

**WIAA/Dairy Farmers of WA/Les Schwab Tires
2017 4A Girls State Swim & Dive Champs
Psych Sheet - Friday Prelims**

Event 401 Women 200 Yard Medley Relay**Meet Record: 1:45.77 2003****Rogers****Rogers****M Rains, J Heidloff, C Freeman, C Freeman****State Record: 1:45.77 11/15/2003****Rogers****M Rains, J Heidloff, C Freeman, C Freeman****1:44.91 AAA****1:46.69 AAC**

	Team	Relay	Seed Time	
1	Newport (Bellevue)	A	1:46.23	AAC
2	Kamiak	A	1:48.00	
3	Jackson	A	1:49.29	
4	Skyline	A	1:49.83	
5	Wenatchee	A	1:50.19	
6	Issaquah	A	1:50.71	
7	Curtis	A	1:51.16	
8	Northcreek	A	1:51.49	
9	Mount Vernon	A	1:52.61	
10	Glacier Peak	A	1:52.91	
11	Richland	A	1:52.98	
12	Walla Walla	A	1:54.06	
13	Eisenhower	A	1:54.29	
14	Kennedy	A	1:54.31	
15	Olympia	A	1:54.68	
16	Eastlake	A	1:55.00	
17	Puyallup	A	1:55.13	
18	Skyview	A	1:55.72	
19	Tahoma	A	1:55.87	
20	Sumner	A	1:56.77	
21	Union	A	1:56.86	
22	Mt Rainier	A	1:57.05	
23	Eastmont	A	1:57.18	
24	Moses Lake	A	1:57.33	

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Event 402 Women 200 Yard Freestyle

Meet Record:	1:46.55	11/13/2010	Andie Taylor	Skyline
State Record:	1:46.55	11/13/2010	Andie Taylor	Skyline
	1:48.82	AAA		
	1:50.65	AAC		

	Name	Year	School	Seed Time
1	DiMeco, Sarah	11	Skyline	1:50.78
2	Groysman, Yulia	11	Newport (Bellevue)	1:51.22
3	Straume, Elli	10	Kamiak	1:51.75
4	Schaef, Claire	12	Richland	1:54.01
5	Lopez-Silvers, Leigh	9	Curtis	1:55.36
6	Miele, Mikaela	12	Sumner	1:56.46
7	Skorina, Laurel	9	Walla Walla	1:56.96
8	Giroto, Amelia	9	Newport (Bellevue)	1:57.27
9	VanHeyningen, Hannah	12	Wenatchee	1:58.03
10	Geldmacher, Regan	9	Hanford	1:58.12
11	VanZonneveld, Emily	10	Curtis	1:58.26
12	Hartley, Jordan	12	Wenatchee	1:58.84
13	McRae, Catherine	11	Skyline	1:59.46
14	Youngs, Annaliese	12	Newport (Bellevue)	1:59.66
15	Wilson, Marin	10	Sumner	2:00.50
16	Nishizawa, Emiri	10	Tahoma	2:00.92
17	Gontova, Nadia	12	Newport (Bellevue)	2:01.66
18	Lines, Kiah	10	Glacier Peak	2:01.82
19	Wright, Lacey	12	Olympia	2:02.16
20	Burck, Kayla	11	Hanford	2:02.27
21	Ponteur, Ellen	11	Monroe	2:02.31
22	Bruski, Elizabeth	10	Skyline	2:02.95
23	Lurbur, Hadassah	11	Wenatchee	2:03.14
24	Castro, Olivia	10	Sumner	2:05.58

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 403 Women 200 Yard IM

Meet Record:	1:58.23	11/15/2008	Andie Taylor	Skyline
State Record:	1:58.23	11/15/2008	Andie Taylor	Skyline
	2:01.89	AAA		
	2:04.08	AAC		

	Name	Year	School	Seed Time	
1	Baron, Samantha	10	Newport (Bellevue)	2:03.20	AAC
2	Felner, Grace	10	Mt Rainier	2:03.90	AAC
3	Frey, Emma	12	Mount Vernon	2:04.70	
4	Limargo, Chloe	12	Jackson	2:06.05	
5	Chen, Jaime	9	Newport (Bellevue)	2:06.61	
6	Chang, Mia	9	Jackson	2:06.79	
7	Bradley, Christina	11	Skyline	2:07.46	
8	Kiuchi, Kacey	12	Puyallup	2:08.94	
9	Payne, Haily	9	Wenatchee	2:09.01	
10	Himes, Danika	11	Skyline	2:10.86	
11	Stureborg, Veronica	12	Skyline	2:11.64	
12	Eha, Hanna	12	Skyview	2:12.67	
13	Hickey, Molly	10	Curtis	2:12.68	
14	Cancelosi, Sophia	9	Issaquah	2:12.96	
15	Cunningham, Maya	11	Eisenhower	2:13.11	
16	Ly, Heidi	10	Jackson	2:13.13	
17	Makhervaks, Keren	11	Newport (Bellevue)	2:13.66	
18	Alton, Madison	11	Newport (Bellevue)	2:13.74	
19	Ueda, Katelyn	9	Issaquah	2:14.54	
20	Blakely, Amelia	9	Tahoma	2:15.24	
21	Eha, Hallie	12	Skyview	2:15.79	
22	Kim, Marcia	12	Richland	2:15.87	
23	VanZonneveld, Katie	12	Curtis	2:17.83	
24	Doan, Kylie	9	Hazen	2:17.85	
25	Walling, Kimberly	9	Decatur	2:18.81	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 404 Women 50 Yard Freestyle

Meet Record:	22.96	11/16/2013	Kenna Ramey	FW
State Record:	22.92	11/15/2008	Leona Jennings	Mt. Rainier
	23.24	AAA		
	23.63	AAC		

	Name	Year	School	Seed Time	
1	Carlton, Emma	12	Mount Vernon	22.80	AAA
2	Dang, Gabrielle	11	Northcreek	23.12	AAA
3	Pak, Jazlynn	10	Northcreek	23.81	
4	Wang, Gracie	10	Newport (Bellevue)	23.99	
5	Marlatt, Gabrielle	12	Lake Stevens	24.09	
6	Collinge, Ava	9	Kamiak	24.25	
7	Gardner, Paige	12	Walla Walla	24.30	
8	Fidler, Riley	11	Glacier Peak	24.49	
9	Vo, Song-Nhi	11	Kamiak	24.60	
10	Ruff, Hally	12	Walla Walla	24.83	
11	Nguyen, Rachel	11	Newport (Bellevue)	24.94	
12	Sayles, Lauren	11	Skyline	24.98	
13	Mennetrot, Neomi	12	Richland	25.04	
14	Hayes, Makenna	11	Emerald Ridge	25.08	
15	Dressel, Brooklyn	9	Wenatchee	25.12	
16	Huynh, Emma	10	Sumner	25.36	
17	Drews, Lauren	11	Woodinville	25.37	
18	Wulf, Kailie	12	Wenatchee	25.39	
19	Melgardshagen, Emma	10	Mariner	25.42	
20	Markle, Krista	9	Kennedy	25.64	
21	Seibel, Julia	12	Kentridge	25.65	
22	DiMascolo, Lada	9	Emerald Ridge	25.68	
23	Nguyen, Amy	12	Thomas Jefferson	25.77	
24	Hammerstrom, Iliana	11	Tahoma	25.98	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 405 Women 1 mtr Diving

Meet Record:		488.20	11/10/2012	Caitlin Chambers		Garfield
State Record:		488.20	11/10/2012	Caitlin Chambers		Issaquah
Name	Year	School				
1	Cribbs, Kennedy	12	Eastlake	471.55		
2	Purwins, Jacqueline	12	Camas	444.75		
3	Mosset, Kylie	12	Woodinville	440.80		
4	Bingham, Naomi	12	Kamiak	403.40		
5	Brault, Emily	10	Wenatchee	396.70		
6	Bucknum, Aleah	12	Wenatchee	392.45		
7	Leidholm, Payton	12	Monroe	374.20		
8	Lagdaan, Ryzele	10	Glacier Peak	374.10		
9	McGee, Irelyn	10	Camas	369.20		
10	Hsieh, Mari	12	Glacier Peak	361.90		
11	Volozin, Liza	10	Eastlake	357.25		
12	Whittington, Alyssa	12	Richland	352.65		
13	Sica, Izzy	12	Moses Lake	344.35		
14	Carlson, Abbie Jo	12	Enumclaw	341.00		
15	Bateman, Bethany	10	Moses Lake	339.55		
16	McKnight, Elizabeth	10	Kentridge	328.80		
17	Hopkins, Heather	9	Rogers (Puyallup)	327.65		
18	Shull, Hannah	11	Northcreek	323.75		
19	Reyes, Saiyanna	11	Northcreek	321.30		
20	McGee, Shaelyne	9	Camas	307.90		
21	Shimp, Allison	11	Mt Rainier	302.20		
22	Padilla, Cassie	11	Kentlake	296.40		
23	Miller, Bailey	10	Emerald Ridge	290.30		
24	Shirley, Bronte	11	Kennedy	282.30		

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 406 Women 100 Yard Butterfly

Meet Record:	53.10	11/14/2009	Katie Kinnear	Eastlake
State Record:	53.10	11/14/2009	Katie Kinnear	Eastlake
	54.56	AAA		
	55.75	AAC		

	Name	Year	School	Seed Time	
1	Carlton, Emma	12	Mount Vernon	53.33	AAA
2	Pak, Jazlynn	10	Northcreek	54.80	AAC
3	Baron, Samantha	10	Newport (Bellevue)	55.61	AAC
4	Collinge, Ava	9	Kamiak	55.88	
5	Payne, Haily	9	Wenatchee	56.47	
6	Markle, Shayla	10	Kennedy	56.94	
7	Fidler, Riley	11	Glacier Peak	57.16	
8	Huynh, Isabelle	10	Issaquah	57.18	
9	Lopez-Silvers, Leigh	9	Curtis	57.35	
10	Wong, Ashley	10	Newport (Bellevue)	57.81	
11	Wilson, Lauren	9	Olympia	58.77	
12	Grebinsky, Kira	11	Issaquah	59.28	
13	Cunningham, Maya	11	Eisenhower	59.57	
14	Markle, Krista	9	Kennedy	59.64	
15	Mattern, Abby	12	Tahoma	59.83	
16	Hartley, Sierra	9	Wenatchee	59.92	
17	Segall, Bailey	10	Camas	1:00.52	
18	Cancelosi, Sophia	9	Issaquah	1:00.66	
19	Fair, Anna	12	Moses Lake	1:01.04	
20	Mennetrot, Neomi	12	Richland	1:01.26	
21	McCabe, Theodora	9	Mt Si	1:01.42	
22	Walling, Kimberly	9	Decatur	1:01.50	
23	Ross, Breanna	10	Federal Way	1:01.60	
24	Workman, Mary	11	Richland	1:01.98	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 407 Women 100 Yard Freestyle

Meet Record:	49.82	11/15/2008	Chelsea Bailey	Kentlake
State Record:	49.81	11/4/2017	Amy Tang	Lakeside
	50.41	AAA		
	51.17	AAC		

	Name	Year	School	Seed Time	
1	Dang, Gabrielle	11	Northcreek	50.85	AAC
2	Felner, Grace	10	Mt Rainier	50.88	AAC
3	Straume, Elli	10	Kamiak	51.56	
4	Marlatt, Gabrielle	12	Lake Stevens	52.04	
5	Bradley, Christina	11	Skyline	52.35	
6	Chen, Jaime	9	Newport (Bellevue)	53.18	
7	Gardner, Paige	12	Walla Walla	54.02	
8	Ruff, Hally	12	Walla Walla	54.13	
9	Hickey, Molly	10	Curtis	54.22	
10	Dressel, Brooklyn	9	Wenatchee	54.59	
11	Smerekanych, Eva	11	Newport (Bellevue)	54.86	
12	Melgardshagen, Emma	10	Mariner	54.94	
13	Lesser, Paeton	9	Camas	55.03	
14	Dressel, Rae Ann	10	Wenatchee	55.25	
15	Huynh, Emma	10	Sumner	55.29	
16	Briggs, Lauren	9	Kentridge	55.38	
17	Schmidt, Samantha	12	Chiawana	55.53	
18	Hoopes, Emily	10	Glacier Peak	55.56	
19	Hayes, Makenna	11	Emerald Ridge	55.62	
20	Knott, Emma		Eastmont	55.72	
21	Nims, Alexis	12	Jackson	55.90	
22	Burck, Kayla	11	Hanford	55.92	
23	VanZonneveld, Katie	12	Curtis	56.20	
24	Dunayski, Gabi	11	Puyallup	57.69	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 408 Women 500 Yard Freestyle

Meet Record:	4:41.98	11/15/2008	Amber McDermott	Jackson
State Record:	4:41.98	11/14/2008	Amber McDermott	Jackson
	4:52.15	AAA		
	4:57.09	AAC		

	Name	Year	School	Seed Time	
1	DiMeco, Sarah	11	Skyline	4:56.23	AAC
2	Groysman, Yulia	11	Newport (Bellevue)	4:56.98	AAC
3	Schaef, Claire	12	Richland	5:07.57	
4	Hartley, Jordan	12	Wenatchee	5:12.19	
5	Skorina, Laurel	9	Walla Walla	5:12.92	
6	Miele, Mikaela	12	Sumner	5:13.72	
7	Giroto, Amelia	9	Newport (Bellevue)	5:13.85	
8	Geldmacher, Regan	9	Hanford	5:14.98	
9	Makhervaks, Keren	11	Newport (Bellevue)	5:16.22	
10	VanHeyningen, Hannah	12	Wenatchee	5:19.25	
11	Wright, Lacey	12	Olympia	5:19.55	
12	McRae, Catherine	11	Skyline	5:20.43	
13	Ueda, Katelyn	9	Issaquah	5:20.67	
14	Wilson, Marin	10	Sumner	5:21.53	
15	Heneghan, Abby	12	Skyline	5:24.34	
16	Segall, Bailey	10	Camas	5:24.94	
17	Nishizawa, Emiri	10	Tahoma	5:28.02	
18	Xie, Soleil	9	Newport (Bellevue)	5:28.02	
19	Lurbur, Hadassah	11	Wenatchee	5:30.13	
20	Blakely, Amelia	9	Tahoma	5:30.43	
21	Prater, Apolinaria	11	Cascade (Everett)	5:34.40	
22	Brown, Grace	10	Lake Stevens	5:35.95	
23	DePriest, Haley	11	Kentridge	5:37.46	
24	Kloepfer, Rachel	9	Tahoma	5:39.39	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 409 Women 200 Yard Freestyle Relay**Meet Record: 1:37.74 11/12/2016****Kamiak****Kamiak****State Record: 1:35.23 11/14/2015****S Vo, S Seaberg, A Dovich, E Straume****Lakeside (Seattle)****H Teegan, C Wagner, A Wagner, H Shabb****1:35.67 AAA****1:37.32 AAC**

	Team	Relay	Seed Time	
1	Newport (Bellevue)	A	1:36.68	AAC
2	Kamiak	A	1:38.16	
3	Skyline	A	1:39.85	
4	Northcreek	A	1:40.34	
5	Jackson	A	1:40.35	
6	Walla Walla	A	1:41.64	
7	Glacier Peak	A	1:42.02	
8	Wenatchee	A	1:42.15	
9	Lake Stevens	A	1:42.84	
10	Sumner	A	1:42.98	
11	Camas	A	1:43.06	
12	Issaquah	A	1:43.11	
13	Mount Vernon	A	1:43.14	
14	Hanford	A	1:43.57	
15	Cascade (Everett)	A	1:43.59	
16	Kentridge	A	1:43.73	
17	Tahoma	A	1:44.10	
18	Mt Rainier	A	1:45.51	
19	Eisenhower	A	1:45.63	
20	Union	A	1:45.78	
21	Skyview	A	1:45.87	
22	Puyallup	A	1:46.12	
23	Curtis	A	1:46.19	
24	Emerald Ridge	A	1:46.49	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 410 Women 100 Yard Backstroke

Meet Record:	53.82	11/13/2010	Annemarie Thayer	Ballard
State Record:	53.66	11/15/2008	Leona Jennings	Mt. Rainier
	55.05	AAA		
	56.30	AAC		

	Name	Year	School	Seed Time	
1	Frey, Emma	12	Mount Vernon	55.61	AAC
2	Chang, Mia	9	Jackson	56.59	
3	Nguyen, Rachel	11	Newport (Bellevue)	57.49	
4	Kiuchi, Kacey	12	Puyallup	57.81	
5	Ly, Heidi	10	Jackson	58.43	
6	Markle, Shayla	10	Kennedy	58.45	
7	Wang, Gracie	10	Newport (Bellevue)	58.53	
8	Wong, Ashley	10	Newport (Bellevue)	58.53	
9	Stureborg, Veronica	12	Skyline	58.72	
10	Huynh, Isabelle	10	Issaquah	59.24	
11	Zimmerman, Jamie	9	Newport (Bellevue)	1:00.31	
12	Lines, Kiah	10	Glacier Peak	1:00.44	
13	Kim, Marcia	12	Richland	1:00.79	
14	Wulf, Kailie	12	Wenatchee	1:01.14	
15	Crowson, Abby	10	Union	1:01.15	
16	Emerick, Laina	12	Woodinville	1:01.18	
17	Jacobson, Sarah	9	Federal Way	1:01.52	
18	Grove, Maaya	10	Monroe	1:01.70	
19	Hartley, Kyra	11	Walla Walla	1:01.80	
20	Wilson, Lauren	9	Olympia	1:01.85	
21	DeGrasse, Jackie	11	Eisenhower	1:02.10	
22	So, Jayda	10	Kent Meridian	1:02.39	
23	Castro, Olivia	10	Sumner	1:03.49	
24	Briggs, Lauren	9	Kentridge	1:03.75	

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 411 Women 100 Yard Breaststroke

Meet Record:	1:01.33	11/16/2013	Carolyn McCann	Gig Harbor
State Record:	1:01.33	11/16/2013	Carolyn McCann	Gig Harbor
	1:02.82	AAA		
	1:04.26	AAC		

	Name	Year	School	Seed Time
1	Limargo, Chloe	12	Jackson	1:05.19
2	Grebinsky, Kira	11	Issaquah	1:06.37
3	Himes, Danika	11	Skyline	1:07.10
4	Smerekanych, Eva	11	Newport (Bellevue)	1:07.50
5	Mann, Kynseth	9	Glacier Peak	1:07.62
6	Dressel, Rae Ann	10	Wenatchee	1:07.65
7	Tucker, Lillian	9	Decatur	1:07.69
8	VanZonneveld, Emily	10	Curtis	1:08.13
9	Eha, Hanna	12	Skyview	1:08.39
10	Van Nortwick, Maggie	12	Eastlake	1:08.52
11	Pratt, Elise	11	Enumclaw	1:08.54
12	Helgesen, Alyssa	11	Issaquah	1:08.63
13	Lawrence, Gabriella	10	Curtis	1:08.77
14	Gunderson, Avery	10	Union	1:08.78
15	Sayles, Lauren	11	Skyline	1:09.04
16	Doan, Kylie	9	Hazen	1:09.16
17	Chin, Madeleine	12	Newport (Bellevue)	1:09.45
18	Black, Sophie	9	Wenatchee	1:09.70
19	Eha, Hallie	12	Skyview	1:09.75
20	Xie, Soleil	9	Newport (Bellevue)	1:10.21
21	Gardner, Hannah M	12	Walla Walla	1:10.44
22	Kalenius, Madelline	11	Kennedy	1:11.14
23	DiMascolo, Lada	9	Emerald Ridge	1:11.15
24	Song, Emma	11	Olympia	1:11.20

**WIAA/Dairy Farmers of WA/Les Schwab Tires
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Event 412 Women 400 Yard Freestyle Relay**Meet Record: 3:29.68 11/15/2002****Rogers****Rogers****State Record: 3:28.88 11/4/2017****E Strouse, C Freeman, C Freeman, M Rains****Bellevue****J Rudolph, R Jin, D Li, A Wyzga****3:27.95 AAA****3:31.42 AAC**

	Team	Relay	Seed Time
1	Newport (Bellevue)	A	3:35.93
2	Issaquah	A	3:37.99
3	Curtis	A	3:38.23
4	Mount Vernon	A	3:40.08
5	Walla Walla	A	3:40.21
6	Wenatchee	A	3:40.23
7	Richland	A	3:42.82
8	Glacier Peak	A	3:44.34
9	Skyline	A	3:44.65
10	Camas	A	3:45.61
11	Jackson	A	3:45.66
12	Lake Stevens	A	3:45.77
13	Hanford	A	3:45.88
14	Kamiak	A	3:46.11
15	Puyallup	A	3:47.71
16	Cascade (Everett)	A	3:48.38
17	Kentridge	A	3:49.67
18	Eisenhower	A	3:49.78
19	Tahoma	A	3:49.83
20	Kennedy	A	3:51.13
21	Mt Rainier	A	3:51.96
22	Eastmont	A	3:55.08
23	Sumner	A	3:57.04
24	Decatur	A	3:57.40