

Lakeside vs Seattle Prep - Winter 23-24 - 12/1/2023

Lions vs Panthers

Results - Dual Meet

Event 1 Boys 200 Yard Medley Relay

1:40.00 STAT State

Team	Relay	Finals Time	
1 LKSDB	A	1:38.24	STAT
1) Zhang, Alvin SR	2) Scott, Ben SR		
3) Tan, Ayden SR	4) Meyer, Abel SR		
2 LKSDB	B	1:43.37	4
1) Liu, Brandon FR	2) Lee, Daniel SO		
3) Klebeck, Ulee JR	4) Traverse, Sam JR		
3 LKSDB	C	x1:52.58	
1) Jones, Bennett FR	2) Tran, Evan SR		
3) Sasaki, Gino SR	4) Laney, Eli SO		
4 PREP	A	1:53.96	2
1) Ordonez Bender, Mateo SO	2) Bowman, Grant SO		
3) Wilwerding, Hans SR	4) Harnett, Rhys SR		
5 PREP	B	2:01.41	
1) Ingham, Roland FR	2) Riley, Liam SR		
3) Kohno, Sean FR	4) Buckholtz, Bradyn SR		
--- LKSDB	D	X2:07.50	
1) Wang, William FR	2) Solomon, Raeye FR		
3) Shteynberg, Elijah FR	4) Pham, Christopher SR		

Event 2 Boys 200 Yard Freestyle

1:46.50 STAT State

2:02.50 DIST Districts

2:18.50 METR Metro

Name	YrSchool	Finals Time	
1 Krabak, Cole	FR LKSDB	2:01.84	DIST
2 Ni, Owen	JR LKSDB	2:04.28	METR
3 Ni, Kevin	FR LKSDB	2:07.85	METR
4 Nedialkov Sala, Stephen	SO PREP	2:20.39	2
5 Metcalf, Matthew	SR PREP	2:37.55	1
6 Ingham, Roland	FR PREP	2:37.71	

Event 3 Boys 200 Yard IM

1:59.00 STAT State

2:15.00 DIST Districts

2:31.00 METR Metro

Name	YrSchool	Finals Time	
1 Scott, Ben	SR LKSDB	1:56.87	STAT
2 Klebeck, Ulee	JR LKSDB	2:09.39	DIST
3 Jones, Bennett	FR LKSDB	2:13.11	DIST
4 Ordonez Bender, Mateo	SO PREP	2:30.09	METR
5 Bowman, Grant	SO PREP	2:30.34	METR
6 Buckholtz, Bradyn	SR PREP	2:31.62	

Event 4 Boys 50 Yard Freestyle

21.80 STAT State

23.80 DIST Districts

27.25 METR Metro

Name	YrSchool	Finals Time	
1 Lee, Daniel	SO LKSDB	22.61	DIST
2 Meyer, Abel	SR LKSDB	23.02	DIST
3 Salerno, Grant	SO PREP	23.43	DIST
4 Traverse, Sam	JR LKSDB	23.44	DIST
5 Wilson, Zach	JR PREP	24.60	METR
6 Wilwerding, Hans	SR PREP	26.93	METR
--- Liu, Brandon	FR LKSDB	X23.74	DIST

--- O'Donnell, Logan	JR LKSDB	X24.55	METR
--- Laney, Eli	SO LKSDB	X25.19	METR
--- Ouyang, Frank	FR LKSDB	X25.38	METR
--- Valdman, Charlie	SO LKSDB	X25.63	METR
--- Shteynberg, Elijah	FR LKSDB	X25.93	METR
--- Wang, William	FR LKSDB	X27.47	
--- Solomon, Raeye	FR LKSDB	X28.75	
--- May, Sam	SO PREP	X28.86	
--- Paredes, Ismael	JR PREP	X30.34	
--- An, Eric	SR LKSDB	X30.72	
--- Gutierrez, Mario	JR PREP	X31.42	
--- Guizio, Dominic	SR PREP	X31.86	
--- Cababa Wood, Dominic	JR PREP	X31.93	

Event 5 Boys 1 mtr Diving

Name	YrSchool	Finals Score	
1 Swan, Bear	JR PREP	215.75	6
2 Metcalf, Matthew	SR PREP	153.15	4
3 Witter, Chaz	SR PREP	139.80	3
--- Solomon, Raeye	FR LKSDB	X50.90	
--- Seraji, Kian	SO LKSDB	X47.85	
--- Pham, Christopher	SR LKSDB	X43.30	
--- Sasaki, Gino	SR LKSDB	X38.70	

Event 6 Boys 100 Yard Butterfly

52.75 STAT State

1:02.75 DIST Districts

1:12.75 METR Metro

Name	YrSchool	Finals Time	
1 Tan, Ayden	SR LKSDB	54.24	DIST
2 Sasaki, Gino	SR LKSDB	1:03.22	METR
3 Kohno, Sean	FR PREP	1:06.28	METR
4 Wilwerding, Hans	SR PREP	1:07.39	METR
5 Wang, William	FR LKSDB	1:10.48	METR

Event 7 Boys 100 Yard Freestyle

48.30 STAT State

56.30 DIST Districts

1:04.30 METR Metro

Name	YrSchool	Finals Time	
1 Zhang, Alvin	SR LKSDB	48.27	STAT
2 Klebeck, Ulee	JR LKSDB	50.34	DIST
3 Salerno, Grant	SO PREP	53.98	DIST
4 Traverse, Sam	JR LKSDB	54.01	DIST
5 Harnett, Rhys	SR PREP	58.06	METR
6 Nedialkov Sala, Stephen	SO PREP	1:03.31	METR
--- Liu, Brandon	FR LKSDB	X54.03	DIST
--- Valdman, Charlie	SO LKSDB	X58.72	METR
--- Shteynberg, Elijah	FR LKSDB	X1:03.06	METR
--- Seraji, Kian	SO LKSDB	X1:04.17	METR
--- May, Sam	SO PREP	X1:06.81	
--- Paredes, Ismael	JR PREP	X1:09.41	
--- Guizio, Dominic	SR PREP	X1:15.18	
--- Cababa Wood, Dominic	JR PREP	X1:15.82	
--- Gutierrez, Mario	JR PREP	X1:16.43	

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Event 8 Boys 500 Yard Freestyle

4:53.00 STAT State
5:28.00 DIST Districts
6:08.00 METR Metro

Name	YrSchool	Finals Time	
1 Lee, Daniel	SO LKSDB	5:03.61	DIST
2 Ouyang, Frank	FR LKSDB	5:26.45	DIST
3 Laney, Eli	SO LKSDB	6:07.56	METR
4 Kohno, Sean	FR PREP	6:19.57	2
5 Buckholtz, Bradyn	SR PREP	6:38.76	1
6 Riley, Liam	SR PREP	7:06.14	

Event 9 Boys 200 Yard Freestyle Relay

1:30.00 STAT State

Team	Relay	Finals Time	
1 LKSDB	A	1:31.95	8
1) Zhang, Alvin SR	2) Tan, Ayden SR		
3) Traverse, Sam JR	4) Scott, Ben SR		
2 PREP	A	1:40.16	4
1) Wilson, Zach JR	2) Salerno, Grant SO		
3) Bowman, Grant SO	4) Harnett, Rhys SR		
3 LKSDB	B	1:44.11	2
1) Ni, Kevin FR	2) Ni, Owen JR		
3) O'Donnell, Logan JR	4) Valdman, Charlie SO		
4 PREP	B	1:54.31	
1) Nedialkov Sala, Stephen SO	2) Ingham, Roland FR		
3) Wilwerding, Hans SR	4) Riley, Liam SR		
5 LKSDB	C	1:55.52	
1) Seraji, Kian SO	2) Solomon, Raeye FR		
3) Tran, Evan SR	4) An, Eric SR		
6 PREP	D	2:06.05	
1) Guizio, Dominic SR	2) Cababa Wood, Dominic JR		
3) Gutierrez, Mario JR	4) May, Sam SO		

Event 10 Boys 100 Yard Backstroke

54.00 STAT State
1:04.00 DIST Districts
1:14.00 METR Metro

Name	YrSchool	Finals Time	
1 Meyer, Abel	SR LKSDB	58.25	DIST
2 Jones, Bennett	FR LKSDB	59.28	DIST
3 Krabak, Cole	FR LKSDB	1:02.33	DIST
4 Ordonez Bender, Mateo	SO PREP	1:02.46	DIST
5 Wilson, Zach	JR PREP	1:07.15	METR
6 Ingham, Roland	FR PREP	1:15.53	

Event 11 Boys 100 Yard Breaststroke

59.50 STAT State
1:09.50 DIST Districts
1:19.50 METR Metro

Name	YrSchool	Finals Time	
1 Zhang, Alvin	SR LKSDB	58.15	STAT
2 Scott, Ben	SR LKSDB	58.34	STAT
3 Tan, Ayden	SR LKSDB	1:01.90	DIST
4 Ni, Owen	JR LKSDB	1:05.10	DIST
5 Bowman, Grant	SO PREP	1:14.90	METR
6 Harnett, Rhys	SR PREP	1:15.57	METR
7 Riley, Liam	SR PREP	1:21.88	

---	Ni, Kevin	FR LKSDB	X1:06.68	DIST
---	Tran, Evan	SR LKSDB	X1:14.31	METR
---	O'Donnell, Logan	JR LKSDB	X1:16.75	METR
---	Pham, Christopher	SR LKSDB	X1:19.61	
---	An, Eric	SR LKSDB	X1:32.57	

Event 12 Boys 400 Yard Freestyle Relay

3:20.00 STAT State

Team	Relay	Finals Time	
1 LKSDB	A	3:22.51	8
1) Klebeck, Ulee JR	2) Lee, Daniel SO		
3) Jones, Bennett FR	4) Meyer, Abel SR		
2 LKSDB	B	3:44.37	4
1) Liu, Brandon FR	2) Laney, Eli SO		
3) Krabak, Cole FR	4) Ouyang, Frank FR		
3 PREP	A	3:56.58	2
1) Wilson, Zach JR	2) Salerno, Grant SO		
3) Ordonez Bender, Mateo SO	4) Buckholtz, Bradyn SR		
4 LKSDB	C	4:12.20	
1) Valdman, Charlie SO	2) Seraji, Kian SO		
3) Wang, William FR	4) Shteynberg, Elijah FR		
5 PREP	B	4:23.56	
1) Nedialkov Sala, Stephen SO	2) Kohno, Sean FR		
3) Paredes, Ismael JR	4) Metcalf, Matthew SR		
6 PREP	C	5:05.43	
1) Guizio, Dominic SR	2) Gutierrez, Mario JR		
3) May, Sam SO	4) Cababa Wood, Dominic JR		