

MI vs Lake Washington - 12/7/2023

Results - Dual Meet

Event 1 Boys 200 Yard Medley Relay

1:40.00 3AST WIAA

Team	Relay	Finals Time	
1 LW	A	1:40.83	8
1) Chellis, Carr SR	2) Ledrick, Owen SR		
3) Hammer, Max SO	4) Sawicki, Daniel JR		
26.12 28.10	24.14 22.47		
2 MIHS	A	1:40.93	4
1) Sieckhaus, Jack 12	2) Gallot, Ilan 10		
3) Waingold, Ari 11	4) Carmichael, Colin 12		
24.46 28.66	25.73 22.08		
3 LW	B	1:55.15	2
1) Luckowski, Daniel SR	2) Choy, Matthew FR		
3) Zhang, Alex JR	4) Paixo, Lucas SO		
1:01.99 27.05	26.55		
4 MIHS	B	1:55.47	
1) Butler, Rhodes 10	2) Sterrett, Ben 11		
3) Lee, Aston 09	4) Hounsell, Rhett 11		
29.92 33.01	28.83 23.71		
5 LW	C	x1:58.36	
1) Moore, Joseph SR	2) Song, Jay FR		
3) Oks, Leon SR	4) Rao, Thejas JR		
29.97 33.59	28.77 26.03		
6 MIHS	D	x2:12.75	
1) Pasquali, Oliver 10	2) Jones, Wyatt 09		
3) Thomas, Henry 11	4) Headrick, JP 12		
40.67 45.02	47.10		
--- LW	D	X2:05.72	
1) Blat-Phillip, Lucas JR	2) Zhang, Victor SO		
3) Heber, Ryan JR	4) Guan, Jason SR		
29.85 34.75	31.78 29.34		
--- MIHS	E	X2:07.73	
1) Hockley, Trevor 11	2) Greer, Matthew 10		
3) Radovich, Max 10	4) Whipple, Spencer 10		
34.22 35.67	31.42 26.42		
--- MIHS	F	X2:15.37	
1) Seo, Yijoon 10	2) Crump, Charlie 11		
3) Palanca, Peter 09	4) Le, Leo 10		
33.41 39.27	33.22 29.47		
--- LW	E	X2:17.40	
1) Beckman, Kurtis FR	2) Hoener, Brodie SO		
3) Chachkov, Nich FR	4) Wujick, John JR		
1:13.60 32.57	33.38		
--- LW	G	XDQ	
1) Geels, Joseph FR	2) Kolli, Hemanth FR		
3) Benson, Dash FR	4) Chen, Aaron FR		
46.62 46.29	38.73 33.82		
--- LW	F	XDQ	
1) Morris, Ethan FR	2) Crowley, Ian FR		
3) Kedar, Daniel FR	4) Atalla, Nick FR		
39.84 36.19	36.78 28.40		
--- LW	H	XDQ	
1) Weston, Henry FR	2) Pawelke, Carter JR		
3) Rao, Kaushal SO	4) Padhy, Shreyansh JR		
38.35 44.00	36.37 34.66		

Event 2 Boys 200 Yard Freestyle

1:46.50 3AST WIAA

2:02.50 3AD District

2:18.50 KING KingCo

Name	YrSchool	Finals Time	
1 Sieckhaus, Jack	12 MIHS	1:50.22	3AD
24.31 27.87	29.25	28.79	
2 Liu, Andrew	11 MIHS	1:56.94	3AD
27.33 30.21	30.41	28.99	
3 Wang, Bill	FR LW	1:59.16	3AD
26.90 29.72	31.35	31.19	
4 Yin, Alexander	10 MIHS	2:03.61	KING
27.97 32.01	32.91	30.72	
5 Goldworthy, Andy	JR LW	2:08.07	KING
29.49 32.63	33.64	32.31	
6 Rahimi, Avesta	SR LW	2:25.82	
32.65 36.56	38.64	37.97	
--- Butler, Rhodes	10 MIHS	X2:09.26	KING
29.41 33.65	34.70	31.50	
--- Radovich, Max	10 MIHS	X2:25.77	
32.83 36.24	38.29	38.41	
--- Qadeer, Jibran	09 MIHS	X2:42.01	
35.22 40.77	43.74	42.28	
--- Pasquali, Owen	12 MIHS	X2:43.16	
36.27 42.08	43.85	40.96	

Event 3 Boys 200 Yard IM

1:59.00 3AST WIAA

2:15.00 3AD District

2:31.00 KING KingCo

Name	YrSchool	Finals Time	
1 Gallot, Ilan	10 MIHS	2:04.96	3AD
27.93 32.94	35.17	28.92	
2 Choy, Matthew	FR LW	2:12.78	3AD
28.48 34.97	37.90	31.43	
3 Nguyen, Sonny	JR LW	2:15.35	KING
27.95 34.35	40.34	32.71	
4 Zhang, Alex	JR LW	2:18.28	KING
28.89 36.45	41.27	31.67	
5 Waingold, Ari	11 MIHS	2:22.86	KING
28.32 35.45	44.38	34.71	
6 Hounsell, Rhett	11 MIHS	2:31.13	
29.62 39.75	47.64	34.12	

Event 4 Boys 50 Yard Freestyle

21.80 3AST WIAA

23.80 3AD District

25.80 KING KingCo

Name	YrSchool	Finals Time	
1 Chellis, Carr	SR LW	22.90	3AD
2 Sawicki, Daniel	JR LW	23.26	3AD
3 Lucas, Graham	10 MIHS	23.43	3AD
4 Sterrett, Ben	11 MIHS	24.35	KING
5 Stone, Trey	SR LW	24.72	KING
6 Knieval, Reese	11 MIHS	24.77	KING
7 Mehr, Amir	LW	x39.24	
--- Yin, Alexander	10 MIHS	X24.97	KING
--- Carmichael, Ian	10 MIHS	X25.06	KING

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(Event 4 Boys 50 Yard Freestyle)

Name	YrSchool	Finals Time	
--- Pollock, Andrew	11 MIHS	X25.18	KING
--- Lim, Hee-Ro	10 MIHS	X25.40	KING
--- Rinehart, Will	SR LW	X25.59	KING
--- Moore, Joseph	SR LW	X25.65	KING
--- Yakoviev, Maksim	SO LW	X25.74	KING
--- Kolli, Hemanth	FR LW	X25.76	KING
--- Luckowski, Daniel	SR LW	X25.92	
--- Dong, Shi	SO LW	X26.49	
--- Gerwin, John	SR LW	X27.20	
--- Thomas, Henry	11 MIHS	X27.31	
--- Whipple, Spencer	10 MIHS	X27.89	
--- Headrick, JP	12 MIHS	X27.95	
--- Crump, Charlie	11 MIHS	X28.20	
--- Greer, Matthew	10 MIHS	X28.48	
--- Aguirre, Noah	SR LW	X28.62	
--- Palanca, Peter	09 MIHS	X28.87	
--- Hockley, Trevor	11 MIHS	X28.98	
--- Beckman, Kurtis	FR LW	X29.11	
--- Hoener, Brodie	SO LW	X29.23	
--- Crowley, Ian	FR LW	X29.25	
--- Chachkov, Nich	FR LW	X29.57	
--- Mishra, Manas	FR LW	X30.40	
--- Tea, Brendan	SO LW	X30.46	
--- Atalla, Nick	FR LW	X30.53	
--- Wujick, John	JR LW	X31.24	
--- Kedar, Daniel	FR LW	X31.53	
--- Morris, Ethan	FR LW	X31.67	
--- Pasquali, Oliver	10 MIHS	X31.96	
--- Tan, Harry	10 MIHS	X32.26	
--- Iwasaki, Ryan	10 MIHS	X32.36	
--- Weston, Henry	FR LW	X32.88	
--- Guan, Jason	SR LW	X32.88	
--- Rao, Kaushal	SO LW	X32.89	
--- Geels, Joseph	FR LW	X33.35	
--- Noland, Morgan	JR LW	X35.05	
--- Padhy, Shreyansh	JR LW	X35.24	
--- Rosenbaum, Noam	FR LW	X35.83	
--- Chen, Aaron	FR LW	X37.39	
--- Pawelke, Carter	JR LW	X39.68	
--- Benson, Dash	FR LW	X42.34	
--- Bhavsar, Xavier	FR LW	X45.49	
--- Rao, Thejas	JR LW	XDQ	

Event 5 Boys 1 mtr Diving

Name	YrSchool	Finals Score	
1 Moore, Joseph	SR LW	158.65	6
2 Kornblum, Shane	10 MIHS	121.90	4
3 Hounsell, Rhett	11 MIHS	107.90	3
4 Luckowski, Daniel	SR LW	107.75	2
5 Rosenbaum, Noam	FR LW	35.28	1

Event 6 Boys 100 Yard Butterfly

		52.75	3AST WIAA		
		1:02.75	3AD District		
		1:12.75	KING KingCo		
Name	YrSchool	Finals Time			
1 Carmichael, Colin	12 MIHS	54.55	3AD		
25.06	29.49				
2 Hammer, Max	SO LW	55.39	3AD		
25.94	29.45				
3 Choy, Matthew	FR LW	59.03	3AD		
27.60	31.43				
4 Oks, Leon	SR LW	1:04.22	KING		
30.08	34.14				
5 Jones, Wyatt	09 MIHS	1:05.29	KING		
29.76	35.53				
--- Heber, Ryan	JR LW	X1:10.85	KING		
32.70	38.15				
--- Tea, Brendan	SO LW	X1:25.72			
36.98	48.74				

Event 7 Boys 100 Yard Freestyle

		48.30	3AST WIAA		
		56.30	3AD District		
		1:01.30	KING KingCo		
Name	YrSchool	Finals Time			
1 Sieckhaus, Jack	12 MIHS	49.47	3AD		
23.37	26.10				
2 Sawicki, Daniel	JR LW	52.16	3AD		
25.11	27.05				
3 Pollock, Andrew	11 MIHS	53.90	3AD		
25.72	28.18				
4 Knieval, Reese	11 MIHS	54.23	3AD		
25.71	28.52				
5 Stone, Trey	SR LW	54.75	3AD		
25.99	28.76				
6 Nguyen, Sonny	JR LW	56.44	KING		
26.14	30.30				
--- Sterrett, Ben	11 MIHS	X55.10	3AD		
26.78	28.32				
--- Carmichael, Ian	10 MIHS	X56.20	3AD		
27.00	29.20				
--- Goldworthy, Andy	JR LW	X58.60	KING		
28.54	30.06				
--- Blat-Phillip, Lucas	JR LW	X58.70	KING		
28.11	30.59				
--- Rao, Thejas	JR LW	X59.21	KING		
27.37	31.84				
--- Paixo, Lucas	SO LW	X59.54	KING		
28.40	31.14				
--- Song, Jay	FR LW	X1:01.91			
29.02	32.89				
--- Crump, Charlie	11 MIHS	X1:02.91			
30.20	32.71				
--- Dong, Shi	SO LW	X1:03.21			
29.88	33.33				
--- Rahimi, Avesta	SR LW	X1:03.96			
30.15	33.81				

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(Event 7 Boys 100 Yard Freestyle)

Name	Yr	School	Finals Time
--- Chachkov, Nich	FR	LW	X1:04.78
30.76	34.02		
--- Aguirre, Noah	SR	LW	X1:08.10
32.43	35.67		
--- Atalla, Nick	FR	LW	X1:09.29
33.63	35.66		
--- Seo, Yijoon	10	MIHS	X1:10.68
33.40	37.28		
--- Iwasaki, Ryan	10	MIHS	X1:13.51
34.97	38.54		
--- Guan, Jason	SR	LW	X1:14.41
35.03	39.38		
--- Pasquali, Oliver	10	MIHS	X1:14.64
33.46	41.18		
--- Qadeer, Jibran	09	MIHS	X1:15.45
36.21	39.24		
--- Rao, Kaushal	SO	LW	X1:15.55
34.54	41.01		
--- Noland, Morgan	JR	LW	X1:21.57
36.50	45.07		
--- Geels, Joseph	FR	LW	X1:24.16
38.00	46.16		
--- Tan, Harry	10	MIHS	X1:29.78
40.06	49.72		
--- Benson, Dash	FR	LW	X1:32.72
43.40	49.32		

Event 8 Boys 500 Yard Freestyle

4:53.00 3AST WIAA
5:28.00 3AD District
6:03.00 KING KingCo

Name	Yr	School	Finals Time
1 Lucas, Graham	10	MIHS	5:07.20 3AD
26.79	29.55	31.25	31.57
31.03	31.42	31.30	31.19
31.97	31.13		
2 Ledrick, Owen	SR	LW	5:13.40 3AD
27.18	29.92	31.01	31.68
31.98	31.77	32.43	32.68
32.41	32.34		
3 Waingold, Ari	11	MIHS	5:24.56 3AD
28.20	31.11	32.82	33.16
33.34	33.60	33.37	33.98
33.52	31.46		
4 Zhang, Alex	JR	LW	5:26.61 3AD
28.53	31.61	33.03	33.99
34.13	33.40	34.01	34.01
31.85	32.05		
5 Lee, Aston	09	MIHS	5:27.38 3AD
27.29	31.08	32.89	33.80
34.29	34.00	34.06	34.28
33.28	32.41		
6 Zhang, Victor	SO	LW	6:57.81
32.84	36.87	42.55	43.88
44.28	44.50	45.76	42.95
43.02	41.16		

Event 9 Boys 200 Yard Freestyle Relay

Team	1:30.00	3AST WIAA	Relay	Finals Time
1 MIHS			A	1:33.16 8
1) Hounsell, Rhett 11			2) Sieckhaus, Jack 12	
3) Liu, Andrew 11			4) Lucas, Graham 10	
24.44	22.75	24.34	21.63	
2 LW			A	1:34.80 4
1) Sawicki, Daniel JR			2) Nguyen, Sonny JR	
3) Stone, Trey SR			4) Chellis, Carr SR	
23.86	23.72	24.31	22.91	
3 MIHS			B	1:35.32 2
1) Knieval, Reese 11			2) Sterrett, Ben 11	
3) Carmichael, Ian 10			4) Carmichael, Colin 12	
24.34	24.71	24.21	22.06	
4 LW			B	1:40.04
1) Choy, Matthew FR			2) Wang, Bill FR	
3) Luckowski, Daniel SR			4) Ledrick, Owen SR	
25.83	25.09	26.06	23.06	
5 MIHS			C	x1:40.62
1) Lim, Hee-Ro 10			2) Yin, Alexander 10	
3) Butler, Rhodes 10			4) Pollock, Andrew 11	
25.07	25.67	25.28	24.60	
6 LW			C	x1:48.28
1) Rinehart, Will SR			2) Oks, Leon SR	
3) Goldworthy, Andy JR			4) Dong, Shi SO	
26.32	27.62	26.98	27.36	
--- MIHS			D	X1:51.48
1) Jones, Wyatt 09			2) Thomas, Henry 11	
3) Seo, Yijoon 10			4) Headrick, JP 12	
26.48	27.33	30.74	26.93	
--- MIHS			E	X1:53.84
1) Crump, Charlie 11			2) Greer, Matthew 10	
3) Radovich, Max 10			4) Whipple, Spencer 10	
27.76	28.78	30.54	26.76	
--- LW			D	X1:54.18
1) Song, Jay FR			2) Rahimi, Avesta SR	
3) Hoener, Brodie SO			4) Zhang, Victor SO	
28.50	30.42	28.44	26.82	
--- LW			G	X2:00.88
1) Atalla, Nick FR			2) Geels, Joseph FR	
3) Crowley, Ian FR			4) Heber, Ryan JR	
29.60	1:03.48	27.76	0.04	
--- MIHS			F	X2:01.03
1) Le, Leo 10			2) Hockley, Trevor 11	
3) Pasquali, Owen 12			4) Palanca, Peter 09	
32.43	28.85	31.39	28.36	
--- LW			E	X2:07.22
1) Aguirre, Noah SR			2) Wujick, John JR	
3) Tea, Brendan SO			4) Rao, Kaushal SO	
33.78	32.77	31.86	28.81	
--- LW			J	X2:31.41
1) Chen, Aaron FR			2) Mishra, Manas FR	
3) Bhavsar, Xavier FR			4) Rosenbaum, Noam FR	
45.28	38.91	34.78	32.44	

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(Event 9 Boys 200 Yard Freestyle Relay)

Team	Relay	Finals Time
---	LW	H XDQ
1) Weston, Henry	FR	2) Morris, Ethan FR
3) Padhy, Shreyansh	JR	4) Guan, Jason SR
32.71	31.95	36.38 29.38
---	LW	F XDQ
1) Beckman, Kurtis	FR	2) Chachkov, Nich FR
		4) Gerwin, John SR
32.60	30.29	37.77 27.09
---	LW	I XDQ
1) Kolli, Hemanth	FR	2) Kedar, Daniel FR
3) Noland, Morgan	JR	4) Pawelke, Carter JR
32.56	37.92	33.98 25.60

Event 10 Boys 100 Yard Backstroke

54.00 3AST WIAA
1:04.00 3AD District
1:12.00 KING KingCo

Name	YrSchool	Finals Time
1 Gallot, Ilan	10 MIHS	58.16 3AD
28.79	29.37	
2 Hammer, Max	SO LW	58.20 3AD
28.37	29.83	
3 Wang, Bill	FR LW	1:01.76 3AD
30.28	31.48	
4 Liu, Andrew	11 MIHS	1:04.65 KING
31.33	33.32	
5 Lim, Hee-Ro	10 MIHS	1:05.88 KING
31.95	33.93	
6 Blat-Phillip, Lucas	JR LW	1:07.09 KING
33.35	33.74	
---	Jones, Wyatt	09 MIHS X1:08.48 KING
32.92	35.56	
---	Thomas, Henry	11 MIHS X1:14.47
35.52	38.95	
---	Radovich, Max	10 MIHS X1:18.31
38.08	40.23	
---	Seo, Yijoon	10 MIHS X1:20.71
39.13	41.58	

Event 11 Boys 100 Yard Breaststroke

59.50 3AST WIAA
1:09.50 3AD District
1:17.50 KING KingCo

Name	YrSchool	Finals Time
1 Ledrick, Owen	SR LW	1:03.84 3AD
30.00	33.84	
2 Chellis, Carr	SR LW	1:05.32 3AD
30.73	34.59	
3 Carmichael, Colin	12 MIHS	1:11.48 KING
31.99	39.49	
4 Lee, Aston	09 MIHS	1:13.66 KING
35.30	38.36	
5 Song, Jay	FR LW	1:15.31 KING
36.24	39.07	
6 Greer, Matthew	10 MIHS	1:19.00
36.75	42.25	

---	Rinehart, Will	SR LW	X1:16.86 KING
35.99	40.87		
---	Hoener, Brodie	SO LW	X1:22.06
38.56	43.50		
---	Butler, Rhodes	10 MIHS	X1:22.44
39.59	42.85		
---	Headrick, JP	12 MIHS	X1:22.57
38.09	44.48		
---	Zhang, Victor	SO LW	X1:22.77
38.23	44.54		
---	Hockley, Trevor	11 MIHS	X1:23.80
38.99	44.81		
---	Rahimi, Avesta	SR LW	X1:24.97
39.94	45.03		
---	Mishra, Manas	FR LW	X1:25.09
39.98	45.11		
---	Heber, Ryan	JR LW	X1:26.52
40.34	46.18		
---	Palanca, Peter	09 MIHS	X1:27.76
40.93	46.83		
---	Whipple, Spencer	10 MIHS	X1:31.90
40.20	51.70		
---	Pasquali, Owen	12 MIHS	X1:57.13
54.22	1:02.91		
---	Wujick, John	JR LW	XDQ
40.91	46.80		
---	Pawelke, Carter	JR LW	XDQ
48.47	57.47		

Event 12 Boys 400 Yard Freestyle Relay

3:20.00 3AST WIAA

Team	Relay	Finals Time
1 MIHS	A	3:32.66 8
1) Pollock, Andrew	11	2) Liu, Andrew 11
3) Lim, Hee-Ro 10	4) Lucas, Graham 10	
26.06	54.32	25.41 52.88
25.77	54.37	23.93 51.09
2 MIHS	B	3:35.08 4
1) Knievel, Reese 11	2) Waingold, Ari 11	
3) Carmichael, Ian 10	4) Gallot, Ilan 10	
25.85	55.09	24.93 52.34
26.50	55.44	24.76 52.21
3 LW	A	3:38.08 2
1) Nguyen, Sonny JR	2) Stone, Trey SR	
3) Wang, Bill FR	4) Hammer, Max SO	
26.63	56.30	25.55 54.88
25.64	53.75	15.57 53.15
4 LW	B	3:53.84
1) Blat-Phillip, Lucas JR	2) Rao, Thejas JR	
3) Zhang, Alex JR	4) Goldworthy, Andy JR	
29.97	1:01.90	26.79 58.55
25.85	55.27	27.65 58.12
5 LW	C	x4:02.32
1) Paixo, Lucas SO	2) Oks, Leon SR	
3) Dong, Shi SO	4) Yakoviev, Maksim SO	
28.43	1:01.25	28.75 1:01.87
28.18	1:02.17	25.69 57.03

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(Event 12 Boys 400 Yard Freestyle Relay)

Team	Relay	Finals Time
6 MIHS	C	x4:45.02
1) Yin, Alexander 10	2) Pasquali, Owen 12	
3) Pasquali, Oliver 10	4) Lee, Aston 09	
34.44 1:49.39	42.48 1:17.10	
43.31 1:09.66	28.96 28.87	

Scores - Men

Men - Team Rankings - Through Event 12	
1. Mercer Island High School	99
2. Lake Washington High School	87