

## 2010-11 Swimming and Diving State Time Standards

### Girls

<u>Event</u>	<u>2A</u>		<u>3A</u>		<u>4A</u>	
	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>
200 Medley Relay	2:02.99	2:17.26	1:58.50	2:12.25	1:54.90	2:08.23
200 Free	2:08.99	2:22.92	2:01.90	2:15.07	1:59.90	2:12.85
200 I.M.	2:23.99	2:39.83	2:18.90	2:34.18	2:15.00	2:29.85
50 Free	:26.10	:29.10	:25.75	:28.71	:25.20	:28.10
Diving	280/11.6		300/11.6		315/11.6	
100 Fly	1:05.99	1:13.31	1:02.25	1:09.16	1:00.90	1:07.66
100 Free	:57.99	1:04.48	:56.30	1:02.61	:55.40	1:01.60
500y/400m Free	5:52.49	5:09.20	5:26.90	4:46.76	5:18.00	4:38.95
200 Free Relay	1:47.99	2:00.62	1:45.90	1:58.29	1:43.90	1:56.06
100 Back	1:05.99	1:13.31	1:03.50	1:10.55	1:02.40	1:09.33
100 Breast	1:13.99	1:22.28	1:12.50	1:20.62	1:10.30	1:18.17
400 Free Relay	3:59.99	4:27.35	3:52.90	4:19.45	3:47.90	4:13.88

### Boys

<u>Event</u>	<u>2A</u>		<u>3A</u>		<u>4A</u>	
	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>	<u>Yards</u>	<u>Meters</u>
200 Medley Relay	1:48.99	2:01.52	1:45.00	1:57.08	1:44.50	1:56.52
200 Free	1:54.99	2:07.41	1:50.90	2:02.88	1:50.50	2:02.43
200 I.M.	2:12.99	2:27.75	2:05.00	2:18.88	2:05.00	2:18.88
50 Free	:23.29	:26.06	:22.85	:25.57	:22.85	:25.57
Diving	280/11.6		300/11.6		300/11.6	
100 Fly	:57.49	1:04.04	:56.00	1:02.38	:55.50	1:01.83
100 Free	:51.39	:57.09	:50.40	:55.99	:50.30	:55.88
500y/400m Free	5:20.99	4:41.83	4:58.90	4:22.43	5:02.50	4:25.60
200 Free Relay	1:35.99	1:47.12	1:33.70	1:44.57	1:33.20	1:44.01
100 Back	:59.49	1:06.09	:57.50	1:03.88	:57.70	1:04.10
100 Breast	1:06.99	1:14.36	1:04.20	1:11.26	1:03.30	1:10.26
400 Free Relay	3:34.99	3:59.50	3:27.30	3:50.93	3:26.90	3:50.49

