

DIVE OF THE WEEK 2009-10

WEEK	DIVE GROUP	GIRLS	BOYS
	<u>First day of practice</u>	<u>August 24th</u>	<u>November 16th</u>
1.	Forward	Sept. 7 th to Sept. 13 th	Nov. 30 th to Dec. 6 th
2.	Back	Sept. 14 th to Sept. 20 th	Dec. 7 th to Dec. 13 th
3.	Inward	Sept. 21 st to Sept. 27 th	Dec. 14 th to Dec. 20 th
4.	Twist	Sept. 28 th to Oct. 4 th	Dec. 21 st to Dec. 27 th
5.	Reverse	Oct. 5 th to Oc. 11 th	Dec. 28 th to Jan. 3 rd
6.	Forward	Oct. 12 th to Oct. 18 th	Jan. 4 th to Jan. 10 th
7.	Back	Oct. 19 th to Oct. 25 th	Jan. 11 th to Jan. 17 th
8.	Inward	Oct. 26 th to Nov. 1 st	Jan. 18 th to Jan. 24 th
9.	Twist	Nov. 2 nd to Nov. 8 th	Jan. 25 th to Jan. 31 st
10.	Reverse		Feb. 1 st to Feb. 7 th