

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2014 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 401 Women 200 Yard Medley Relay**State Record: 1:45.77 11/15/2003****Rogers****Rogers****M Rains, J Heidloff, C Freeman, C Freeman****Meet Record: 1:45.77 2003****Rogers****Rogers****M Rains, J Heidloff, C Freeman, C Freeman****1:45.88 AAA****1:47.88 AAC**

	Team	Relay	Seed Time
1	Newport (Bellevue)	A	1:50.69
2	Wenatchee	A	1:50.69
3	Gig Harbor	A	1:51.57
4	Skyline	A	1:52.85
5	Woodinville	A	1:52.95
6	Jackson	A	1:53.36
7	Inglemoor	A	1:54.06
8	Union	A	1:54.44
9	Stadium	A	1:54.55
10	Eastlake	A	1:54.56
11	Richland	A	1:54.90
12	Kentlake	A	1:54.94
13	Puyallup	A	1:55.19
14	Mt Rainier	A	1:55.36
15	Issaquah	A	1:55.59
16	Mount Vernon	A	1:56.10
17	Kentridge	A	1:57.58
18	Bothell	A	1:58.80
19	Tahoma	A	1:58.83
20	Redmond	A	1:59.44
21	Olympia	A	2:00.20
22	Skyview	A	2:00.32
23	Curtis	A	2:00.50
24	Kamiak	A	2:00.55

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 402 Women 200 Yard Freestyle

State Record:	1:46.55	11/13/2010	Andie Taylor	Skyline
Meet Record:	1:46.55	11/13/2010	Andie Taylor	Skyline
	1:49.35	AAA		
	1:51.07	AAC		

Name	Year	School	Seed Time
1 Pressler, Madison	10	Jackson	1:55.43
2 Matsuda, Jenifer	10	Issaquah	1:55.55
3 Lucien, Brianna	11	Mariner	1:55.70
4 Mergel, Mackenzie	11	Puyallup	1:56.37
5 Schaef, Claire	9	Richland	1:57.21
6 Furrer, Anna	10	Gig Harbor	1:57.47
7 Doennebrink, Daniell	10	Inglemoor	1:57.49
8 Barker, Hannah	9	Timberline	1:57.82
9 Davidson, Sarah	11	Woodinville	1:58.17
10 Hartley, Jordan	9	Wenatchee	1:58.98
11 Harper, Bethany	11	Redmond	1:59.03
12 Schroder, Mckenzie	12	Richland	1:59.26
13 Samiee, Darya	12	Mountain View	1:59.47
14 Laurent, Demetra	12	Cascade (Everett)	1:59.83
15 Dovich, Angeline	10	Kamiak	1:59.86
16 Raines, Chase	10	Skyline	2:00.52
17 Beal, Rachel	10	Mt Rainier	2:00.72
18 Jacobson, Emily	10	Lake Stevens	2:01.07
19 White, Alyssa	12	Bothell	2:01.88
20 Campbell, Emma	12	Gig Harbor	2:02.37
21 Straume, Ingrid O	12	Kamiak	2:02.68
22 McLaughlin, Meghann	9	Decatur	2:02.88
23 Murray, Sabrina	10	Curtis	2:03.97
24 Panebianco, Anna	12	Camas	2:07.08

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 403 Women 200 Yard IM

State Record:	1:58.23	11/15/2008	Andie Taylor	Skyline
Meet Record:	1:58.23	11/15/2008	Andie Taylor	Skyline
	2:02.84	AAA		
	2:04.94	AAC		

	Name	Year	School	Seed Time
1	Simpson, Kaycee	10	Stadium	2:08.63
2	Limargo, Chloe	9	Jackson	2:08.73
3	Limberg, Nicole	10	Jackson	2:08.85
4	Wierzbicki, Jessica	10	Wenatchee	2:09.86
5	Frey, Emma	9	Mount Vernon	2:10.67
6	Huo, Jenny	11	Newport (Bellevue)	2:11.20
7	Williams, Laura	12	Kentlake	2:11.35
8	Norman, Sarah	12	Olympia	2:12.58
9	Lemley, Kristen	12	Mt Rainier	2:12.83
10	Cox, Livi	11	Union	2:12.98
11	Andren, Ursula	10	Gig Harbor	2:14.36
12	Himes, Darian	11	Skyline	2:14.37
13	Stureborg, Veronica	9	Eastlake	2:14.80
14	Hyland, Alyssa	11	Snohomish	2:15.34
15	Musick, Alyssa	11	Richland	2:16.05
16	Bennett, Jackie	9	Eastlake	2:16.87
17	Allen, Kailey	10	Stadium	2:17.07
18	Davis, Rachael	10	Woodinville	2:17.31
19	Caldera, Victoria	9	Skyline	2:17.45
20	Eha, Hanna	9	Skyview	2:17.92
21	Elwyn, Kayli	11	Wenatchee	2:19.40
22	Lindh, Shianne	9	Stadium	2:20.57
23	Schroder, Katie	10	Richland	2:20.61
24	Kiuchi, Kacey	9	Puyallup	2:21.42

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 404 Women 50 Yard Freestyle

State Record:	22.92	11/15/2008	Leona Jennings	Mt. Rainier
Meet Record:	22.96	11/16/2013	Kenna Ramey	FW
	23.35	AAA		
	23.75	AAC		

	Name	Year	School	Seed Time	
1	Fang, Elisa	11	Newport (Bellevue)	23.59	AAC
2	Carlton, Emma	9	Mount Vernon	24.02	
3	Pries, Alana	12	Emerald Ridge	24.12	
4	Marlatt, Gabby	9	Lake Stevens	24.51	
5	Miller, Jessica	12	Tahoma	24.57	
6	Dressel, Isabelle	10	Wenatchee	24.60	
7	Skog, Calista	11	Inglemoor	24.88	
8	Monkhouse, Aspen	11	South Kitsap	24.92	
9	Woods, Colleen	10	Heritage	25.02	
10	Armstrong, Cathryn	12	Monroe	25.03	
11	Lopez-Silvers, Willow	10	Curtis	25.11	
12	Hartman, Kelly	12	Eastmont	25.17	
13	Muiznieks, Lindsey	11	Puyallup	25.31	
14	Rogers, Jamie	12	Battle Ground	25.38	
15	Wood, Olivia	11	Puyallup	25.49	
16	Hamlin, Emily	12	Woodinville	25.60	
17	Hanger, Lindsey	10	Tahoma	25.61	
18	Kiuchi, Amy	12	Puyallup	25.62	
19	Donohue, Maddie	10	Snohomish	25.65	
20	Bell, BreAnn	10	Richland	25.67	
21	Muller, Mellanie	11	Stadium	25.69	
22	Stewart, Heather	12	Evergreen	25.74	
23	Childress, Haley	10	Kentridge	25.76	
24	Peters, Avalyne K	11	Kentlake	25.90	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 405 Women 1 mtr Diving

State Record: 488.20 11/10/2012 Caitlin Chambers GARF
Meet Record: 488.20 11/10/2012 Caitlin Chambers Garfield

	Name	Year	School	
1	Torrente, Christina	12	Eastlake	499.35
2	Call, Kaela	12	Eastlake	494.55
3	Brandt, Ali	11	Wenatchee	459.90
4	Pierce, Ali	10	Eastmont	459.05
5	Carbon, Heather	11	Moses Lake	454.05
6	Hinkley, Kelsea	11	Richland	438.15
7	Thomas, Tia	12	Federal Way	425.75
8	Hirata, Paige	10	Woodinville	398.65
9	Albrecht, Ashley	10	Cascade (Everett)	392.10
10	Sitzmann, Jade	11	Bothell	375.10
11	Harris, Taryn	11	Bothell	361.45
12	Olsen, Kelsey	11	Richland	350.10
13	Mueller, Katrina	10	Lake Stevens	345.40
14	Hines, Kristen	10	Issaquah	343.15
15	Mosset, Kylie	9	Woodinville	340.60
16	Bohot, Talor	10	Kamiak	339.75
17	Jaenson, Madison	11	Bothell	337.45
18	Sagmoen, Hailey	11	Mt Rainier	324.70
19	Pantelich, Nikki	12	Skyline	323.40
20	Welch, Ava	12	Mt Rainier	323.30
21	Reichlinger, Elizabeth	12	Kentlake	320.50
22	Lewis, Ashley	11	Tahoma	311.55
23	Luong, Hanna	11	Gig Harbor	311.10
24	Beliveau, Katherine	10	Kentlake	302.55

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 406 Women 100 Yard Butterfly

State Record:	53.10	11/14/2009	Katie Kinnear	Eastlake
Meet Record:	53.10	11/14/2009	Katie Kinnear	Eastlake
	55.02	AAA		
	56.12	AAC		

	Name	Year	School	Seed Time
1	Wierzbicki, Jessica	10	Wenatchee	56.20
2	Lin, Kathy	11	Skyline	56.63
3	Carlton, Emma	9	Mount Vernon	56.80
4	Woods, Colleen	10	Heritage	58.20
5	Simpson, Kaycee	10	Stadium	58.28
6	Muiznieks, Lindsey	11	Puyallup	58.56
7	Norman, Alexandria	10	Olympia	58.71
8	Childress, Haley	10	Kentridge	58.73
9	Hall, Lauren	11	Richland	59.65
10	Bingea, Taylor	12	Woodinville	59.69
11	Skog, Calista	11	Inglemoor	1:00.06
12	Alderman, Maya	9	Eastlake	1:00.75
13	Musick, Alyssa	11	Richland	1:00.78
14	Yap, Lavinya	12	Monroe	1:00.86
15	Poggemann, Alyssa	12	Eastlake	1:01.33
16	Petrini, Leah	10	Newport (Bellevue)	1:01.64
17	Jacobson, Emily	10	Lake Stevens	1:01.85
18	Doherty, Megan	9	Newport (Bellevue)	1:02.15
19	White, Alyssa	12	Bothell	1:02.18
20	Fair, Anna	9	Moses Lake	1:02.24
21	Young, Marissa	11	Union	1:02.72
22	Thurston, Cammie	10	Stadium	1:03.33
23	Idio, Dannel	11	Curtis	1:05.71
24	Goodwin, Payten	11	Timberline	1:06.05

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 407 Women 100 Yard Freestyle

State Record:	49.82	11/15/2008	Chelsea Bailey	Kentlake
Meet Record:	49.82	11/15/2008	Chelsea Bailey	Kentlake
	50.68	AAA		
	51.51	AAC		

	Name	Year	School	Seed Time
1	Fang, Elisa	11	Newport (Bellevue)	51.88
2	Pries, Alana	12	Emerald Ridge	52.72
3	Doennebrink, Daniell	10	Inglemoor	53.77
4	Miller, Jessica	12	Tahoma	53.84
5	Rainey, Maddie	10	Newport (Bellevue)	54.13
6	Marlatt, Gabby	9	Lake Stevens	54.14
7	Lopez-Silvers, Willow	10	Curtis	54.70
8	Hanger, Lindsey	10	Tahoma	54.77
9	Kiuchi, Amy	12	Puyallup	54.89
10	Schroder, Mckenzie	12	Richland	55.01
11	Hartman, Kelly	12	Eastmont	55.39
12	Dovinh, Angeline	10	Kamiak	55.39
13	Donohue, Maddie	10	Snohomish	55.81
14	Peterson, Victoria	11	Wenatchee	55.96
15	Anderson, Riley	9	Stadium	56.03
16	Wood, Olivia	11	Puyallup	56.04
17	Gardner, Paige O	9	Walla Walla	56.67
18	Elhadj, Kennedy	11	Newport (Bellevue)	56.74
19	Kaplan, Katharine	10	Union	56.80
20	Brown, Kayli	11	Wenatchee	57.07
21	Muller, Mellanie	11	Stadium	57.15
22	Bell, BreAnn	10	Richland	57.23
23	Ward, Melissa	11	Olympia	57.26
24	Colletto, Sierra	12	Camas	57.69

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 408 Women 500 Yard Freestyle

State Record:	4:41.98	11/14/2008	Amber McDermott	Jackson
Meet Record:	4:41.98	11/15/2008	Amber McDermott	Jackson
	4:52.32	AAA		
	4:57.64	AAC		

	Name	Year	School	Seed Time
1	Lucien, Brianna	11	Mariner	5:08.03
2	Matsuda, Jenifer	10	Issaquah	5:08.65
3	Emerick, Laina	9	Woodinville	5:10.01
4	Schaef, Claire	9	Richland	5:12.69
5	Barker, Hannah	9	Timberline	5:12.95
6	Furrer, Anna	10	Gig Harbor	5:13.18
7	Davidson, Sarah	11	Woodinville	5:13.62
8	Bingea, Taylor	12	Woodinville	5:14.74
9	Maier, Katie	11	Issaquah	5:16.96
10	Hartley, Jordan	9	Wenatchee	5:17.16
11	VanHeyningen, Hannah	9	Wenatchee	5:17.22
12	Hale, Mackenzie	10	Walla Walla	5:18.63
13	Laurent, Demetra	12	Cascade (Everett)	5:20.41
14	Raines, Chase	10	Skyline	5:20.71
15	Panova, Liza	10	Inglemoor	5:21.16
16	Beal, Rachel	10	Mt Rainier	5:23.28
17	Samiee, Darya	12	Mountain View	5:25.25
18	Harper, Kristen	9	Redmond	5:25.61
19	Kirk, Kathleen	9	Inglemoor	5:27.32
20	Campbell, Emma	12	Gig Harbor	5:29.99
21	McLaughlin, Meghann	9	Decatur	5:32.92
22	Allen, Kailey	10	Stadium	5:33.62
23	Murray, Sabrina	10	Curtis	5:35.73
24	Beale, Eugenia	9	Camas	5:41.14

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 409 Women 200 Yard Freestyle Relay**State Record: 1:37.12 11/10/2012****Mercer Island****Mercer Island****Meet Record: 1:38.29 11/10/2012****A Seidel, C Williamson, S Kwan, G Wold****Cascade****Cascade (Everett)****N Carlson, D Booth, D Booth, K Laurent****1:36.23 AAA****1:37.78 AAC**

	Team	Relay	Seed Time
1	Puyallup	A	1:41.03
2	Wenatchee	A	1:41.71
3	Inglemoor	A	1:42.02
4	Richland	A	1:42.57
5	Skyline	A	1:42.63
6	Lake Stevens	A	1:42.69
7	Gig Harbor	A	1:42.81
8	Newport (Bellevue)	A	1:43.88
9	Kamiak	A	1:44.09
10	Issaquah	A	1:44.30
11	Tahoma	A	1:44.96
12	Eastlake	A	1:46.12
13	Olympia	A	1:46.41
14	Bothell	A	1:46.75
15	Snohomish	A	1:47.00
16	Redmond	A	1:47.28
17	Woodinville	A	1:47.38
18	Moses Lake	A	1:47.41
19	Stadium	A	1:47.83
20	West Valley	A	1:47.87
21	Camas	A	1:48.12
22	Decatur	A	1:48.31
23	Timberline	A	1:49.17
24	Skyview	A	1:50.44

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 410 Women 100 Yard Backstroke

State Record:	53.66	11/15/2008	Leona Jennings	Mt. Rainier
Meet Record:	53.82	11/13/2010	Annemarie Thayer	Ballard
	55.39	AAA		
	56.62	AAC		

	Name	Year	School	Seed Time
1	Armstrong, Cathryn	12	Monroe	56.75
2	Frey, Emma	9	Mount Vernon	57.34
3	Rainey, Maddie	10	Newport (Bellevue)	58.49
4	Emerick, Laina	9	Woodinville	59.34
5	Stureborg, Veronica	9	Eastlake	59.50
6	Pressler, Madison	10	Jackson	1:00.10
7	Panebianco, Anna	12	Camas	1:00.11
8	Young, Marissa	11	Union	1:00.13
9	Harper, Bethany	11	Redmond	1:00.15
10	Hopkins, Landon	12	Eisenhower	1:00.34
11	Cox, Livi	11	Union	1:00.34
12	Ponce, Alana	10	Gig Harbor	1:00.36
13	Maier, Katie	11	Issaquah	1:00.59
14	Lemley, Kristen	12	Mt Rainier	1:00.81
15	Ellis, Aimee	10	Eastlake	1:01.02
16	Yap, Lavinya	12	Monroe	1:01.18
17	Hall, Lauren	11	Richland	1:01.36
18	Anderson, Sarah	12	Gig Harbor	1:01.70
19	Norman, Alexandria	10	Olympia	1:02.01
20	Elwyn, Kayli	11	Wenatchee	1:02.21
21	Elhadj, Kennedy	11	Newport (Bellevue)	1:02.39
22	Long, Darlavanh	12	Mt Rainier	1:03.22
23	So, Tatyana	9	Kent Meridian	1:03.35
24	Kiuchi, Kacey	9	Puyallup	1:03.38

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 411 Women 100 Yard Breaststroke

State Record:	1:01.33	11/16/2013	Carolyn McCann	GH
Meet Record:	1:01.33	11/16/2013	Carolyn McCann	GH
	1:03.46	AAA		
	1:04.89	AAC		

	Name	Year	School	Seed Time	
1	Dressel, Isabelle	10	Wenatchee	1:04.34	AAC
2	Lin, Kathy	11	Skyline	1:05.08	
3	Williams, Laura	12	Kentlake	1:05.86	
4	Mergel, Mackenzie	11	Puyallup	1:06.55	
5	Limberg, Nicole	10	Jackson	1:06.91	
6	Andren, Ursula	10	Gig Harbor	1:07.50	
7	VanNortwick, Maggie	9	Eastlake	1:08.38	
8	Moore, Cassadie	12	Sunnyside	1:08.85	
9	Davis, Rachael	10	Woodinville	1:08.86	
10	Salgado, Gabrielle	10	Skyline	1:08.99	
11	Huo, Jenny	11	Newport (Bellevue)	1:09.09	
12	Himes, Darian	11	Skyline	1:09.14	
13	Norman, Sarah	12	Olympia	1:09.32	
14	Limargo, Chloe	9	Jackson	1:09.33	
15	Schroder, Katie	10	Richland	1:09.42	
16	Bay, Rebecca	10	Wenatchee	1:09.86	
17	Straume, Ingrid O	12	Kamiak	1:10.04	
18	Eha, Hanna	9	Skyview	1:10.04	
19	Hyland, Alyssa	11	Snohomish	1:11.31	
20	Lindh, Shianne	9	Stadium	1:11.39	
21	Rogers, Jamie	12	Battle Ground	1:11.71	
22	Bailey, McKenzie	10	Gig Harbor	1:13.42	
23	Bolstad, Nicole	12	Kentlake	1:13.53	
24	Burdine, Anna	12	Mt Rainier	1:13.92	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 412 Women 400 Yard Freestyle Relay

State Record: 3:29.68 11/15/2002

Meet Record: 3:29.68 11/15/2002

3:29.26 AAA

3:32.56 AAC

Rogers

E Strouse, C Freeman, C Freeman, M Rains

Rogers

E Strouse, C Freeman, C Freeman, M Rains

Rogers

Rogers

	Team	Relay	Seed Time
1	Jackson	A	3:40.77
2	Wenatchee	A	3:41.19
3	Newport (Bellevue)	A	3:41.45
4	Puyallup	A	3:41.65
5	Mount Vernon	A	3:42.62
6	Woodinville	A	3:44.77
7	Lake Stevens	A	3:44.94
8	Gig Harbor	A	3:45.14
9	Kamiak	A	3:45.77
10	Skyline	A	3:45.81
11	Richland	A	3:46.06
12	Tahoma	A	3:46.63
13	Issaquah	A	3:48.05
14	Redmond	A	3:48.15
15	Eastlake	A	3:48.41
16	Union	A	3:48.64
17	Stadium	A	3:49.25
18	Curtis	A	3:50.24
19	Mt Rainier	A	3:50.53
20	Olympia	A	3:52.07
21	Eastmont	A	3:54.85
22	Camas	A	3:54.93
23	Kentridge	A	3:55.34
24	Walla Walla	A	3:56.33