18 Hanson, Audrey	10	NC	1:07.22
	33.04	34.18	
19 Kim, Gaon	12	NEW	1:07.35
	32.43	34.92	
20 Tran, Gabbie	10	NEW	1:07.42
	33.08	34.34	
21 Kwok, Julia	10	NEW	1:07.66
	32.85	34.81	
22 Bui, Riley	10	NEW	1:07.92
	33.03	34.89	
23 Stahl, Bianca E	10	SKY	1:08.43
	33.49	34.94	
24 Hua, Zooey Lane	9	ISSY	1:08.52
	32.91	35.61	

25	Meverden, Olivia	12	RED	1:08.89
		34.05	34.84	
26	Nguyen, Madeleine	11	HAZ	1:09.18
		32.98	36.20	
27	Pai, Vilina	10	NC	1:09.43
		33.48	35.95	
28	Ying, Rosie	12	LW	1:09.60
		34.15	35.45	
29	Gong, Abby	11	NC	1:10.85
		35.09	35.76	
30	Tsiu, Kaitlyn G	12	SKY	1:11.43
		34.05	37.38	

## #411 Girls 100 Yard Breast

Meet: 1:01.77# 2022 Gillian Tu

1:08.30 ST4A

Name	Yr	Team	Finals Time
<b>A - Final</b>			
1 Berg, Quincy	10	LINC	1:08.41
	31.84	36.57	
2 Nguyen, Elizabeth	12	HAZ	1:09.92
	33.61	36.31	
3 Lu, Ellen	10	NEW	1:10.48
	33.33	37.15	
4 Chau, Olivia	12	MTSI	1:11.23
	33.46	37.77	
5 Lewis, Sahara R	12	SKY	1:11.46
	33.79	37.67	
6 Miller, Amanda	11	EASTL	1:12.53
	33.73	38.80	
<b>B - Final</b>			
7 Feng, Iris	11	NEW	1:11.09
	33.80	37.29	
8 Xie, Jocasta X	12	SKY	1:11.65
	33.91	37.74	
9 Sinnott, Aspen	11	MTSI	1:11.92
	33.36	38.56	
10 Chan, Madison	9	ISSY	1:12.39
	34.71	37.68	
11 Kim, Michelle	10	NEW	1:12.80
	34.19	38.61	
12 Pogue, Audrey	9	JUAN	1:14.65
	35.57	39.08	

## #411 Girls 100 Yard Breast

Meet: 1:01.77# 2022 Gillian Tu

1:08.30 ST4A

Name	Yr	Team	Prelim Time
<b>Preliminaries</b>			
1 Lu, Ellen	10	NEW	1:09.45
	33.06	36.39	
2 Nguyen, Elizabeth	12	HAZ	1:09.65
	32.96	36.69	
3 Berg, Quincy	10	LINC	1:09.76
	32.95	36.81	

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

**SeaKing District 2**  
**4A Girls Swim and Dive Champs**  
**Results**

**Preliminaries ... (#411 Girls 100 Yard Breast)**

4	Chau, Olivia	12 MTSI	1:10.52
	33.23	37.29	
5	Lewis, Sahara R	12 SKY	1:11.02
	34.44	36.58	
6	Miller, Amanda	11 EASTL	1:11.88
	33.11	38.77	
7	Feng, Iris	11 NEW	1:11.96
	34.75	37.21	
8	Chan, Madison	9 ISSY	1:12.05
	34.94	37.11	
9	Sinnott, Aspen	11 MTSI	1:12.64
	33.41	39.23	
10	Kim, Michelle	10 NEW	1:12.88
	34.37	38.51	
11	Xie, Jocasta X	12 SKY	1:13.15
	34.50	38.65	
12	Pogue, Audrey	9 JUAN	1:14.22
	34.97	39.25	
13	Dubrovsky, Amelia	10 LW	1:14.39
	35.00	39.39	
14	Gordon, Devon	12 WOOD	1:15.14
	35.74	39.40	
15	Pan, Brianna	11 BOTH	1:16.56
	35.81	40.75	
16	Buchanan, Sophia	10 NC	1:16.80
	35.44	41.36	
17	Liston, Sophia	11 LINC	1:17.20
	35.84	41.36	
18	Hepkin, Penelope	10 EASTL	1:17.47
	36.12	41.35	
19	Yung, Elyse	11 ISSY	1:18.48
	36.91	41.57	
20	Nishimoto, Katherine	11 HAZ	1:19.01
	36.47	42.54	
21	Callahan, Shannon	12 NEW	1:19.16
	36.41	42.75	
22	Elsing, Naomi	11 LINC	1:19.49
	36.74	42.75	
23	Wu, Lina	9 RED	1:21.45
	38.95	42.50	
24	Kang, Kathy	10 ISSY	1:22.08
	38.59	43.49	

**#412 Girls 400 Yard Free Relay**

Meet: 3:35.04# 2016 Skyline

C Bradley, G McRae, S Young, S DiMeco

3:45.90 ST4A

Team	Relay	Finals Time
<b>A - Final</b>		
1 LINC	A	3:41.97 ST4A
White, Matilda 11	Berg, Quincy 10	
Chang, Aureole 11	Wallace, Chloey 9	
	25.98 54.34 27.06 56.12	
	26.07 56.04 26.36 55.47	
2 HAZ	A	3:42.28 ST4A
McCorriston, Molly 11	Shepherd, Alexis 12	
Wong, Jasmine 11	Nguyen, Elizabeth 12	
	24.93 52.15 27.08 57.64	
	27.10 57.66 26.27 54.83	
3 NEW	A	3:44.45 ST4A
Chen, Stella 9	Feng, Iris 11	
Lu, Ellen 10	Parish, Abigail 11	
	27.08 56.00 26.79 56.39	
	26.91 56.61 26.55 55.45	
4 ISSY	A	3:45.13 ST4A
Holmgren, Lova 10	Kampf, Juliana 12	
Macario, Charlotte 11	Lin, Claire 10	
	27.64 58.05 27.15 56.27	
	26.83 56.69 25.76 54.12	
5 LW	A	3:49.22
Beniwal, Anvi 9	Rahimi, Tandisse 10	
Ledrick, Cora 10	DeBoom, Poet 12	
	27.13 56.76 27.15 57.75	
	28.16 58.69 26.63 56.02	
6 EASTL	A	3:50.07
Hallmann, Kirah 11	Naroski, Jenna 10	
Miller, Amanda 11	Chen, Katherine 9	
	26.69 56.18 27.58 57.71	
	27.52 57.94 27.81 58.24	
<b>B - Final</b>		
7 WOOD	A	3:49.56
Guilanians, Niobe 12	Traina, Molly 9	
Hizzey, Lauren 9	Traina, Megan 12	
	27.94 58.15 26.36 55.52	
	27.79 59.12 27.05 56.77	
8 JUAN	A	3:54.05
Jin, Elaine 9	Pogue, Audrey 9	
Merriam, Samantha 12	Wendt, Sophia 12	
	28.73 1:00.61 27.67 59.34	
	27.45 57.55 26.33 56.55	
9 SKY	A	3:58.53
Robertson, Ava L 10	Yamashita, Bree L 11	
Dickens, Juliet M 12	Xie, Jocasta X 12	
	28.34 59.27 27.93 58.75	
	28.87 1:01.48 28.02 59.03	

10 RED	A	4:00.33
Wendt, Metta 10	Meverden, Olivia 12	
Corallo, Eliza 12	Bryant, Caroline 11	
	29.33 1:00.93 28.48 59.05	
	29.99 1:02.78 26.90 57.57	
11 NC	A	4:02.24
Gong, Abby 11	Nguyen, Trinity 12	
Song, Megan 11	Worcester, Charlee 9	
	29.74 1:01.57 28.81 1:00.56	
	28.43 1:00.34 28.17 59.77	
12 MTSI	A	4:19.99
Kar, Adyasha 9	McCallum, Shelby 10	
Bonham, Sydney 12	Kennedy, Kalyn 9	
	29.94 1:03.62 30.84 1:06.60	
	30.97 1:08.74 29.35 1:01.03	

**#412 Girls 400 Yard Free Relay**

Meet: 3:35.04# 2016 Skyline

C Bradley, G McRae, S Young, S DiMeco

3:45.90 ST4A

Team	Relay	Prelim Time
<b>Preliminaries</b>		
1 LINC	A	3:43.42 ST4A
Chang, Aureole 11	White, Matilda 11	
Wallace, Chloey 9	Berg, Quincy 10	
	26.01 53.66 26.28 55.12	
	26.87 56.34 27.10 58.30	
2 NEW	A	3:43.64 ST4A
Chen, Stella 9	Feng, Iris 11	
Lu, Ellen 10	Parish, Abigail 11	
	26.59 54.84 26.89 56.36	
	26.66 55.93 27.14 56.51	
3 HAZ	A	3:44.51 ST4A
McCorriston, Molly 11	Shepherd, Alexis 12	
Wong, Jasmine 11	Nguyen, Elizabeth 12	
	25.45 52.98 27.24 58.49	
	26.25 57.30 26.49 55.74	
4 ISSY	A	3:46.09
Holmgren, Lova 10	Kampf, Juliana 12	
Dandeneau, Chloe 12	Lin, Claire 10	
	27.74 57.57 27.23 56.91	
	26.96 56.98 25.99 54.63	
5 LW	A	3:50.24
Beniwal, Anvi 9	Rahimi, Tandisse 10	
Ledrick, Cora 10	DeBoom, Poet 12	
	27.55 57.85 15.25 57.40	
	28.25 59.08 26.64 55.91	
6 EASTL	A	3:50.37
Hallmann, Kirah 11	Naroski, Jenna 10	
Miller, Amanda 11	Chen, Katherine 9	
	26.57 56.09 27.98 59.15	
	27.09 57.49 27.57 57.64	

## 2024 Sea King District II 4A Girls Champs - 11/7/2024 to 11/9/2024

SeaKing District 2  
4A Girls Swim and Dive Champs

## Results

Preliminaries ... (#412 Girls 400 Yard Free Relay)				
7	WOOD	A	3:51.80	
	Guilanians, Niobe 12		Traina, Molly 9	
	Hizzey, Lauren 9		Traina, Megan 12	
	28.70	1:00.43	26.40	56.13
	27.43	58.65	26.72	56.59
8	JUAN	A	3:55.91	
	Jin, Elaine 9		Pogue, Audrey 9	
	Merriam, Samantha 12		Wendt, Sophia 12	
	29.96	1:02.00	27.60	59.40
	28.18	58.84	26.09	55.67
9	RED	A	4:01.18	
	Wendt, Metta 10		Corallo, Eliza 12	
	Meverden, Olivia 12		Bryant, Caroline 11	
	29.81	1:02.27	17.69	1:01.35
	28.25	59.77	27.00	57.79
10	SKY	A	4:01.21	
	Robertson, Ava L 10		Yamashita, Bree L 11	
	O'Neil, Riain A 11		Xie, Jocasta X 12	
	28.95	1:00.45	28.04	59.09
	29.61	1:01.78	28.30	59.89
11	NC	A	4:05.42	
	Song, Megan 11		Gong, Abby 11	
	Joshi, Anaya 9		Nguyen, Trinity 12	
	29.48	1:02.60	29.48	1:01.83
	28.71	1:00.45	27.98	1:00.54
12	MTSI	A	4:19.48	
	McCallum, Shelby 10		Kar, Adyasha 9	
	Bonham, Sydney 12		Kennedy, Kalyn 9	
	30.73	1:06.74	29.18	1:02.92
	15.15	31.52	36.91	1:38.30
13	BOTH	A	4:26.13	
	Moore, Chevelle 11		Wheeler, Sasha 12	
	Anderson, Quinn 10		Wei, Adina 10	
	33.06	1:12.66	27.14	1:00.19
	33.39	1:14.31	28.33	58.97

## #413 Girls 50 Yard Free Swim-off

Meet: 23.35# 2018 Gabby Dang

25.00 ST4A

Name	Yr	Team	Finals Time
<b>- Swim-off</b>			
1 Berg, Quincy	10	LINC	25.50
2 Lewis, Sahara R	12	SKY	25.91

## Scores - Women

Women - Team Rankings - Through Event 413	
1. Newport	223
2. Lincoln	176
3. Lake Washington	175
4. Issaquah	135
5. Woodinville	122
6. Skyline	113

7. Hazen	109
8. Mount Si	79
8. Eastlake	79
10. Redmond	52
11. Bothell	49
12. Juanita	45
13. North Creek	29